

30 Days of No Electronics

Do one electronic-free activity a day! Put a Sticker on each block as you finish.

See how many you can do in 30 days!

Read your favorite Books	Do Puzzles with a friend or family	Color or Paint a Picture	Build things with Blocks	Make things with Clay	Help Fold Clothes
Play Card Games	Go on a Nature Walk	Build a Blanket or Box Fort	Have a Puppet Show	Pretend Play all day	Wash & Brush a Pet (Real or Pretend)
Plant Flowers or Herbs	Make Paper Airplanes	Dance to Music and Sing Songs	Play with Bubbles or Pinwheels	Play Dress Up	Wash Dishes or Toys
Play Hopscotch or hide and seek	Learn Sign Language	Make chalk drawings	Play with a Sensory Box	Play with Magnets	Make a Sticker Collage
Bake Cookies or Cupcakes	Make a Treasure Chest	Go on a Scavenger Hunt	Play With Magnets	Play in the rain with a friend	Make a Healthy Lunch/Dinner or Snack

For More activities that promote Fun & Learning visit:

www.pinwheellearning.com