



RISE WELLNESS

# CLINIC UPDATES

February 2026

## What's Happening

### It's Our Anniversary

We've officially been open for one year. Thank you for being part of this growing community and helping make this milestone possible. Rise Wellness is here to stay and remains committed to providing patient centered care.

### Community Partnerships

Having a strong team is part of a well-rounded plan. Rise Wellness continues to build community relationships to better serve you. Ask about our preferred therapy referrals.

### We are Growing

Rise Wellness will be expanding to Illinois in Summer 2026. We can't wait to bring our care to a new community. Stay tuned, more details coming soon!

## Patient Portal

Best option for communication between visits. The portal is secure and keeps your private info safe. Use the portal to:

- Request Refills
- Self-Schedule Appointments
- Message Dr. Nyla

## New Location

We moved! Our new office is located in scenic downtown Indianapolis.

320 N. Meridian

Suite 1025

## Open Saturdays

Saturday Hours: 9 am-12pm  
Virtual Only.  
These fill up quickly!