



CONNIE WHITTAKER DUNLOP

COACH, SPEAKER, & WRITER

PROFILE

Dr. Connie Whittaker Dunlop is a globally recognized executive educator, writer, and coach who guides leaders and their teams to make positive lasting change for themselves and their organizations.

FAST FACTS

Expert coach to more than 1,500 leaders & teams

Harvard Business Review author

Top-rated executive educator & speaker

UVA Darden Favorite Professor by *Poets & Quants*

Proud mother of twin daughters

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COACH

EXECUTIVE COACHING

When you are the boss, it can be difficult to talk to your peers and your direct reports about your leadership challenges. That's where I step in. In each coaching session, I'll help you navigate life at the top of the organization chart by offering a safe space for you to voice the things that are keeping you up at night. Together, we'll explore possible solutions and develop an action plan that you can put to work immediately. Along the way, I'll help you stay true to the goals that you have set for yourself and your organization.

SENIOR LEADERSHIP TEAM COACHING

Do you know that 1 in 5 teams are high-performing and that 6 team conditions predict 80 percent of a team's overall effectiveness? Each year, my partner and I work with a select group of senior leadership teams using our research-based three-phased approach. We start with the Team Diagnostic Survey to assess current performance. Then, we relaunch the team to help you break from past behaviors and align on a new direction. Finally, we coach the leader and the team to maintain positive momentum.

GROUP COACHING FOR MID-LEVEL MANAGERS

What is your organization doing to prepare the next generation of leaders? High-performing and high-potential leaders have told us time and time again - "If I'm not learning, I'm leaving." Retain your mid-level managers with a proven coaching program that fosters leadership development and collaboration. Over six months, participants engage in a dynamic blend of workshops, group coaching, and peer coaching—all designed to ready them for promotion. Program sponsors report that this program is highly effective and cost-efficient.

CAREER COACHING FOR LEADERS IN TRANSITION

Want to change jobs, but not sure where to start? With my proven 12-step process and easy-to-use toolkit, I'll take the guesswork out of your job search. I'll guide you in establishing your career goals, identifying your job search targets, and creating your marketing materials. Along the way, you'll leverage my market-tested toolkit which includes resume templates, cover letter templates, a LinkedIn profile rubric, and the STAR matrix for behavioral interviewing, among others. Invest in yourself and accelerate your job search today.

FEATURED IN



SPEAKER

LEADING IN UNCERTAIN TIMES

Great leaders don't just react to uncertainty; they navigate it with clarity and confidence. Discover a simple model and six tools to help you lead effectively, even when the path forward is unclear.

THE COACH-APPROACH FOR LEADERS

Learn how to guide your team members to solve their challenges by asking powerful, thought-provoking questions and practicing deep, empathetic listening.

THE FUNDAMENTALS OF GREAT TEAMS

Discover six research-based conditions that predict 80 percent of a team's effectiveness and learn how to implement them with your team to improve team performance.

LEADING ACROSS SILOS

Explore the concept of cross-silo leadership, learn why it's essential, and gain practical skills (like perspective-taking and powerful questions) for overcoming collaboration barriers.

PSYCHOLOGICAL SAFETY AT WORK

Uncover the differences between trust and psychological safety and learn how to create spaces where employees feel safe asking questions, sharing concerns, and making mistakes.

WRITER

NO MORE IDLING

TD MAGAZINE – APRIL 1, 2020 – WITH DR. STEVE GLADIS

RESTORING BROKEN TEAMS

TD MAGAZINE – JULY 30, 2021 – WITH DR. STEVE GLADIS

HOW TO MAKE THE MOST OUT OF YOUR MBA

HARVARD BUSINESS REVIEW – AUGUST 19, 2021

PUBLIC SAFETY LEADERSHIP TEAMS THAT MATTER

ICHIEFS MAGAZINE – JUNE 2022 – WITH FIRE CHIEF JOHN BUTLER & DR. STEVE GLADIS

A SERIES OF LEADERSHIP LESSONS FROM TED LASSO

FORBES – APRIL 2022 THROUGH MARCH 2023

SAFETY AT WORK

TD MAGAZINE – JUNE 2024