THE PROBUS CLUB OF UXBRIDGE - July 2024

Website: <u>www.uxbridgeprobus.ca</u>

E-Mail: CONTACT US



UXFORMATION

MANAGEMENT TEAM

<u>President</u> Kathy Clulow

Past-President Chuck Heroux

Vice-President Robin Dhillon

Secretary JoAnne Binns

<u>Treasurer</u> Margaret Blanchet

> <u>Speaker Chair</u> Zina Bolak

<u>Social Committee Chairs</u> Gail Porter Heroux Peggy Kennedy

Interest Groups Chair Jen Thorson

Newsletter Editor Bernie Beales

Membership Chair Elaine Stevenson

House Chair Sally Kotsopoulos

<u>Members At Large</u> Linda Abate Cheryl Bain

Site Administrator Barrie Clulow

President's Message:

What are some of your treasured summer memories? Do you remember the feeling of excitement on the last day of school, followed by the anticipation of carefree vacation time for two whole months? Thinking back, my favourite memories are of days at the cottage, beach time, swimming, ice cream cones, playing kick the can, day-long Monopoly games every rainy day, roasting marshmallows on the fire, corn roasts; I could go on and on.

Back to the present. Our Management Team said good-bye and thank you to some members who have added so much to our club over the years: Betty and Gerry Bignell, Lynn Moore, April Gilkinson and Camille Scarlett. Please take the time to thank them next time you see them. Our 2024/2025 Management Team welcomed new members Peggy Kennedy, Joanne Binns, Jen Thorson and Cheryl Bain. It is a privilege to serve on the Management team, and to be part of the driving force behind this vibrant Probus Club.



New Club Updates: The Scugog-Uxbridge Club is up and running! The first Newsletter was sent out and their next meeting is July 4. The Lake Simcoe Area Probus information meeting was well attended with sufficient volunteers to form a management team. They will be getting together over the summer to form this new club. Hopefully this club for Brock/Georgina and surrounding area will launch in September.

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Kathy Clulow
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From Your Speakers' Chair

At our last meeting we had Angie Sandow – wasn't she inspiring? We saw a woman of such determination and character tell us her story. Despite physical limitations, illness and lifelong challenges, Angie wouldn't let these setbacks stop her from achieving her desired goals. She showed us all, that we should never let appearances cloud our judgment of others, and that no matter what, we should never give up on our dreams. Find out more at: <u>https://www.justridin.com</u>

Upcoming Speakers: July 10 - Angelica Ganea - Pop/Classical Singer - Songs & Stories



Angelica is an incredible singer with an inspirational story! In this storytelling & song concert, she will sing beloved classics such as "What A Wonderful World", "Hallelujah", "Over The Rainbow", and many more. The concert is also sprinkled with short personal stories. Angelica's presentation promises to be an amazing musical journey as she shares stories from her life that are funny, honest, and ends with an unexpected, powerful message and a lesson for us all. For more info go to: <u>https://iamangelica.com</u>

August 14 – Randy Wilson - The Process of Sound for TV & Film

Randy is a Foley Editor from Uxbridge who works with film/tv studios in Toronto and Los Angeles. He will explain the complex process of sound production for tv and film. Randy specializes in "Foley" which are very specific sound effects, and has won several awards including a Creative Arts Emmy for HBO Max's "The Last of Us".



September 11 – Julien Lebourdais - A 50 Year Photographic Odyssey

Retired Photojournalist Julien Lebourdais will share his iconic photos of the last 50 years including, Stanley Cups to Prime Ministers to John Lennon. **Prepared by Zina Bolak**

From Your House Chair

We want to commend everyone who is remembering to bring their mug for their coffee or tea at meetings! You are making a difference!



A special note to all those who volunteer for the House Committee:

You should have received an email from me asking you to choose a team to be on. This relates to which months you are able to volunteer. If you didn't receive the email please connect with me on July 10. I have had a few members' emails bounce back. I am looking for set up volunteers and kitchen help for our August meeting, so if you are around I would appreciate your helping hands.

July's volunteers are:

Greeters: Anne Gauvreau and Bob Smith Set Up: Rod Eastman, Faye Grove, Morgan Baker, Lorraine and John Wilcock Kitchen Volunteers: Maryann Eastman, Susan Hiller and Sally Kotsopoulos

Facebook Post of the Month



April Gilkinson Admin **Q** Top contributor · June 12 at 3:00 PM · @

Congratulations to the Bignells as a great team that have made such a difference to the Club. Thank you and know you are appreciated



The Uxbridge PROBUS Club for Members Only Facebook group has 121 members and we are hoping more will join. It is a great opportunity to share and show appreciation for other members who contribute their time and talents to make our Club so much fun. Will also keep you current on some of the activities (launch of Improv group) and outings (RCMP Musical Ride). You can find us by searching for PROBUS Club of Uxbridge.

Find us on

Facebook

NOTE: You will need a Facebook Account to join in the fun!



Post of the month is from April Gilkinson

Join Us For Lunch!



After the last meeting, a dozen of us extended our socializing by having lunch at the Corner House Pub & Grill at 104 Brock St W.

The food was delicious and very reasonably priced. We did speak to the manager afterwards about the

wait and he assures us that he will bring in extra staff so we are served in a more timely manner. It is great to support a local business.

Please join us as this it is a great way to get to know each other better. Just before we break for coffee, we will ask for a show of hands for those interested in going to lunch and reservations will be confirmed or speak to either April Gilkinson or Dawn Gillespie if you see them!

From Your Webmaster



If you use bookmarks please update to the new site



****NOTE**** <u>uxbridgeprobus.com</u> is no longer our active web site. We have switched to the .ca extension keeping us in sync with Probus Canada's use of the .ca extension.

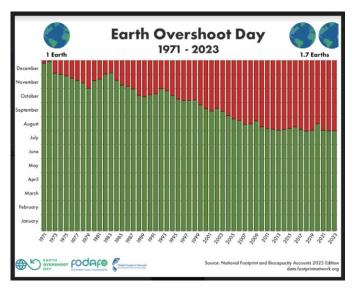
****OUR NEW SITE**** is <u>uxbridgeprobus.ca</u> Have you checked out our new look yet? If not, please do! Please update any bookmarks you may have saved. You can always find a link to the website and to our email in the banner at the top of each newsletter!

New Feature A pdf reader has been added to the newsletter page as well as both the interest and social groups pages to allow you to read them online without downloading them (best viewed on a tablet or desktop if you have vision issues). There is also an option to download for those wishing to download them.

New Feature A new feature page has been added called <u>Community Hub</u> at <u>https://uxbridgeprobus.ca/community-hub</u> Here you will find local events and activities that may be of interest to you as an individual or to get together with a group of your Probus friends to attend and have fun.

****Visit often**** The Community Hub will be <u>updated continuously</u> as I find new items to add.

By Barrie Clulow



Reduce Your Footprint

Earth Overshoot Day

(Report by Janet Patterson)

It's a race. We've done it! Earth Overshoot Day 2024

falls on August 1 when humanity has exhausted the Earth's annual budget, one day sooner than last year! It would take 1.7 Earths to fulfill/sustain all of our human demands/activities.

NOTE: Earth Overshoot Day is computed by dividing the planet's biocapacity (the amount of ecological resources Earth is able to generate that year), by humanity's Ecological Footprint

(humanity's demand for that year), and multiplying by 365, the number of days in a year. (Courtesy of <u>https://overshoot.footprintnetwork.org</u>)



From Your Social Committee

RCMP Musical Ride & Super Dogs Show

Wednesday, June 12 at Windreach Farms

Report and Photos by Marion Martin





On a warm sunny Wednesday, the Probus Club met at the Walmart parking lot to convoy to the Windreach Farm for the RCMP Musical Ride. There was reserved parking for the group, and we all proceeded to enjoy ourselves. There were vendors selling their merchandise and food trucks for eating pleasure. The grounds held many horse stalls where the horses were kept, and anyone could walk around and talk to the riders and have a good look at the marvelous horses.

The preshow of the Superdogs was very entertaining and their antics were "super." Many breeds of dogs participated with their owners and everyone found it most enjoyable.

Then came the Musical Ride with riders all dressed in their iconic red serge attire. They performed many maneuvers including the charge and intricate cross overs. This was Windreach's 35th anniversary and they paid homage to the owners and their family. Following the conclusion of the ride the riders formed a ring around the edge of field and anyone who wanted to have their pictures taken and talk the riders were welcome.







From Your Social Committee



My Fair Lady - June 7

My Fair Lady the musical is an adaptation of George Bernard Shaw's play, Pygmalion. It is the story of a British Cockney flower vendor being transformed into an upperclass lady by the chauvinistic Henry Higgins. Higgins had accepted a bet that he could transform this girl into a lady who would be at home with royalty.

The singers were pitch-perfect in their performance, the orchestra was timely in introducing and supporting the singers, the sets were very original and the lighting was professionally executed.

What struck me the most was the choreography. All of the cast were involved in some sort of movement - from changing the sets, the positioning on stage, and the dances were poetry-in-motion. Everything in this three-hour play was executed smoothly and professionally. I would strongly recommend that if you haven't seen this play to simply go and enjoy.

Report by Stan Taylor

Photos by Marion Martin & Kathy Clulow

Friday, June 7 was a rather iffy day, weather-wise, but it certainly didn't take the shine off our excursion to Niagara-on-the-Lake, to snoop through the town and see My Fair Lady at the Shaw.

Stan has written a superb review of the play itself, so I will only say that it is the best My Fair Lady I have ever seen!

The Mary Morton bus left on time with our favourite driver, Wib, at the controls. The only snag was the non-delivery of our tickets, which had been mailed to us, Expresspost, on May 22. However, a few panicky emails later, we had arranged to pick them up at the box office, so all was well. (When we arrived home at the end of the day, the tickets were in our mailbox!)

Lunch at the Prince of Wales was elegant, delicious, and very efficiently served. It did rain, but during lunch when we were safely inside.

I expected to spend the return trip singing, because one of our Port Perry guests was Angela Wakeford, who founded the One Voice Choir, and many of our members are current or former choristers, but I guess we were all worn out from singing along through the show!

Another successful Social Committee outing thanks to Gail and her team!

Report by Chuck Heroux







TO SIGN UP FOR ALL SOCIAL EVENTS:

First - you must sign up to reserve your spot by one of three ways:
1. In person at the Social Events Table during General Meetings,
2. By e-mail by clicking on this link: Social Group Chair
3. By telephone to Social Co-Chairs Gail Heroux (905)852-9927 or Peggy Kennedy (905)852-0373. Next - you must pay either
1. By e-transfer to treasurer.uxbridgeprobus@gmail.com
2. By cheque payable to "Probus Club of Uxbridge" at a meeting or
3. By cheque through the mail to:
Uxbridge PROBUS c/o Gail Heroux, 72 Munro Cres., Uxbridge ON L9P 1L8.
NO CASH PLEASE - Cheques & E-Transfers Only!
You must be a vaccinated member of Uxbridge PROBUS to attend Social Events (or as the guest of a member and provide proof of COVID19 vaccination).



Tuesday, August 20 at 10:00 a.m. Light Lunch & Tour At Leaskdale Church COST : \$20 (Members) \$25 (Guests) Leaskdale Church (wheelchair accessible) is home to luncheon, teas and Lucy Maud Montgomery Gift Shop (Leaskdale Manse is accessible only on first floor).

See separate flyer for more details Sign up directions in Gold Box above



THURSDAY SEPTEMBER 26 10:00-5:00 (Lunch 1:00 p.m.)

Summer Finale Barbecue Cullen Central Park, 4015 Cochrane St., Whitby

Mary Evans Catering

Choice of pulled pork or chicken on a bun, selection of salads, dessert (pie & cheesecake), cold drinks, tea & coffee

What To Do

- -scavenger hunt (NEW in 2024)
- -paved walking trails
- -croquet, bocci ball
- -corn hole
- -soccer (for the brave & foolish?)
- -badminton

See separate flyer for more details -public pickle ball courts available (first come, first served) Sian up directions in Gold Box above -watch the games & cheer

-bring a lawn chair to sit around & chat!

Cost: \$40 for member & \$45 for guest



WITH RON BROWN, Historian & Author COST: \$148 (Guest \$158) **TUESDAY, OCTOBER 8, 2024**

- Depart from Walmart in Uxbridge 8:30 am 12:00 pm Lunch is at the Bonnie View Inn
- Visit the Haliburton Wolf Centre, home to a pack of Timber Wolves in a 2:30 pm large 15-acre enclosure, which is one of the largest of its kind in the world. The Wolf Centre contains numerous exhibits, a small cinema/classroom, a retail area featuring a wide selection of wolf related books, tapes, and graphics and a large indoor observatory overlooking the feeding area within the wolf compound.

Spend time at the Country Cottage Log Cabin Trading Company 4:00 pm

7:30 pm Approximate return time home

See separate flyer for more details Sign up directions in Gold Box above





HALLOWE'EN EVENT! THURSDAY, OCTOBER 24 - COST \$5 CAR RALLY



Make up your team of 3-4 people per car Decorate your car - prize for best car decorations Dress up your team - prize for most original team outfit

Meet in the arena parking lot to start and finish at Wooden Sticks Golf Club for optional dinner (at your own expense). Sign up will begin in July. Meanwhile, get your team together and think about your costumes and decorations!

SIGN UP NOW OPEN!

If you previously indicated an interest in this event, now is the time to sign up and reserve your seat!

THE LION KING

Wednesday, January 15, 2025

Toronto will become the first city in North America to have a second sit-down production of "Disney's The Lion King" and will launch a new generation of Canadian artists.

Cost is \$235 (members) \$245 (guests) 9:30 a.m. Luxury coach leaves Walmart parking lot 10:45 a.m. Early lunch at the Hot House Cafe 1:00 p.m. Orchestra seat ticket at Princess of Wales Theatre 5:00 p.m. Approximate return to Uxbridge

> See separate flyer for more details Sign up directions in Gold Box above



Mark Your Calendars!

Markham Concert Band Performances

2:00 pm - Flato Theatre, Markham

Sunday, October 20

Haunting Harmonies Halloween Fun Sunday, December 1 A Seasonal Celebration Sunday, March 2 A Pocketful of Disney







WEDNESDAY DECEMBER 11 **ROYAL ASHBURN GC ANNUAL CHRISTMAS LUNCH & GALA** Sign Up Coming this fall! Raffle Prizes, Door Prizes, Entertainment, **Delicious Buffet Meal!**



Photos from our recent COFFEE & CONVERSATION **EVENT**

This is always a great opportunity to chat with your fellow members and meet some newer members.



Watch for the next one!





TO SIGN UP FOR ALL INTEREST GROUPS:

1. Visit us in person at the Interest Groups Table during General Meetings

-or-

2. Email by clicking on this link: Interest Group Chair

Typically, there is no charge to join an Interest Group (although some groups may have a minimal fee to pay for the use of the venue). You must be a <u>vaccinated</u> member of Uxbridge PROBUS to join an Interest Group. If you have an idea for a new group or want to join one of the existing groups,

please contact us!

Current Interest Groups

BANNED BOOK CLUB: Coordinator Camille Scarlett One spot available!

The Banned Book Club had their last meeting of the season on June 18. We had read and discussed Stranger In a Strange Land by Robert A Heinlein. Discussion focused on the book's critiques of religion, politics and sexual behaviour in the 1960s. After a summer break we will meet again on **September 17**. We will be reading *The Covenant* by James Michener. This group usually meets on the third Tuesday of the month.

BOOK CLUB: Coordinators Gerri Martin & Kelly Keilty This group has a wait list.

After a summer break, we will resume our Probus Book Club meetings on **September 26**. Over the summer each member will provide their book recommendations to the group and a decision will be made who the presenter will be and which books we will discuss for the upcoming year. This group usually meets at 1:30 on the fourth Thursday of the month.

CANASTA CREW - GAMES & LESSONS: Coordinator Amber D'Aguiar

Canasta is a fun and challenging card game. Come join the fun! **Lessons** will be held on **July 11 from 1:00-2:00** with **Games** following from **2:00-4:00**. Canasta is usually played on the 2nd Thursday of the month.

EUCHRE: Coordinator Carolyn Hicken

The group not be meeting in July. Happy Canada Day! We will resume on **August 6**. The Euchre group usually meets on the first Tuesday of the month at 10:00 am.

GARDENING: Coordinator Sally Kotsopoulos

The Gardening Interest Group will be travelling to Edwards Gardens, The Brickworks and Rosetta McCain Park in Toronto on **Thursday July 4**. These sites provide a variety of gardens to enjoy and we are looking forward to a wonderful day together. This group usually meets on the third Tuesday of the month.

GENIAL GENEALOGISTS: Coordinator Bernie Beales

The Genealogy group met on Thursday, June 20 to share the joys and frustrations of researching our family trees. There will be no scheduled meetings for July and August but the group will reconvene on **Sept 19**. Please note the Genealogy Room at the Uxbridge Library will be closed for renovations from July 8-22 but the free version of Ancestry is available at any Public Library so no excuse to stop your research! The Genealogy group usually meets on the third Thursday of each month from 1:30-3:30.



GOLF: Coordinator Albert Fintelman NEW!

Our inaugural round was on June 17 with 8 players! We then met on June 24 with 16 players. Our next round of golf is scheduled for **July 8**, and subsequently on July 15, 22, and 29. We have grown to 25 members - 17 ladies and 8 men as of June. We play golf every Monday (except Canada Day).





HANDICRAFTS: Coordinator Sally Kotsopoulos

The Handicraft group will be on hiatus for July and August, resuming on **Sept. 20** at the. Uxbridge Seniors Centre. Have a wonderful summer crafters!! This group usually meets from 1:00-3:00 on the third Friday of the month.

HIKING: Coordinators Carol Fraser & John Willcock

Our Goodwood/Uxbridge area has a wonderful series of trails through a variety of forests and meadows, some quite flat, some with gentle hills. The group explores these forest trails near Uxbridge in the Durham and York Regions for 1½ to 2 hours. Join us for lively discussions, interesting views and leisurely treks! Please note that the Hiking Group will be in recess in July and August. Hikes will resume on **September 7 and 19**. The Hiking Group usually meets on the 1st and 3rd Thursday morning of each month at 9:30.



KITCHEN BRIDGE: Coordinator Anne-Marie Sacco

The group will meet on **Thursday July 4 at 1:00** and will then stop for the summer and continue again in September. We are a mixed group and focus on fun.. The group usually plays on the first Thursday of each month at 1:00.

LADIES BRIDGE CLUB: Coordinator Caren Narvet

The group usually meets at 1:00 on the third Tuesday of each month.

LATIN DANCING \$15 per session Coordinator Anne-Marie Sacco

Taking a summer break, the group will begin dancing again in **September 2024**. It isn't necessary to join as a couple. This is a Joint Interest Group with members from the Uxbridge and the Port Perry Clubs. The group usually meets on the second and fourth Mondays of the month.

LAUGHING MATTERS: Coordinators Amber D'Aguiar & April Gilkinson NEW!

After a very successful launch thanks to the workshop hosted by our very own Bernie Beales, we will be continuing with our Improv group at a new time and place which will be confirmed for our July meeting. Hope you can join us for fun, fellowship and thinking on your feet. The group usually meets on the third Monday of each month from 2:00-4:00.

LET'S EAT OUT: Coordinators Gail & Chuck Heroux

Let's Eat Out recently had dinner at the Old Country Inn in Unionville, and everyone seemed to enjoy the food and ambience. We will be meeting over the summer, and have already booked the **August 15** date at the Nod to Maud in Leaskdale, with a dinner/theatre experience. We will also meet in July (details to be finalized). The group usually meets on the third Tuesday or Thursday of the month.



LIT HAPPENS - Coordinator Jen Thorson This group has a wait list.

Lit Happens will meet next on **Tuesday, September 24** (re-scheduled due to date conflict with Probus Picnic). Book selection pending. The group usually meets monthly on the fourth Thursday at 1:00.



MONDAY LUNCH BUNCH: Coordinators Betty Bignell & Joy Freemantle

The next get together will be on **July 29 at 12:00.** In May many group members enjoyed lunch at Boston Pizza in Uxbridge. 5% of each receipt was donated to the Uxbridge Hospital Auxillary. In June many enjoyed lunch and conversation at The Lloyd House Restaurant in Mount Albert. Members are notified each month of where the group will be dining next. The Lunch Group usually meets on the last Monday of the month at noon.



MULTI-DAY CLUB TRAVEL OPTIONS: Coordinator Anne-Marie Sacco

There are only two double-occupancy rooms left for our Newfoundland trip in June of 2025. We presently have 30 people and are hoping for 4 more.

PICKLE BALL: Coordinators Gerry Bignell & Alan James

Please note that all players MUST initial the sign in sheet. This is mandated by PROBUS Canada. The group plays outdoors weekly on Tuesdays & Fridays at 10:00 am (weather permitting). New players always welcome. Indoor Pickleball is available at the Uxbridge Arena, Monday - Friday from 8am-12pm, from June 3rd - August 16.

REDUCE YOUR FOOTPRINT: Coordinator Brian Keeling

Due to personnel conflicts, the June meeting had to be cancelled. Our next meeting will be **July 17 from 10:00-noon**. The purpose of the group is to discuss reducing our impact on the planet. Many topics can be discussed - energy, food & health. Each decision made can make a difference! This group usually meets at 10:00 on the third Wednesday of the month. Look for our monthly tip in each edition of this Newsletter.

SCRABBLE: Coordinator Judy Fink

The group will meet on **Wednesday**, **July 10 at 12:30 pm** following the General Meeting. Please bring your lunch (or a snack) and plan to enjoy a few hours of friendly competition. The group usually meets on the second Wednesday of each month at 12:30 pm.

SMALL TOWN THEATRE GROUP: Coordinators Steve Fryzuk & Peggy Kennedy This group has a wait list

Small Town Theatre group will take a break for the summer. We will return in the fall for the 2024-2025 theatre season. The Theatre group attends matinee performance at theatres in the Durham and York regions. We organize a lunch before the performance.

WINE CLUB: Coordinators Sherrill Burns & Anne Gauvreau

The Wine Club will be meeting on **Wed. July 10 at 7:00**. This month's theme is "SUMMER WINES". The food will be provided by Sherrill and Balti. A good time will surely be held by all! This group meets monthly on the second Wednesday at 7:00.



Share A Smile!

Note: We have been advised to refrain from using copyrighted images so I won't be able to share any professional comics downloaded from the Internet. All images used below are royalty-free.

Four engineers get into a car but it won't start.

The Mechanical Engineer says,

"It's a broken starter."

The Electrical Engineer says, "Dead battery."



The Chemical Engineer says, "Impurities in the gasoline."

The IT Engineer says, "Hey guys! I have an idea! How about we all get out of the car and get back in?"

Quote from Betty White:

My mother always used to say,

"The older you are, the better you get, unless you are a banana!"





If you can't get a quick doctor's appointment, go to the airport. You'll get a free x-ray and a breast exam and if you mention Al Qaeda, you will get a colonoscopy thrown in! You know you are over 40 when you have "Upstairs Aspirin" and "Downstairs Aspirin".



I had the slowest, rudest, nastiest cashier today at the grocery store! I guess it's my own fault for using the selfcheckout lane!





Will glass coffins ever become popular? **Remains to be seen!**

I signed up for an exercise class and was told to wear comfortable, loose-fitting clothing.

If I HAD any loose-fitting clothing, I wouldn't have signed up to begin with!



70% of the Earth is water and virtually none of it is carbonated.

So, I guess the Earth is, in fact, FLAT!



In Honour Of Canada Day, Enjoy Some Canadian Trivia!

THE MALL OF AMERICA IS Owned by Canadians.



AMERICANS HAVE INVADED Canada Twice, in 1775 And 1812. They Lost Both Times





THE U.S. / CANADA BORDER IS THE LONGEST International Border in the World and It Lacks Military Defense.







LICENCE PLATES IN THE CANADIAN Northwest territories are shaped like Polar bears.



IN NEWFOUNDLAND, CANADA, The Atlantic Ocean Sometimes freezes so People Play Hockey on It.

CANADA HAS THE LARGEST COASTLINE IN THE WORLD.

120 In Canada, Mexico, India, Russia and Israel, Bank notes have braille-like markings on Them for the blind.

POLICE DEPARTMENTS IN CANADA GIVE OUT "POSITIVE TICKETS" WHEN THEY SEE PEOPLE DOING SOMETHING POSITIVE.







"CANADA" IS AN Iroquoian language Word Meaning "Village."