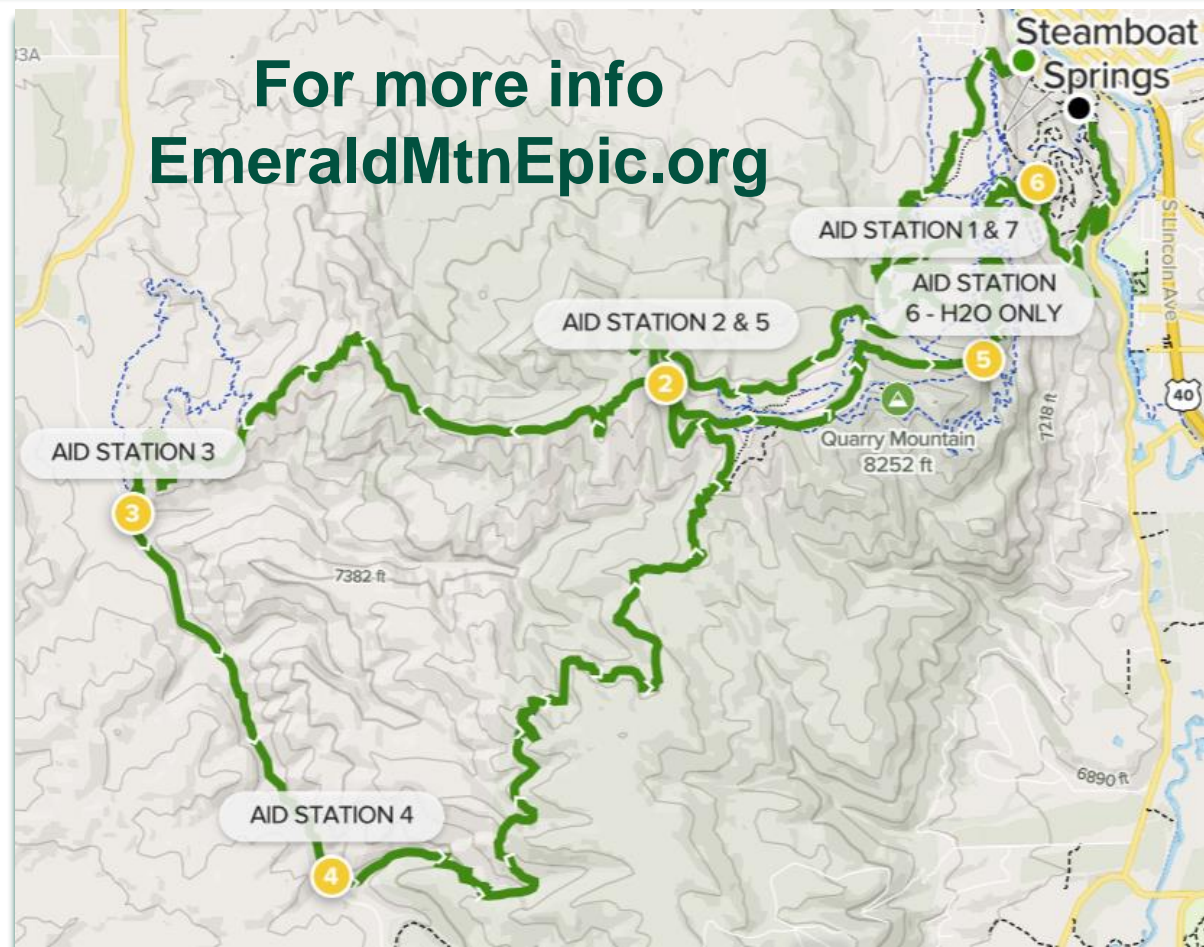
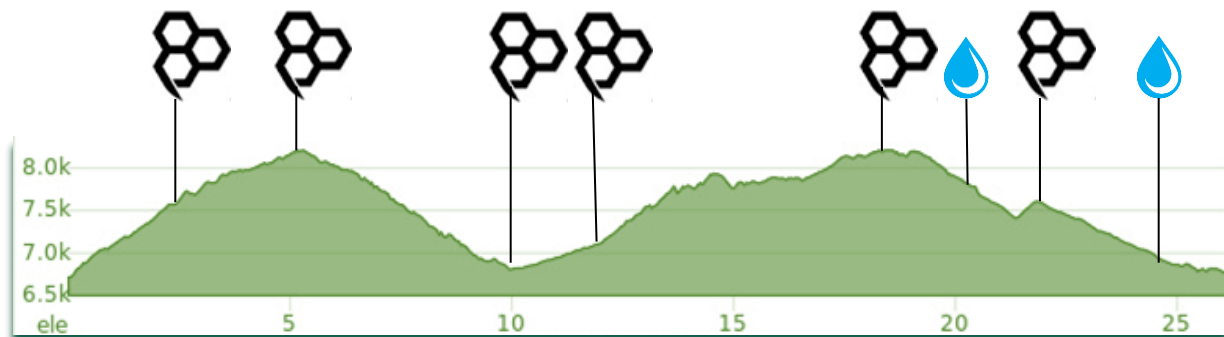


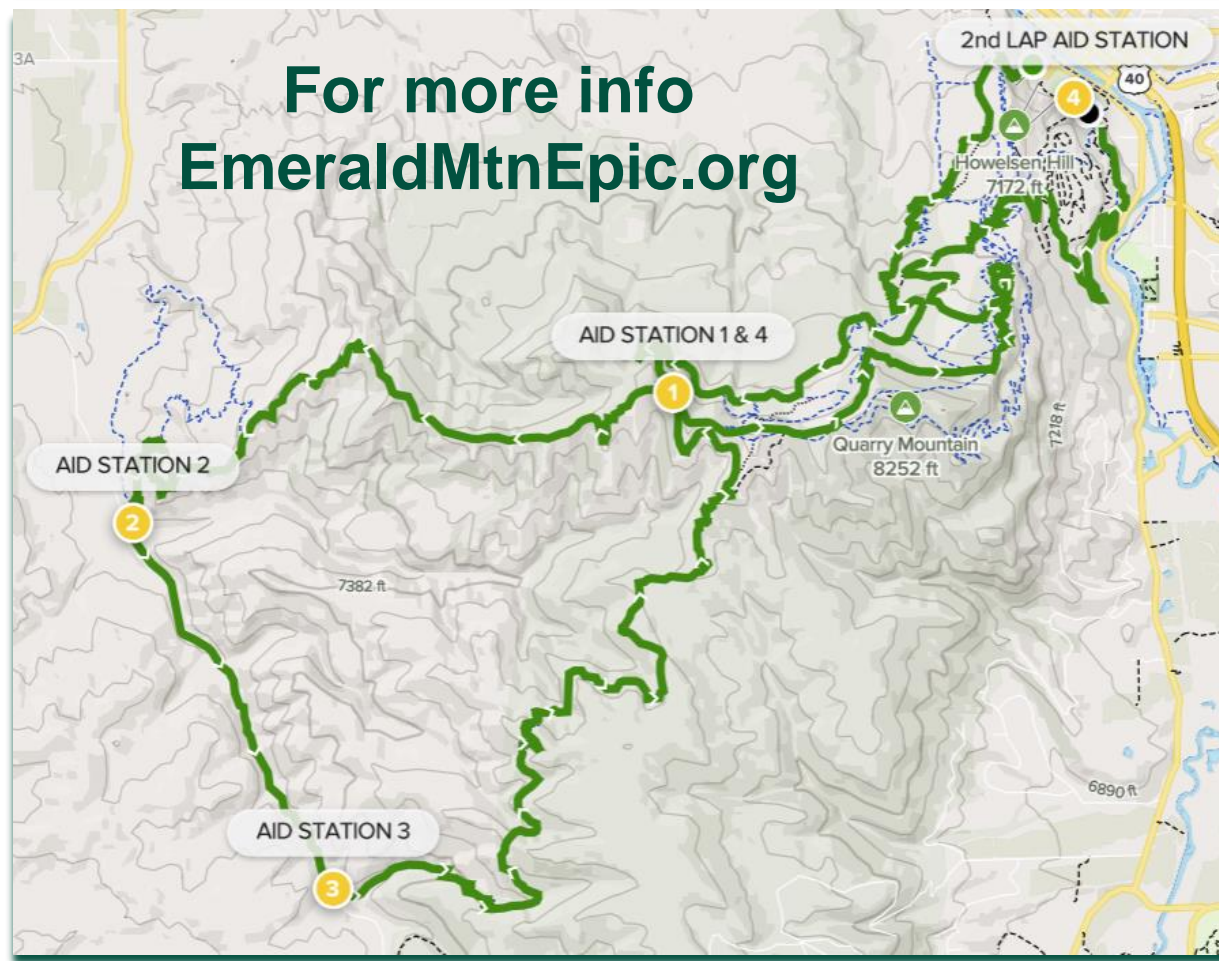
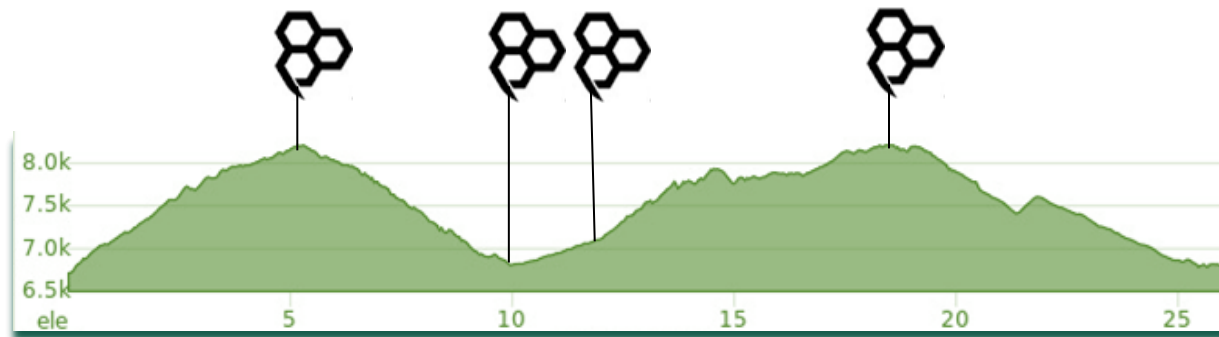


Marathon 26.2 miles // +3,469 feet					
MILE	START: Howelsen Gazebo			LEG	MILE
0.0	START	Start Between Howelsen Gazebo and Adams Field			0.2
	0.1	Stay on wider road up hill DO NOT enter singletrack switchbacks			
0.2	R	Connector to Mile Run			0.1
0.3	R	After connecting with Mile Run take IMMEDIATE Right on Connector to Blackmer Dr.			0.1
0.4	L	Blackmer Rd.			0.3
0.7	R	Orton Trail			0.6
1.3	CS	MGM			1.0
2.3	VL	connector to Prayer Flag Road			0.0
2.3	CS	Prayer Flag Rd.			0.1
2.4	Aid Station #1 - Fully Stocked Food, Water & Honey Stinger To Here From Start: 2.4 miles / +851 feet From Here to Next Aid: 2.8 miles / +626 feet				
2.4	R	Angry Grouse			0.2
	2.4	SKI TOWN TIKI RUM CLIMB As you're grueling up this punchy climb, remember the island mentality of Ski Town Tiki Rum, there's "Never a Bad Day in the Boat."			
2.6	R	Blair Witch			0.3
2.9	L	Prayer Flag Road			0.5
3.4	R	Stairway to Heaven Connector to No Mo' Bluez and Wild Rose			0.3
3.7	CS	No Mo' Bluez Connector to Wild Rose			0.2
3.9	CS	Wild Rose			1.3
5.2	Aid Station #2 - Fully Stocked Food, Water & Honey Stinger From Here to Next Aid: 4.7 miles / +41 feet				
5.2	CS	Ridge Trail			4.7
9.9	Aid Station #3 - Fully Stocked Food, Water & Honey Stinger Sponsored by Soda Mountain Construction & Design From Here to Next Aid: 2.0 miles / +293 feet				
9.9	L	Cow Creek Rd.			2.0
	9.9	GLAS DEFFRYN RANCH SPRINT SEGMENT Just like the Scottish Highland Cattle on Glas Deffryn Ranch, you'll find fresh air and wide open spaces on Cow Creek Rd. An ideal place to gain time!			
11.9	Aid Station #4 - Fully Stocked Food, Water & Honey Stinger From Here to Next Aid: 6.3 miles / +1,404 feet				
11.9	L	Beall Trail			6.4
18.3	Aid Station #5 - Fully Stocked Food, Water & Honey Stinger From Here to Next Aid: 2.2 miles / +57 feet				
18.3	R	Lane of Pane Road			0.3
	18.4	BILLO PREMIUM CANNABIS "EPIC HIGH POINT" At 8,213 feet above sea level, you are at the highest point in our race. It's all downhill from here... sort of!			
18.6	L / R	No Mo' Bluez > Root Canal EASY TO MISS - Sharp Left then IMMEDIATE Right			0.5
19.1	L	Quarry Mountain Trail			1.3
20.4	R	Blackmere Road			0.0
20.4	Aid Station #6 - Water Only From Here to Next Aid: 1.6 mile / +185 feet				
20.4	L	Lil Moab			0.2
	20.4	SOS! LIL' MOAB DESCENT SEGMENT Don't be afraid to charge down this rocky section. Steamboat Orthopedic & Spine Institute is here to keep You out there!			
20.6	R	Lupine Trail			0.8
21.4	L	2nd Exit on Blackmere Dr.			0.3
21.7	R	Prayer Flag Rd.			0.3
22.0	Aid Station #7 - Fully Stocked Food, Water & Honey Stinger From Here to Next Aid: 2.3 miles / +1 feet				
22.0	R	Larry's			1.1
23.1	CS	cross Blackmere onto Lupine			0.2
23.3	VL	to stay on Lupine			0.4
23.7	R	to stay Lupine			0.1
23.8	CS	Ricky's Ridge			0.5
24.3	Aid Station #8 - Water Only From Here to Finish: 1.9 miles / +56 feet				
24.3	R	Howelsen Meadows			1.0
25.3	R	Overlook Trail			0.5
	25.6	POINT 6 MILES TO GO!			
25.8	R	Bluff's Trail			0.4
26.2	END	In Parking Lot by Stables			

This is not a closed course. Please practice proper etiquette and respect other trail users.



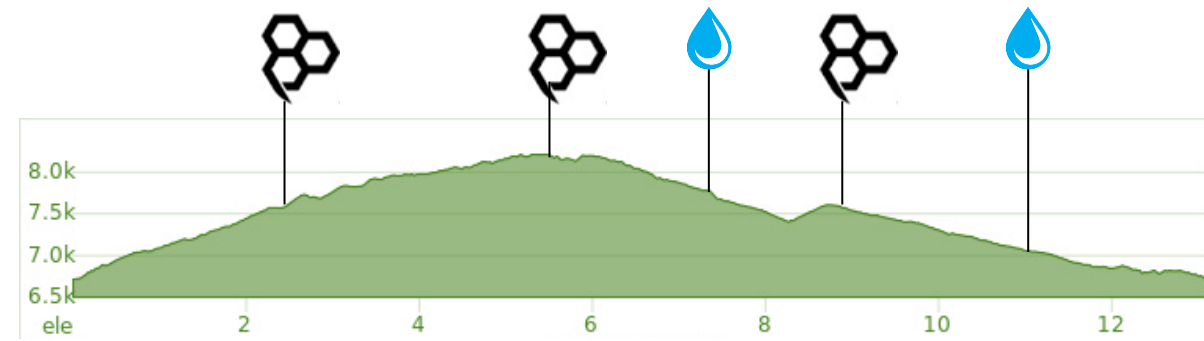
Use QR Code to access route on **Ride with GPS**. Also search for Half Marathon, 10-Mile & 10K Emerald Mountain Epic mountain bike and trail running routes!



Use QR Code to access route on **Ride with GPS**. Also search for Marathon, Half Marathon, 10-Mile & 10K Emerald Mountain Epic mountain bike and trail running routes!

Mountain Bike Lap 26.2 miles // +3,469 feet					
MILE	START: Emerald Mountain Stables Parking Lot		LEG	MILE	LEG
-0.3		Neutral Roll Out on paved road towards Howelsen Pkwy	0.1	Continued from previous column	
-0.2	L	Howelsen Parkway at STOP SIGN	0.1	11.9	Aid Station #3 - Fully Stocked Food, Water & Honey Stinger
-0.1	R	into Howelsen Parkway Parking Lot	0.1	11.9	L Beall Trail
0.0	L	On Dirt Trail Between Howelsen Gazebo and Adams Field	0.2	18.3	Aid Station #4 - Fully Stocked Food, Water & Honey Stinger
		START OF TIMED RACE			From Here to Next Aid: 2.2 miles / +57 feet
	0.1	Stay on wider road up hill DO NOT enter singletrack switchbacks		18.3	R Lane of Pane Road
0.2	R	Connector to Mile Run	0.1		18.4
0.3	R	After connecting with Mile Run take IMMEDIATE Right on Connector to Blackmer Dr.	0.1	18.6	L / R No Mo' Bluez > Root Canal
0.4	L	Blackmer Rd.	0.3	19.1	L EASY TO MISS - Sharp Left then IMMEDIATE Right
0.7	R	Orton Trail	0.6	20.4	R Quarry Mountain Trail
1.3	CS	MGM	1.0	20.4	R Blackmere Road
2.3	VL	connector to Prayer Flag Road	0.0	20.4	L Lil Moab
2.3	CS	Prayer Flag Rd.	0.1		SOSI LIL' MOAB DESCENT SEGMENT
2.4	R	Angry Grouse	0.2	20.6	R Don't be afraid to charge down this rocky section. Steamboat Orthopedic & Spine Institute is here to keep You out there!
	2.4	SKI TOWN TIKI RUM CLIMB As you're grueling up this punchy climb, remember the island mentality of Ski Town Tiki Rum, there's "Never a Bad Day in the Boat."		21.4	R Lupine Trail
2.6	R	Blair Witch	0.3	21.7	R 2nd Exit on Blackmere Dr.
2.9	L	Prayer Flag Road	0.5	22.0	R Prayer Flag Rd.
3.4	R	Stairway to Heaven Connector to No Mo' Bluez and Wild Rose	0.3	22.0	R Larry's
3.7	CS	No Mo' Bluez	0.2	23.1	CS cross Blackmere onto Lupine
3.9	CS	Wild Rose	1.3	23.3	VL to stay on Lupine
5.2		Aid Station #1 - Fully Stocked Food, Water & Honey Stinger From Start to Here: 5.2 miles / +1,497 feet From Here to Next Aid: 4.7 miles / +41 feet		23.7	R to stay Lupine
5.2	CS	Ridge Trail	4.7	23.8	CS Ricky's Ridge
9.9		Aid Station #2 - Fully Stocked Food, Water & Honey Stinger Sponsored by Soda Mountain Construction & Design From Here to Next Aid: 2.0 miles / +293 feet		24.3	R Howelsen Meadows
9.9	L	Cow Creek Rd.	2.0	25.3	R Overlook Trail
9.9		GLAS DEFFRYN RANCH SPRINT SEGMENT Just like the Scottish Highland Cattle on Glas Deffryn Ranch, you'll find fresh air and wide open spaces on Cow Creek Rd. An ideal place to gain time!		25.6	R Bluff's Trail
				25.8	R ALL RACERS Enter Neutral Untimed Portion in Stables Lot DUO RACERS will transition to partner in Stables Lot RIDE SAFELY & SLOWLY to Start of 2nd Lap! Timing will not begin until you reach dirt trails next to the Howelsen Gazebo
				26.2	END

This is not a closed course. Please practice proper etiquette and respect other trail users.



Half Marathon 13.1 miles // +1,758 feet					
MILE	START: Howelsen Gazebo		LEG	MILE	LEG
0.0	START	Start Between Howelsen Gazebo and Adams Field	0.2	5.5	L / R No Mo' Bluez > Root Canal
	0.1	Stay on wider road up hill DO NOT enter singletrack switchbacks		6.0	L Quarry Mountain Trail
0.2	R	Connector to Mile Run	0.1	7.3	R Blackmere Road
0.3	R	After connecting with Mile Run take IMMEDIATE Right on Connector to Blackmer Dr.	0.1	7.3	Aid Station #3 - Water Only From Here to Next Aid: 1.6 mile / +185 feet
0.4	L	Blackmer Rd.	0.3	7.3	L Lil Moab
0.7	R	Orton Trail	0.6	7.3	SOSI LIL' MOAB DESCENT SEGMENT Don't be afraid to charge down this rocky section. Steamboat Orthopedic & Spine Institute is here to keep You out there!
1.3	CS	MGM	1.0	7.5	R Lupine Trail
2.3	VL	connector to Prayer Flag Road	0.0	8.3	L 2nd Exit on Blackmere Dr.
2.3	CS	Prayer Flag Rd.	0.1	8.6	R Prayer Flag Rd.
2.4	Aid Station #1 - Fully Stocked Food, Water & Honey Stinger To Here From Start: 2.4 miles / +851 feet From Here to Next Aid: 2.8 miles / +626 feet			8.9	Aid Station #4 - Fully Stocked Food, Water & Honey Stinger From Here to Next Aid: 2.3 miles / +1 feet
2.4	R	Angry Grouse	0.2	8.9	R Larry's
	2.4	SKI TOWN TIKI RUM CLIMB As you're grueling up this punchy climb, remember the island mentality of Ski Town Tiki Rum, there's "Never a Bad Day in the Boat."		10.0	CS cross Blackmere onto Lupine
2.6	R	Blair Witch	0.3	10.2	VL to stay on Lupine
2.9	L	Prayer Flag Road	0.5	10.6	R to stay Lupine
3.4	R	Stairway to Heaven	0.3	10.7	CS Ricky's Ridge
3.7	CS	No Mo' Bluez Connector to Wild Rose	0.2	11.2	Aid Station #5 - Water Only From Here to Finish: 1.9 miles / +56 feet
3.9	CS	Wild Rose	1.3	11.2	R Howelsen Meadows
5.2	Aid Station #2 - Fully Stocked Food, Water & Honey Stinger From Here to Next Aid: 2.2 miles / +60 feet			12.2	R Overlook Trail
5.2	R	Lane of Pane Road	0.3	12.5	POINT 6 MILES TO GO!
	5.3	BILLO PREMIUM CANNABIS "EPIC HIGH POINT" At 8,213 feet above sea level, you are at the highest point in our race. It's all downhill from here... sort of!		12.7	R Bluff's Trail
This is not a closed course. Please practice proper etiquette and respect other trail users.				13.1	END In Parking Lot by Stables



Use QR Code to access route on **Ride with GPS**. Also search for Marathon, Half Marathon, 10-Mile & 10K Emerald Mountain Epic mountain bike and trail running routes!