

# THE PROBUS CLUB OF UXBRIDGE - April 2025

Website: [www.uxbridgeprobus.ca](http://www.uxbridgeprobus.ca)

E-Mail: [CONTACT US](mailto:CONTACT US)



# UXFORMATION

## MANAGEMENT TEAM

President  
Kathy Clulow

Past-President  
Chuck Heroux

Vice-President  
Robin Dhillon

Secretary  
JoAnne Binns

Treasurer  
Margaret Blanchet

Speaker Chair  
Zina Bolak

### Social Committee Chairs

Gail Porter Heroux  
Peggy Kennedy

Interest Groups Chair  
Jen Thorson

Newsletter Editor  
Bernie Beales

Membership Chair  
Elaine Stevenson

House Chair  
Sally Kotsopoulos

Members At Large  
Linda Abate  
Cheryl Bain

Site Administrator  
Barrie Clulow

## President's Message:

Lately I've been singing "To Dream the Impossible Dream" after hearing it performed beautifully at the Uxbridge Music Hall in "The Man of La Mancha". I was first inspired by this song as a teenager and it continues to inspire me all these years later.

### **What did you learn as a child that continues to inspire you today?**

For me, it's the poem "If" by Rudyard Kipling. Remember the line "If you can keep your head while all about you are losing theirs and blaming it on you"? Every few years I try to recite it.

**Do you play online games to help keep your mind nimble?** Which is your favorite? I just started playing my first online game - Mahjong. I can see how it can become addictive, LOL.

**Which are your favorite local restaurants that offer weekly or seniors' specials?** I'm thinking we should make a list to share. I'd love to see your answers. Send me an email by clicking: [president.uxbridgeprobus@gmail.com](mailto:president.uxbridgeprobus@gmail.com).

Your Management Team has been busy lately as we begin preparing for our AGM in June. Watch for details in the May newsletter. We continue to look for someone to join us who is detail-oriented and understands Excel. Please reach out ASAP, as we need to complete our 2025/2026 Management Team slate in the next few weeks. Join this amazing group of volunteers and have a say in the future of our vibrant Probus Club.

You will notice in this newsletter we are adding an "In Memorium" section so we can honour our members. Please let us know if one of our members or their spouse passes.

Looking forward to seeing you at our April 9 meeting when I hope to share some of your answers to the questions above.



*Kathy Clulow*

## From Your Speakers' Chair



Local Optometrist, Dr. Vi Tu Banh was our March speaker and talked about his new book *12 Elephants and a Dragon*, the story of his family's harrowing escape from Vietnam and journey to Canada once they were sponsored by kind strangers from Uxbridge. But his story is really one of gratitude, love and kindness that was so inspiring for us all. Many books were sold and all proceeds were being donated to the Uxbridge Hospital Foundation.

### Apr. 9 - Dr. Christopher DiCarlo "Good vs Evil - How Should I Behave?"

Dr. DiCarlo, a philosopher, educator, and author, will delve into the evolving concept of "Good vs. Evil" throughout history. He will discuss 'What would you do?' scenarios which pose some ethical dilemmas and challenge us to carefully consider how we might act. Dr. DiCarlo has won several awards and is a lifetime member of Humanist Canada. He is the author of several books including *How to Become a Really Good Pain in the Ass: A Critical Thinker's Guide to Asking the Right Questions*. You wouldn't want to miss this speaker, would you??



### May 14 - Dr. Amy Barron "Digger, Teacher, Soldier, Spy"

Dr. Amy Barron, a specialist in archaeology, has worked extensively in the Middle East. She will share stories of archaeologists like T.E. Lawrence (of Arabia) who used their expertise to assist military intelligence during wartime.



### June 11 - Joyce Perrin "Ants In My Pants"

One woman's unexpected adventures across seven continents.



## From Your House Chair

### Next Meeting: Wed. Apr. 9 @ 10:00 a.m. at the Uxbridge Community Centre

The House Committee is happy to welcome Debbie Taylor to the volunteers who help make our meetings happen. In that light, I would like to encourage members to consider joining the House Committee – I am looking for 3-4 more members particularly for April and September and as back up supports. This is a vibrant committee that asks you to work on the day of the meetings to help set up, take down, set out refreshments and greet members at the door. We are pretty organized so it is easy to volunteer and you are greatly appreciated. This is a great first step into the world of volunteering.

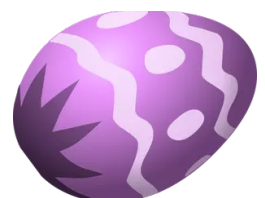
#### This month:

**Set Up – John Willcock, John Wilson, April Gilkinson**

**Kitchen – Lorraine Wilcock, Cheryl Bain, Debbie Taylor and Jan Wilson**

**Greeters – Sharon and Don Osborne**

**Remember to  
"Lug-A-Mug"  
(Reasonable  
Size!)**





Admin



Mar 17 · 🌐

The Local Explorers enjoyed a drumming circle at Lake Simcoe yesterday. We all agreed we will do it again.



## Facebook Post of the Month

The Uxbridge PROBUS Club for Members Only Facebook group now has 143 members! This is a great way to find out what members are doing to enjoy the unpredictable weather and stay current with opportunities in the community. You can find us by searching for PROBUS Club of Uxbridge. Post of the month is by Kathy Clulow.



## From Your Nominating Committee

**LAST CALL!!!** We are still looking for a member who is detail-oriented, and has experience with Excel and record keeping. Reach out to Robin ([vicepresident.uxbridgeprobus@gmail.com](mailto:vicepresident.uxbridgeprobus@gmail.com)) or Kathy ([president.uxbridgeprobus@gmail.com](mailto:president.uxbridgeprobus@gmail.com)) and to let us know.

Let's start the conversation and see where you can help move us forward.

Role descriptions for the Management Team positions and the club by-laws can be found on our website. Click here: [Role Descriptions](#)



## In Memoriam - A New Feature

We would like to remember and honour Uxbridge Probus members or their spouses who have recently passed. If you know of members who have passed, forward their names to: [secretary.uxbridgeprobus@gmail.com](mailto:secretary.uxbridgeprobus@gmail.com) so that they might be recognized. Links to on-line Obituaries may be included.



## From Your Social Committee



### Tee Time for Murder

On Tuesday March 25, a gruesome murder was committed at the Weedy Wedge Golf and Country Club, and members of the Uxbridge Probus Club were asked to solve the case. While watching and listening to the actors' wild antics and puns, as well as our members who role played various parts, the case was solved! Three of the lucky members who identified the killer were gifted with magnifying glasses to continue their detective work. Many thanks to the performers from Mysteriously Yours, the Legion ladies who cooked a delicious roast beef lunch, the Social Committee for organizing this event, and Karen Hoyle for allowing us to play table golf with her adorable golf carts, mini golf clubs, and pompom balls. What a fun day!

Marcia Beales





## TO SIGN UP FOR ALL SOCIAL EVENTS:

**First** - you must sign up to reserve your spot by one of three ways:

1. **In person** at the Social Events Table during General Meetings,
2. **By e-mail** by clicking on this link: [Social Group Chair](#)
3. **By telephone** to Social Co-Chairs Gail Heroux (905)852-9927 or Peggy Kennedy (905)852-0373.

**Next** - you must pay either

1. **By e-transfer** to [treasurer.uxbridgeprobus@gmail.com](mailto:treasurer.uxbridgeprobus@gmail.com)
2. **By cheque payable to "Probus Club of Uxbridge" at a meeting or**
3. **By cheque through the mail to:**

Uxbridge PROBUS c/o Gail Heroux, 72 Munro Cres., Uxbridge ON L9P 1L8.

**NO CASH PLEASE - Cheques & E-Transfers Only!**

You must be a member in good standing (or guest of a member) of Uxbridge PROBUS to attend

## Upcoming Social Events

### National Canadian Film Day

At the Uxbridge Curling Club  
Popcorn, Pop & Pizza Available



### OUR CINEMATIC LINEUP! (See flyer for synopses)

10:00 Blackberry (Downstairs)

10:00 Maudie (Upstairs)

1:15 Passchendaele (Downstairs)

1:15 The F Word (Upstairs)

3:15 Peace by Chocolate  
(Downstairs)

3:15 Mr. Dressup: The Magic of  
Make-Believe (Upstairs)

Sign up directions in Gold Box

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Wednesday, April 30, 2025

7:00 p.m.

**Tribute Communities  
Centre, Oshawa**

**ROCK STARS ON ICE**

Featuring Elvis Stojko, Piper Gilles &  
Paul Poirier, Keegan Messing and  
many more!

This is a drive yourself event  
Carpooling can be arranged



**TICKETS - \$82.00 (GUEST \$87.00)**

See separate flyer for more details  
Sign up directions in Gold Box above



SUNDAY MAY 4 at 2:00 pm  
FLATO MARKHAM THEATRE

**MARKHAM CONCERT BAND Presents:**  
**MAY THE FOURTH BE WITH YOU**

**PURCHASE YOUR OWN TICKETS BY TELEPHONE AND INDICATE  
PROMO CODE "PROBUS" TO RECEIVE THE SPECIAL DISCOUNT**

SIGN UP IN THE USUAL MANNER TO JOIN US FOR DINNER AFTER THE CONCERT  
**AT THE MANDARIN RESTAURANT IN MARKHAM (BOXGROVE SITE)**

.....



*Mother's Day  
Mad Hatter's Tea Party*

**Uxbridge & District Curling Club**  
70 Franklin St., Uxbridge

**Uxbridge PROBUS**



Friday, May 9 12:30-2:30  
**Uxbridge Curling Club**  
**\$45 per person**

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**See separate flyer for more details**  
**Sign up directions in Gold Box above**

TUESDAY MAY 27

**OUR NATIVES' LAND**

*With Ron Brown, Local Historian*

- Tour the Mohawk Chapel, the oldest Protestant Church in Ontario
- The only Royal Chapel in North America
- Built by the Crown in 1785 and given as a gift of thanks to the Mohawk Indians led by Joseph Brant who had supported the British during the American Revolution
- Lunch at The Olde School Restaurant
- Visit the Woodland Cultural Centre Shop at Iroqrafts, the largest and oldest Arts & Crafts store on Six Nations Reserve

**COST \$189 (\$199 guest)**

**See separate flyer for more details**

**Sign up directions in Gold Box**







TUESDAY JUNE 12

## CIRCLING HAWK MEADERY TOUR

13433 Leslie St, Richmond Hill

A drive yourself event. Meet at 11 am with tour to follow.  
Wood fired pizza optional after tour at your own expense.

**\$25 per person** which includes guided tour with the Head Apiarist, Mead (Honey Wine) & Honey Tasting, and much more!

**See accompanying flyer for all the details!**

Sign up as usual and indicate if carpooling or ride is required



Wed. June 25 3:00-5:00

## COFFEE & CONVERSATION

**Only \$5 per person!**

At Shobrook Gardens Party Room (Main Floor)  
1 Elgin Park Drive

A wonderful opportunity to meet other members and reconnect with good friends.  
**Everyone welcome but special invitation is extended to our newer members!**

**Sign up directions in Gold Box above**



Wednesday, July 23 at 7:00 p.m.

## Theatre on the Ridge

Presents

## BLUEBIRDS

(See flyer for more details)

16210 Island Road, Port Perry

A drive yourself event

**Tickets \$35 each (group rate)**





# WEDNESDAY, AUGUST 20 TORONTO HARBOUR CRUISE

Aboard the 96' three masted schooner  
Our club members will be the only passengers on this  
3 hour cruise with lunch included (cash bar)

**COST \$210 (members) \$220 (guests)**

See separate flyer for more details

Sign up directions in Gold Box

## Save The Date

- Sept 18: Summer Finale BBQ** at Cullen Central Park, catered by Mary Evans
- Oct 22: Niagara Wine Tour** with lunch at The Prince of Wales Hotel, 3 winery tours and browsing time in Niagara-on-the-Lake
- Dec 10: Christmas Gala Luncheon** at a new venue with new entertainment!

## In The Works...

- Model A Acres
- Stratford or Shaw Festival or Drayton Entertainment
- The Giving Place Lavender (Mount Albert)
- Timbercreek Mini-Golf
- Disc Golf
- Oshawa Generals Hockey Game

## Let's Play 20 Questions! (Answers on second last page)

1	After the Lone Ranger saved the day and rode off into the sunset, the grateful citizens would ask, "Who was that masked man?" Inevitably, someone would answer, "I don't know, but he left this behind." What did he leave behind? A ____	11	The cute little car with the engine in the back and the trunk in the front was called the VW. What other names did it go by? ____ or ____.
2	When the Beatles first came to the U.S. In early 1964, we all watched them on The ____ Show.	12	Some Americans protested the Vietnam War by burning their ____.
3	"Get your kicks, ____!"	13	"In the jungle, the mighty jungle, ____."
4	"The story you are about to see is true. Only the names have been changed to ____."	14	We all remember the first satellite placed into orbit. The Russians did it. It was called ____.
5	In 1971, singer Don MacLean sang a song about, "The day the music died". The song was titled ____ and it was a tribute to ____.	15	One of the big fads of the late 50's and 60's was a large plastic ring that we twirled around our waist. It was called the ____-__.
6	After the Twist, The Mashed Potato and the Watusi, we 'danced' under a stick that showed how low we could go in a dance called the '____.'	16	Who's the leader of the club that's made for you and me? ____.
7	N-E-S-T-L-E-S, Nestle's makes the very best... ____.	17	"Hey Kids! What time is it? It's ____!"
8	<u>Satchmo</u> was America's 'Ambassador of Goodwill.' Our parents shared this great jazz trumpet player with us. His name was ____.	18	There was a song that came out in the 60's that was "A graveyard smash". Its name was the ____ and it was sung by ____.
9	What "Takes a licking and keeps on ticking?" ____	19	"Who knows what secrets lie in the hearts of men? The ____ Knows!"
10	Red Skeleton's hobo character was named ____ and Red always ended his television show by saying, "Good Night, and ____."	20	<u>Alka</u> Seltzer used a "boy with a tablet on his head" as its Logo/Representative. That boy's name was ____.



## Current Interest Groups

### TO SIGN UP FOR ALL INTEREST GROUPS:

1. Visit us in person at the **Interest Groups Table** during General Meetings  
-or-

2. Email by clicking on this link: [Interest Group Chair](#)

Typically, there is no charge to join an Interest Group (although some groups may have a minimal fee to pay for the use of the venue).

You must be a member in good standing of Uxbridge PROBUS to join an Interest Group.

**If you have an idea for a new group or want to join one of the existing groups, please contact us!**

#### **AGE GETS BETTER WITH WINE: Coordinators Anne Gauvreau & Sherrill Burns**

**This group has a wait list**

On Wednesday, April 9, the Age Gets Better With Wine group will meet again! The theme of the evening is "Every Day Is Canada Day". We will drink wine from different parts of Canada and will wear red and white or anything Canadian to show our pride for the country we love. This group meets on the second Wednesday of the month at 7:00.

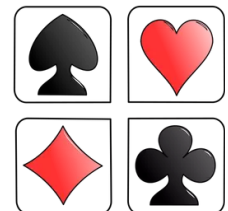


#### **BOOK BUDDIES: Coordinators Gerri Martin & Kelly Keilty This group has a wait list**

Book Buddies will meet Thursday, April 24 at 1:30 to review *James* by Percival Everett. This novel is told by James who is Huck Finn's slave, better known as Jim in the original Mark Twain classic. It should lead to varied perspectives in our discussion. This group meets on the fourth Thursday of the month at 1:30.

#### **CANASTA CREW - GAMES & LESSONS: Coordinator Amber D'Aguiar**

Canasta is a fun and challenging card game played in groups of four. This month, we will be playing on April 10 in the afternoon. We host practice lessons from 1:00 - 2:00 for new players and then we continue with regular play from 2:00 - 4:00. All are welcome to come join the fun. This group meets on the second Thursday of each month.



#### **COURT JESTERS (PICKLEBALL): Coordinator Alan James**

We are on hiatus until outdoor weather permits - it's coming!!

#### **EUCHRE: Coordinator Carolyn Hicken**

Euchre met on Tuesday, March 4 and the next meeting will be Tuesday, April 1. This group meets at 10:00 on the first Tuesday of the month.

### **GARDENING GURUS: New Coordinator Needed**

The sun is out and I have crocuses blooming despite the cold. I hope you are seeing signs of spring as well. We will be meeting on April 3 at 11:30 and I would love to see as many of you there as possible! You will have heard I am having knee replacement surgery so must step back after our June meeting and we are searching for a new coordinator. To that end, we need to make some plans. Co-coordinators are a possibility or we could find ways to make the group self-run over the summer. It can be as simple as talking about your gardens and learning from each other to visiting gardens or attending workshops. I am excited to hear your ideas and will do my best to make this transition a smooth one. This group usually meets on the first Thurs. of the month

### **GENIAL GENEALOGISTS: Coordinator Bernie Beales**

As the weather improves, hopefully our group members will be returning from their trips and getting back into research. As Michael Crichton said, "If you don't know your history, you don't know anything. You are a leaf that doesn't know it is part of a tree." Join us on Apr. 17 for our next meeting. The Genealogy group usually meets on the third Thursday of each month from 1:30-3:30.

### **HANDICRAFTS: New Coordinator Needed**

Unfortunately, our regular April meeting date coincides with Good Friday so we will be adjourned until May 16. At our March meeting, we learned the art of paper quilling. Materials are still available if other members would like to try it out. This group meets from 1-3 pm on the third Friday of the month.

### **KITCHEN BRIDGE: Coordinator Anne-Marie Sacco**

Men and women alike are welcomed. We presently have 15 members. This is a social game where talking is not only allowed but encouraged! Kitchen Bridge meets the first Thursday of each month at 1:00.

### **LADIES' BRIDGE CLUB: Coordinator: Caren Narvet**

Ladies Bridge meets at the homes of several of the members. The number of tables will vary depending on the month. Currently, if anyone would like to meet the ladies in this very sociable group, we would be happy to have a list of potential players who could fill in when needed, with the possibility of joining as a regular player in the future. This group meets on the second Tuesday of the month at 1:00.



### **LAUGHING MATTERS: Coordinators Amber D'Aguiar & April Gilkinson**

We eagerly anticipate a great turnout for our next meeting on April 21. Shed any inhibitions and join us for laughter and camaraderie as we "spring" into action! This group usually meets on the third Monday of each month from 1:30 - 3:00





## LET'S EAT OUT: Coordinators Gail & Chuck Heroux

Let's Eat Out returned to Pickles and Olives in March and fifteen of us enjoyed a very nice Italian feast. It is an excellent restaurant and the staff are very accommodating and easy to work with. Our next outing will be April 17 - destination TBD. Photo shows Chuck & Gail with the Meyers at Manny's Chophouse in the group's Florida chapter! This group meets on the third Tues. or Thurs. of the month.

## LIT HAPPENS: Coordinator Jen Thorson

Spring reading takes us away from March's Swedish setting (enjoyed by the Home (right) and Away (left) teams equally) and off to *The Dutch House* by Ann Patchett. This group meets at 1:00 on the fourth Thursday of the month.



## LOCAL EXPLORERS:

### Coordinator Marianne Patterson

A bang-up time was had by all at the Georgina drum circle this month. We learned some basic rhythms and tones of the djembe drum and how it is used for expression and communication. Afterwards, the group enjoyed tea and green beer at the Lake Simcoe Arms.

## MONDAY LUNCH BUNCH: Coordinators Betty Bignell & Joy Freemantle

Five Mondays in March mean that we don't meet until March 31 at Corrado's in Brooklin. The group meets on the last Monday of each month.



## MULTI-DAY TRAVEL OPTIONS: Coordinator Anne-Marie Sacco



Our planned trip to Newfoundland is quickly approaching (June 2025). Thirty people attended the meet and greet in March to complete forms, etc. All seem quite excited! A trip in 2026 to Canada's East (including Quebec, New Brunswick, etc.) is being planned. More info to follow.

## REDUCING YOUR FOOTPRINT: Coordinator Brian Keeling

In your endeavor to preserve this unique planet, come join a small group for some fun conversation, to learn and to find out what is being accomplished. This group meets at 10:00 on the third Wednesday of the month.

### SMALL TOWN THEATRE: Coordinators Steve Fryzuk & Peggy Kennedy

In April, members will be attending a play at the Whitby Courthouse Theatre. A lunch at 12twelve Restaurant has been arranged for before the event. In March, we attended an Agatha Christie play at the Aurora Theatre. Small Town Theatre members attend plays in Durham and York Regions. Lunch is organized before the event.

### TAKE A HIKE: Coordinators Carol Fraser & John Willcock

Our Goodwood/Uxbridge area has a wonderful series of trails through a variety of forests and meadows, some quite flat, some with gentle hills. We explore these forest trails near Uxbridge in the Durham and York Regions for 1 ½ to 2 hours. Join us for lively discussions, interesting views and leisurely treks! Next hikes will be on Thursday, April 3 and Thursday, April 17. The Hiking Group meets on the 1st and 3rd Thursday of each month at 9:30.



### TOO PAR GONE (GOLF): Coordinator Albert Fintelman

On hiatus until the spring (Oh so close!)

### TWO LEFT FEET (LATIN DANCING): Coordinator Anne-Marie Sacco \$15 per session

Our group is now planning to attend socials where a further dance lesson is offered and then time is spent practising with others. Lessons are usually held the second and fourth Mondays of the month from 3-4, with a fee of \$15.00.

#### And You Thought YOU Were Old!

Match the name of the modern country (1-14) with their ancient name (A-N).

MODERN COUNTRY	ANCIENT NAME
1. Iran	A. Cathay
2. Turkey	B. Sheba
3. Italy	C. Nubia
4. Greece	D. Gaul
5. China	E. Persia
6. Iraq	F. Carthage
7. Lebanon	G. Hesperia
8. Tunisia	H. Canaan
9. Yemen	I. Britannia
10. Palestine	J. Kemet
11. France	K. Hellas
12. England	L. Phoenicia
13. Egypt	M. Anatolia (also Antioch)
14. Sudan	N. Mesopotamia (also Babylon)



#### ANSWERS TO LET'S PLAY 20 QUESTIONS

01. A silver bullet
02. The Ed Sullivan Show
03. On Route 66
04. Protect the innocent
05. "American Pie" Buddy Holly
06. The limbo
07. Chocolate
08. Louis Armstrong
09. A Timex Watch
10. Freddy, The Freeloader and 'God Bless.'
11. Beetle or Bug
12. Draft Cards (Bras were also burned. But not flags)
13. The Lion Sleeps Tonight
14. Sputnik
15. Hula-hoop
16. M-I-C-K-E-Y M-O-U-S-E
17. Howdy Doody Time
18. Monster Mash by Boris (Bobby) Pickett
19. Shadow
20. Speedy

ANSWERS - 1E; 2M; 3G; 4K; 5A; 6N; 7L; 8F; 9B; 10H; 11D; 12I; 13J; 14C



# Share A Smile - Notable Quotables

At age 20, we worry about what others think of us.  
At age 40, we don't care what they think of us.  
At age 60, we discover they haven't been thinking of us at all. (Ann Landers)



It's paradoxical that the idea of living a long life appeals to everyone, but the idea of getting old doesn't appeal to anyone. (Andy Rooney)



I enjoy waking up and not having to go to work. So I do it three or four times a day.



(Gene Perret)

Retirement is like a long vacation in Las Vegas. The goal is to enjoy it to the fullest but not so fully that you run out of money! (Jonathan Clements)



Time may be the great healer, but it is a lousy beautician. (Unknown)

We are always the same age inside. (Richard Gere)

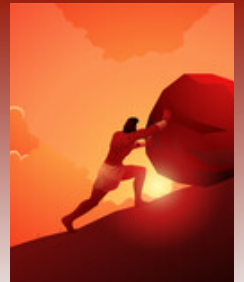


Don't cry because it's over. Smile because it happened.



(Dr. Seuss)

Experience is not what happens to you; it is what you do with what happens to you. (Aldous Huxley)



There is still no cure for the common birthday. (John Glenn)



Age is an issue of mind over matter. If you don't mind, it doesn't matter. (Mark Twain)