

COMMUNITY RESOURCE LISTING

ALCOHOL/DRUG TREATMENT

ACCESS CENTER	889-2279
Assessment and Referral	
Altoona Regional Drug and Alcohol	889-2141
Charter Behavioral Health at Cove Forge	1-800-873-2131
Home Nursing Agency - Alternatives	943-6180
Moore Counseling	684-5588
Pyramid	944-3035
White Deer Run	943-1699

CALENDAR

Community Events www.altoona.com www.ILoveAltoona.com

CHILDREN/YOUTH

Child Abuse Line	1-800-932-0313
Child Advocates/Head Start	946-5247
Child Care Information Services	949-9110
Children and Youth Services	693-3130
Cribs for Kids	944-8222
Early Intervention Services	949-7230
Easter Seals of Central Pa	9445014
Families in Crisis Services (FICS)	696-7327
Family Resource Center	941-7711
Family Services	944-3583
Journey Housing Program (Homeless, Disabled, 18-25)	949-9210
New Day, Inc	949-9210
Precious Life	944-2669
Runaway Hotline (local)	1-800-227-8336
Teen Line (T, TH, 3-5 PM)	946-8556
Teen Link Connection	941-8336
Tough Love	941-7711
WIC (Home Nursing Agency)	943-0481

CLOTHING

American Rescue Workers	695-0762
Father's House 1017 16th Ave	381-7021
Birthright of Altoona	943-8185
2706 7th Ave (Mon: 6-8 PM & Thur: 930-1130 AM)	
Priceless Gifts of Roaring Spring	224-5635
(Mon: 9 AM-2 PM & Sat: 10 AM-3 PM)	
Salvation Army Thrift Store	942-9355
St. Vincent DePaul Thrift Store	943-1981
PA Workwear (Blair County Comm Action)	946--5426

Referral Required

COUNSELING

Altoona Regional Behavioral Health	942-2141
Catholic Social Services	944-9388
Cove Christian Counseling	793-0010
Family Svices	944-3583
Home Nursing Agency - Center For Counseling	943-0414
Lutheran Social Ministries	696-4500
New Day Inc	949-9210

CRIMINAL JUSTICE

Adult Probation and Parole	693-3190
Altoona Police Non-Emergency	949-2489
Juvenile Probation Office	693-3230
MidPenn Legal Services 1-800-326-9177 or	943-8139
Public Defender's Office	693-3255
State Police	696-6100
State Probation and Parole	946-7357

CRISIS

Community Crisis Center	889-2141
Contact Altoona	946-5050
Domestic Abuse Shelter	944-3585

DENTISTS

Dr. Boumerhi, Houtzdale	378-7006
Dr. Dongell, Lily PA	886-5713
Dr. Hill, Bedford PA	623-4249
Dr. Duclos, Patton PA	674-8444
Dr. Kibelbek, Coalport PA	672-5480
Dr. Marcelli, Gateway	944-6611
Dr. Maruca, Altoona PA	944-2986
K&C Dentures 1201 E. Pleasant Valley Blvd, Altoona	946-8189
Pleasant Valley Dental	944-0607
Partnering for Dental Services Families	889-6420
Children	946-8929

EDUCATION

Adult Basic Education	946-8241
Adult Literacy Program	946-8495
GED	946-8330
Greater Altoona Center and Technology Center	946-8450
JTPA	946-8242
New Choices, Ext 267	946-8562
Office of Vocation Rehabilitation - OVR	946-7240
Headstart/Child Advocates of Blair County	946-5247
Nehemiah Project	381-7021
(Adult and Children Literacy, After School Program)	
Early Intervention Project	949-7230
Easter Seals - Central PA	944-5014

ELDERLY/SENIOR CONCERNS

Allegheny Lutheran Social Ministries	696-4500
Alzheimer's Association	237-2550
Blair Senior Services 1320-12th Ave	946-1235
Protective Services	1-800-245-3282

EMPLOYMENT

Blair County Community Action	946-3651
2100 6th Ave, Altoona	
CareerLink 3001 Fairway Dr, Altoona	940-6200
JTPA (on the job training)	946-8242
Lexington House (Transitional Employment Placements)	940-6065
New Choices/New Options	946-8562
Office of Vocation Rehabilitation - OVR	946-7240
Skills Supportive Employment	944-4519

COMMUNITY RESOURCE LISTING

FAMILY DOCTORS (ACCEPTING MA)

Altoona Family Physicians	889-2701
Blair Medical Associates	946-1655
Dr. Crawford (Williamsburg Family Practice)	832-3405
Dr. Dowiut (Lakemont Medical Ctr)	946-8998
Dr. Gates (Gates memorial Foundation)	949-8838
Dr. Sirapala (Blair Nephrology)	946-3500
Dr. Swain	943-8909
Dr. Wiegering (Tyrone)	684-4472
Mainline Medical	941-8811
Physician Finder	1-800-258-4677
Partnering for Medical Services	889-6111
Women's Health and Wellness Center	889-2012

FINANCIAL

Blair County Assistance Office	946-7111
Consumer Credit Counseling	1-888-511-2227
Social Security Administration	943-5208 1-800-772-1213
Blair County Community Action	946-3651 1-800-328-9763
<i>Budget Counseling, Help with Rent and Utilities</i>	
Blair County Senior Services	946-1235
Catholic Social Services	944-9388
Energy Assistance / LIHEAP	946-7365
Salvation Army/UTAP - Help with Phone	942-8104
Verizon/Lifeline-Link-Up America	1-800-462-1610

FOOD

Altoona Food Bank 2100 6th Ave, Altoona	942-8415
(M/W/F 9:30-12:00)	
American Rescue Workers	695-0762
Claysburg Food Bank (Th 9-11 AM)	239-2440
Father's House - 1017 16th Ave, Altoona	381-7021
(M 6-8 PM, Th 12-2 PM, Sat 9:15 AM-12 PM)	
First Baptist Church 12th Ave and 17th St, Altoona	943-8162
(2nd and 4th Thurs 10:30 AM- 1:30 PM)	
Salvation Army 1813 12th Ave, Altoona	942-8104
(USDA-last Thurs of month 10 AM-12 PM)	
Wesley Church	684-3341
Champion Life Center (discount food)	942-9400
St. Vincent DePaul Food Bank (Tu and Th 9 AM-12 PM)	943-7962
g	684-3911
Sacred Heart Food Bank (Wed 10 AM-12 PM)	

HOME HEALTH SUPPORT SERVICES

Allegheny Lutheran Services	696-4500	1-800-637-2912
Blair Senior Services	946-1235	
Center for Independent Living of South Central PA	949-1905	
Comfort Keepers	684-0645	
Home Instead Senior Care	693-2911	

HOUSING - SUBSIDIZED

Altoona Housing Authority	949-2000
2700 Pleasant Valley Blvd, Altoona	
Blair County Housing Authority - Hollidaysburg	695-7548
Cherry Grove - Altoona	944-6385
Cold Springs - Tyrone	695-7548
County Manor - Duncansville	695-6655
Emerald Estates - Gallitizin	943-7712
Fairview Hills - Altoona	949-2016
Greenfield Townhouses - Claysburg	239-5510
Logan Hills - Altoona	944-2551
Penn Alto	943-6171
Pleasant Village - Altoona	949-2010
Roaring Spring Commons	224-4764
Showalter Apartments - Martinsburg	793-4273
Spring Manor - Hollidaysburg	695-0388
Sylvan Manor - Hollidaysburg	684-0305
The Fairview/Taylor - Altoona	946-1515
Twin Mountain Apartments - Altoona	949-2699
Tyler Hall - Altoona	943-7712
Tyrone Park Apartments	684-7427
Tyrone Townhouses	684-5404
Union Avenue Apartments - Altoona	944-9466
Walnut Place/Towne Place - Altoona	944-1348
Washington Terrace - Tyrone	684-0305

MEALS

28th St Church of the Brethern	946-0098
3rd Saturday of month; Oct thru May, 9:30AM-12 PM	
Blair Senior Services	946-1235
1320 12th Ave, Altoona @ noon (age 60+ years)	
Salvation Army	
1813 6th Ave, Altoona - Sunday 4 PM	
Simpson Temple 2212 6th Ave, Altoona	942-0840
2nd and 4th Saturdays 11:30 AM-1 PM	
St Vincent DePaul Soup Kitchen 2201 Union Ave.	944-6302
Monday-Friday between 12 PM-1 PM	

MENTAL HEALTH SERVICES

Blair County MH/ID/Drug & Alcohol	693-3023
Primary Health Network	942-5000
NHS Human Ser Canal Way (Wrap Sround Ser)	623-1026
Crisis	889-2141
Home Nursing Agency	943-0414
Community Behavioral Healthcare Network of PA	696-3962
Meadows Psychiatric Ctr Inpatient (800-641-7529)	(814)364-2161
Home Nursing Agency (Wrap Around Services)	946-0261
Nulton Diagnostics and Treatment Center	944-4722
ACRP	942-9425
Blair Family Southions (<i>Wrap Around Services</i>)	944-9970
Canal Ways Phillipsburg	695-7180
UCBH/Meadows Outpatient	946-9142
Nulton Diagnostics (<i>Wrap Around Services</i>)	944-4722
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COMMUNITY RESOURCE LISTING

SELF HELP SUPPORT GROUPS

AA/NA	946-9002
Al-anon	947-5073
Alateen	947-5073
Celebrate Recovery (Sundays - PM)	942-9400
Crossroads (AA Clubhouse)	943-4302
Crossover Christian Support Group	946-8089
(For those in recovery, Th @ 6 PM - New Life Community)	
Depression Support Group	946-2209
Altoona Hospital - Allegheny OP6 - Wed @ 7 PM	
Dual Recovery Anonymous (DRA)	
Tue 630-730 @ St. Luke's Episcopal Church, Rear Entrance	
NAMI	942-4779
OCD Support Group	946-2209
Altoona Hospital - first Tuesday of month @ 7 PM	
First Presbyterian Community Services	944-7258
1314 12th St. Altoona	

SHELTER

Altoona Rescue Mission	201-2052
American Red Cross (Disaster Victims)	946-6146
Blair House	946-5411
Domestic Abuse Shelter	944-3585
Emergency Shelter Project	949-3778
PATH (Kelly)	943-0414
Precious Liife - Pregnant Women	944-2669
Salvation Army Rehab	946-3645
Teen Shelter 1-800-227-8336	941-0975

SPECIAL SERVICES

AIDS INTERVENTION PROJECT	944-2982
Appalachian Youth Services	943-4090
1404 11th Ave, Altoona	
Blair County Association for the Blind	944-2021
Center For Independent Living	949-1905
Cuts from Above - (shop)	944-9306
Haircuts donation basis by appt Tues and Wed (home)	
Domestic Abuse Project	944-3585
Family Planning Center	946-2012
Lens Crafters - Gift of Sight	942-2665
Liions Club (glasses)	742-7954
Priceless Gifts Store of Roaring Spring	224-5635
Rep Payee (Blair Co Community Action Program)	946-3651
State Health Center	946-7300
Cricket Field Plaza, Altoona	
United Cerebral Palsy	695-0763
Safe Link - Cell Phones	1-800-378-1684

TRANSPORTATION

A-1 Altoona Taxi	942-6102
AMED (Emergency Service)	943-8993
Amtram (Bus)	944-4074
Blair Rides Tyrone Service (Amtram)	944-4074
Blair Senior Services	946-1235
Blair Senior Services (schedule ride)	695-3500
Penn Dot Harrisburg 717-412-5300	1-800-932-4600
Med Van	942-4550
Yellow Cab	944-6105
Blue & White	941-2711

VETERANS

Veterans Affairs Medical Center	943-8164
Veterans Home	696-5201
Blair County Dept of Veterans	693-3160

**EMERGENCY SHELTER
TRANSITIONAL HOUSING
MH/ID HOUSING**

LIMITED AVAILABILITY
MANDATED RESTRICTIONS/CURFEWS
LENGTH OF STAY POLICY

EMERGENCY ASSISTANCE

For a complete listing refer to Guide to Human Services in Blue Pages of Altoona Telephone Book or Visit: www.hso.blairco.org and click on **Services** for a full listing of all services available in Blair County.

Community Crisis Center

The Community Crisis Center is a professionally staffed emergency behavioral health service, consisting of assessment, intervention and treatment of persons in need of immediate care because of a personal crisis or behavioral health-related problem.

UPMC Altoona

620 Howard Avenue, Altoona, PA 16601

814-889-2141

Domestic Abuse Hotline

A Family Services, Inc. program that works with victims of domestic violence and provides information and referral services. 24-Hour Hotline staff provide information about your choices and are able to provide information for emergency housing, medical care and legal choices.

Family Services, Inc.

Toll Free: 1-800-500-2849

Phone: (814) 944-3585

Runaway and Homeless Youth Program

Program provides counseling and emergency shelter services for runaway and homeless youth and counseling for their family members and friends. Shelter on a 24-hour basis. Separate hotline for gay, lesbian and bisexual teens available. Eligibility: runaway, homeless and at risk youth ages 12—17.

Family Services, Inc.

Hotline: 1-800-227-8336

3718 6th Avenue, Altoona PA 16602

814-941-0975

Hotline for gay, lesbian and bisexual teens:

1-800-942-8101

Emergency Food and Shelter

Persons faced with eviction may be eligible for one month's rent or mortgage payment if landlord or mortgage holder agrees to cancel eviction. Can be done only once during the contract period which runs from October 1 to September 30. If an unreasonable amount, must be reviewed by Emergency and Shelter Board.

Housing Assistance Program

Funded by Department of Public Welfare through Blair County Human Services, Incl Maximum of \$500.00 in a calendar year for rent and/or security deposit. Must be low income. Must have been evicted, be living in substandard housing, living with friends or relations in violation of their lease, or homeless.

Blair Senior Services

1320 12th Avenue

Altoona, PA 16601

814-946-1235

Blair County Community Action

2100 Sixth Ave, Suite 102

Altoona, PA 16602

814-946-3651

St. Vincent DePaul Food Pantry

Provides emergency food for proven persons residing in the City of Altoona, zipcodes 16601, 16602, 16603 plus Bellwood zipcode 16617. Clients MUST call beforehand to schedule a pick-up appointment. *Eligibility:* Clients must fall within the financial guidelines of "TEFAP" and be referred by a member agency.

Hileman St and Adams Ave, Altoona PA 16602

814-943-7962

EMERGENCY SHELTERS

Limited Availability; Mandated Restrictions/Curfews and Length of Stay Policy

DOMESTIC ABUSE SHELTER

Family Services of Blair County
2022 Broad Avenue
Altoona, PA 16602
(814) 944-3585 [Shelter Hotline]
814 944-3583, ext 342

Protective housing for adult victims of domestic violence for up to 30 days in any 6-month period. May be longer if discharge would place resident in a life-threatening situation. All victims **MUST** call the 24-hour hotline or main office for services and other options including safety planning.

BRIDGE HOUSING

Family Services of Blair County
2022 Broad Avenue
Altoona, PA 16602
814 944-3583, ext 342

Female victims of severe abuse who have utilized the domestic violence emergency shelter; whose needs cannot be met within 30 days and discharge would place her in danger. A fee for service is utilized, according to HUD , regulations, not to exceed 30% of income. Intensive case management provided to help overcome barriers that inhibit her from living a life free of violence

THE SALVATION ARMY

200 7th Avenue 516 Vine Street
Altoona, PA 16602 Johnstown, PA 15901
814-946-3645 814-539-3110

Provides lodging, meals, clothing, counseling and group activities for men with drug/alcohol, emotional or social problems and those who are homeless.

ALTOONA RESCUE MISSION

1308 9th Street
Altoona, Pa 16601
814-942-2170

No cost, gospel-based emergency shelter for men. Includes room and meals.

EMERGENCY SHELTER PROJECT, INC

2700 8th Avenue
Altoona, PA 16602
814-949-3778

Temporary emergency shelter for homeless or near-homeless families and individuals. Each individual or family is assigned a bedroom and has the use of common areas. Assists women and men, women with children and men with children and intact families.

AMERICAN RESCUE WORKERS

502 Mulberry Street
Hollidaysburg, PA 16648
814-695-0762

Provides meals and clothing for Blair County residents in crisis. Based on circumstances may assist with furniture.

TEEN SHELTER

Family Services of Blair County
3718 6th Avenue
Altoona, PA 16602
Hotline: 1-800-227-8336
Hotline for GLB: 1-800-942-8101
814-941-0975

Program provides counseling and emergency shelter services for runaway and homeless youth and counseling for their family members and friends. Shelter on a 24-hour basis and available for teens age 12-17 for up to 14 days. Separate hotline for gays, lesbian and bisexual teens.

TRANSITIONAL HOUSING/PROGRAMS

Referral May Be Required

Limited Availability; Mandated Restrictions/Curfews and Length of Stay Policy

AMERICAN RED CROSS

4100 5th Avenue
Altoona, PA 16602
814-944-6146

Temporary shelter in the event of a disaster. Length of stay determined on a case-by-case basis.

BLAIR HOUSING

Home Nursing Agency
230 6th Avenue
Altoona, PA 16602
814-943-0414, ext 8059

Eight one-bedroom apartments and 6 crisis rooms for persons receiving mental health services. Tenant's rent is 30% of adjusted gross income.

PRECIOUS LIFE, INC

Temporary Housing for Pregnant Women
1212 15th Street
Altoona, PA 16602
814-944-2669

Housing and meals for up to 6 single or married pregnant women, including 30 days with child post partum.

PYRAMID HEALTH CARE

901 6th Avenue 825 7th Avenue
Altoona, PA 16602 Altoona, PA 16602
814-944-3035 814-944-3035

Drug and alcohol in-patient treatment facility, half-way house and detox center for males.

D & A TRANSITIONAL HOUSING

Family Services of Blair County
Altoona, Pa 16601
814-944-3583, ext 326

Temporary housing for women recovering from drug or alcohol abuse and are Parole officer must make contact with agency. Treatment must be certified by Drug and Alcohol Clinic. Can stay up to 1 year. Pay room and board based on sliding scale. Share food costs by using own food stamps.

EMERGENCY SHELTER PROJECT, INC

2700 8th Avenue
Altoona, PA 16602
814-949-3778

Temporary emergency shelter for homeless or near-homeless families and individuals. Each individual or family is assigned a bedroom and has the use of common areas. Assists women and men, women with children and men with children and intact families.

PATH PROGRAM

Home Nursing Agency
500 E. Chestnut Ave
Altoona, PA 16601
814-943-0414

Community-based outreach, mental health, substance abuse, case management and other support services to individuals with co-occurring substance use disorder as well as, mental illnesses, who are at risk of becoming homeless.

HARP PROGRAM

Home Nursing Agency
500 E. Chesnut Ave
Altoona, PA 16601
814-943-0414

Promotes independent/permanent housing to individuals with serious mental illness and/or co-occurring substance use disorders who meet HUD's definition of homelessness. Rent is 30% of tenant's adjusted gross income.

TYLER HALL

1731 N. 4th Ave
Altoona, PA 16602
(814) 943-7712

This 20-unit, single-room occupancy residential program provides a transitional housing for individuals in Blair County who are able to live independently, fall within the very low income guidelines and who have special needs.

TRANSITIONAL HOUSING/PROGRAMS

Referral May Be Required

Limited Availability; Mandated Restrictions/Curfews and Length of Stay Policy

HOUSING ASSISTANCE PROGRAM

Blair Senior Services, Inc.
1320 12th Avenue
Altoona, PA 16601
814-946-1235

Money available for mortgage, rent and/or security deposit. Must be low income. Must have been evicted, be living in substandard housing, living with friends or relatives in violation of their lease, or homeless.

SUPPORTIVE HOUSING PROGRAM

Blair County Community Action Agency
2100 6th Avenue
Altoona, PA 16602
814-946-3651 1-800-238-9763

May offer supportive services to clients; such as: security deposit, case management, employment assistance, budgeting classes, child care, clothing allowance, car repairs and transportation. Once a client in this program has obtained permanent housing, he/she is able to continue case management services for up to a 6-month period.

HOMELESS ASSISTANCE PROGRAM

Blair County Community Action Agency
2100 6th Avenue
Altoona, PA 16602
814-946-3651 1-800-238-9763

In this program client may get assistance with first month's rent and security deposit, as well as, their monthly rent for up to a 12 month period. Client are charged a fee based on their income. Client is offered case management services, budgeting and employment assistance.

TRANSITIONAL HOUSING PROGRAM

Blair County Community Action Agency
2100 6th Avenue
Altoona, PA 16602
814-946-3651 1-800-238-9763

May offer supportive services to clients; such as: security deposit, case management, employment assistance, budgeting classes, child care, clothing allowance, car repairs, home furnishings and transportation. May pay monthly rent up to 24 months or until client receives Section 8 voucher, obtains public housing or becomes financially able to pay own rent.

JOURNEY HOUSING PROGRAM

Blair County Community Action Agency
2100 6th Avenue
Altoona, PA 16602
814-946-3651 1-800-238-9763

Program offers transitional housing assistance and supportive services for **Homeless, Disabled Adults** between the ages of **18-25** years old with are able to live independently. May offer supportive services to clients; such as: case management, employment assistance, budgeting classes, child care clothing allowance, car repairs, home furnishings and transportation. May pay monthly rent up to 24 months or until client receives Section 8 voucher, obtains public housing or becomes financially able to pay own rent.

BLAIR COUNTY COMMUNITY ACTION AGENCY HOUSING COUNSELING

2100 6th Avenue
Altoona, PA 16602
814-946-3651 1-800-238-9763

One-on-one counseling ro individuals/families with housing issues such as home purchase, mortgage delinquency, budget, credit repair and rental. Workshops for general public on various topics.



MH/ID HOUSING

Referral May Be Required

Limited Availability; Mandated Restrictions/Curfews and Length of Stay Policy

<p><u>JUNIATA HOUSE</u> Home Nursing Agency 209 N. 9th Avenue Altoona, PA 16601 814-943-0414</p>	<p>Rooms with shared common areas for homeless male and female adults in the mental health system. Tenant's rent is 30% of adjusted gross income and includes all utilities.</p>
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<p><u>MH INDEPENDENT LIVING</u> <u>TWIN MOUNTAIN APARTMENTS</u> 1117 N. 7th Ave 301 E. Crawford Ave Altoona, PA 16601 Altoona, PA 16602 814-949-2699</p>	<p>Subsidized permanent housing program is for individuals with chronic mental illness and very low income. Twin Mountains includes two one-story buildings with eight apartments each, offering both one-bedroom and two-bedroom options. Tenant's is 30% of adjusted gross income. Disability certification required.</p>
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<p><u>MH/ID INDEPENDENT LIVING</u> <u>TYLER HALL</u> 1731 N. 4th Ave Altoona, PA 16602 814-943-7712</p>	<p>This 20-unit, single-room occupancy residential program provides a transitional housing for individuals in Blair County who are able to live independently, fall within the very low income guidelines and who have special needs.</p>
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<p><u>MH/ID INDEPENDENT LIVING</u> <u>WAUPALANI APARTMENTS</u> 4400 22nd Avenue Altoona, PA 16601 814-949-2699</p>	<p>Program offers 5 one-bedroom and 4 two-bedroom units. Certification of mental disability required. Tenant pays 30% of their adjusted gross income as rent plus their own electricity.</p>
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<p><u>SKILLS OF CENTRAL PA, INC</u> 805 Chesnut Avenue Altoona, PA 16601 814-949-4800</p>	<p>Group homes with support staff for persons with Intellectually Disabilities. Tenants pays 72% of SSI for rent, food and all utilities.</p>
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<p><u>UNION AVENUE APARTMENTS</u> 1911 Union Avenue Altoona, PA 16601 814-944-1348 814-944-5700(FAX)</p>	<p>11 one-bedroom apartments for persons with chronic mental illness disabilities. Tenant pays 30% of income for rent. Utilities included.</p>
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<p><u>COMMUNITY RESIDENCE</u> <u>FACILITIES</u> Family Services of Blair County 2022 Broad Avenue Altoona, PA 16601 814-944-4402</p>	<p>11 Group Homes with support staff for persons with Intellectual Disabilities. Tenants pay 72% of their SSI for rent, food and all utilities.</p>
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