

CURRENT INTEREST GROUPS:

TO SIGN UP FOR ALL INTEREST GROUPS:

1. Visit us in person at the **Interest Groups Table** during General Meetings or

2. Email us by clicking on this link: [Interest Group Chair](#)

Typically there is no charge to join an Interest Group (although some may have a minimal fee to pay for the use of the venue).

You must be a member of Uxbridge PROBUS to join an Interest Group.

If you have an idea for a new group or want to join an existing group, please contact us!

AGE GETS BETTER WITH WINE: Coordinator: Anne Gavreau

The "Age Gets Better With Wine" Club will meet Wednesday, November 12, at 7:00 pm, at the home of the one and only Sharon Butchart. The theme for this evening is "A Favourite Wine Ever." I can't wait to taste them! Yum!

Food will be provided by Cathy Dauphin and yours truly. Another exciting evening will surely be had by all.

This group meets on the second Wednesday of the month at 7.

BOOK BUDDIES: Coordinator: Gerri Martin

Having chosen Jennifer Wilson's biography Grant Us Tomorrow as our book club selection we were treated to the company of some of the volunteers who joined her on her dream to provide health care to some of the people in Ghana.

We were shown pictures from their tour and hand crafted artwork. Most important was the stories they shared. These impoverished people loved and appreciated any gesture of kindness and care they received.

The consensus was that the workers were overwhelmed by the gratitude and appreciation of the patients that they helped.

The network of volunteers has grown substantially. With their connections bringing aid to Ghana they have accessed commitments from benefactors who enable progress to be made in construction of Oak Tree Medical Centre among other projects.

Gail provided us with a delicious snack made from peanuts - one of the crops they grow to sustain themselves and earn a living.

Our selection for our November meeting is Three Views of Crystal Waters by Katherine Govier. The story narrates details of pearl divers in the early 19th century and how they risked their lives to retrieve the valuable pearl which was sought after by the affluent.

This group meets on the fourth Thursday of the month at 1:30.

CANASTA CREW: GAMES & LESSONS: Coordinator Amber D'Aguiar

Canasta is a fun and challenging card game played in groups of four. We play on the 2nd Thursday of the month (Nov 13th) in the afternoon. Lessons are held from 1-2pm for new players and for those who need practice, and then we continue to play from 2-4pm. All are welcome.

This group meets on the 2nd Thursday of each month.

COURT JESTERS (PICKLEBALL): Coordinators: Alan James and Bill McMahon

Well it's that time of year when we have to call a halt to Court Jesters Pickleball. We had a super year, I believe there were only a few days that were cancelled due to inclement weather. Enjoyment was expressed by those who participated and everyone is looking forward spring start up.

EUCHRE: Coordinators: Gail Prentice and Lynn Moore

This group meets at 10:00 on the first Tuesday of the month.

GARDENING GURUS: Coordinator: Sally Kotsopoulos

Congratulations to Sally on her successful knee surgery! We remain on hiatus for the time being.

This group usually meets on the first Thursday of the month.

GENIAL GENEALOGISTS: Coordinator: Bernie Beales

We welcomed our newest members and shared our trials and tribulations in trying to locate wayward grandparents! A look at sorting our DNA matches by grandparent proved to be a useful strategy. We have room for a couple new members if you are looking for your ancestors. Our next meeting will be Thurs. Nov. 20.

This group usually meets on the third Thursday of each month from 1:30-3:30.

GRAPE MINDS THINK ALIKE: Coordinators Melissa Harding and Caren Narvet *NEW*

Our new wine-tasting group "Grape Minds Think Alike" held a second meeting in October and had a thoroughly enjoyable time tasting and discussing a variety of wines from Portugal. We engaged in lively discussion and are looking forward to our November meeting where "Wines of South Africa" will be sampled.

This group meets on the third Wednesday of the month.

KITCHEN BRIDGE: Coordinator: Anne-Marie Sacco

The group is for both men and women. We are a social group vs duplicate. Kitchen Bridge meets on the first Thursday of each month at 1:00.

KNIT OR NOT HANDICRAFTERS: Coordinator: Wanda Laing

Our next meeting will be on November 19th. Bring \$3 for yummys, or bring yummys...but make sure you have enough for everyone.

As the weather cools, I make sure to have the woodstove roaring for the woolies (my word for knitters and crocheters who get the cozy living room) The crafters are downstairs in my craft space where all the cool tools are. So come on out and enjoy crafts and camaraderie with the Knit or Nots.

This group usually meets at 1pm on every second Wednesday of the month.

LADIES BRIDGE CLUB: Coordinators: Margaret Langlands and Caren Narver

Bridge enjoys meeting at the homes of several of the members. The number of tables will vary depending on the month.

This group meets on the second Tuesday of the month at 1:00.

LAUGHING MATTERS: Coordinators: Amber D'Aguiar & April Gilkinson

Our last improv will be Nov 17 so come one come all as we will then be on hiatus until the spring.

This group usually meets on the third Monday of each month from 1:30 -3:00

LET'S EAT OUT: Coordinators: Gail & Chuck Heroux

Let's Eat Out returned to one of our favourite restaurants this month, with a visit to Pickles and Olives, in Port Perry. The food and the atmosphere were delightful, and about twenty of us had a wonderful time.

November's destination will be announced soon.

This group meets on the third Tuesday or Thursday of the month.

LIT HAPPENS: Coordinator: Jen Thorson

"Lessons in Chemistry" provided great fodder for some insightful discussion and delish 60s-inspired treats (the bar had previously been set high!) And thanks to a great evening out at the Blue Heron Studio to hear Clare Leslie Hall talk about her newest book "Broken Country", we'll be sharing thoughts on this one next (we hear it's really good ;)

This group meets at 1:00 on the fourth Thursday of the month.

LOCAL EXPLORERS: Coordinator: Susan Hillar

Three group members visited Cannington in early October to view a travelling display titled The Witness Blanket. This replica (the original is housed at the Canadian Museum for Human Rights) honours the children who attended residential schools and is crafted using hundreds of items reclaimed from residential schools, churches and other sites. We found it a powerful and sobering experience.

MONDAY LUNCH BUNCH: Coordinators: Betty Bignell & Joy Freemantle

In October the group tried a new restaurant, "Route 48" on highway 48 of course! Very positive comments were made about the food and how well the staff managed serving all 30 of us!

The group meets on the last Monday of each month.

LIGHTS, SNACKS, ACTION! : Coordinators Amber D'Aguiar and Mary Freedman

NEW

We were thrilled to attend the Short Film Festival at the Roxy Theatre in early October! The evening featured an exciting lineup of short films, delicious snacks and beverages, and special guests. Ted Barris hosted a lively Q&A with several of the actors and directors whose films we watched. We even got to take a picture with an Emmy Award, won by Randy Wilson — a local talent from Uxbridge! What a fabulous evening it was!

REDUCING MY FOOTPRINT: Coordinator: Brian Keeling

Join us for always-lively and informed conversation. Our Monthly Tip, below, is our gentle (or sometimes not-so-gentle) reminder that change is always possible!

Monthly TIP:

CHRISTMAS IS COMING!

As the holiday season draws near and we turn our thoughts to gift-giving, let's steer away from more "stuff" and think about gifting experiences instead. It feels great to support Canadian, Ontario and local, and there's a multitude of possibilities to explore. One entrepreneurial Dragon's Den company has curated creative, "surprise" themed adventures mapped through much of Canada (and even they-who-shall-not-be-named south of the border). Check out guesswheretrips.com for some great fun! Downtown Toronto houses a tiny treasure called Little Canada at Yonge/Dundas Square. Perfect for the whole family, this is a brilliant miniaturization of our beautiful country that will absolutely delight, guaranteed. Closer to home, the Discover Uxbridge site has all kinds of activities/attractions listed, for inspiration. Whatever you choose, your gift of "experience" is bound to bring joy.

This group meets on the third Wednesday of the month at 10.

R.O.M.E.O. (Retired Old Men Eating Out) : Coordinator John Willcock *NEW*

This group usually meets on the fourth Thursday of the month at noon.

SMALL TOWN THEATRE: Coordinators: Steve Fryzuk & Peggy Kennedy

We had our first theatre event of the year in October. We went to Port Perry to see another wonderful Norm Foster play.

On November 22nd we are going to the Whitby Courthouse Theatre for our next play. Small town theatre members attend matinee performances at theatres in the Durham and York region. We arrange a lunch before the event.

TAKE A HIKE: Coordinators: Carol Fraser & John Willcock

The Hiking Group meets on the 1st and 3rd Thursday of each month in the morning (9:30). Our Goodwood/Uxbridge area has a wonderful series of trails through a variety of forests and meadows, some quite flat, some with gentle hills. We explore these forest trails near Uxbridge in the Durham and York Regions for 1 ½ to 2 hours. Join us for lively discussions, interesting views and leisurely treks!

November hikes are scheduled for Thursday November 6 and November 20. Hike details are emailed to our members.

The Hiking Group meets on the 1st and 3rd Thursday of each month at 9:30.

TOO PAR GONE (GOLF): Coordinator: Albert Fintelman

We've played golf every Monday morning in October:

October 6th we had our season finale scramble at Spring Creek GC, and 20 members participated (see in photos). Everyone had a great time and the scores were close!

October 13th and 27th we played at Spring Creek GC and on October 20th we played at Golfer's Dream GC.

I'm sad to say we're winding down activity and this will be our last report for the 2025 golf season. A few of us diehards will be golfing for a few more weeks - probably until mid November. One member said "if the white stuff comes we'll just have to change the colour of the balls we're playing with".

Our group had a great season and we're looking forward to next year!

TWO RIGHT FEET (LATIN DANCING): Coordinator: Anne-Marie Sacco \$15 fee

This group meets each Monday except for holidays from 3:00 to 4:00. There is a fee of \$15.00 each week.

W.A.L.K.S. (We All Like Kinetic Strolling): Coordinator: Nancy Melcher

WALKS had a break while I was away but we are up and running again. The autumn colours make every step an absolute joy! Start your week off with a social walk and your refreshing hot beverage and snack afterwards. Join us Mondays at 9:30.

This group usually meets Monday mornings at 9:30.