THE PROBUS CLUB OF UXBRIDGE - August 2025

Website: www.uxbridgeprobus.ca E-Mail: CONTACT US



UXFORMATION

MANAGEMENT TEAM

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> Speaker Chair Zina Bolak

Social Committee Chair Peggy Kennedy Gail Heroux (Vice)

Interest Groups Chair
Jen Thorson

Newsletter Editor
Bernie Beales

Membership Chair Janet Patterson

House Chair Sally Kotsopoulos Cheryl Bain (Vice)

Members At Large
Albert Fintleman
Anne Marie Sacco
Susan Hiller
Amber D'Aguiar

<u>Site Administrator</u> Paul Hayward

President's Message:

There are both good things and bad things about August. With all the heat we've been getting, it's good to know that in a month's time, it won't be so hot. The bad thing is that in a month's time summer will be almost over. Something that IS perfect year round are our Probus meetings where we can see our friends and meet new ones yet undiscovered. I hope each of you is having a wonderful time enjoying this lovely time of the year.

Each year, our July and August meetings cannot be held in our usual Community Centre location and so we move to Sandford Hall. Last month was great but it will not work for us this month. The school parking lot is under construction, which would leave most people parking on the side of the highway. Your Management Team has solved this problem so our members will experience minimum disruption.

For our August 13th meeting, we have booked Udora Hall at 24
Victoria Road in Udora. Just go north on Main Street (RR1 - yes, it is open again), through Leaskdale, and after you cross Ravenshoe
Road, Udora Hall is on your left. It is a great venue and we held our Volunteer Appreciation Event there earlier this year. There is a lot of parking there but not quite as plentiful as at the Arena, so if at all possible, we recommend carpooling. We will have parking monitors to make sure people can park safely.

As always, this newsletter is full of interesting and important information to help you make the most of your Probus Club. Last month we announced that 33 new members had joined us after space

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Vroomanton

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Victoria

Corners

Marsh Hill

Sandford

Uxbridge O

opened up for them. We are a great community and I know you will make our new people feel at home.

Robin Dhillon

From Your Speakers' Chair



At our last meeting what a treat it was to have Storyteller and Musicologist Tom Locke visiting from Vancouver with his interactive musical presentation. He took us back in time to the music of our younger days with beloved tunes like Rock Around the Clock. He promised we would learn something new about the early days of Rock and Roll and did we ever! He had lots of little gems about the music and musicians you would never imagine! Thanks to member Jim Winters for recommending his friend Tom Locke.

Aug 13 - Dr. Sharon Lauricella "Artificial Intelligence" This meeting will be held at Udora Hall.

Sharon is an award winning and widely published Inaugural Scholar and Professor at Ontario Tech University in Oshawa. So, what is Generative AI and why should we need to know about it? In this interactive talk, Sharon will introduce us to artificial intelligence (AI) and will demonstrate simple, fun ways that we can use it in everyday life. She will discuss the benefits and challenges of using generative AI.





Sept 10 - Deidrey Francois (Singer & Entertainer) "What's In A Name?" This meeting will be back at the Uxbridge Community Centre.

Ms Francois delivers musical keynotes at Spiritual Centres, Seniors Clubs and other stages internationally. Her presentation promises to be a humourous and inspirational talk, with musical highlights about what is hidden inside a name.



Oct 8 - Craig Greenwood "Polar Bears"

The story of Ontario's polar bear population told through pictures.

From Your House Chair

Next Meeting: Wed. Aug. 13 @10:00 a.m. at the Udora Hall

We are excited to greet everyone at Udora Hall this month! This month's House Team is as follows:

Team Captain - Susan Hiller

Set up (Arrive by 9:00) – Rod Eastman, Chuck Heroux, Larry Nancekivell

Kitchen (Arrive just after 9:00) Sherrill Burns, Mary Ann Eastman, Cathy Boone, Diana Ayton

Greeter (Arrive by 9:30) – Irene Hoekstra

So thankful for these helping hands!!
Cheryl Bain & Sally Kotsopoulos

Founding Member Larry Nancekiville being honored for his many years of service!



TO SIGN UP FOR ALL SOCIAL EVENTS:

You must be a member in good standing (or guest of a member) of Uxbridge PROBUS to attend. **First** - you must sign up to reserve your spot by one of three ways:

- 1. In person at the Social Events Table during General Meetings,
 - 2. By e-mail by clicking on this link: Social Group Chair
 - 3. By telephone to Social Chair Peggy Kennedy (905)852-0373 or Vice-Chair Gail Heroux (905)852-9927.

Next - you must pay either:

- 1. By e-transfer to treasurer.uxbridgeprobus@gmail.com
- 2. By cheque payable to "Probus Club of Uxbridge" at a meeting or 3. By cheque through the mail to:

Uxbridge PROBUS c/o Gail Heroux, 72 Munro Cres., Uxbridge ON L9P 1L8.

NO CASH PLEASE - Cheques & E-Transfers Only!

To view complete details of events, click on this link: **SOCIAL EVENT FLYERS**



Upcoming Social Events



TORONTO HARBOUR CRUISE

WEDNESDAY, AUGUST

Aboard the 96

y passengers on with lunch included (cash bar) COST \$210 (members) \$220 (guests)

(See flyer for all the details)

Friday, August 22 at 7:00 p.m.

Theatre on the Ridge Presents

Any Idiot Can Face A Crisis

(See flyer for more details) 16210 Island Road, Port Perry A drive yourself event

Tickets \$35 each (group rate)

(See flyer for all the details)



THURSDAY, SEPTEMBER 18 11:00-4:00 (Lunch 1:00 p.m.)

Summer Finale Barbecue

Cullen Central Park, 4015 Cochrane St., Whitby

Mary Evans Catering

Pulled pork or chicken on a bun, selection of salads, desserts & drink

Lots of Activities & Games Available

Cost: \$45 for members & \$50 for guests - See separate flyer for all the details!



Friday, October 3

Model A Acres

7090 Middle Road, Bowmanville
A Drive Yourself Event



Guided Tour starts at 2:00 p.m. (Outdoor display of vintage aircraft, automobiles and trains)

Optional: Lunch before tour at Haugen's, Visits to Tyrone Mills and Archibald Estate Winery & Orchard

Markham Concert Band Performs

Music of the 40's

Canadian Band Association Spectacular!

SUN. OCT. 19 - 2:00 PM

Purchase your own concert ticket online or by phone using the PROMO Code "Probus". Sign up to join us for dinner at the Boxgrove Mandarin Restaurant after the concert.

See separate flyer for more details.
Sign up directions in Gold Box above.



WEDNESDAY OCTOBER 22

NIAGARA WINE TOUR

A Full Day Excursion with Mary Morton Tours

- Visit Konzelmann Estates on the lake for 3 wine tastings and snack.
- Lunch at Prince of Wales Hotel with time to stroll around the beautiful town of Niagara-on-the-Lake
- 4 wine tastings at Pillitteri Estates Winery
- Visit Chateau des Charmes Winery to enjoy 4 wine tastings



COST: \$178 (member), \$188 (guest) See flyer for more details



OSHAWA GENERALS HOCKEY

at The Tribute Communities Centre 99 Athol St,, Oshawa

SUN NOV 16 - Game Time 2:00 PM TICKETS - \$40

Vs The Erie Otters

Reserved seats in Medallion Lounge for our group. Pizza included! THIS IS A DRIVE YOURSELF EVENT -Carpooling can be arranged.

See separate flyer for more details.





Wed. Nov. 19 - 3:00-5:00

COFFEE & CONVERSATION Only \$5 per person!

Shobrook Gardens Gathering Place (Main Floor)
1 Elgin Park Drive

A wonderful opportunity to meet other members and reconnect with good friends.

Everyone welcome but special invitation is extended to our newer members!

Sign up directions in Gold Box above

Save These Dates for Holiday Fun!

Dec. 7: Markham Concert Band

Seasonal celebration and optional dinner at Mandarin

Dec. 10: Christmas Gala Luncheon at a new venue (Mill Run) with new entertainment (Tom Kovacs) and Wine Survivor winners to be announced.

Mar. 17: St. Patrick's Day Shenanigans at the Uxbridge Legion with dinner, music and trivia!

WINE SURVIVOR 2025

(a.k.a. The 12 Days of Wine-mas)

Sign up NOW for your chance to be a winner - 4 Finalists!

Winners to be drawn at Mill Run GC



Bluebirds - Wed. July 23

Those who attended the Theatre On The Ridge play on July 23 were treated to not only great weather but also to an outstanding original play by Vern Thiessen entitled BLUEBIRDS. Prior to the performance, the director, Iain Maggoch, not only gave us information about the play but also answered many of the audience's questions about producing and directing theatrical performances.

The play centred on three young Canadian nurses stationed in a hospital during WWI and documented their service during the war.





Because of the blue uniforms worn by the Canadian nurses, they were called Bluebirds. The intimate tent setting allowed the audience to engage fully in the performance. The actors were professional, believable and had us all enthralled. I for one left the evening inspired by the lives of these young women.

Theatre on the Ridge has a lot to offer, and it is wonderful that Probus members can support the summer theatre.

Report by Mary Donnelly



Facebook Post of the Month

The Uxbridge PROBUS Club for Members Only Facebook group now has 149 members! By joining, you will know more about what goes on in our monthly meetings and social outings.

You can find us by searching for PROBUS Club of Uxbridge.

Post of the month is by April Gilkinson.



Current Interest Groups

TO SIGN UP FOR ALL INTEREST GROUPS:

1. Visit us in person at the Interest Groups Table during General Meetings -or-

2. Email by clicking on this link: Interest Group Chair

Typically, there is no charge to join an Interest Group (although some groups may have a minimal fee to pay for the use of the venue).

You must be a member in good standing of Uxbridge PROBUS to join an Interest Group.

If you have an idea for a new group or want to join one of the existing groups,

please contact us!

AGE GETS BETTER WITH WINE: Coordinators Anne Gauvreau & Sherrill Burns

In a new format, we explored Summer Wines and selected three as our top choices. In August our theme will be Warm Nights in Southern Italy. Each member of the club brings a wine to share except for those providing snacks. This group meets on the second Wednesday of the month at 7:00.

BOOK BUDDIES: Coordinators Gerri Martin

Book Buddies will resume meeting in September with a schedule of interesting material to discuss. This group meets on the fourth Thursday of the month at 1:30.

CANASTA CREW - GAMES & LESSONS: Coordinator Amber D'Aguiar

Canasta is a fun and challenging card game played in groups of four. We will be playing Aug 14 in the afternoon. We host lessons from 1:00-2:00 for new players and for those who need practice, and then we continue to play from 2:00-4:00. All are welcome and see you there! This group meets on the second Thursday of each month.

COURT JESTERS (PICKLEBALL): Coordinators Alan James & Bill McMahon

This is the best year that we have had for playing pickleball. We haven't had any rain outs to date, touch wood. The level of play has improved significantly; suffice it to say we are "RALLY, RALLY good"! This group usually meets Tuesday and Friday mornings at 10:00.

EUCHRE: Coordinators Gail Prentice and Lynn Moore

Euchre will be taking a break for July and August but will resume the first Tuesday morning of September. A great season was had by all and no one was thrown out of the club for table talk ... although some came close;) This group meets at 10:00 on the first Tuesday of the month.

GARDENING GURUS: Coordinator Sally Kotsopoulos

The Gardening Gurus took a field trip on July 3 to the Gardener's



Cottage in Kew Beach Park in Toronto and to the Rosetta McCain Gardens in Scarborough. We enjoyed a cottage garden and more formal gardens on our trip and saw lots of varieties of plants. We also enjoyed a picnic together with the beach at Lake Ontario as a backdrop. It was a beautiful day with good friends! On August 8 the Gurus will be adventuring again, this time to the Sunflower Farm in Beaverton for a tour of the farm, a workshop on building a sunflower bouquet which





we can take home, and light refreshments. Gardeners know the best Dirt!! This group usually meets on the first Thursday of the month.

GENIAL GENEALOGISTS: Coordinator Bernie Beales

Genial Genealogists are on hiatus for July and August so our next meeting will be Thurs. Sept. 11 (to avoid conflicts with the Probus BBQ). Just because we won't be meeting as a team doesn't mean this couldn't be a great opportunity for new members to arrange an intro session to get started on their own family history journey! Remember, the Genealogy Room at the Uxbridge Library is open whenever the library is, so no excuses for not doing any research! This group usually meets on the third Thursday of each month from 1:30-3:30.

HANDICRAFTS: Wanda Laing

Just a reminder that the Handicraft Group goes on hiatus for July and August. Have a wonderful summer everyone! This group meets from 1-3 pm on the third Friday of the month.

KITCHEN BRIDGE: Coordinator Anne-Marie Sacco

Kitchen Bridge is on a sabbatical. We return on the September 4. This is a friendly social game played with both men and women. Kitchen Bridge meets the first Thursday of each month at 1:00.

LADIES' BRIDGE CLUB: Coordinator: Caren Narvet

Ladies Bridge meets at the homes of several of the members. The number of tables will vary depending on the month. Currently, if anyone would like to meet the ladies in this very sociable group, we would be happy to have a list of potential players who could fill in when needed, with the possibility of joining as a regular player in the future. We are on hiatus for the summer. This group meets on the second Tuesday of the month at 1:00.

LAUGHING MATTERS: Coordinators Amber D'Aguiar & April Gilkinson

Improv is all about thinking on your feet and stepping out of your comfort zone. We're taking the month of August off, but look forward to a record-breaking attendance in September! This group meets on the third Monday of each month from 1:30 - 3:00.

LET'S EAT OUT: Coordinators Gail & Chuck Heroux

We are on hiatus for the summer and are making plans for September. This group meets on the third Tues. or Thurs. of the month.

LIT HAPPENS: Coordinator Jen Thorson

Lit Happens will meet for a "social" this summer, but goes on literary hiatus until September. This group meets at 1:00 on the fourth Thursday of the month.

LOCAL EXPLORERS: Coordinator Susan Hillar

Taking a break for July, the Explorers are hoping to visit the Vive Lavender Farm in August for a tour and afternoon tea.

MONDAY LUNCH BUNCH: Coordinators Betty Bignell & Joy Freemantle

In July the Monday Lunch Bunch met at Boondocks Eatery and enjoyed lunch and conversation! The group will meet next on August 25. This group meets on the last Monday of each month.



Unfortunately, due to lack of interest, the trips to Portugal and the Maritimes have been cancelled.





REDUCING MY FOOTPRINT: Coordinator Brian Keeling

Our group name has been tweaked to better reflect our individual efforts and commitment to Reducing **My** Footprint on our beautiful Earth. Join us for lively



conversations. Stay tuned for our monthly tip(s) "What can I do - every little bit helps - to help make this a happier planet" that will appear below!

Monthly TIP: Micro plastic continued - Stop buying/using plastic garden hoses! Heat breaks down plastic, so each time you water, microplastics penetrate your soil, which then ultimately end up in your food. This group meets at 10:00 on the third Wednesday of the month.

SMALL TOWN THEATRE: Coordinators Steve Fryzuk & Peggy Kennedy

The group is on hiatus for the summer. See you in the fall! Small Town Theatre members attend plays in Durham and York Regions. Lunch is organized before the event.

TAKE A HIKE: Coordinators Carol Fraser & John Willcock

Please note that the Hiking Group will be in recess in August. Hikes will resume September 4 and 18. Our Goodwood/Uxbridge area has a wonderful series of trails through a variety of forests and meadows, some quite flat, some with gentle hills. We explore these forest

trails near Uxbridge in the Durham and York Regions for 1 ½ to 2 hours. Join us for lively discussions, interesting views and leisurely treks! The group meets on the 1st and 3rd Thursday of each month at 9:30.

TOO PAR GONE (GOLF): Coordinator Albert Fintelman

We've played every Monday at the following courses:

Golfer's Dream GC on July 7, Spring Creek GC on July 14 and 21 and Millrun Highlands GC on July 28. This group usually meets on Monday mornings.









TWO LEFT FEET (LATIN DANCING): Coordinator Anne-Marie Sacco \$15 per session

Our Latin dance group has nearly mastered the basic steps and look forward to attending socials in the area. Presently the group is held the second and fourth Mondays of each month for a fee of \$15.00. The end of summer will see a change to every Monday afternoon at 3:00.

W.A.L.K.S. (WE ALL LOVE KINETIC STROLLING): Coordinator Nancy Melcher

It's been truly hot in July, and August started off just as steamy. We're doing our best to continue to meet, but the high humidity has forced cancellation of most of our summer W.A.L.K.S. Undaunted, I've tried an earlier start, and that was ...OK. I'm skipping the long-weekend Mondays for August and September, so will have fingers crossed that it's cooler for our morning strolls around town soon. This group usually meets Monday mornings at 9:30.

New Interest Groups Being Considered!

Our intrepid Interest Group Chair, Jen Thorson, hosted the inaugural meeting for a potential new group - The Banana Bunch. They meet on hot days around her pool and eat banana popsicles. Speak to Jen about the possibility of joining this wacky bunch before they split for the season!



Bowling League: Did you know William Tell and his son belonged to a bowling

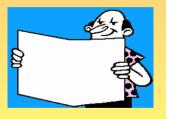
league? Swiss historians have not been able to determine the name of the sponsors so we will never know For Whom The Tells Bowled!

Motto of the Archery Club: If you've never tried blindfold archery, you will never know what you are missing!

Share A Smile - A Salute To Interest Groups

BOOK LOVERS

A guy stopped me in the street yesterday and asked why I was carrying an eight foot book.



I said, "It's a long story!"

CARD PLAYERS

You should never play cards in the jungle.

There are too many Cheetahs!



DINER'S CLUB

Went to the Mary Poppins themed restaurant last night.

Super cauliflower cheese but the lobster was atrocious!



ENVIRONMENTALISTS

Watched the first ecofriendly comedian last night.

All his jokes were recycled!



GARDENING GROUP

Just as I suspected, someone has been adding soil to my garden.

The plot thickens!



GENEALOGISTS

"Why waste your money looking up your family tree? Just go into politics and your opponents will do it for you."

Mark Twain



GOLFERS

Why did the golfer wear two pairs of pants?

Just in case he got a hole in one!



HANDICRAFTERS

I told my husband I could fit all my craft supplies into one box.



He told me to stop calling our house a box!

HIKERS

I'm taking steps to overcome my hiking addiction but I'm not out of the woods yet.



IMPROV TROUPE

Told my husband I wanted to join an Improv class.



He said, "Don't get any funny ideas!"

Share A Smile - A Salute To Interest Groups

LATIN DANCERS

Instructor: Welcome to Salsa class! Who's ready to move those hips?
Me (hiding a bag of tortilla chips): I think there's been a misunderstanding.



LOCAL EXPLORERS

The nice part about living in a small town is when you don't know what you're doing, everyone else does!



LUNCH LOVERS

Did you hear about the restaurant on the moon?

Great food but no atmosphere.



LUNCH LOVERS 2

Have you ever seen a man-eating tiger?

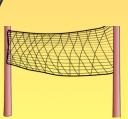
No, but at the restaurant, I saw a man eating chicken.



PICKLEBALL PLAYERS

What do you call the lady standing in the middle of the pickleball court?

Annette



THEATRE GOERS

Why was no one overly concerned when the actor fell through the trapdoor on the stage? They figured it was just a stage he was going through!



WALKING GROUP

I once considered walking up the hill without wearing a watch, but I had neither the time nor the inclination.



WINE LOVERS

What did the grape say when it got crushed?

Nothing - it just let out a little whine!



WINE LOVERS/LATIN DANCERS 2

I drank too much wine last night. When I walked across the floor to get another glass, I won the dance competition!



WORLD TRAVELLERS

Breaking News: A man who sued the airline for losing his luggage has lost his case!

