

# THE PROBUS CLUB OF UXBRIDGE - June 2025

Website: [www.uxbridgeprobus.ca](http://www.uxbridgeprobus.ca)

E-Mail: [CONTACT US](#)



# UXFORMATION

## MANAGEMENT TEAM

President  
Kathy Clulow

Past-President  
Chuck Heroux

Vice-President  
Robin Dhillon

Secretary  
JoAnne Binns

Treasurer  
Margaret Blanchet

Speaker Chair  
Zina Bolak

Social Committee Chairs  
Gail Porter Heroux  
Peggy Kennedy

Interest Groups Chair  
Jen Thorson

Newsletter Editor  
Bernie Beales

Membership Chair  
Elaine Stevenson

House Chair  
Sally Kotsopoulos

Members At Large  
Linda Abate  
Cheryl Bain

Site Administrator  
Barrie Clulow

## President's Message:

It's time to celebrate! Next week, Uxbridge Probus Club turns seven! Come out and celebrate with us. We will have a short Annual General Meeting to take care of a bit of business, and then it's time to have fun. **Looking back**, seven years isn't long, but look how far we have come. A few people with a desire to create a new club offered seniors so many opportunities. We started strong with a good team leading us. Then Covid hit, everything shut down, and we learned a new word - "Zoom". I spoke with a member last week who expressed how grateful she was for our club, and how she enjoyed our Zoom calls and meetings. It was a lifeline during uncertain times. We returned to connecting again in person as soon as possible with our meetings at the Legion. We had fun, we made friends, we learned new things, and we shared. As our numbers grew, a larger, more suitable space was necessary. Now we are at the Uxbridge Community Centre with ample space, parking and easy access.

**Looking forward**, it's fun to imagine where this club will be seven years from now. We trust we have the policies, procedures, and leadership in place to support us as we continue to provide interesting and stimulating activities for our members.

As my term as President draws to a close, I consider it an honour and an incredible privilege to have led this club over the last three years. We have an awesome Management Team and together, we have accomplished so much including sponsoring and mentoring two new clubs. As Robin Dhillon takes the reins, I trust you will welcome and assist him as you have me. I'll still be here as Past President for two more years. Perhaps I will have more time to join a few of our interest groups, and benefit from them, as you do.

Thank you from the bottom of my heart. I feel blessed.



*Kathy Clulow*

PS: If you have not paid your membership dues, please make sure you do asap. It's the best investment you will make this year!

## From Your Speakers' Chair



Last month, our speaker, Dr. Amy Barron, an archeologist currently teaching at Fleming College, presented Digger, Teacher, Soldier, Spy. It was an intriguing and captivating presentation mainly about the Middle East in WWI and the part T. E. Lawrence (of Arabia) played as “archeologist turned spy”. Quite a fascinating bit of history! For those interested in seeing more of Amy, she'll be at the Scugog Public Library on June 10th at 7:00 pm presenting **“Archaeology and Agatha Christie”**. For more info, go to <https://www.scugoglibrary.ca/whats-on/newsletter/>

### June 11 - Joyce Perrin “Ants In My Pants

Joyce Perrin is a former hospital CEO who, at age 57, put her treasures in storage and travelled the world for 23 years. As a solo traveler, Joyce has explored 187 countries and territories, working for the World Health Organization while embracing adventure and positivity. She has chronicled her experiences in her book, *Ants in My Pants – One Woman's Unexpected Adventurers Across Seven Continents*. Her books will be for sale at the meeting. Don't miss this presentation, which is sure to be a memorable and enjoyable one!



### July 9 - Tom Locke “The Evolution of Rock and Roll”

Don't miss this interactive presentation about Stories and Songs of the 50's, 60's and 70's! Tom will delve into the roots of Rock & Roll revealing how it shaped our culture and influenced future generations. It features the playing of some memorable tunes, and we will learn something new about the music we know. **This meeting will be held at the Sandford Community Centre.**

## From Your House Chair

### Next Meeting: Wed. June 11 @10:00 a.m. at the Uxbridge Community Centre

Hello from the House!! The sun is shining and my garden is thriving thanks to all the rain we have had. I am very excited to announce we had 14 new volunteers sign up at the May meeting to help with the House Committee and another who contacted me in April. Yahoo!! I am still looking for team captains as I only have Ann Wicks signed up for Team 1.

#### June – Team 1

**Set up (Arrive by 9:00)** – Ann Wicks, Barry Scarlett, Steve Fryzuk and Janet Patterson

**Kitchen (Arrive just after 9:00)** – Gail Crawford, Sherrill Burns, Gwen Ringling, Suzanne Murphy, Gerri Martin, Sandra Will, and Sandra Clark

**Greeter (Arrive by 9:30)** – Marie McEachnie



**Remember to  
“Lug-A-Mug”  
(Reasonable  
Size!)**



## From Your Social Committee

### The Mad Hatter's Tea Party - Friday, May 9

From the moment we rounded the corner at the entrance of the Curling Club, we were taken into the magical world that is Alice. The Queen of Hearts was dressed in the most beautiful red gown with her fiery red bouffant as her crowning glory. The Mad Hatter was such a character and often tried to "photo bomb" the mothers and daughters as they tried to get their pictures against the magical backdrop of the photo booth.

I must say the decorations at the event were exceptional! A lot of hard work went into making it a great trip down "The Rabbit Hole".

The luncheon of beautifully decorated finger sandwiches served on tiered trays was an especially refined sight for the guests. Following this, the selection of desserts and petit fours was varied and beautifully presented. And of course, there was a never-ending supply of tea to enjoy from beautiful bone china tea cups.

The White Rabbit took such good care to see that our needs were met while Tweedle Dum and Tweedle Dee kept everything neat and tidy as we enjoyed the antics of the performers.

It was an amazing opportunity to celebrate with our daughters as well as to support our local Curling Club's endeavours to finance some building renovations that they are working towards.

*Report by Gerri Martin*

*Photos by Gail Heroux*



## TO SIGN UP FOR ALL SOCIAL EVENTS:

**First** - you must sign up to reserve your spot by one of three ways:

1. **In person** at the Social Events Table during General Meetings,
2. **By e-mail** by clicking on this link: **Social Group Chair**
3. **By telephone** to Social Co-Chairs Gail Heroux (905)852-9927 or Peggy Kennedy (905)852-0373.

**Next** - you must pay either

1. **By e-transfer** to **treasurer.uxbridgeprobus@gmail.com**
2. **By cheque payable to "Probus Club of Uxbridge" at a meeting** or
3. **By cheque through the mail** to:

Uxbridge PROBUS c/o Gail Heroux, 72 Munro Cres., Uxbridge ON L9P 1L8.

**NO CASH PLEASE - Cheques & E-Transfers Only!**

You must be a member in good standing (or guest of a member) of Uxbridge PROBUS to attend

## Upcoming Social Events



**THURSDAY JUNE 12**

## CIRCLING HAWK MEADERY TOUR

**13433 Leslie St, Richmond Hill**

*A drive yourself event. Meet at 11 am with tour to follow.  
Wood fired pizza optional after tour at your own expense.*

**\$25 per person** which includes guided tour with the Head Apiarist,  
Mead (Honey Wine) & Honey Tasting, and much more!

**See accompanying flyer for all the details!**

Sign up as usual and indicate if carpooling or ride is required



**Sign up directions in Gold Box above**

**Wed. June 25 3:00-5:00**

## COFFEE & CONVERSATION

**Only \$5 per person!**

**Shobrook Gardens Gathering Place (Main Floor)  
1 Elgin Park Drive**

A wonderful opportunity to meet other members  
and reconnect with good friends.

**Everyone welcome but special invitation is  
extended to our newer members!**





Wednesday, July 23 at 7:00 p.m.

Theatre on the Ridge Presents

## BLUEBIRDS

(See flyer for more details)

16210 Island Road, Port Perry

A drive yourself event

Tickets \$35 each (group rate)



## TORONTO HARBOUR CRUISE

WEDNESDAY, AUGUST 20

Aboard the 96' three masted schooner

Our club members will be the only passengers on this  
3 hour cruise with lunch included (cash bar)

COST \$210 (members) \$220 (guests)

(See flyer for all the details)

**NOTE:** Although the bus is full, there is room on the Challenger for a few more passengers. If you are willing and able to travel by GO train to the pier, then **the cost for the cruise plus the lunch is \$125**. If several members decide to travel by GO train, then the group could travel together with a social committee member familiar with the route.

THURSDAY, SEPTEMBER 18 11:00-4:00 (Lunch 1:00 p.m.)

## Summer Finale Barbecue

Cullen Central Park, 4015 Cochrane St., Whitby

Mary Evans Catering

Pulled pork or chicken on a bun, selection of salads, desserts & drink

**Lots of Activities & Games Available**

**Cost: \$45 for members & \$50 for guests - See separate flyer for all the details!**



Save The Date

In The Works...

Dec 10: Christmas Gala Luncheon at a new venue (Mill Run) with new entertainment (Tom Kovacs)!

Model A Acres  
Glow Town Mini-Golf  
Oshawa Generals Hockey Game

WEDNESDAY OCTOBER 22

# NIAGARA WINE TOUR

A Full Day Excursion with Mary Morton Tours

- Visit Konzelmann Estates on the lake for 3 wine tastings and snack.
- Lunch at Prince of Wales Hotel with time to stroll around the beautiful town of Niagara-on-the-Lake
- 4 wine tastings at Pillitteri Estates Winery
- Visit Chateau des Charmes Winery to enjoy 4 wine tastings



**COST : \$178 (member), \$188 (guest)** See flyer for more details

Anonymous member  
May 15 at 5:31PM · 🌐

A magical stroll through Walkers Woods ! Look at these rare beauties !!



## Facebook Post of the Month

The Uxbridge PROBUS Club for Members Only Facebook group now has 144 members! By joining, you will be more "in the know" about some of the activities and events that happen during the month which may inspire you to get involved and get out there to enjoy the beauty of nature that surrounds us. Find us by searching for PROBUS Club of Uxbridge. Post of the month is by April Gilkinson.



## From Your Membership Chair

It's that time again - time to renew our Probus membership dues. We are pleased to announce that we managed to keep the fees at **\$40.00**. This has to be the best deal in town for a year of Probus fun and interesting activities.

Probus Canada has recommended that all clubs adopt their Code of Conduct. It is now **mandatory** for membership in our club. Please read the attached file, then follow the 3 steps below.

1. Agree to the Code of Conduct.
  2. E-transfer \$40.00 to [membership.uxbridgeprobus@gmail.com](mailto:membership.uxbridgeprobus@gmail.com). Please add this new email address to your payee list and put your name in the message box. You can always pay by cheque at a general meeting.
  3. If you do not wish to renew your membership, **please let us know!**
- If we have not received your renewal by **June 30**, you will no longer be a member, and your spot will be given to someone on the waitlist.



## Current Interest Groups

### TO SIGN UP FOR ALL INTEREST GROUPS:

1. Visit us in person at the **Interest Groups Table** during General Meetings  
-or-

2. Email by clicking on this link: [Interest Group Chair](#)

Typically, there is no charge to join an Interest Group (although some groups may have a minimal fee to pay for the use of the venue).

You must be a member in good standing of Uxbridge PROBUS to join an Interest Group.

**If you have an idea for a new group or want to join one of the existing groups, please contact us!**

### **AGE GETS BETTER WITH WINE: Coordinators Anne Gauvreau & Sherrill Burns This group has a wait list**

This month we will meet at the home of Kim Lendvay, where we hope for weather warm enough to meet in the backyard. The theme has yet to be decided but rest assured, lots of fun will be had by all. This group meets on the second Wednesday of the month at 7:00.

### **BOOK BUDDIES: Coordinators Gerri Martin & Kelly Keilty**

At our regular meeting on June 26th we will discuss *Go As The River* by Shelley Read. After our meeting in June we will reconvene in September. And we have great news! We now have space to accept new members to Book Buddies! If you enjoy diverse material and the banter of sharing different views of what you have read with one another, this is the group for you! This group meets on the fourth Thursday of the month at 1:30.

### **CANASTA CREW - GAMES & LESSONS: Coordinator Amber D'Aguiar**

Canasta is a fun and challenging card game played in groups of four. We will be playing June 12 in the afternoon. We host lessons from 1:00-2:00 for new players and for those who need practice, and then we continue to play from 2:00-4:00. All are welcome. This group meets on the second Thursday of each month.

### **COURT JESTERS (PICKLEBALL): Coordinators Alan James & Bill McMahon**

As the weather improves, so does our pickleball participation. Accolades to John Willcock for his excellent demonstration of a superb serve. John served a perfect game. He started on serve and never relinquished until the game was over at 11-0. I was fortunate to be his

teammate and witness his performance first hand. The bad news is neither his partner nor their opponents got a chance to serve! Off the record, there have been some rumblings that John should be persuaded to start serving left handed. Pickleball meets Tuesday and Friday at 10:00.





### **EUCHRE: Coordinators Gail Prentice and Lynn Moore**

Euchre will be taking a break for July and August but will resume the first Tuesday morning of September. A great season was had by all and no one was thrown out of the club for table talk ... although some came close ;) This group meets at 10:00 on the first Tuesday of the month.

### **GARDENING GURUS: Coordinator Sally Kotsopoulos**

The Gardening Interest Group is planning a trip to Richter's Herbs on our regular meeting day, June 5 (time to be determined). On Saturday June 7, members are planning to attend the Oshawa Peony Festival. Please arrange rides through friends or Sally as only street parking is available. Our last meeting was at Anne Linkruus' home where we were able to adopt Anne's plants and bring them to new homes. Thank you Anne. This group usually meets on the first Thursday of the month.

### **GENIAL GENEALOGISTS: Coordinator Bernie Beales**

Last month, we had a brief presentation on "How Does DNA Help Genealogy?" Join us on June 19 for our final regular meeting before going on hiatus for July and August. But just because we won't be meeting as a team doesn't mean this couldn't be a great opportunity for new members to arrange for an intro session to get started on your family history journey! This group usually meets on the third Thursday of each month from 1:30-3:30.

### **HANDICRAFTS: Sally Kotsopoulos**

The Handicraft Group will meet at the Senior Centre on Friday, June 20. Members are invited to bring their projects to work on, or to bring a terra cotta flower pot or two for painting. Sally will provide the paints. This will spiff up your garden or deck this summer. At our May meeting we met Wanda Laing who is interested in becoming our new coordinator. Thank you Wanda. Finally a reminder that the Handicraft Group goes on hiatus for July and August. Have a wonderful summer everyone! This group meets from 1-3 pm on the third Friday of the month.

### **KITCHEN BRIDGE: Coordinator Anne-Marie Sacco**

Ours is a group of keen bridge players, both men and women, held the first Thursday of each month at 1:00. We will not hold this group during the summer months. Kitchen Bridge meets the first Thursday of each month at 1:00.

### **LADIES' BRIDGE CLUB: Coordinator: Caren Narvet**

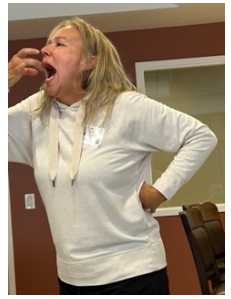
Ladies Bridge meets at the homes of several of the members. The number of tables will vary depending on the month. Currently, if anyone would like to meet the ladies in this very sociable group, we would be happy to have a list of potential players who could fill in when needed, with the possibility of joining as a regular player in the future. This group meets on the second Tuesday of the month at 1:00.





### **LAUGHING MATTERS: Coordinators Amber D'Aguiar & April Gilkinson**

Last month, we played charades. Even though we did not capture on film the participant who had to act out "fire hydrant", it will forever be etched in our minds! Improv is all about thinking on your feet and stepping out of your comfort zone. There is no right or wrong so come see what all the fun is about and join us on June 16. This group meets on the third Monday of each month from 1:30 - 3:00.



### **LET'S EAT OUT: Coordinators Gail & Chuck Heroux**

We had our regular gathering, this month at Corrado's, and 26 of us had a great dinner. This group meets on the third Tues. or Thurs. of the month.

### **LIT HAPPENS: Coordinator Jen Thorson**

June's pick is a Canadian story centred in Quebec around the separatist movement in the early 1990s. The Forgotten Daughter by Joanna Goodman promises great conversation around a fraught time we all remember. Lit Happens will meet for a "social" this summer, but go on literary hiatus until September. This group meets at 1:00 on the fourth Thursday of the month.

### **LOCAL EXPLORERS: Coordinator Susan Hillar**

A valiant attempt to organize a horseback riding outing was thwarted by rain and cold this month; perhaps June will be kinder to us. There are so many great ideas for adventure coming from this group! Our thanks to Marianne, and a hearty welcome to Susan as she is handed the reins.

### **MONDAY LUNCH BUNCH: Coordinators Betty Bignell & Joy Freemantle**

The Monday Lunch Bunch enjoyed getting together for lunch and conversation at Boston Pizza in Uxbridge. The group will meet again on June 30 at 12:00. The group meets on the last Monday of each month.



### **MULTI-DAY TRAVEL OPTIONS: Coordinator Anne-Marie Sacco**

A group of 38 people are leaving Toronto for Newfoundland June 13 to 24. Stay tuned for some great pictures. An itinerary has been made to travel to the Maritimes via bus in June 2026. Please continue to watch for further information.

### **REDUCING YOUR FOOTPRINT: Coordinator Brian Keeling**

On May 24, members of Reducing Your Footprint attended an open house tour @ DYEC (Durham-York Energy Center) to watch how energy/power can be created from garbage! Highlights included how garbage is separated and then diverted to the incinerator to produce electricity to power our houses. All operational stats of DYEC facility are public domain and can be viewed online (which include weight of garbage coming in, operating temp of incinerator, exhaust stack gases levels and the amount of fly ash produced/shipped to landfill). This group meets at 10:00 on the third Wednesday of the month.

### **SMALL TOWN THEATRE: Coordinators Steve Fryzuk & Peggy Kennedy**

On June 8th members will be attending a Norm Foster play at the Curtain Club in Richmond Hill entitled The Gentleman Clothier. Before the theatre event we have scheduled a lunch. In May members went to the Aurora theatre to see a performance of Noises Off. Small Town Theatre members attend plays in Durham and York Regions. Lunch is organized before the event.



### **TAKE A HIKE: Coordinators Carol Fraser & John Willcock**

We enjoyed a spectacular May hike among the trilliums. Take A Hike will meet in June on Thursday June 5 and June 19, then pause over the summer months of July and August. The Hiking Group meets on the 1st and 3rd Thursday of each month at 9:30.



### **TOO PAR GONE (GOLF): Coordinator Albert Fintelman**

Our group opened the golf season on May 5 at Spring Creek GC with 18 players participating. Each subsequent week had 18 golfers playing at Spring Creek, Golfer's Dream GC and Millrun Highlands GC. We are scheduled to play all 5 Mondays in June. On June 23, there's a joint Probus Clubs Nine and Dine which some of us will participate in!



### **TWO LEFT FEET (LATIN DANCING): Coordinator Anne-Marie Sacco \$15 per session**

Latin dancing is held the first and fourth Monday of each month. We share this group with the Port Perry Probus. We will hold classes during the summer months. Lessons are usually held the second and fourth Mondays of the month from 3-4, with a fee of \$15.00.





## W.A.L.K.S. (WE ALL LOVE KINETIC STROLLING): Coordinator Nancy Melcher

We will continue through the summer on Monday mornings at 9:30. We will confirm start times, possibly moving a half-hour earlier should the overnight temperatures make it a nicer walk. All are welcome to join us as we discover neighbourhoods, travel on some parts of the Town Trail Network, and enjoy a refreshing beverage together afterwards. This group usually meets Monday mornings at 9:30.



## DESPERATELY SEEKING COORDINATORS!

We have had strong interest shown in the following potential groups - **Board Games, Movie Night and ROMEO (Retired Old Men Eating Out)** but need three motivated people to step up as Coordinators to get the ball rolling!  
**YOU CAN DO IT!!!**

## Attention Nature Lovers!

**North Durham Nature** has been around since 2013 and provides Nature Talks and Walks around Uxbridge, Scugog and Brock townships. The Walks are free and the Talks ask for a small donation to cover expenses. The next walk is on June 14 and titled "Learn Your Butterflies". The next talk is on June 24 and is titled "Snakes: Scaly and Smooth". To find out more, visit their website by clicking on [www.northdurhamnature.com](http://www.northdurhamnature.com).



(Photo is from our own Take A Hike Interest Group!)



### June & July 2025

<b>Jun 14</b>	<b>Walk: Learn Your Butterflies</b> Learn how to identify early summer butterflies in the field. 1 pm - Registration required
<b>Jun 19</b>	<b>Walk: Chasing Light-Exploring Local Fireflies</b> David-Angelo Williams, Toronto Region Conservation Authority, leads an evening outing to witness and discuss this insect's communication with light. 9 pm - Registration required
<b>Jun 24</b>	<b>Talk: Snakes-Scaly and Smooth</b> James Kamstra, ecologist, will share the wonders and diversity of this misunderstood reptile. 7 pm - Uxbridge Seniors Centre - All welcome!
<b>Jun 28</b>	<b>Walk: Deep in a Thousand Acre Wood-A Hearty Hike in Happy Valley Forest</b> Explore birds and botany with Mark Stabb, Nature Conservancy Canada, while learning about conservation efforts behind this large intact nature reserve. 8-10 am - Registration required
<b>Jul 1</b>	<b>Walk: Tricky Sparrows</b> Visit a renaturalizing quarry to observe often-not-seen breeding grassland birds. 6 am - Registration required

**Non-members are welcome!  
Donations appreciated!**

Visit our website for registration and membership  
**northdurhamnature.com**



# Celebrate Fathers With Some Dad Jokes!

When does a joke  
become a Dad Joke?

When it's fully groan!



I entered 10 jokes into a  
pun contest to see if any  
would win.

No Pun In Ten Did!



I'm writing a book about  
beer.

I'm now on my fourth  
draft!

Archaeologists are excavating  
the largest known dinosaur tibia  
to date.

Apparently, it's a real shindig.



Have you ever tried  
eating a clock?

It's really time consuming...  
especially if you go for  
seconds!



I'm reading a book  
about anti-gravity.

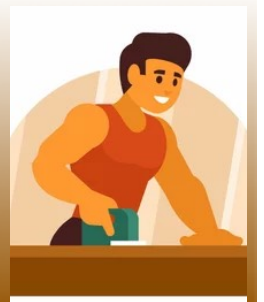
It's impossible to put  
down!



I cancelled my  
subscription to Anger  
Management  
Monthly...

But I still have issues!

I tried to come up with a  
Dad joke about  
carpentry that  
woodwork.  
I think I nailed it but  
nobody saw it.



I've decided to  
take up coin  
collecting.

The change would  
do me good.



Sad news. I broke up with  
my girlfriend Lorraine  
because I wanted to date  
Claire Lee. The good  
news is, I can see Claire  
Lee now, Lorraine has  
gone.

# Share A Smile - For Our Interest Groups!

## Dining Out Interest Group

A group of 40 year-old girlfriends discussed where they should meet for dinner. Finally, it was agreed that they should meet at the Ocean View Restaurant because the waiters there had tight pants and nice buns.

10 years later, at 50 years of age, the group once again discussed where they should meet for dinner. Finally it was agreed that they should meet at the Ocean View Restaurant because the food there was very good and so was the wine selection.

10 years later at 60 years of age, the group once again discussed where they should meet for dinner. Finally it was agreed that they should meet at the Ocean View Restaurant because they could eat there in peace and quiet and the restaurant had a beautiful view of the ocean.

10 years later, at 70 years of age, the group once again discussed where they should meet for dinner. Finally it was agreed that they should meet at the Ocean View Restaurant because the restaurant was wheelchair accessible and they even had an elevator.

10 years later, at 80 years of age, the group once again discussed where they should meet for dinner. Finally it was agreed that they should meet at the Ocean View Restaurant because they had never been there before.



## Travel Interest Group

I've been to a lot of exotic places, but I've never been in Cahoots. Apparently, you can't go alone - you have to be in Cahoots with someone.

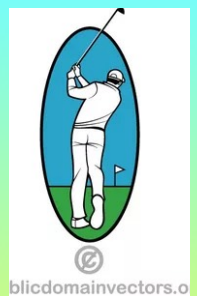
I've also never been in Cognito either. I hear no one recognizes you there.

I have, however, been in Sane. They don't have an airport. You have to be driven there. I have made several trips!



## Golf Interest Group

Three golf clubs went into a bar. The putter asked for a beer. The wedge ordered a tequila. The third club said, "Nothing for me. I'm the driver."



## Book Interest Group

How many mystery writers does it take to change a light bulb? Two! One to change the bulb and one to give it an unexpected twist at the end!

