


**Full Marathon**  
26 miles // +3,346 feet

MILE	LEG	START: Dirt Road Behind Olympian Hall / Howelsen Lodge	LEG	MILE	LEG	LEG
From Start to First Aid Station: 2.5 miles / +854 feet			Continued from previous column			
0.0	L	Head NORTHWEST on Dirt Access Road behind Howelsen Lodge	0.1	18.4	R	Lane of Pane Road
0.1	VL	Continue on Dirt Trail - DO NOT ENTER PARKING LOT	0.2	18.5		<b>EPIC HIGH POINT</b> At 8,213 feet above sea level, you are at the highest point in our race. It's all downhill from here... sort of!
	0.2	Stay on wider road up hill DO NOT enter singletrack switchbacks		18.7	L / R	No Mo' Bluez > Root Canal EASY TO MISS - Sharp Left then IMMEDIATE Right
0.3	R	Connector to Mile Run	0.1	19.2	L	Quarry Mountain Trail
0.4	R	After connecting with Mile Run take IMMEDIATE Right on Connector to Blackmer Dr.	0.1	20.5	R	Blackmere Road
0.5	L	Blackmer Rd.	0.3	<b>Aid Station #6 - Water Only</b> From Here to Next Aid: 1.1 mile / +57 feet		
0.8	R	Orton Trail	0.6	20.5	L	Lil Moab
1.4	CS	MGM	1.0	20.5		<b>SOSI LIL' MOAB DESCENT SEGMENT</b> Don't be afraid to charge down this rocky section. Steamboat Orthopedic & Spine Institute is here to keep You out there!
2.4	VL	connector to Prayer Flag Road	0.0	20.7	R	Lupine Trail
2.4	CS	Prayer Flag Rd.	0.1	21.2	L	FIRST Exit on Blackmere Dr.
2.5		<b>Aid Station #1 - Fully Stocked Food, Water &amp; Hydration Mix</b> From Here to Next Aid: 2.8 miles / +626 feet		21.3	R	Prayer Flag Rd.
2.5	R	Angry Grouse	0.2	<b>Aid Station #7 - Fully Stocked Food, Water &amp; Hydration Mix</b> From Here to Next Aid: 2.3 miles / +1 feet		
	2.5	<b>ALCHEMY BIKE &amp; BODY CLIMB</b>		21.6	R	Larry's
2.7	R	Blair Witch	0.3	22.7	CS	cross Blackmere onto Lupine
3.0	L	Prayer Flag Road	0.5	22.9	VL	to stay on Lupine
3.5	R	Stairway to Heaven Connector to No Mo' Bluez and Wild Rose	0.3	23.3	R	to stay Lupine
3.8	CS	No Mo' Bluez	0.2	23.4	CS	Ricky's Ridge
4.0	CS	Wild Rose	1.3	<b>Aid Station #8 - Water Only</b> From Here to Finish: 2.2 miles / +57 feet		
5.3		<b>Aid Station #2 - Fully Stocked Food, Water &amp; Hydration Mix</b> From Here to Next Aid: 4.7 miles / +41 feet		23.8	R	Howelsen Meadows
5.3	CS	Ridge Trail	4.7	24.9	R	Overlook Trail
10.0		<b>Aid Station #3 - Fully Stocked Food, Water &amp; Hydration Mix</b> From Here to Next Aid: 2.0 miles / +293 feet		25.4		<b>25.4</b>  <b>MILES TO GO!</b>
10.0	L	Cow Creek Rd.	2.0	25.4	R	Bluff's Trail
	10.0	<b>GLAS DEFFRYN RANCH SPRINT SEGMENT</b> Just like the Scottish Highland Cattle on Glas Deffryn Ranch, you'll find fresh air and wide open spaces on Cow Creek Rd. An ideal place to gain time!		25.8	L	Exit into Stables Parking Lot and Head Northwest towards Yurt
12.0		<b>Aid Station #4 - Fully Stocked Food, Water &amp; Hydration Mix</b> From Here to Next Aid: 6.3 miles / +1,404 feet		25.9	L	On dirt access road at Yurt
12.0	L	Beall Trail	6.4	26.0	END	<b>Under Arch Behind Howelsen Lodge</b>
18.4		<b>Aid Station #5 - Fully Stocked Food, Water &amp; Hydration Mix</b> From Here to Next Aid: 2.2 miles / +57 feet		This is not a closed course. Please practice proper etiquette and respect other trail users.		