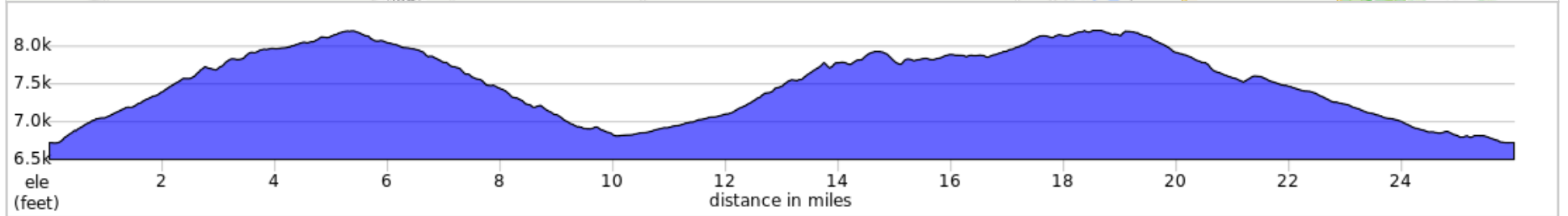
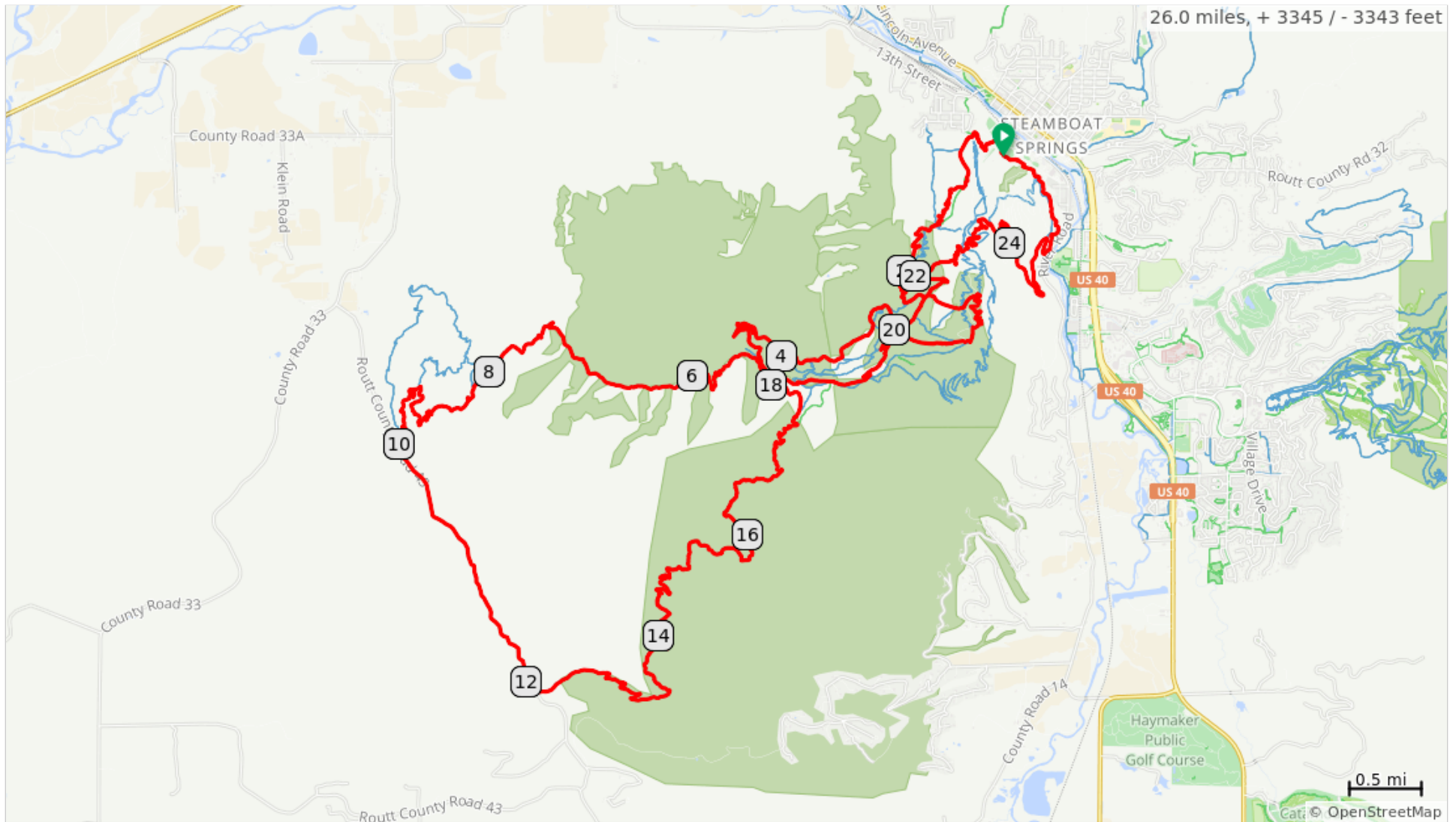








# 2023 Emerald Mountain Epic Marathon







26.0 miles, + 3345 / - 3343 feet









## 2023 Emerald Mountain Epic Marathon

Num	Dist	Prev	Type	Note	Next
1.	0.0	0.0		Start of route	0.8
2.	0.8	0.8		R onto Orton Trail	0.7
3.	1.5	0.7		Slight L onto MGM Trail	0.7
4.	2.2	0.7		R onto MGM Trail	0.2
5.	2.4	0.2		L	0.0
6.	2.4	0.0		Continue onto Prayer Flag Road	0.1






2.4 miles. +849/-0 feet

Num	Dist	Prev	Type	Note	Next
7.	2.5	0.1		Sharp R onto Angry Grouse Trail	0.2
8.	2.7	0.2		Slight R onto Blair Witch Trail	0.2
9.	3.0	0.2		Continue onto Prayer Flag Road	0.0
10.	3.0	0.0		Continue onto Prayer Flag Road	0.5

0.6 miles. +117/-26 feet

Num	Dist	Prev	Type	Note	Next
11.	3.5	0.5		R onto Wild Rose Trail	1.7
12.	5.3	1.7		Keep L onto Ridge Trail	2.9
13.	8.2	2.9		L onto Ridge Trail	1.1
14.	9.3	1.1		Slight L onto Ridge Trail	0.7
15.	9.9	0.7		Slight L onto Ridge Trail	0.1
16.	10.0	0.1		Keep L	0.0

7.0 miles. +315/-1392 feet

Num	Dist	Prev	Type	Note	Next
17.	10.0	0.0		L onto County Road 45	2.0
18.	12.0	2.0		L onto Beall Trail	5.5
19.	17.6	5.5		Keep L onto Beall Trail	0.8
20.	18.4	0.8		R onto Lane of Pain Trail	0.4
21.	18.7	0.4		Keep R onto No Mo Bluez Trail	0.5

8.7 miles. +1726/-341 feet

Num	Dist	Prev	Type	Note	Next
22.	19.2	0.5	↑	Continue onto Quarry Mountain Trail	1.3
23.	20.5	1.3	↗	Slight R onto Blackmer Trail	0.0
24.	20.5	0.0	←	L onto Little Moab	0.1
25.	20.7	0.1	↘	Sharp R onto Lupine Trail	0.7
26.	21.3	0.7	→	R onto Prayer Flag Road	0.0

2.6 miles. +43/-649 feet

Num	Dist	Prev	Type	Note	Next
27.	21.4	0.0	↑	Continue onto Prayer Flag Road	0.2
28.	21.6	0.2	↖	Keep L onto Prayer Flag Road	0.0
29.	21.6	0.0	↘	Sharp R onto Larry's Trail	0.5
30.	22.1	0.5	→	R onto Larry's Trail	0.6

0.7 miles. +0/-146 feet

Num	Dist	Prev	Type	Note	Next
31.	22.7	0.6	←	L onto Emerald Meadows Trail	0.2
32.	22.9	0.2	←	L onto Lupine Trail	0.2
33.	23.0	0.2	→	R onto Lupine Trail	0.2
34.	23.3	0.2	→	R onto Lupine	0.1
35.	23.4	0.1	↖	Keep L onto Lupine	0.5

1.3 miles. +0/-155 feet

Num	Dist	Prev	Type	Note	Next
36.	23.9	0.5	↑	Continue onto Howelsen Meadows	0.0
37.	23.9	0.0	↗	Keep R onto Howelsen Meadows Trail	1.0
38.	24.9	1.0	→	R onto Overlook Trail	0.4
39.	25.3	0.4	→	R onto Bluffs Loop	0.1

2.0 miles. +49/-252 feet

Num	Dist	Prev	Type	Note	Next
40.	25.4	0.1	↗	Keep R onto Bluffs Loop	0.2
41.	25.6	0.2	→	R onto Lupine	0.0
42.	25.7	0.0	↙	Keep L onto Bluffs Loop	0.1
43.	25.8	0.1	↗	Slight R onto Emerald Service Road	0.2
44.	26.0	0.2	📍	End of route	0.0

0.6 miles. +/-91 feet