

# Social Services Programs

(Phone numbers are on pages 7 and 8)

## ASSISTANCE WITH UTILITIES

### FOR ASSISTANCE WITH UTILITIES:

- **Operation Touch / St. Vincent DePaul**—provides limited financial assistance.
- **The Dorothy Day Center**-- provides limited financial assistance
- **Salvation Army**-- provides limited financial assistance
- **Catholic Social Services**-- provides limited financial assistance
- **United Methodist Human Services** -- provides limited financial assistance for utility terminations
- **Cambria County Community Action** ---handles several subsidized utility programs.

ALL UTILITY COMPANIES HAVE A NUMBER OF SUPPORT PROGRAMS. INFORMATION CAN BE OBTAINED BY CONTACTING THEM DIRECTLY.

**Cambria County Assistance Office** and **Cambria County Community Action** handle applications for LIHEAP (energy assistance for winter heating bills). These are usually available the first week of November.

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## HOUSING ISSUES

### FOR ASSISTANCE PAYING RENT OR IF THERE IS AN EVICTION NOTICE:

- **Cambria County Assistance Office**—offers several types of assistance.
- **Cambria County Community Action**—handles financial assistance for evictions
- **St. Vincent DePaul**—provides limited financial assistance.
- **The Dorothy Day Center**-- provides limited financial assistance
- **Salvation Army**-- provides limited financial assistance
- **Catholic Social Services**-- provides limited financial assistance
- **United Methodist Human Services** -- provides limited financial assistance
- **Homeless Assistance Program (through Community Action Council)** provides housing information , helps filling out forms and other supportive housing services
- **CCSHP—Cambria County Supportive Housing Program Clearinghouse- (814) 262-8835—**  
Maintains database of available homes and apartments for rent in Cambria County.

## **HOME FORCLOSURES:**

- **Consumer Credit Counseling**—information on mortgage assistance program

## **NEED A PLACE TO LIVE OR RENT ASSISTANCE:**

- **Johnstown Housing Authority**—subsidized housing for low income households, based on income.
- **Subsidized Section 8 Housing** program for low income households—will help renters if the land owner is willing to participate in the program, not just if you rent from a subsidized housing development. (Contact the **Johnstown Housing Authority** for information)
- **Supportive Housing Program** (Through Peer Empowerment Network) (814) 539-2724-- applicants need a mental health or physical handicap diagnosis and medical assistance to qualify.
- **Tableland Services in Somerset County**
- **Indiana Housing Authority -- (724)-463-4730**
- **Somerset Housing Authority—(814)-629-5147**
- **Westmoreland Housing Authority (724)-832-7248**

## **HOMELESS SHELTERS**

### **SOMERSET COUNTY**

- NEXT STEP CENTER (814) 444-8588
- Homeless Resources: Tableland of Somerset PA

### **CAMBRIA COUNTY**

- Homeless Resources: Cambria County Human Services Department (814) 534-2508

### **BLAIR COUNTY**

- FAMILY SERVICES (814) 949-3778
- Homeless Resources : Community Service Center (814) 946-3651

## **NECESSARY HOME REPAIRS/ MEDICALLY NECESSARY CHANGES TO HOME**

- **JUMP Program**—Joint United Methodist Parishes does minor home repairs for low income individuals. Will also install ramps for handicapped accessibility for homes. Call **814-270-2795**
- Local borough or township office may have grant funds for house repairs for residents
- **Area Agency On Aging** --(Medically necessary changes to homes)
- **Center For Independent Living** – ( Medically necessary changes to homes)

## **WEATHERIZATION PROGRAMS**

- **Cambria County Community Action (814) 536-9031**
- **Tableland of Somerset (814) 445-9628**

# FOOD, CLOTHING, FURNITURE

## FREE OR LOW COST FURNITURE

- **St. Vincent DePaul**
- **The Dorothy Day Center**
- **Salvation Army**
- **Catholic Social Services**
- **United Methodist Human Services**
- **American Rescue Workers** – (814) 695-0762 (Hollidaysburg, PA )

## FOOD AND GROCERY ASSISTANCE:

LISTING OF FOOD PANTRIES IS IN THE BACK OF THIS LIST

The Society of St. Vincent de Paul's Food For Families program operates two (2) Family Kitchens, one in Altoona and one in Johnstown, serving a noon meal to anyone in need without charge.

### **SVDP Family Kitchen**

2201 Union Ave.  
Altoona, PA 16602

### **SVDP Family Kitchen**

231 Bedford St.  
Johnstown, PA 15901

- **WIC**—food program for women, nursing women, infants, and children
- **Cambria County Assistance Program**—food stamp program
- **St. Vincent DePaul**—provides limited financial assistance.
- **The Dorothy Day Center**-- provides limited financial assistance
- **Salvation Army**-- provides limited financial assistance
- **Catholic Social Services**-- provides limited financial assistance
- **United Methodist Human Services** -- provides limited financial assistance
- **Windber Area Community Kitchen** (814) 509-6551
- **Meals on Wheels** –Area Agency on Aging
- **American Rescue Workers** – (814) 695-0762 (Hollidaysburg, PA )

## CLOTHING ASSISTANCE:

- **St. Vincent DePaul Thrift Stores**
- **Goodwill Stores**
- **The Dorothy Day Center**-- provides limited financial assistance
- **Salvation Army**-- provides limited financial assistance. Also provides winter clothing to children in the fall through *OPERATION BUNDLE-UP*.

- **Salvation Army Thrift Store** in Johnstown-- (266-1679).
- **Catholic Social Services**-- provides limited financial assistance.
- **United Methodist Human Services** -- provides limited financial assistance. Also provides shoes to children through *PROJECT SHOES* --contact **THE FAMILY CENTER** for a referral.
- **New Day**—has a program to help low income individuals in the need of clothing.
- **Footprints in the Sand Ministry**—old route 22 in Ebensburg, PA. (814) 472-4954
- **American Rescue Workers** – (814) 695-0762 (Hollidaysburg, PA )
- **Some area school districts have winter coat drives for their students.**

#### FREE OR LOW COST FURNITURE

- **St. Vincent DePaul**
- **The Dorothy Day Center**
- **Salvation Army**
- **Catholic Social Services**
- **United Methodist Human Services**

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## MEDICAL SERVICES

#### NO MEDICAL INSURANCE:

- **Cambria County Assistance Office**—medical assistance office
- **CHIP** program for children 18 years old and younger 1-800-986-5437 (KIDS)
- **Johnstown Free Medical Clinic**
- **Tri County Medical Services, Cherry Tree PA** ---income based medical care 814-743-5449
- The billing office at the hospital has forms for agencies that assist low income families with hospital bills. They may also arrange or allow payment plans.
- **MAWD program**—**M**edical **A**ssistance for **W**orkers with **D**isabilities. Available through county assistance office. (Employed or underemployed workers who cannot afford their employers' medical insurance)
- If you feel you have been unfairly denied Medicaid, contact the **Pennsylvania Health Law Project** at 1-800-274-3258. This is a free legal service.

#### AFFORDABLE/FREE COUNSELING SERVICES

- **Catholic Social Services**
- **Women's Help Center**
- **Allegheny Lutheran Social Ministries Counseling Services (Altoona and Johnstown)**
- **United Methodist Human Services**
- **Westmont Family Counseling**
- **New Day**

#### HELP WITH PRESCRIPTIONS:

- **The Medicine Program**--- connects with medication assistance programs available through pharmaceutical companies. [www.themedicineprogram.com](http://www.themedicineprogram.com)
- **PACE program**--- helps senior citizens afford medication
- [www.rxassist.org](http://www.rxassist.org) —helps with prescription assistance
- [www.helpwithrxmed.com](http://www.helpwithrxmed.com) —prescription assistance
- [www.needymeds.org](http://www.needymeds.org)
- [www.pparxpa.org](http://www.pparxpa.org)
- [www.myrxadvocate.com](http://www.myrxadvocate.com)
- Pennsylvania Department of Public Welfare has a **Special Pharmaceutical Benefits Program** for patients with schizophrenia or AIDS/ HIV. Application available at 1-800-922-9384.
- Local pharmacies may have their own prescription assistance programs
- Doctors' offices may have information on drug manufacturers prescription assistance plans
- The drug manufacturers' may have prescription assistance plans available through their websites.

#### MEDICAL TRANSPORTATION

- **Cambria County Community Action Transportation Services**
- **Tableland in Somerset**
- **MedVan Services**
- **CAMTRAN** (through their Complementary Paratransit Service or Reserve-a-Ride—there may be a small cost for these services. )

#### DENTAL SERVICES

- **Salvation Army in Johnstown** ---has a free dental clinic
- **St Vincent DePaul** —can guide you to a Dentist willing to accept payments for treatment

#### VISION SERVICES

- **Saint Vincent DePaul**---can guide adults to an optometrist willing to accept payments for treatment.

#### HELP UNDERSTANDING MEDICARE AND MEDICAID SERVICES

- **APPRISE** (DEPT OF AGING) 1-800-783-7067

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**VICTIMS SERVICES**—contact Erika Brosig (814) 288-4961

**LOVE INC.** ---faith-based outreach program for people in need. (814) 652-0025

**OLDER ADULT PROTECTIVE SERVICES (Ombudsman services)** -- Agency on Aging at 1-800-490-8505

# TAX HELP/LEGAL AID

## FREE INCOME TAX PREPARATION

- **Volunteer Income Tax Assistance Program**— (VITA) for Somerset County residents—through Tableland of Somerset.

## FREE LEGAL SERVICES

- **Laurel Legal Services, Inc.**  
(814) 536-8917  
Toll Free 1-888-244-7252
- **PA Health Law Project.**—free legal services and advocacy to PA residents having trouble accessing publically funded health care coverage and services.  
1-800-274-3258 (leave message and they will return the call)

## EMPLOYMENT TRAINING PROGRAMS

- **Pa Career Link**

## PROBLEMS SETTING UP A BUDGET/ PAYING BILLS

- **CONSUMER CREDIT COUNSELING**

## PHONE NUMBERS

ALLEGHENY LUTHERAN SOCIAL SERVICES 1- (814)696-4500 or 800-400-2285

AREA AGENCY ON AGING 1-(814)-539-5595 or 800-900-AGING

CAMBRIA COUNTY ASSISTANCE OFFICE (814) 533-2491

CAMBRIA COUNTY COMMUNITY ACTION (814) 536-9031

CAMTRAN

RURAL SERVICES 1-(800)-252-3889

URBAN SERVICES (814) 535-5526

CATHOLIC SOCIAL SERVICES (814) 536-6538

CENTER FOR INDEPENDENT LIVING 1-(814) 949-1905 or 800-237-9009

CHILDRENS HEALTH INSURANCE PROGRAM (CHIP) 1-800-318-2596

CONSUMER CREDIT COUNSELING (888) - 511-2227

DOROTHY DAY CENTER (814) 472-3347

JOHNSTOWN FREE MEDICAL CLINIC (814) 534-6242

CAMBRIA COUNTY/JOHNSTOWN HOUSING AUTHORITY (814) 535-7771

NEW DAY, INC. (814) 535-8202

PA CAREER LINK 1-(866) WIB WORK or (814)533-2493

PACE 1-(800) 225-7223

SALVATION ARMY

JOHNSTOWN (814) 539-3110

ALTOONA (814) 942-8104

ST. VINCENT DEPAUL

JOHNSTOWN (814) 535-6690

EBENSBURG (814) 472-4362

CARROLLTOWN (814) 344-9309

CRESSON (814) 886-9566

ALTOONA (814) 944-6302

TABLELAND SERVICES SOMERSET PA (814) 445-9628

UNITED METHODIST HUMAN SERVICES (814) 539-2633

WOMEN'S HELP CENTER (814) 536-5361 or 800-999-7406

WIC (WOMEN, INFANTS AND CHILDREN) PROGRAM 1-(800) 986-1313

[www.johnstownpa.com/Local/social.html](http://www.johnstownpa.com/Local/social.html)

This link has a listing for a number of other area social services. (ie: cancer society, well baby clinics, self help and support groups, hotline numbers, etc.)



## **BLAIR COUNTY SERVICES:**

### **BLAIR COUNTY COMMUNITY CRISIS CENTER (814) 889-2141**

Counselors available 24/7 for crisis intervention and to make referrals for psychological/psychiatric treatment.

### **BLAIR COUNTY ACCESS CENTER (814)-889-2141**

For information about accessing mental health treatment in Blair County and the surrounding areas.

### **CONTACT ALTOONA**

**HELPLINE (814) 946-9050**

**OFFICE (814) 946-0531**

Staffed 24/7 by compassionate volunteers who provide callers with an opportunity to discuss problems such as loneliness and grief, as well as to obtain appropriate referrals.

### **HOME NURSING AGENCY ADULT BEHAVIORAL HEALTH SERVICES**

**TOLLFREE 1-800-445-6262**

**OFFICE (814) 943-0414**

Offers community support program and a partial hospitalization day treatment program.

**HOME NURSING AGENCY CHILDREN'S COMMUNITY HEALTH CENTER**

**(814) 946-0261**

**PEERSTAR (814) 201-2091 888-733-7781**

**ARC OF BLAIR COUNTY (814) 946-1011**

## NATIONAL ORGANIZATIONS:

### NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI)

IN PA: 1-717-238-1514

[www.nami-pa.org](http://www.nami-pa.org)

NATIONAL TOLLFREE NUMBER: 1-800-950-MANI

[www.nami.org](http://www.nami.org)

### NATIONAL INSTITUTE OF MENTAL HEALTH (NIMH)

TOLLFREE: 1-866-615-6464

[www.nimh.nih.gov](http://www.nimh.nih.gov)

### NATIONAL SUICIDE PREVENTION LIFELINE

TOLLFREE 1-800-273-TALK (8255)

### SUBSTANCE ABUSE AND MENTAL HEALTH SERVICES ADMINISTRATION (SAMHSA)

TOLLFREE: 1-877-SAMHSA (1-877-726-4727)

### NATIONAL EATING DISORDERS ASSOCIATION AND REFERRAL HELPLINE

TOLLFREE: 1-800-931-2237

NATIONAL ASSOCIATION OF ANOREXIA NERVOSA AND ASSOCIATED  
DISORDERS TOLLFREE: 1-847-831-3438

NATIONAL CENTER FOR POST TRAUMATIC STRESS DISORDER, US DEPT OF  
VETERAN AFFAIRS TOLLFREE: 1-800-273-8235

INTERNATIONAL OBSESSIVE-COMPULSIVE DISORDER FOUNDATION  
1-(617)-973-5801

DEPRESSION AND BIPOLAR SUPPORT ALLIANCE  
TOLLFREE: 1-800-826-3632

HEALTH RESOURCES AND SERVICES ADMINISTRATION  
TOLLFREE: 1-844-604-HRSA or 1-877-464-4772

MENTAL HEALTH AMERICA  
TOLLFREE: 1-800-949-NHMA  
Provides referrals for one's local area

ALCOHOLICS ANONYMOUS: 1-800-839-1686

NARCOTICS ANONYMOUS: 1-800-775-8750

NATIONAL ASSOCIATION ON RESEARCH ON SCHIZOPHRENIA AND DEPRESSION  
[www.narsad.org](http://www.narsad.org)

SCHIZOPHRENIA.COM  
[www.schizophrenia.com](http://www.schizophrenia.com)

