



What can you do to foster physical, emotional & social health?

Children Need:



- Respect from adults & peers
- Family Connections
- Proper Nutrition & Hydration
- Electronics-Free Quiet Time
- Quiet, Peaceful sleep
- Good Personal Hygiene
- A variety of Social Interactions
- Uninterrupted Family Time
- Fresh Air/ Outdoor Play
- A Safe, engaging learning environment
- High-quality education

Families Need:



- Respect from and for each other
- Fun, enriching experiences
- To eat more healthy meals together
- Electronics-Free Game Nights
- A clean, peaceful home base
- Social event & outings
- Uninterrupted time together
 - Physical outdoor activities
 - Financial & Community Support
 - A safe, welcoming space to make memories

Staff Needs:



- Respect from students, staff & parents
- Nutrition, Hydration and exercise
- Community support
- A place to put ideas into action
- Fun, enriching experiences
- Time for proper self-care
- Ongoing education & inspiration
- Communication from parents
- Constructive feedback from staff
- A safe space to teach & learn

