

CURRENT INTEREST GROUPS:

TO SIGN UP FOR ALL INTEREST GROUPS:

1. **Visit us in person** at the **Interest Groups Table** during General Meetings **or**

2. **Email us** by clicking on this link: [Interest Group Chair](#)

Typically there is no charge to join an Interest Group (although some may have a minimal fee to pay for the use of the venue).

You must be a member of Uxbridge PROBUS to join an Interest Group.

If you have an idea for a new group or want to join an existing group, please contact us!

AGE GETS BETTER WITH WINE: Coordinators: Anne Gavreau and Sherrill Burns

In a new format, we explored Summer Wines and selected three as our top choices. In August our theme will be Warm Nights in Southern Italy. Each member of the club brings a wine to share except for those providing snacks.

This group meets on the second Wednesday of the month at 7.

BOOK BUDDIES: Coordinator: Gerri Martin

Book Buddies will resume meeting in September with a schedule of interesting material to discuss.

This group meets on the fourth Thursday of the month at 1:30.

CANASTA CREW: GAMES & LESSONS: Coordinator Amber D'Aguiar

Canasta is a fun and challenging card game played in groups of four. We play next on August 14th in the afternoon. We host lessons from 1-2pm for new players and for those who need practice, and then we continue to play from 2-4pm.

All are welcome & see you there!

This group meets on the 2nd Thursday of each month.

COURT JESTERS (PICKLEBALL): Coordinators: Alan James and Bill McMahon

This is the best year that we have had for playing pickleball. We haven't had any rain outs to date, touch wood. The level of play has improved significantly; suffice it to say we are "RALLY, RALLY good" !!

This group usually meets Tuesday and Friday mornings at 10.

EUCHRE: Coordinators: Gail Prentice and Lynn Moore

Euchre has taken a break for July and August and will resume the first Tuesday morning of September. A great season was had by all and no one was thrown out of the club for table talk ... although some came close ;)

This group meets at 10:00 on the first Tuesday of the month.

GARDENING GURUS: Coordinator: Sally Kotsopoulos

The Gardening Gurus took a field trip in July to the Gardener's Cottage in Kew Beach Park in Toronto and to the Rosetta McCain Gardens in Scarborough on July 3. We enjoyed a cottage garden and more formal gardens on our trip and saw lots of varieties of plants. We also enjoyed a picnic together with the Beach at Lake Ontario as a backdrop. It was a beautiful day with good friends! On August 8 the Gurus will be adventuring again, this time to the Sunflower Farm in Beaverton for a tour of the farm, a workshop on building a sunflower bouquet which we can take home, and light refreshments.

Gardeners know the best Dirt!!

This group usually meets on the first Thursday of the month.

GENIAL GENEALOGISTS: Coordinator: Bernie Beales

Genial Genealogists are on hiatus for July and August so our next meeting will be Thurs. Sept. 11 (to avoid conflicts with the Probus BBQ). Just because we won't be meeting as a team doesn't mean this couldn't be a great opportunity for new members to arrange an intro session to get started on their own family history journey! Remember, the Genealogy Room at the Uxbridge Library is open whenever the library is, so no excuses for not doing any research!

This group usually meets on the third Thursday of each month from 1:30-3:30.

HANDICRAFTS: Coordinator: Wanda Laing

A reminder that the Handicraft Group goes on hiatus for July and August. Have a wonderful summer everyone!

This group meets from 1-3 pm on the third Friday of the month.

KITCHEN BRIDGE: Coordinator: Anne-Marie Sacco

Kitchen Bridge will start back up on Thursday September 4th.

Kitchen Bridge is the first Thursday of each month at 1:00.

LADIES BRIDGE CLUB: Coordinator: Caren Narvet

Ladies Bridge meets at the homes of several of the members; the number of bridge tables will vary depending on the month. Currently, if anyone would like to meet the ladies in this very sociable group, we would be happy to have a list of potential players who could fill in when needed, with the possibility of joining as a regular player in the future.

On hiatus for the summer.

This group meets on the second Tuesday of the month at 1.

LAUGHING MATTERS: Coordinators: Amber D'Aguiar & April Gilkinson

Improv is all about thinking on your feet and stepping out of your comfort zone. We're taking the month of August off, but look forward to a record-breaking attendance in September!

This group usually meets on the third Monday of each month from 1:30 -3:00

LET'S EAT OUT: Coordinators: Gail & Chuck Heroux

We are on hiatus for the summer and are making plans for September. This group meets on the third Tuesday or Thursday of the month.

LIT HAPPENS: Coordinator: Jen Thorson

Lit Happens will meet for a "social" this summer, but goes on literary hiatus until September. This group meets at 1:00 on the fourth Thursday of the month.

LOCAL EXPLORERS: Coordinator: Susan Hillar

Taking a break for July, the Explorers are hoping to visit the Vive Lavendar Farm in August for a tour and afternoon tea.

MONDAY LUNCH BUNCH: Coordinators: Betty Bignell & Joy Freemantle

In July the Monday Lunch Bunch met at Boondocks Eatery and enjoyed lunch and conversation! The group will meet next on August 25. The group meets on the last Monday of each month.

MULTI-DAY TRAVEL OPTIONS: Coordinator: Anne-Marie Sacco

Unfortunately, due to lack of interest trips the trips to Portugal and the Maritimes have been cancelled.

REDUCING MY FOOTPRINT: Coordinator: Brian Keeling

Our group name has been tweaked to better reflect our individual efforts and commitment to Reducing **My** Footprint on our beautiful Earth. Join us for always-lively conversation.

Stay tuned for our monthly tip(s) "What can I do - every little bit helps - to help make this a happier planet" that will appear below!

Monthly TIP:

Monthly Tip: Micro plastic continued - Stop buying/using plastic garden hose! Heat breaks down plastic, so each time you water, microplastics penetrate your soil, which then ultimately end up in your food.

This group meets at 10:00 on the third Wednesday of the month.

SMALL TOWN THEATRE: Coordinators: Steve Fryzuk & Peggy Kennedy

On hiatus for the summer. See you in the fall!

TAKE A HIKE: Coordinators: Carol Fraser & John Willcock

Our Goodwood/Uxbridge area has a wonderful series of trails through a variety of forests and meadows, some quite flat, some with gentle hills. We explore these forest trails near Uxbridge in the Durham and York Regions for 1 ½ to 2 hours. Join us for lively discussions, interesting views and leisurely treks!

Please note that the Hiking Group will be in recess in August. Hikes will resume in September (4th and 18th).

The Hiking Group meets on the 1st and 3rd Thursday of each month at 9:30.

TOO PAR GONE (GOLF): Coordinator: Albert Fintelman

We've played every Monday morning in July at the following golf courses:

Golfer's Dream GC on July 7th,

Spring Creek GC on July 14th & 21st,

and Millrun Highlands GC. on July 28th

This group usually meets on Monday mornings.

TWO RIGHT FEET (LATIN DANCING): Coordinator: Anne-Marie Sacco \$15 fee

Our Latin dance group has nearly mastered the basic steps and look forward to attending socials in the area.

Presently the group is held the second and fourth Mondays of each month for a fee of \$15.00. The end of summer will see a change- to every Monday afternoon at 3.

W.A.L.K.S. (We All Love Kinetic Strolling): Coordinator: Nancy Melcher

It's been truly hot in July, and August will start off just as steamy. We're doing our best to continue to meet, but the high humidity has forced cancellation of most of our summer W.A.L.K.S. Undaunted, I've tried an earlier start, and that was ... OK. I'm skipping the long-weekend Mondays for August and September, so will have fingers crossed that it's cooler for our morning strolls around town soon.

This group usually meets Monday mornings at 9:30.