Volunteer to help change the life of a person who is transitioning from prison, to life in the community.



Adult ReEntry Program

# 717.240.6522

ReentryProgram@cumberlandcountypa.gov



ADULT PROBATION

One Courthouse Square . Carlisle . PA 20200 | 1000 SB 202281

**Making A Difference** 



Cumberland County Adult ReEntry Program

# Resource Guide 2023 - 2024



## **Table of Contents:**

Child Care / Parenting	1-11
Clothing / Non-Consumable Goods	12 – 14
Employment / Income	15 – 22
Food	23 – 25
Housing	26 – 40
Legal Services	41
Driver's License / Identification	42
Transportation	43
Public Assistance (Insurance, Utilities, Housing)	44 – 47
Drug & Alcohol	48 – 49
Medical Services	50 – 51
Mental Health / IDD	52 – 53

#### Merakey

- Behavioral Health Services
- Outpatient counseling & services for dual diagnosis
- Psychiatric rehab supportive & educational staff (STAR)
- Employment specialists
- Family counseling
- CRR (Community Residential Rehabilitation program)
- SLP (Supported Living Program)
- Case management services
- Transitional coordinators
- ACT (Assertive Community Treatment Team)
- Stevens Housing Corporation (HUD/PHFA housing units)
- BSU (Base Service Unit) intake/assessments for Merakey programs
- CPS (Certified Peer Specialists)

33 State Ave, Carlisle	(717) 243-6033
www.merakey.org/	Toll free peer-support line: (877) 243-7153

## **Diakon Family Services of the Capital Region**

• Counseling on a sliding scale fee & accepts Access card

St. Paul's Lutheran Church	(717) 795-0330
201 W Louther St, Carlisle	E-mail: counseling@diakon.org
www.diakon.org/family-life-services/capital-region/	/services/counseling/

## **Franklin Family Services**

816 Belvedere St, Carlisle	Hours: M-F	8am to 4:30pm
Email: info@ffspa.com		(717) 243-6500
ffspa.com/		

## **PA Counseling Services**

• MA clinic, school based programs, psychiatric services

1 Greystone Rd, Carlisle	Hours: M-F	8am to 5pm
Wrap around/family based services:		(717) 249-3169
Outpatient & meds management:		(717) 245-9255
www.pacounseling.com/		

#### Camp Hill:

## Penn State Health Holy Spirit Medical Center Behavioral Health Services

503 N 21 <sup>st</sup> St, Camp Hill	(717) 763-2228
www.geisinger.org/patient-care/find-a-location/geisinger-holy-spirit	

## Mechanicsburg:

#### **Diakon Lutheran Social Ministries**

• Counseling on a sliding scale fee & accepts Access card

960 Century Dr, Mechanicsburg E-mail: counseling@diakon.org (717) 795-0330

www.diakon.org/family-life-services/capital-region/services/counseling/

## Mental Health | IDD



## **Crisis Intervention**

West Shore: (717) 763-2222 Cumberland County: 1-866-350-HELP (4357) Carlisle Area: (717) 243-6005

## **Kaleidoscope Family Solutions**

- A Medicaid approved provider who supports individuals with intellectual and developmental disabilities
- In-home and community services and supports to qualified individuals with autism
- Over the age of 21 and/or intellectual disabilities from ages three and up

26 State Ave, Suite 102, Carlisle

www.kfamilysolutions.org/pennsylvania

(877) 384-1729

## **PA Assistive Technology Foundation**

• Help people with disabilities and older Pennsylvanians get the assistive technology they need with low-interest and 0% interest financial loans and/or information and assistance about possible funding resources

Email: patf@patf.us	(888) 744-1938
patf.us/	Fax: (484) 674-0510

## **United Cerebral Palsy (UCP) of Central PA**

- Assist infants, children, youth, and adults, with disabilities, and their families, achieve their goals of development, growth, independence, and full citizenship
- Services include: Assistive Technology, Community Participation Supports-Adult Day Services, Community Participation Supports- Participant Directed Services, Community Participation Supports- Residential Services, Early Intervention Program, Family Support Services, Home Care, Independent Living Technology, In-home and Community Services, Respite Services, Supported Employment

Main office: 55 Utley Dr, Camp Hill	(717) 737-3477
Respite Services, Adult Day Programs: 20 E North St, Carlisle	(717) 960-0140
www.ucpcentralpa.org/	

## Carlisle:

## **Christian Services Counseling Center**

<ul> <li>Various forms of counseling on a sliding scale fee</li> </ul>	
701 Walnut Bottom Rd, Carlisle	(717) 249-7410
www.christianservicescounseling.org/	

## **Cumberland County Mental Health Services**

1615 Ritner Highway, Carlisle	Hours: M-F	8am to 4:30pm
www.ccpa.net/mhidd		(717) 240-6320
		(866) 240-6320



## **Pressley Ridge**

- Supports youth, individuals and families through life's challenges with a full continuum of mental health services, foster care, residential treatment, and specialized education programs
- Care & Adoption
- Outpatient Services
- Residential
- Autism Services

50 Utley St, Suite 200, Camp Hill www.pressleyridge.org/

(717) 774-3673

- Community-Based/In-Home Services

- Specialized Education

- Transition-Age Services

## Child Care Works Subsidized Child Care Program

- Helps low-income families pay their child care fees
- Managed by the Early Learning Resource Center (ELRC) [info below]:
   1. The ELRC will pay a part of your child care cost (subsidy payment)
  - 2. You will pay a part of the cost (family co-pay)
  - 3. The subsidy payment and family co-pay go directly to the child care program

(717) 243-0309

www.dhs.pa.gov/Services/Children/Pages/Child-Care-Works-Program.aspx

#### **Childcare Consultants**

- Referral and information system linking families to childcare; financial assistance given to income eligible families to help pay for childcare costs
- Hub of child care information in the area provides information on quality child care and personalized child care referrals to child care providers based on your specific needs or preferences
- Administers the Child Care Works subsidized child care program

701 Bosler Ave, Suite C, Lemoyne	(717) 210-3334
www.childcareconsultants.org	(800) 864-4925

#### Pennsylvania Special Supplemental Nutrition Program for Women, Infants and Children (WIC)

- Provides nutrition services, breastfeeding support, health care and social service referrals, and healthy foods
- WIC serves: Pregnant women, Breastfeeding women for up to one year postpartum, Women up to six months postpartum who are not breastfeeding, infants and children under 5 yrs including foster children

Camp Hill WIC Office: 3461 Market St, Camp Hill	(717) 686-4280
Carlisle WIC Office: 401 E Louther St, Carlisle	(717) 243-0523
www.pawic.com/	

### CHIP

Offers free services for children's medical care offered to children ages 0 to 15
 www.medicaid.gov/chip/index.html
 (800) 543-7101

### Search for a child care provider:

www.compass.state.pa.us/compass.web/ProviderSearch/Home#/BasicSearch

## Family Support of Central PA/Parenting and Teen Support/Education Programs

- Offers free weekly support groups to any parent who is overwhelmed and is
   motivated to strengthen their family relationships
- Free childcare during group sessions
- Separate Teens Together and Parents with Teens groups offer families an opportunity to improve communication and recognize signs of their behaviors and how they are affecting others

(800) 984-9923

#### **PA Family Support Programs**

www.education.pa.gov/Early%20Learning/Family%20Support%20Programs/Pages/ default.aspx

#### **Healthy Baby Line**

 A Help in PA specialist will assist you in locating prenatal care providers, immunizations, car seats, needed baby supplies and can connect callers with a breastfeeding consultant

www.health.pa.gov/About/Pages/Contact.aspx

Hours: M-F 8:30am to 4:30pm (800) 986-2229

#### **Healthy Kids Line**

• Chip information, Free/reduced child immunization help

www.helpinpa.state.pa.us

#### Hours: M-F 8am to 8pm Sat 9am to 3pm (800) 986-5437

#### **PA Breastfeeding Referral Guide**

Contains county-specific individuals and organizations that can provide breastfeeding awareness, support and assistance

 $\underline{www.mfhs.org/our-programs/breastfeeding-education/}$ 

### Vaccine for Children Program (VFC)

- Provides vaccinations to children who do not have health insurance or children who are insured but the insurance does not cover immunizations (underinsured)
- These children are eligible to receive federally funded vaccines at public sites, including Federally Qualified Health Centers and Rural Health Clinics

www.health.pa.gov/topics/programs/immunizations/Pages/VFC.aspx

#### (888) 646-6864

## Enola:

#### **Health Share**

- Provides low/middle income persons needing medical help w/ affordable services (office visits, eye, dental, &/or prescription assistance)
- Those persons served are not covered by the Medical Assistance Program or cannot locate a medical professional to provide needed services. Many have limited or no health insurance

Tri County Community Action	Hours: M-F	9am to 5pm
125 N Enola Dr, Suite 204B, Enola	(717) 732-	1944
www.cactricounty.org/		

## Hampden:

#### **LIFE Lutheran Services**

- Complete health care for Cumberland County residents aged 55 or better
- Keeps you at home by providing: All Medical Care, Home Care, Prescriptions, Rehab Therapies, Activities at the LIFE Center, and Transportation to the LIFE Center and medical appointments
- Medicare and Medicaid coverage

#### 1920 Good Hope Rd,

(717) 728-5433

#### www.spiritrustlutheranlife.org/

Mechanicsburg:

## Health Share

- Provides low/middle income persons needing medical help w/ affordable services (office visits, eye, dental, &/or prescription assistance)
- Those persons served are not covered by the Medical Assistance Program or cannot locate a medical professional to provide needed services. Many have limited or no health insurance

New Hope Ministries	Hours: M-F	9am to 4pm
5228 E Trindle Rd, Mechanicsburg		(717) 766-7333
www.nhm-pa.org/		

## **Shippensburg:**

#### **Health Share**

- Provides low/middle income persons needing medical help w/ affordable services (office visits, eye, dental, &/or prescription assistance)
- Those persons served are not covered by the Medical Assistance Program or cannot locate a medical professional to provide needed services. Many have limited or no health insurance

Tri County Community Action	Hours: M-F	9am to 4pm
130 S Penn St, Shippensburg		(717) 532-8611
www.cactricounty.org/		

## **Medical Services**



#### Carlisle:

Healthy Rx Program

• Affordable on-going prescription program

Sadler Health Center	Hours: M, T, F	8am to 5pm
100 N Hanover St, Carlisle	Wed	9am to 5pm
www.sadlerhealth.org/services/support-services/	Th	8am to 7:30pm
		(717) 960-4386

#### **State Health Center**

- Provides affordable child immunizations, HIV testing including pre & post IV testing, TB
- Testing & treatment, home visits for health teaching

431 E North St, Carlisle	Hours: M-F	8:30am to 4:30pm
www.health.pa.gov/		(717) 243-5151

## **Sadler Health Center**

- Family Primary Health Care: Preventative and comprehensive care, including annual and routine physical checkups, immunizations, TB tests, lab tests, referrals for X-rays, diagnostic tests, family planning and sick visits for all enrolled patients.
- Pediatric Primary Care : Immunizations, wellness checkups, and physicals to infants, toddlers and adolescents; education and guidance on related children's health issues.
- Dental Care : Routine cleanings, fillings, minor surgeries, emergency and restorative treatment, and referrals for crowns and bridges.
- Behavioral Health: Services assist patients in managing stress, anger, grief, or other emotions that may be affecting your health. Services support modifying behavior with issues like smoking, weight loss, or chronic illness.
- Medication Opioid Use Disorder (MOUD): Combines medications like Buprenorphine with behavioral therapies to effectively help those addicted to opioids and heroin get and stay on the path to recovery.
- Tobacco Cessation
- HealthyRx: Low-cost medication and medication assistance, including referrals to local specialized care providers and supportive services. Free-of-charge medication services are also available for Sadler Health Center patients.
- HIV/AIDS & STD Testing: Outreach, counseling, testing and education resources are available.
- Insurance Enrollment Assistance: certified Application Assister offers one-on-one help with the application process from start to finish
- Sliding-Fee Discount: We offer a sliding-fee discount to all patients, which offers a
  reduction to your bill based on household size and income. All families and individuals
  at or below 200 percent of the federal poverty guidelines will qualify for one of our
  five discount levels.

Sadler Health Center	Hours: M, T, F	8am to 5pm
100 N Hanover St, Carlisle	Wed	9am to 5pm
www.sadlerhealth.org/services/primary-care/	Th	8am to 7:00pm
		(717) 218-6670

## **Nurse-Family Partnership at UPMC**

- Registered Nurses are partnered with first time pregnant, income eligible women living in Cumberland, Perry, Dauphin, Franklin and Lebanon Counties, beginning early in pregnancy, and continuing until the first baby turns 2 years old
- Home visits provide education, support, and advocacy schedule and content of visits is tailored to the client
- This service is free and voluntary

www.nursefamilypartnership.org/first-time-moms/

(717) 782-2335

## **Pathway of Hope**

- Program for families motivated to give their children better chances in life
- Families partner with a dedicated case manager to identify their goals & develop a personalized action plan
- Offers a holistic approach in which families are connected with services, enjoy a
  network of supports, and gain a sense of community with others who are also
  challenging themselves to create a better future for themselves and their children

(717) 249-1411 Ext 137 Kristina Kennedy

#### text4baby

• Free app/text message service providing information about baby's development, pregnancy, childcare tips, and more

www.text4baby.org/

## **Education for Children and Youth Experiencing Homelessness (ECYECH)**

 Program ensures that all children and youth experiencing homelessness enroll, participate, and have the opportunity to succeed in school. Guarantee that they receive a free and appropriate public education and eliminate and/or reduce the educational barriers

Lincoln Intermediate Unit #12, York (717) 718-5924 www.iu12.org Sonia Pitzi www.facebook.com/ECYEHPA

## **Big Brothers Big Sisters of the Capital Region**

• Provides one to one professionally supported mentoring relationships to children ages 7-16 in Cumberland, Perry, Dauphin, and Lebanon Counties

www.capbigs.org

(717) 236-0199

## CampHill:

#### **Pregnancy Resource Center of Camp Hill**

- Provides pregnancy testing, information about pregnancy, referrals for medical care, social services, adoption, foster care, legal services, short term housing for homeless clients, support groups & clothing etc... for baby & mother to be
- Provides free 1st trimester sonograms, pregnancy testing, limited STD testing, support groups and other supportive counseling is available
- Pregnancy clothing and baby size clothing newborn thru 9 months iare offered

2515 Gettysburg Rd, Camp Hill	Hours: M, Wed	9am to 5pm
<u>capc4u.org/</u>	Th	9am to 5pm
		6pm to 8pm
	F	9am to 3pm
		(717) 761-4410

#### Carlisle:

## **Alternative Behavior Consultants (ABC)**

- Parenting education classes, in-home parenting support, reunification services, supervised visitation, anger management classes, and shoplifting prevention classes
- Services provided 7 days a week in your home, at our Parenting Skills Center, or in a group format

224 S Hanover St, Carlisle	Hours: M, W, F, Sat 9am to 12pm
alternativebehaviorconsultants.com/	(717) 241-6870

#### Carlisle Area Family Life Center (formerly Birthright of Carlisle,

 A free, confidential, & non-judgmental pregnancy support service for women & children in need. A comfortable & safe atmosphere. Caring volunteers offer ongoing support & encouragement along w/ free pregnancy tests

155 N Hanover St, Carlisle	Hours: M, W, F, Sat	10am to 1pm
http://www.carlislefamilylife.org/	Tu	1pm to 5pm
		7pm to 9pm
	Th	7pm to 9pm
	(	717) 243-1918

#### **Capital Area Head Start**

- Offers a FREE pre-school program in Carlisle and West Shore for 3-5 year olds
- Offers a FREE Early Head Start program for pregnant moms through age 3 enroll all year long

Carlisle Center: 21 S Bedford St, Carlisle	(717) 541-1795
Carlisle Head Start: 201 W Louther St, Carlisle	(717) 258-5559
Letort Elementary: 110 E S St, Carlisle	

https://www.keystonehumanservices.org/capital-area-head-start/

Chambersburg	
Pyramid Healthcare	
124 Chambers Hill Dr, Chambersburg, PA	(717) 261-9100
www.pyramidhealthcarepa.com/	
The Professional Arts Building	
25 Penn Craft Avenue, Suite 312, Chambersburg, PA	(717) 264-2400
roxburyhospital.com/	
Lemoyne	
New Insights	
716 State St, Lemoyne	(717) 303-2035
www.newinsights2.com/	
Mechanicsburg	
Diakon Family Life Services	
960 Century Dr, Mechanicsburg	(717) 795-0330
www.diakon.org	
Gaudenzia West Shore	
4740 Delbrook Rd, Mechanicsburg	(717) 766-8517
www.gaudenzia.org/	
Mazzitti & Sullivan	
5021 E Trindle Rd, Mechanicsburg	(717) 590-7607
www.mazzittiandsullivan.com/	
Perry County	
Perry Human Services - Mulhollem Office Centre	
8391 Spring Rd, New Bloomfield	(717) 582-8703
www.perryhumanservices.org	

Chambersburg

## Drug & Alcohol



## Carlisle:

#### **Cumberland County Drug & Alcohol Services**

 Services include: Substance Abuse Prevention, Student Assistance Program Support, Local Treatment, Case Management

16 W High St, Suite 302, Carlisle	Hours: M-F	8am to 4:30pm
www.ccpa.net/115/Drug-Alcohol-Commission		(717) 240-6300

#### **RASE Project**

1200 Walnut Bottom Rd, 3 <sup>rd</sup> Floor, Carlisle	Hours: M-F	9am to 5pm
www.raseproject.org/		(717) 249-6499

## **Outpatient Treatment Providers/Services**

Boiling Springs	
Diakon Child, Family and Community Ministries	
571 Mountain Rd, Boiling Springs, PA	(717) 795-0368
www.diakon.org/family-life-services/addictions-counseling/	

#### Camp Hill

Drug & Alcohol Outpatient Services (Geisinger Holy Spirit)	
503 N. 21 <sup>st</sup> St, Camp Hill	(717) 763-2369
www.geisinger.org/patient-care/find-a-location/geisinger-holy-spirit	

#### ARS of PA

3433 Trindle Rd, Camp Hill, PA	(717) 761-4500
arshealth.com/methadone-clinics/ars-camp-hill-pa-drug-rehabilitati	on-clinic/

## Carlisle

Pennsylvania Counseling Services	
1 Greystone Rd, Carlisle	
pacounseling.com/	(717) 245-9525
Roxbury (Minerva Mills Building)	
401 E Louther St, Suite 213, Carlisle	(717) 249-5010

roxburyhospital.com/

## **Central PA Family Supports Services**

- Providing emotional and social support to families and youth in Central Pennsylvania
- Programs available: Parent Support Program, Re-Entry Support Program, Education Re-Engagement Program, Supervised Visitation Program and Healthy Lifestyles Program

320 S Hanover St, Carlisle www.pafamilysupports.org/ (717) 614-0130

#### **Cumberland County State Health Center**

- Provides treatment and follow-up for children and adults with TB disease and TB infection, provides immunization clinics for children and adults; HIV testing and counseling; follow-up; home visits or maternal/child health; monitoring of communicable diseases and health education programs
- \$5 fee for childhood immunizations

431 E North St, Carlisle	(717) 243-5151
www.health.pa.gov/Pages/default.aspx	

#### **Childcare Network**

- Help locating area licensed/registered child care homes/centers
- Financial assistance for working families to pay for childcare
- Call for eligibility screening & child care packet regardless of income

230 S Spring Garden St, Carlisle	Hours: M-F	7am to 5pm
www.childcarenetwork.com/		(717) 243-4014

#### **CUMBERLAND CARES for Families**

- An in-home visitation program to support and educate parents of children (pre-natal to age 5)
- Focuses on goals the family wants to pursue with a family development social worker guiding and supporting those efforts
- Direct help with child development and parenting skills is offered along with information and support to access other social services to meet financial, medical, counseling, housing, legal, educational needs, etc...No fees

20 N Hanover St, 3rd Floor, Carlisle	Hours: M-F	8am to 4:30pm
www.ccpa.net/2488/Newborns-and-their-Parents		(717) 240-6172

## Pennsylvania Pre-K Counts

- Provides quality half-day and full-day pre-kindergarten to eligible 3 and 4 year olds.
- Are at risk of school failure and living in families earning up to 300 percent of the federal income poverty level who may also be English language learners or have special needs

**Carlisle Early Education Center:** 100 E Pomfret St, Carlisle www.carlisleearlyeducation.com

(717) 243-1528

Bellaire Elementary School: 905 Waggoners Gap Rd, Carlisle

Hamilton Elementary: 735 Clay St, Carlisle

Letort Elementary: 110 E South St, Carlisle	
www.carlisleschools.org	(717) 240-6800

## **YWCA**

- Provides Carlisle area parents w/ on site parenting classes on a sliding fee scale
- Financial budgeting classes are available to those who pre-register
- Scholarships available to cover fees for those who cannot pay Child care available
- Support groups include: ADD Support Group, Rape Crisis Services, various recreation programs & summer camp programs

301 G St, Carlisle	Hours: M-F	8:30am to 4:30pm
www.ywcacarlisle.org/		(717) 243-3818

#### Mechanicsburg:

#### **New Hope Ministries**

- FREE Children and Youth after school program for first through 12th grades
- Offering life skills, tutoring, character building, field trips, community service, recreational and summer programs

5228 E Trindle Rd, Mechanicsburg	(717) 766-7333
701 Bosler Ave, Lemoyne	(717) 774-6255
www.nhm-pa.org/	

## New Cumberland:

#### **Pressley Ridge**

• Offers in-home parenting training & center-based parent support groups

331 Bridge St, New Cumberland	Hours: M-F	8am to 5pm
www.pressleyridge.org/		(717) 774-3673

## Newville:

## Paw Packs Food Program

Provides meals to children in the Big Spring School District. Parents/guardians who are interested in receiving weekend meals must sign up each week by completing the form on the PAW Packs website. Food will be available for drive thru pick-up each Friday from 3:00-5:00 p.m. at the Newville First Church of God.

45 Mt. Rock Rd, Newville	Hours: Friday	3pm to 5pm
https://pawpacks.org/	(717) 776-2000	

## Housing

#### **Cumberland County Housing and Redevelopment Authority**

 Public housing program that connects income-eligible individuals and families with public housing or section 8 vouchers
 cchra.com/ (717) 249-0789

#### Making Homes Affordable

 National non-profit organization aiming to prevent home foreclosure and reduce monthly payments for eligible individuals and families

(888) 995-4673

## Credit Report

<ul> <li>Allowed 1 free credit report a year</li> </ul>	
www.annualcreditreport.com/index.action	(877) 322-8228

• Option to request 3 different reports from the below services at once or order one at a time in order to monitor your credit throughout the year

Equifax	(800) 685-1111
www.equifax.com/personal/	
Experian	(888) 397-3742
www.experian.com/	
TransUnion	(800) 916-8800
www.transunion.com/	

## Social Security

## **Social Security Office**

• Social security card & benefits; Disability; Medicare; Marriage Certificate

200 S Spring Garden St, Carlisle	(800) 772-1213
www.ssa.gov/	

## **PPL Electric**

 Operation HELP: crisis program for good paying customers to assist with their electric bill

#### West Shore to Mechanicsburg:

New Hope Ministries

5228 E Trindle Rd, Mechanicsburg

(717) 766-7333

#### West of Mechanicsburg to Shippensburg:

Cumberland County Homeless Assistance Program Carlisle (717) 240-6117 www.pplelectric.com/mv-account/payments/need-help-paying-your-bill/operation-help -grants.aspx

## **On Track Program**

 Low income program that helps with lower bill payments and debt forgiveness Tri-County Community Action (717) 232-9757 cactricounty.org/our-programs/ontrack.html

## UGI

Customers Assistance Program (CAP):

 Provides CAP participants with a personalized, monthly payment amount based on gross income, household size and average bill

www.ugi.com/customer-services/customerassistance/cap/

(800) 609-4844

## Low Income Usage Reduction Program (LIURP)

• If home is heated by UGI, w/ landlord's permission, UGI will weatherize unit.

(800) 340-5394

## **United Wav**

- Oil, propane, kerosene, and wood pellets program opens November 1
- must have proof of having applied for LIHEAP assistance and determination of approval/denial, proof of income, photo id, and past heating bill
- must be a resident of Carlisle, Boiling Springs, Mount Holly Springs, New Kingstown, Plainfield, or Newville and gross household income cannot exceed 200% Federal Poverty guidelines
- If 55 or over in age, refer to Todd Baird Lindsey Foundation (Stacie Nickel 717-486-4121)

145 S Hanover St, Carlisle	(717) 243-4805
PA American Water Company Possible financial help (through New Hope Ministries)	(800) 717-7292
or:	(000) / 1/ / 101
New Hope Ministries 5228 E Trindle Rd, Mechanicsburg	(717) 766-7333

amwater.com/paaw/

Shippensburg:

## **Pregnancy Resource Center (P.M.I)**

 Free pregnancy tests, S.T.D. testing, ongoing supportive services for those carrying to term, referrals for a first trimester ultrasound, and clothing and formula

20 E Burd St, Shippensburg	(717) 532-4446
www.pmipregnancycenter.org/	

## **Shippensburg Head Start Program**

- Serving pregnant mothers, infants, children ages 0-5, and low income (up to 300% Federal Poverty Guidelines)
- No fee Program covers Early Head Start, Head Start and Pre-K. Center-based and home based services, education, health and social services, nutrition services, and special needs services
- Areas served: Carlisle, Boiling Springs, Mt. Holly, Newville, Shippensburg, Roxbury, Pleasant Hall, and Lurgan

Grove Spiritual Center	Hours: M-F	7:30am to 4pm
1871 Old Main Dr, Shippensburg		(717) 477-1626
www.ship.edu/headstart/		

## **Disabilities and/or Special Needs:**

#### **Special Kids Network**

 Helps children and youth with special health care needs and disabilities get the services and support they require

Hours: M-F	8:30am to 4 pm
www.health.pa.gov/topics/programs/Pages/Programs.aspx	(800) 986-4550

## **PA Department of Education Early Intervention Program**

 Provides support and services to families with children, from birth to age five, with developmental delays and disabilities

**CONNECT Helpline** 

(800) 692-7288

## **Cumberland/Perry Early Intervention**

- Any child living in Cumberland or Perry County who is between birth and the age of three, having a delay in development determined by an evaluation may receive services provided at no cost to the family
- Services or supports available: Assistive Technology, Audiological Services, Hearing Services, Nutrition, Physical Therapy, Occupational Therapy, Special Instruction, Speech Therapy, Vision

1615 Ritner Hwy, Carlisle	Hours: M-F	8am to 4:30pm
www.ccpa.net/3808/Early-Intervention-Birth-to-Age	<u>e-3</u>	(717) 240-6320
		(866) 240-6320

#### **Cumberland/Perry Intellectual & Developmental Disabilities**

- Provides a variety of services to local citizens with intellectual and developmental disabilities
- Supports coordinator identifies available resources, makes referrals on the person's behalf, and coordinates services for the individual with providers and community programs

1615 Ritner Hwy, Carlisle Hours: M-F www.ccpa.net/118/Mental-Health-Intellectual-Develop-Dis

8am to 4:30pm (717) 240-6320 (866) 240-6320

### **PA Elks Home Service Program**

- Provide support and advocacy services to individuals of any age who have a developmental disability
- Services are provided by a Nurse and/or Service Coordinator to Pennsylvania residents in the person's home environment without discrimination at NO CHARGE
- Services may include: in-home service coordination services, advocate for an individual's legal and human rights, provide information regarding resources and services available, assess needs and help to access equipment, advocate for appropriate educational services, assist with finding activities within the community, offer instruction regarding home care, provide emotional support, help with vocational goals, assist with residential options, provide referrals to appropriate agencies in the community, interpret clinical findings and act as a liaison between health care providers
- For children under 21, call the Special Kids Network 1-800-986-4550

paelkshomeservice.org/	Pat O'Connor	(814) 781-7860
	Ricki Hood	(814) 475-2554

#### **Capital Area Intermediate Unit (CAIU)**

 Resource for children with developmental delays/special education 55 Miller St, Enola (717) 732-8400 www.caiu.org/welcome

## The Arc of Cumberland and Perry Counties (CPARC)

• Family Education provides individual and group education to families of individuals with intellectual disabilities on a variety of topics including estate planning, special needs trusts, ABLE accounts, behavior support, autism, Fetal Alcohol Syndrome Disorder, etc.

71 Ashland Ave, Carlisle cparc.org/

(717) 249-2611

## Medicare:

#### **Apprise**

 Free health insurance counseling program designed to help individuals 60 and over with Medicare, Medicare Supplemental Insurance, Medicaid, and Long-Term Care Insurance

www.aging.pa.gov/aging-services/medicare-counseling/	(800) 783-7067
Cumberland Co. Aging and Community Services 1100 Claremont Rd, Carlisle www.ccpa.net/aging	(717) 240-6110
Medicare Part D - Prescription Drug Coverage	(800) MEDICARE
Utilities:	

## Ut

#### Public Utility Commission (PUC)

Energy assistance programs (717) 783-1740 www.puc.state.pa.us/consumer info/electricity/energy assistance programs.aspx

#### Lifeline Services/Link Up America

Reduced monthly phone services available - CenturyLink, Verizon PA

http://www.lifelinesupport.org/ls/ http://www.puc.pa.gov/consumer info/telecommunications/ assistance programs to get connected.aspx

#### CenturyLink

120 W High St, Carlisle www.centurylink.com/home/	Hours: M-F	8am to 5pm (800) 257-3212 (800) 407-5411
Verizon PA www.verizon.com/		(800) 837-4966

#### **Everyoneon**

• Offers low cost internet service and/or computers

www.everyoneon.org/

## The Pennsylvania Customer Assistance Program (PCAP)

Help with electric services (through New Hope Ministries)	(800) 545-7741
or	
New Hope Ministries	
5228 E Trindle Rd, Mechanicsburg	(717) 766-7333
https://www.firstenergycorp.com/content/customer/	
search_results.html#stg=pcap&stp=1	

## **Public Assistance**



## **Carlisle**

- Financial Help Provided for:
- SNAP (Supplemental Nutrition Assistance Program, aka food stamps)
- TANF Cash Assistance (Temporary Assistance for Needy Families)
- Medicaid/Medical Assistance (MA)
- LIHEAP (Heating Energy Assistance, Utility Help runs from November thru March)

33 Westminster Dr, CarlisleHours: M-F8:30am to 5pmwww.dhs.pa.gov/Services/Assistance/Pages/default.aspx(717) 240-2700www.pa211.org/(717) 240-2700

#### Health Insurance

#### CHIP

Offers free services for children's medical care offered to children ages 0 to 15
 www.medicaid.gov/chip/index.html
 (800) 543-7101

## **Medical Assistance**

www.dhs.pa.gov/Services/Assistance/Pages/Medical-Assistance.aspx (866) 550-4355

## COMPASS

www.compass.state.pa.us/compass.web/Public/CMPHome

## HealthCare.gov

www.healthcare.gov/	(800) 3182596
Social Security Office 200 S Spring Garden St, Carlisle	(800) 772-1213

## **Cumberland County Assistance Office**

33 Westminster Dr, Carlisle	Hours: M-F	7am to 5pm
www.dhs.pa.gov/Services/Assistance/Pages/de	fault.aspx	(800) 269-0173

## **ARCH National Respite Network**

 Respite locator service to help caregivers and professionals locate respite services in their community

archrespite.org/

(919) 490-5577

#### Youth Advocate Program/Respite services

 Provides relief to those caregivers of children and adults with behavioral challenges Respite Management Agency
 1511 N Front St, Harrisburg (717) 232-3786

www.yapinc.org/rma

## **Easter Seals Western & Central PA**

• Children and adults with disabilities and special needs find highest-quality services designed to meet their individual needs

www.easterseals.com/what-we-do/

(412) 281-7244

## **Easter Seals Therapeutic Recreation (TR) Department**

 Serves children and adults with disabilities and other special needs throughout Central Pennsylvania

Director of Therapeutic Recreation	(717) 741-3891
Coordinator, Camping & Respite Programs	(717) 741-3891
www.easterseals.com/our-programs/	

## **Parent to Parent of PA**

 Links families of children and adults with disabilities or special needs to share support www.parenttoparent.org/ (888) 727-2706

## **PA Families Inc.**

• Statewide Family Network providing support to families raising children and youth with emotional, behavioral, and special needs, as well as serving as an advocate in the different child serving systems

Email: info@pafamiliesinc.org	(800) 947-4941
pafamiliesinc.org/	

## Persons with Disabilities (PWD) Transportation Program (Rabbit Transit)

www.rabbittransit.org/contact-us/	Hours: M-F	7am to 7pm
	Sat	7:45am to 3pm
		(800) 632-9063

## CAMP Hill:

#### **Building Blocks**

Speech Therapy, Physical Therapy, Occupational Therapy, Special Instruction
 113 North 20<sup>th</sup> St, Camp Hill (717) 580-0302

## Jena Vander Velden

Physical Therapy	
1603 Walnut St, Camp Hill	(717) 421-7417
Jennifer Mattiko	
Speech Therapy	

34 Brentwood Rd, Camp Hill	(717) 730-0511

## **Keith Parker**

<ul> <li>Occupational Therapy</li> </ul>	
1507 Walnut St, Camp Hill	(302) 690-6993

## **My Therapy Tree**

Physical Therapy, Occupational Therapy, Speech Therapy, Special Instruction, Special Instruction Hearing, Special Instruction Nutrition, Special Instruction Behavior

255 N 29th St, Camp Hill

## **UCP of Central PA**

• Special Instruction, Physical Therapy, Occupational Therapy, Speech Therapy, Nutrition, Community Mapping

925 Linda Lane, Camp Hill	(717) 737-3477

## **UCP Central PA's Respite Services**

- AM/PM Respite: similar to before and after school care for youth and young adults, ages 14 and up, who have an intellectual or physical disability (M-F; 7am to 9am and 3pm to 5pm)
- Evening Respite: offers care and recreation for children and adults with disabilities (Fridays; 6pm to 10pm)

55 Utley Dr, Camp Hill, PA	
www.ucpcentralpa.org/services/	

(717) 737-3477

(302) 690-6993

## **Transportation**



## Capital Area Transit (CAT)

www.cattransit.com/routes-and-schedules/

(717) 238-8304

(717) 601-9184

## <u>Carlisle</u>

## **His Hands Auto Repair Ministry**

Offer discounted auto repair rates & affor	rdable transportation	
730 N College St, Carlisle	Hours: Tu - F	8am to 5pm
Email: hh-arm@email.toast.net	Sat	8am to 2pm
www.hishandsauto.org/		(717) 258-5483

## LifeCycle

#### **New Life Community Church**

64 E North St, Carlisle	Hours: Tu, W, F	10am-2pm
Email: lifecycle@newlifecommunity.us	(	717) 240-0060
www.newlifecommunity.us/		

## Carlisle Area Ride Service (CARS)

- Free service; all rides must be booked at least 2 days in advance
- Those eligible are people going to a job interview or job fair, medical appointments, school meetings, welfare office disabled persons, seniors over 65
- Those NOT eligible are: people who have a job, people eligible for Red Transit service, and people with their own working vehicle

#### Fill out the online Rider Registration form:

Email:CarlisleARS@gmail.com

carlislearearideservice.com/

#### **Mechanicsburg**

#### **New Hope Ministries**

• Assistance with vehicle repairs, insurance and transportation needs, and fuel assistance related to employment/medical care and they must be currently enrolled as a New Hope client receiving services

5228 E Trindle Rd, Mechanicsburg	Hours: M-F	9am to 4pm
www.nhm-pa.org/		(717) 766-7333

## **Shippensburg**

#### Raider Regional Transit

• Free to senior citizens & Shippensburg University students

1871 Old Main Dr, Shippensburg	(717) 530-8891
www.ship.edu/RRT/Harrisburg_Transportation_Center/	(717) 477-7447

## Drivers License | Identification |



## PennDOT Service Center

- Driver's License (new = \$30.50)
- Identification Cards(duplicate = \$28.50)
- Written Test
- Birth Certificates
- Payment: Check or Money Order
- Stonehedge Square, 950 Walnut Bottom, Rd, Carlisle www.dmv.pa.gov/Pages/default.aspx Hours: M-Sat 8:30am to 4:15pm (800) 932-4600

## **Department of Health**

(724) 656-3100

## **Bureau of Health Statistics & Registries**

(844) 228-3516

Online (\$30 + shipping): www.vitalchek.com/vital-records/pennsylvania/pennsylvania-vital-records www.health.pa.gov/topics/certificates/Pages/Birth-Certificates.aspx

#### By mail (\$20):

Division of Vital Records P.O. Box 1528, New Castle, PA 16103

## **Social Security Card**

- Free replacement if lost or stolen
- Limited to 3 replacement cards in a year; 10 during your lifetime

200 S Spring Garden St, Carlisle www.ssa.gov/onlineservices/

Hours: M-F 9am to 4pm 9am to 12pm Wed (800) 772-1213

## PennDOT

- Vehicle Registration/Insurance
- Driver History
- Restorations

www.dmv.pa.gov/ONLINE-SERVICES/Pages/OnlineServicesCenter.aspx

## **Chamberburg:**

### **Advanta Therapy**

• Physical Therapy, Occupational Therapy, Speech Therapy 1078 Belair Dr, Chambersburg (717) 713-5955

## **Pediatric Therapy Specialists of South Central PA**

•	Occupational Therapy, Physical Therapy, Speech Therapy, Special	Instruction
23	316 Ocrakoke Island Ct, Chambersburg	(717) 816-0742

## Enola:

#### Leanne Broadbent

Speech Therapy

5825 Fawn Meadow Lane, Enola	(717) 796-2209
	. ,

#### **Aspirations**

- Special Instruction Hearing Infant Massage, Speech Therapy, Occupational Therapy Social Work, Special Instruction - Behavior
- 614 Belle Vista Dr, Enola (717) 512-8769

#### Lemovne:

#### TMB Developmental Therapy and Infant Massage, Inc.

 Independent Evaluator 862 Hilltop Rd, Lemoyne (717) 979-2987

## Mechanicsburg:

#### Lynn M. Cummings, M.S., CCC-SLP

Speech Therapy	
318 Cloudless Sky Dr, Mechanicsburg	(717) 512-2290
Patricia G. Acker-Bailey <ul> <li>Speech Therapy</li> </ul>	

5243 Terrace Rd, Mechanicsburg (717) 497-7157

## Sovia Therapy, LLC.

- Special Instruction, Physical Therapy, Special Instruction -Vision, Occupational Therapy
- 1015 Tiverton Rd, Mechanicsburg (717) 379-4543

## East Pennsboro:

## **Capital Area Intermediate Unit 15**

- Special Instruction-Hearing and Vision Services
- 55 Miller St, Summerdale (717) 732-8414

## **Clothing | Non-Consumables**

## **Online Resources:**

www.freecycle.org/ craigslist.org/

## Camp Hill:

#### **Capital Area Pregnancy Center**

• Provides pregnancy testing, information about pregnancy, referrals for medical care, social services, adoption, foster care, legal services, short term housing for homeless clients, and support groups & clothing etc...for baby & mother to be

2515 Old Gettysburg Rd, Camp Hill	Hours: M	9am to 6pm
Email: judy@capchelp.org	Wed	9am to 5pm
www.capc4u.org/	Th	9am to 5pm
	F	9am to 3pm
		(717) 761-4410

## Salvation Army Thrift Store

• Help with food, clothing, showers, bus tickets, gas cards, personal care & household items

3901 E Trindle Rd, Camp Hill	Hours: M - Sat	9am to 9m
www.salvationarmyusa.org/		(717) 731-0576

## Carlisle:

## **Carlisle Area Family Life Center**

 Maternity, newborn layettes, infant clothing to 2T available, as well as diapers & related infant supplies

155 N Hanover St, Carlisle	Hours: M, W, F, Sat	10am to 1pm
www.carlislefamilylife.org/	Tu	1pm to 5pm
	Tu, Th	7pm to 9pm
	(	717) 243-1918

## **Salvation Army Thrift Store**

• Help with food, clothing, showers, bus tickets, gas cards, personal care items, and household items

125 S Hanover St and/or 469 E North St, Carlisle

pa.salvationarmy.org/Carlisle

Hours: Tu, Th, F, Sat 10am to 6pm (717) 249-1411 Ex. 135/142

## **Legal Services**



## **MidPenn Legal Services**

 Non-profit, public-interest law firm dedicated to providing equal access to justice and high quality civil legal services to low-income residents and survivors of domestic violence in 18 counties in Central Pennsylvania

401 E Louther St, Suite 103, Carlisle	Hours: M-F	8:30am to 4:30pm
www.midpenn.org/		(717) 243-9400
	Apply for service	ces: (800) 326-9177

## **Cumberland County Bar Association**

• Lawyer referral service - participating attorneys agree to a ½ hour consultation for \$25.00. Should work be beyond the first half hour be warranted, fees are agreed upon between the attorney and the client.

www.CumberlandBar.com

(717)249-3166 (800) 990-9108

#### **PA Legal Aid Network**

• A client-centered organization that provides leadership, funding, and support to improve the availability and quality of civil legal aid and direct legal services for low income people and victims of domestic violence in Pennsylvania

#### The Louise Brookins Building

118 Locust St, Harrisburg	(717) 236 -9486
www.palegalaid.net/resources	

## **Dickinson Family Law Clinic/Disability Law Clinic**

• Provides free legal assistance as needed to area low income persons

45 N Pitt St, Carlisle	Hours: M-F	8:30am to 4:30pm
dickinsonlaw.psu.edu/		(717) 243-2968

## **Dickinson School of Law – VITA program**

 Contact mid-January every year to see if the program that assists with free income tax services will be available

45 N Pitt St, Carlisle	Hours: M-F	8:30am to 4:30pm
dickinsonlaw.psu.edu/		(717) 240-5000

## Homeowners / Homebuyers:

www.cv-hfh.org

## **Cumberland Valley Habitat for Humanity**

(717) 258-1830

## **Carlisle Housing Opportunities Corporation**

- Low to moderate income, first-time homebuyers with good credit can purchase a home and receive a 10% forgivable loan off of the appraised value of the home
- Cumberland County Homebuyer's Coalition offers \$3,000 towards closing costs to qualified buyers who complete the Homebuyers Workshop Located at Hope Station, 149 W Penn Street, Carlisle 717-241-0472
- Cumberland County Housing and Redevelopment Authority
- Free First-Time Homebuyers Workshop: <u>www.cchra.com</u> or call 1-866-683-5907
- Cumberland County First-Time Homebuyer Down Payment and Closing Cost Assistance Program
- Emergency Repair Loan Program
- Free housing counseling available; call 717-249-0789, Ext. 136
- Carlisle Borough Rehabilitation Program
- Cumberland County Housing Rehabilitation Program

114 N Hanover St, Carlisle	Hours: M-F	8am to 4:30pm
www.cchra.com	(717)	249-0789 Ext. 136

## Pennsylvania Housing Finance Agency

A variety of rental housing, homeownership programs, and foreclosure prevention programs

211 N Front St, Harrisburg, PA

(717) 780-3800

## Homeowner's Mortgage Assistance Program (PHFA)

• Offers mortgages for 1<sup>st</sup> home buyers

(717) 780-3871

## Housing Emergency Mortgage Assistance Program (PHFA)

## **Customer Solutions Center**

 Customer service representatives are able to provide information on all PHFA programs and answer questions to get assistance quickly

1-855-U-Are-Home (827-3466)

## **Housing Counseling Services**

 Provides counseling to assist with guidance on evaluating mortgagor readiness, fair housing, credit report management and selecting real estate agent/home inspection (717) 780-3907

## LifeStyle

• Furniture is given following an application process that is referral based. Referrals come through New Life Community partnership with several other ministries and agencies in the Carlisle area.

New Life Community Church 64 E North St, Carlisle Email: jen@newlifecommunity.us

www.newlifecommunity.us/

Hours: Tu-F 9am to 3pm Tu (717) 240-0060

## Lemoyne:

## **Calvary United Methodist Church**

700 Market St, Lemoyne	Hours: 3 <sup>rd</sup> Sat	11am to 1pm
emoynecalvary.org/		(717) 737-6921

## Goodwill

• A source of low cost used clothing, used household goods and furniture

1200 Market St, Lemoyne	Hours: M-Sat	9am to 5pm
www.yourgoodwill.org/		(717) 737-6134

## **Mechanicsburg:**

#### Bountiful Blessings

 Assist working families and senior citizens during their financial hardships by supplementing them with non-food items

Capital Area Christian Church	Hours:	9:30am to 11:30am
1775 Lamb's Gap Rd, Mechanicsburg	1 <sup>st</sup> , 3 <sup>rd</sup>	Sat
		(717) 802-1222

## **Community Aid**

• Thrift store and donation center, faith-based non-profit store providing clothing, household and collectible items. Neighbors helping neighbors and offering items of resale at affordable prices. 50% off all items on Wednesdays

4833 Carlisle Pike, Mechanicsburg	Hours: M-Sat	9am to 9pm
<u>communityaid.net/</u>		(717) 412-7706

## **Goodwill Industries**

A source of low cost used clothing, used household goods and furniture

105 Gateway Dr, Mechanicsburg	Hours: M-Sat	9am to 6pm
www.yourgoodwill.org/	Sun	12pm to 5pm
		(717) 691-3699

## **Volunteers of America (Thrift Store)**

675 Silver Spring Rd, Mechanicsburg	Hours: M-F	9am to 8pm
www.voapa.org/our-thrift-stores	Sat	9am to 6pm
		(717) 766-2999

## **New Digs (Mission Central)**

 Provides donated household items. Consumer must arrange for pick up and must be referred by an agency. Agency representative must complete a referral and liability waiver for a consumer (PO can make referral)

5 Pleasant View Dr, Mechanicsburg	Hours: M, Wed, F	9am to 12pm
newdigsministry.org/	2 <sup>nd</sup> Sat	9am to 12pm
		(717) 620-9735

#### **Shippensburg:**

## **Christ United Methodist Church – Clothing bank**

47 E King St, Shippensburg	Hours: Sat	9am to 11am
Email: RevSkraft@hotmail.com		(717) 532-6850
www.christumcshipp.org/		

#### **Cumberland Valley Animal Shelter Thrift Store**

 Stores include men's, women's and children's clothing that are clean, folded and free of stains and damage; shoes, handbags, hats, gloves, jewelry and books; household supplies like dishes, cookware, utensils, small appliances, bedding, lamps and rugs; collectibles, collections and antiques; decorating items like mirrors, pictures, paintings, flower arrangements, knickknacks; and even furniture

1 E King St, Shippensburg	Hours: M-F	9am to 5pm
www.cvas-pets.org/thrift	Sat	9am to 5pm
		(717) 477-8025

#### Walnut Bottom:

#### **Trinity United Methodist Church**

•	Clothing Ministry
---	-------------------

116 W Main St, Walnut Bottom	
www.trinitywb.org/index.html/	

Hours:	9am to 12pm
2 <sup>nd</sup> , 4 <sup>th</sup> Wed & Sat	(717) 532-7606

#### Samaritan Fellowship: Carlisle United Methodist Church (CUMC)

- Provides crisis financial and referral assistance to residents of Carlisle. South Middleton School District, and Middlesex Township
- Applicants must apply and be present at CUMC Saturday 7:30am 10:00am
- Bring documentation to verify identification, residency and financial need
- Referrals are required for all under case management or in subsidized housing
- Enter at the doors of the church's Pomfret Street parking lot, take the elevator to the lower level (LL) and follow the signs to the Samaritan Fellowship Intake Room

#### **Documents Needed:**

- 1. Proof of I.D. such as social security card, driver's license, or birth certificate
- 2. Income proof such as pay stubs, SSI, County Assistance, unemployment benefits, etc.
- 3. Eviction note/household bill if overdue
- 4. Reason(s) for needing help (medical, job loss)
- 333 S Spring Garden St, Carlisle 17013 Hours:

7am to 10am (717) 579-6697

#### PA Housing Search

Up-to-date listings of affordable rental and for-sale housing www.PAHousingSearch.com

(877) 428-8844

#### Elderly, Handicapped, Disabled

#### **Cumberland County Aging & Community Services: Homeless** Assistance Program

· Caseworkers assist people who are Homeless or Near Homeless providing both prevention and intervention services to meet basic needs in the immediate or near future

20 N Hanover St, Suite 300, Carlisle	Hours: M-F	8am to 4:30 pm
www.ccpa.net/226/Homeless-Assistance-Program	Last name A-I:	(717) 240-6117
	Last name J-Z:	(717) 240-6112

#### **Cumberland Link to Aging & Disability Resources**

Information and referral services agency for persons of all ages with disabilities or for persons ages 60 and older

1100 Claremont Rd, Carlisle	Hours: M-F	8am to 4:30pm
Email: thelink@ccpa.net		(717) 240-7887
www.ccpa.net/111/Cumberland-Link		

#### **Todd Baird Lindsey Foundation**

- Provides assistance for persons ages 55 and older with: the cost of housing expenses (rent, lot rent, mortgage, utilities, taxes, etc.), prescription medications, medical equipment, nursing services, hearing aids, personal emergency response services fees
- provides both emergency and long term assistance to persons who live in the service areas of Carlisle, Mt. Holly Springs, and Newville and the townships of West Pennsboro, Dickinson, Middlesex, S. Middleton, N. Middleton, Penn, L. Frankford and U. Frankford

Carlisle www.tbl.dreamhosters.com/ (717) 486-4121

## Christ Among Neighbors – (C.A.N.)

- Provides last resort crisis help such as food, clothing, utilities, medical & lodging along with referral & networking with community resources
- Serves the Shippensburg School District & Village of Walnut Bottom

#### **Documents Needed:**

- 1. Proof of ID such as a driver's license, birth certificate, or other form of picture ID
- Proof of all income in household back 1 month from the date of application for help such as pay stubs, SSI, Disability, child support, letter from Public Assistance/ card, unemployment benefits, alimony, etc.
- 3. Eviction &/or magistrate notice if behind on rent. For back utility or other bills, bring proof also. Bill/note proof should be current through the month you are applying for help
- 4. Reason(s) why you need help, like written proof from your doctor, temporary housing, car insurance or daycare

5. Proof of all recent household bills to determine your monthly household expenses

130 S Penn St, Shippensburg	Interview Hours: Sat	9am to 10am
www.rentassistance.us/li/pa 17257	christ-among-neighbors-can	(717) 532-7577

#### **New Hope Ministries**

- Provides persons living in the Dillsburg, Dover, Hanover, Mechanicsburg and the West Shore area with emergency & referral services
- Heat, utilities, housing, medical assistance, transportation, Dollars & Sense financial literacy class, and Job Junction
- A food bank is available on site. Food pantry opens daily from 10am-4pm
- GED classes and Nurse's Aide training is also available
- If they qualify, clients can be referred for free/reduced rate medical services, PA American WaterCo. and utility bill services such as Met Ed and Penelec electric help for the CAP program are also on premises
- Clients are able to access COMPASS service which allows individuals access to screen for, apply for and renew a broad range of social programs: health care coverage, food stamps benefits, cash assistance, etc.
- They also hold a Job Fair on the 3<sup>rd</sup> Friday of each month from 10am to12pm
- CDL and Fork Lift Training available

5228 E Trindle Rd, Mechanicsburg	
<u>nhm-pa.org/</u>	

Hours: M-F 9am to 4pm (717) 766-7333

## **Employment | Income**



## Government:

## PA Department of Labor & Industry's Workforce Development

<ul> <li>System enables workers to prepare for jobs that pay in an economy that grows</li> </ul>		
House Ave #101, Camp Hill	Hours: M-F	8:30am to 4:30pm
www.dli.pa.gov/Businesses/Workforce-Developmen	<u>t/</u>	(717) 612-1590

#### U.S. Department of Labor: Bureau of Labor Statistics-Occupational Outlook Handbook

• The OOH can help you find career information on duties, education and training, pay, and outlook for hundreds of occupations

www.bls.gov/ooh/

## **Social Security Hotline**

Hours: M-F 7am to 7pm (800) 772-1213 / (800) 288-7185 TDD

## **U.S. Department of Labor sponsored websites**

www.careeronestop.org/ExOffender/default.aspx www.careeronestop.org/WorkerReEmployment/default.aspx www.jobcorps.gov/

## **Federal Bureau of Prisons**

www.bop.gov/resources/former\_inmate\_resources.jsp

## **National HIRE Network**

www.hirenetwork.org/content/pennsylvania

## Camp Hill:

#### Temporary Agencies

#### **AppleOne Employment Services**

4242 Carlisle Pike, Suite 237, Camp Hill <u>www.appleone.com/</u>	Hours: M-F	8:30am to 5pm (717) 731-9400
Elwood Staffing 1505 Market St, Camp Hill www.elwoodstaffing.com/	Hours: M-F	8am to 5pm (717) 737-5001
Drexel Group 1832 Market St, Camp Hill www.thedrexelgroup.com/	Hours: M-F	8am to 5pm (717) 730-9841

#### Staffing Associates

1520 Market St, Camp Hill	Hours: M-F	8am to 5pm
Email: camphill@jfcstaffing.com		(717) 761-8095
jfcstaffing.com/		

#### **Kelly Services**

3045 Market St, Suite A, Camp Hill	Hours: M-F	8am to 5pm
Email: 51X3@kellyservices.com		(717) 737-6738
www.kellyservices.us/?tid=locallistings		

#### Staffing Service USA

3512 Trindle Rd, Camp Hill

#### Carlisle:

#### PA Career Link Cumberland County

- Provides numerous services to persons seeking employment including skill assessments, internet job search, resume services, veterans' assistance, & career guidance
- Job mailing lists & other supportive services are available

1 Alexandra Court, Carlisle	Hours: M-F	8:30am to 4:30pm
www.jobgateway.pa.gov/jponline/Admin/Common	/Portal.aspx	(717) 243-4431

#### **Cumberland County Assistance Office**

- Some emergency funds are available for very low income only
- Provides SNAP (food stamps) and medical insurance help to eligible residents
- Emergency rent assistance is also available for eligible residents (Emergency Shelter Allowance)
- Assistance w/ heating bills is offered in November (LIHEAP)

33 Westminster Dr, Carlisle	Hours: M-F	8am to 4:30pm
www.dhs.pa.gov/		(717) 240-2700
		(800) 269-0173

#### **Employment Skills Center**

#### Programs include:

- Adult Basic Education, GED prep & testing, Adult Literacy Program, ESL
- Job-Readiness & Employability Skills Training, Life Management Skills Workshops
- Nurse Aide Training (CNA Classes), Forklift training, Workforce development

29 S Hanover St, Carlisle	Hours: M-Th	8:30am to 4:30pm
employmentskillscenter.org/		(717) 243-6040

## **ResCare Workforce Services (formally ARBOR, Teen Works)**

 Serves teens ages 16-21 who are out of school and unemployed or underemployed Services offered: GED & literacy classes, job search & placement help, college prep, help with drug and alcohol, housing, personal relationships, re-entry and other transition problems

401 E Louther St. Carlisle

www.rescare.com/workforceservices/

(717) 245-2785

(717) 745-0302

## Cumberland County Housing and Redevelopment Authority (HUD)

- Manages HUD's Section 8 Housing Choice Voucher and Homeless and Special Needs Programs
- There is a computer available in the lobby for use in completing the application
- You are responsible for finding your own housing

114 N Hanover St, Carlisle	Hours:	M, Tu, Th, F	8am to 4:30pm
www.cchra.com		Closed Wed	(717) 249-1315
			(866) 683-5907

### **Family Public Housing**

- Offers affordable housing based on income to County residents
- Applications for another housing program, Carlisle Opportunity Homes is also located at this site. Their program provides homes to residents in Carlisle & Mt. Holly Springs
- Also may apply to their homeownership program

60 W Penn St, Carlisle	Hours:	M, Tu, Th, F	8am to 4:30pm
cchra.com/property/featured/public-housin	g	Closed Wed	

(717) 245-0516

## **Neighbors in Christ - First Presbyterian Church**

• Provides limited emergency help such as shelter, rent, Adams electric, food, & clothing services to persons living in the Big Spring School District

#### **Documents Needed:**

- 1. Proof of ID such as a driver's license, birth certificate, or other form of picture ID
- 2. Proof of S.S. #'s of all in household or medical card
- 3. Proof of all income in household back 1 month from the date of application for help such as pay stubs, SSI, Disability, child support, County Assistance note/ medical card, unemployment benefits, alimony, etc.
- 4. Eviction &/or magistrate notice if behind on rent
- 5. If need utility/bill help, bring recent proof of them w/in 30 days
- 6. Reason(s) why you need help like a written medical, temporary housing, and/or other high bill proof to determine your monthly household expenses

111 Big Spring Ave, Newville Hours: Sat 9am to 10am samaritanfellowship.org/services/applying-for-assistance/ (717) 385-1053

## Mt. Holly Springs

#### **Chestnut Commons**

HUD subsidized one-bedroom apartments for the elderly 62+ and/or handicapped
 324 Chestnut St, Mt Holly Springs (717) 249-3484
 cchra.com/property/featured/chestnut-commons

#### **New Cumberland**

- Historic Iroquois Hotel Senior Apartments
- One bedroom units for the elderly 62+. Below market rents. Accepts Section 8 (Housing Choice Voucher). Income guidelines apply

(717) 774-4500

200 Third St, New Cumberland

cchra.com/property/featured/iroquois-hotel

## Newville

#### **Mountain View Apartments**

• USDA Rural Housing subsidized one-bedroom apartments designed for the elderly 62+ and/or persons handicapped

91 Doubling Gap Rd, Newville(717) 776-3292cchra.com/property/featured/mountain-view(717) 776-3292

#### **Shippensburg**

#### **Episcopal Square**

• Provides one bedroom & efficiency housing to low income elderly & disabled persons

 101 N Prince St, Shippensburg
 (717) 530-1277

 www.lowincomehousing.us/det/17257-1348-episcopal square apartments

## **Shippen House**

• 1 bedroom apartments for individuals 62+ years old

19 Holler Ave, Shippensburg	Hours: M, Wed	9am to 5pm
shippenhouseapartments.com/	F	9am to 3pm
		(717) 532-7885

## Assistance: HUD, rent, security deposit, etc.

#### **Cumberland County Homeless Assistance Program**

 Caseworkers assist people who are Homeless or Near Homeless providing both prevention and intervention services to meet basic needs in the immediate or near future

20 N Hanover St, Suite 300, Carlisle	Hours: M-F	8am to 4:30pm
www.ccpa.net/226/Homeless-Assistance-Program	Last names A-I:	(717) 240-6117
	Last names J-Z:	(717) 240-6112

## **Social Security Administration**

- Apply here for any federal disability/retirement income
- Get income disability/SS# proof

200 S Spring Garden St, Carlisle	Hours: M-F	8am to 4pm
www.ssa.gov/		(717) 243-0085
		(866) 635-0507

#### **Veteran's Affairs**

• Information/referral services to veterans & their families

20 N Hanover St, Suite 103, Carlisle	Hours: M-F	8am to 4pm
www.va.gov/		(717) 240-6178
www.ccpa.net/130/Veterans-Affairs	(888) 6	97-0371 ext. 6178

## **MARANATHA (Financial Counseling Services)**

- Provides financial guidance for those unable to pay their bills for themselves
- Help establish a budget that takes care of priority needs such as shelter, utilities, medication, and personal needs
- Depending on the situation, we become the representative payee, fiduciary, or financial custodian and use the client's income to pay the bills for them so they have peace of mind and financial stability
- Offer a financial literacy program that teaches the basics such as budgeting, balancing a checkbook, etc. and provides a mentor to help apply concepts taught in the program

20 N Hanover St, Suite 202, Carlisle	Hours: Tu, Wed, Th	9am to 3pm
www.maranatha-carlisle.org		(717) 258-1000

#### Cyberspace

• Computer/internet community resource center

219 N Hanover St, Carlisle	Hours: Tu-Sat	1pm to 5pm
		(717) 249-7267

## Sustainable Employment Reentrants Program (SERP)

• Individuals who have been incarcerated will participate in HACC's Step Program and job placement upon completion

**Hope Station** 

149 W Penn St, Carlisle, PA	Hours: M-F	8am to 4:30pm
		(717) 249-0036

(717) 249-0036 (717) 249-5144 Fax #249-5228

Temporary Agencies Abacus Staffing			Lemoyne
19 S Hanover St, Carlisle		(717) 251-1877	Essex House
www.abacuscorporation.com/		(/1/)251-18//	<ul> <li>Offers studios, one &amp; two bedroom apartments for the elderly</li> </ul>
<u></u>			20 N 12th St, Lemoyne Hours: M-Sun 7:30am to 7:30pm
Elwood Staffing			www.holidaytouch.com/our-communities/essex-house (717) 730-7302
1909 Ritner Highway, Suite 1, Carlisle www.elwoodstaffing.com/	Hours: M-F	8am to 5pm (717) 218-5011	
JFC Staffing Associates			Mechanicsburg
C C	Hours: M-F	8am to 5pm	Co Apartments
101 High St Carlisle jfcstaffing.com/	HOULS: MI-F	(717) 243-4475	<ul> <li>HUD subsidized one-bedroom apartments for the elderly 62+ and/or handicapped</li> </ul>
<u>Itestamilg.com/</u>		(, 1) 243 4473	26 N Market St, Mechanicsburg (717) 766-1633
Manpower			<u>cchra.com/property/featured/cumberland-county-american-house</u>
950 Walnut Bottom Rd, Suite 7, Carlisle		(717) 258-1945	
www.manpower.com/			Bethany Towers
· · · · ·			<ul> <li>HUD subsidized one-bedroom apartments for elderly persons and/or handicapped</li> </ul>
Integrity Staffing Solutions		()	335 Wesley Dr, Mechanicsburg (717) 766-7698
675 Allen Rd, Carlisle		(717) 601-2777	www.lowincomehousing.us/det/17055-3565-bethany_towers
www.integritystaffing.com/			
Prologistix			Brethren House
1 Alexander Court, Carlisle		(717) 558-0450	<ul> <li>HUD subsidized one bedroom, loft style apartments for individuals with behavioral</li> </ul>
www.prologistix.com/		(717) 338 8 138	health disabilities
<u>.</u>			51 W Simpson St, Mechanicsburg (717) 791-6200
Spherion			cchra.com/property/featured/brethren-house
401 E Louther St, Ent 2 Suite 306, Carlisle		(717) 651-1200	
www.spherion.com/			Meadowood Apartments
Staffmark			Rural Housing Service subsidized one-bedroom apartments for elderly, handicapped
		(747) 000 4000	and disabled
80 S Middlesex Rd, Carlisle www.staffmark.com/home/		(717) 960-1623	1051 Allendale Rd, Mechanicsburg (717) 697-9517
www.stannark.com/none/			www.liveatmeadowoodapt.com/
Staff Management			
400 Park Dr, Carlisle		(717) 486-3630	Silver Spring Gardens
www.staffmanagement.com/			One and two bedroom apartments for income qualified individuals 62+ years old
			64 Ashburg Dr, Mechanicsburg (717) 591-1918
SURGE Staffing			www.presbyterianseniorliving.org/silver-spring-gardens
200 S Spring Garden St, Carlisle		(717) 506-5008	
surgestaffing.com/index.php			Silver Spring Courtyards
			<ul> <li>1 and 2 bedroom units for individuals 55+ years old; min and max income limits</li> </ul>

43 Ashburg Dr, Suite 23, Mechanicsburg (717) 591-1413 www.presbyterianseniorliving.org/silver-spring-courtyards

## **Two West Penn**

<ul> <li>HUD subsidized one bedroom and efficiencies for</li> </ul>	or elderly 50+ and/o	or disabled
2 W Penn St, Carlisle	Hours: Tu, Th	7am to 3pm
cchra.com/property/featured/two-west-penn		(717) 249-3484

## **Valley Ridge Apartments**

HUD subsidized one bedroom and efficiencies for elderly 62+ and/or disabled individuals

371 Army Heritage Dr, Carlisle	(717) 258-9317
cchra.com/property/featured/valley-ridge	

## The Arc of Cumberland & Perry Counties

Provides a variety of community living opportunities for adults with intellectual disabilities

71 Ashland Ave, Carlisle	(717) 249-2611
www.cparc.org/residential-services	

## Merakey (NHS)

• Provides residential living options, case/care management, and therapeutic services for individuals with disabilities

33 State Ave, Carlisle	(717)243-6033
www.merakey.org/services-behavioral-health.html	(888) 647-0020

## <u>Enola</u>

#### **Enola Chapel**

HUD subsidized units for individuals who are homeless with behavioral health disabilities

400 S Enola Dr, Enola cchra.com/property/featured/enola-chapel

#### **Enola Commons Senior Apartments**

1 and 2 bedroom apartments for persons 62+ years of age. Below fair market rates with utilities included. Income guidelines apply. Accepts Section 8
 16 S Enola Dr, Enola (717) 732-2811

(717) 732-1740

(717) 732-0622

cchra.com/property/featured/enola-commons

#### **Round House View Apartments**

• HUD subsidized one bedroom units for elderly 62+ and/or disabled

21 Susquehanna Ave, Enola

cchra.com/property/featured/roundhouse-view

## Enola:

#### Tri County Community Action (TCCA)

Works with Cumberland County residents to gain economic success

125 N Enola Dr, Enola www.cactricounty.org/ (717) 732-1944

#### **New Hope Ministries**

• Trainings/Classes offered:

- Job Junction	(get help to build a resume, job search, and with job applications)
E 11:0	

- Forklift	- CDL Class A
- Nursing Assistant	- Welding
- CDA	- Rise up
- HVAC	- Logistics/Warehouse
- Precision Machining	- GED class
<ul> <li>Dollars &amp; Sense (Financial Literacy class)</li> </ul>	- Soft Skills
- Job Interview Workshop	
110 Altoona Ave, Enola	(717) 996-9006

## **Temporary Agencies**

Manpower	
433 N Enola Rd, Enola	(717) 540-6000
www.manpower.com/	

### Harrisburg:

## **PA CareerLink Capitol Region**

 Provides numerous services to persons seeking employment including skill assessments, internet job search, resume services, veterans' assistance, & career guidance. Job mailing lists & other supportive services are available

100 N Cameron St, HarrisburgHours: M-F8am to 4:30pmwww.pacareerlink.pa.gov/PaCareerLink/Index.htm(717) 783-3270

## **Office of Vocational Rehabilitation (OVR)**

- OVR provides vocational rehabilitation services to help persons with *disabilities* prepare for, obtain or maintain employment
- Services are provided on an individual basis
- The OVR counselor, during face-to-face interviews, assists customers in selecting their choice of vocational goals, services, and service providers
- Counseling and guidance, diagnostic services, assessments, information and referral, job development and placement, and personal services such as readers or sign language interpreters are provided at no cost to the individual
- Referrals to OVR can be made by agencies, schools, clergy, hospitals, families or any interested individuals

555 Walnut St, 8 <sup>th</sup> Floor, Harrisburg	Hours: M-F	8am to 4:30pm
www.worksforme-pa.org/		(717) 787-7834
www.dli.pa.gov/Individuals/Disability-Services/ovr/Pages	s/default.aspx	(800) 442-6352

#### **Social Security Administration**

- Apply here for any federal disability/retirement income
- get income disability/SS# proof

555 Walnut St, Harrisburg	Hours: M-F	8am to 4pm
www.ssa.gov/		(717) 782-3400
www.ccpa.net/Faq.aspx?QID=269		

#### Temporary Agencies Abel Personnel

3356 Paxton St, Harrisburg	
Email: info@abelpersonnel.com	(717) 561-2222
www.abelpersonnel.com/job-seekers/	

## Addeco Staffing

4811 Jonestown Rd, Suite 127, Harrisburg	
www.adeccousa.com/	

Hours: M-F 7:30am to 5:30pm (717) 526-7887

Hours: M-F

#### **Elwood Staffing**

4812 Jonestown Rd, Harrisburg, PA www.elwoodstaffing.com/

#### JFC Staffing Associates

```
3350 Paxton St, Suite B, Harrisburg
www.jfcstaffing.com/harrisburg-jobs.cfm
```

Hours: M-F 8am to 5pm (717) 657-4923

8am to 5pm

(717) 409-8901

#### Permanent Rentals: Elderly, Handicapped, Disabled-HUD/Income Based

## <u>Camp Hill</u>

#### **Mallard Run Apartments**

 One & two bedroom apartments to low income individuals & couples who are elderly 62+ and/or disabled

820 Lisburn Rd, Camp Hill	Hours: M-F	9am to 5pm
www.rentalhousingdeals.com/PA/Camp-Hill/Mal	lard-Run	(717) 761-5414

#### **Susquehanna View Apartments**

•	bedroom units for individuals 62+ years of age; handicapped/disabled
---	--

208 Senate Ave, Camp Hill	(717) 763-1184
hdcweb.com/susquehanna-view-apartments/	

#### **Crossroads Apartments**

- 2 and 3 bedroom units with handicap accessibility and for people with hearing/vision
- impairments

2121 & 2141 Cedar Run Dr, Camp Hill	(717) 635-9780
cchra.com/property/featured/crossroads-apartments	

#### **Carlisle**

#### **East Gate Apartments**

• One bedroom apartments for individuals 62+ years of age. Below fair market rates with utilities included. Income guidelines apply. Accepts Section 8

35 E Gate Dr, Carlisle www.lowincomehousing.us/det/east\_gate\_apartments-17015

## Historic Molly Pitcher Senior Apartments

• One and two bedroom units for elderly 62+ years old. Below market rates. Accepts Section 8 (Housing Choice Voucher). Income guidelines apply

13 S. Hanover St, Carlisle	Hours: Wed	2pm to 3:30pm
cchra.com/property/featured/molly-pitcher		(by appointment)
		(717) 249-9800

#### **One West Penn**

• HUD Subsidized one bedroom units for elderly 62+ years old/ or disabled

1 W Penn St, Carlisle	Hours: M-F	8am to 4:30 pm
cchra.com/property/featured/one-west-penn		(717) 249-7797

#### **Penn School Apartments**

٠	One-bedroom apartments for elderly, handicapped or disabled	
1	21 N Bedford St, Carlisle	(717) 243-8555

(717) 249-9800

## **Cumberland Pointe**

<ul> <li>3 and 4 bedroom units; accepts rental assistance</li> </ul>	
1252 Rocky Rd, Mechanicsburg	(717) 697-7200
www.apartments.com/cumberland-pointe-mechanicsburg-pa/r	<u>ifym83/</u>

(717) 732-7006

## **Roth Village**

• 2 and 3 bedroom units; accepts rental assistance

62 Village Court, Mechanicsburg www.apartments.com/roth-village-mechanicsburg-pa/j43sz97/

## Mt. Holly Springs

## **Pine Ridge Estates**

One & two bedroom apartments for families or individuals
 7 Pine Rd, Mt Holly Springs
 (717) 486-4063
 www.apartments.com/pine-ridge-estates-mount-holly-springs-pa/d8zweyj/

## **Shippensburg**

## **Cottages of Shippensburg**

• Offers two bedroom cottages to individuals with a maximum income limit based on number of people in household

300 Dwelling Court, Shippensburg	Hours: M-F	9am to 5pm
<u>cottagesofshippensburg.com/overview/</u>	Sat	(by appointment)
		(717) 530-1573

## **Farmington Manor**

<ul> <li>3 and 4 bedroom units; accepts rental assistance</li> </ul>	
353 Farmington Dr, Shippensburg	(717) 532-3444
www.lowincomehousing.us/det/farmington_manor-17257	

## **New Visions**

<ul> <li>Shared housing; serves behavioral health population only</li> </ul>	
7 E Orange St, Shippensburg	(717) 532-4233
www.new-visions.org/services/index.html	

## **Roxbury Ridge**

<ul> <li>1, 2 and 3 bedroom units; pets allowed</li> </ul>	
100 Meadow Dr, Shippensburg 17257	(717) 532-9425
roxburyridge.rentpmi.com/	

## Leymone:

**Rural Opportunities, Inc.** 

•	Provides employment & training opportunities for seasonal	& migrant workers
13	300 Market St, Lemoyne	(717) 731-8120

## New Hope Ministries Trainings/Classes offered

<ul> <li>Trainings/Classes offered:</li> </ul>		
- Job Junction (get help to build a resume, jo	ob search, and with jo	b applications)
- Forklift	- Forklift - CDL Class A	
- Nursing Assistant	- Welding	
- CDA	- Rise up	
- HVAC	- Logistics/Wareho	use
- Precision Machining	- GED class	
<ul> <li>Dollars &amp; Sense (Financial Literacy class)</li> </ul>	- Soft Skills	
- Job Interview Workshop		
701 Bosler Ave, Lemoyne		(717) 774-6255
Temporary Agencies		
Abel Personnel		
1300 Market St, Suite 2, Lemoyne		
Email: jobs@abelpersonnel.com		(717) 761-8111
www.abelpersonnel.com/job-seekers/		(/1///01 0111
www.abelpersonnencom/job/seekers/		
Keystone Staffing		
360 Market St, Lemoyne		
Email: careers@keystonestaffinginc.com		(717) 761-5860
www.keystonestaffingllc.com/		. ,
REM		
840 Market St #158, Lemoyne	Hours: M-F	8am to 4pm
theremcompanies.com/		(717) 920-8727
Signature Staffing		
814 Market St, Lemoyne	Hours: M-F	8am to 5pm
www.signaturestaffing.net/		(717) 731-8777

## Mechanicsburg:

## **New Hope Ministries**

•	Trainings/Classes offered:
---	----------------------------

- Job Junction (get help to build a	resume, job search, and with job applications)
- Forklift	- CDL Class A
<ul> <li>Nursing Assistant</li> </ul>	- Welding
- CDA	- Rise up

- HVAC
   Precision Machining
   Dollars & Sense (Financial Literacy class)
   Soft Skills
- Job Interview Workshop

5228 E Trindle Rd, Mechanicsburg

## -WestRock

-WestRock			
<ul> <li>There are some assessments that applicants must complete – go to website</li> </ul>			
53 Commerce Dr, Mechanicsburg		(610) 842-3296	
www.westrock.com/careers		(	
Temporary Agencies			
MDT Personnel			
940 Century Dr, Mechanicsburg	Hours: M-F	5:30am to 6pm	
546 century Dr, weenumesburg		(717) 691-6801	
		(717)091-0801	
Olsten Staffing Services			
4750 Carlisle Pike, Mechanicsburg		(717) 731-6100	
olsten.com/Pages/default.aspx			
Career Services Group			
176 Cumberland Pkwy, Mechanicsburg		(717) 691-1129	
Robert Half Staffing Agency			
4999 Louise Dr, Mechanicsburg		(717) 836-1252	
roberthalf.com/locations/pennsylvania			
Shippensburg:			
Axiom Staffing Group			
202 S Conestoga Dr, Shippensburg		(717) 300-7040	

## Tri County Community Action (TCCA)

• Works with Cumberland County residents to gain economic success

130 S Penn St, Shippensburg www.cactricounty.org/

www.axiomstaffing.com/

(717) 532-8611

(717) 766-7333

## **Carlisle Park Apartments**

• 1 and 2 bedroom units; accepts rental assistanc	e	
525 Third St, Carlisle	Hours: M-F	9:30am to 6pm (717) 484-8199
www.rentcarlislepark.com/?utm_source=EntrataSEO&utm_medium=organic		
Elwood Gardens		

<ul> <li>1 and 2 bedroom units; accepts rental assistance</li> </ul>	
121 W Ridge St, Carlisle	(717) 249-1257
www.garnetmanagement.com/elwood_gardens_apartments	

## **Louther Place**

<ul> <li>1 bedroom units; accepts rental assistance</li> </ul>	
63 W Louther St, Carlisle	(717) 240-2654
Hamilton Commons	
	(717) 242 0555
322 South Hanover St, Carlisle www.apartmentsincarlisle.com/hamilton-commons.html	(717) 243-8555
www.apartmentsileariste.com/namitor/commons.itim	
Carlisle Supportive Housing Program	
• 1 bedroom units for behavioral health and substance abuse popul 152-154 N Pitt St, Carlisle	ulation only
(717)	249-0789 Ext. 147
<u>Enola</u>	
Enola Chapel Apartments	
Efficiency units serving the homeless and behavioral health popu	lation only
400 S Enola Dr, Enola	(717) 732-1740
cchra.com/property/featured/enola-chapel	
Mechanicsburg	
Geneva Green Apartments	
<ul> <li>No minimum age; 2 and 3 bedroom apartments for families; acce</li> </ul>	epts Section 8
500 Geneva Dr, Mechanicsburg	(717) 691-8620
www.coniferliving.com/properties/entry/view/60-geneva-greens-ag	<u>partments</u>
Belle Terre	
<ul> <li>1 and 2 bedroom units; accepts rental assistance</li> </ul>	

613-A Geneva Dr, Mechanicsburg

## **Boiling Springs**

#### **Plaza Apartments**

Offers one & two bedroom low income housing units to families & individuals

297 Plaza Dr, Boiling Springs (behind Karns store) www.lowincomehousing.us/PA/boiling springs.html

Camp Hill

#### **Crossroads Apartments**

• Two and three bedroom apartments. General Occupancy. Below market rents. Accepts Section 8 (Housing Choice Voucher). Income guidelines apply

2121 & 2141 Cedar Run Dr, Camp Hill(717) 635-9780cchra.com/property/featured/crossroads-apartments(717) 635-9780

#### **Orchard Apartments**

Offers one & two bedroom low income housing units to families a	nd individuals
2204 Cedar Run Dr Ext, Camp Hill	(717) 763-0937
www.apartments.com/orchard-apartments-camp-hill-pa/0jkdb83/	

## Marshall Square/West Creek Apartments

<ul> <li>2 bedroom units only; accepts rental assistance</li> </ul>	
6 Marshall Dr, Camp Hill	(717) 732-1553
www.triplecrowncorp.com/company/locations/marshall-square/	

## **Carlisle**

#### Family Public Housing

<ul> <li>Offers affordable housing based on income to County residents</li> </ul>			
60 W Penn St, Carlisle	Hours: M-F	8am to 4pm	
cchra.com/property/featured/public-housing		(717) 245-0516	

#### **Pheasant Run Estates**

<ul> <li>One, two, and three bedroom affordable apartments</li> </ul>	
1824 Sterrets Gap Rd, Carlisle	(717) 249-3939
www.pheasantrunproperties.com/index.html	

## James Wilson Safe Harbour

- Permanent Housing-Single Room Occupancy (S.R.O.) is available for single individuals who have successfully completed Safe Harbour's Transitional Housing Program
- Offers Permanent Housing (S.R.O.) at 3 facilities in Cumberland County
- 14 rooms are available in the James Wilson Facility
- 5 apartments are available at the James Wilson House in downtown Carlisle
- 5 apartments at the Harbour Place, located on West St

102 W High St, Carlisle	Hours: M-F	9am to 4:30pm
safeharbour.org/		(717) 249-2200

## <u>Newville</u>

## **The Launch Pad**

- Male between the ages of 18-23
- Referred by county caseworker, JPO, child advocate, or court order
- Not convicted of any adult felonies
- Has not been in an inpatient facility within the past 6 months
- 31 East Main Street, Newville





## Camp Hill:

## **Tapestry of Health (WIC)**

Provides food vouchers/nutrition education to low income children & pregnant women

3461 Market St Suite 302, Camp Hill	Hours: M	10am to 6pm
Email: TapestryofHealthWIC@fhccp.org	Tu, Wed	8am to 4pm
www.tapestryofhealth.org		(717) 243-0523

## **Christian Life Assembly Food Bank**

2645 Lisburn Rd, Camp Hill	Hours:	9am to 12pm
<u>clacamphill.com/</u>	Every 2 <sup>nd</sup> Tu	(717) 737-6560

#### Carlisle:

## **Cumberland County Assistance Office (SNAP food stamps)**

33 Westminster Dr, Carlisle	Hours: M-F	8:30am to 5pm
www.dhs.pa.gov/		(717) 240-2700

## **CC Aging and Community Services**

Provides information/referral services to persons over age 60

1100 Claremont Rd, Carlisle	Hours: M-F	8am to 4:30pm
www.ccpa.net/aging		(717) 240-6110

## Penn State Extension Nutrition Links Program

• Free nutrition education for low income families with children 20 and under

310 Allen Rd, Suite 601, Carlisle

(717) 240-6548

extension.psu.edu/nutrition-links

## The Salvation Army

Food and social service outreach to the needy/homeless

Hours:

Breakfast (for the homeless only):	M-F	8:30am - 9am
Daily meals: located at Rear of 127 S Hanover St	M-F	4:30pm to 5:30pm
	Sat	12pm to 1pm
	Sun	5pm to 6pm
Social Services Office: 20 E Pomfret St, Carlisle		(717) 249-1411
pa.salvationarmy.org/Carlisle		

(717) 422-8385

(717) 258-8387

## **Tapestry of Health (WIC)**

Provides food vouchers/nutrition education to low income children & pregnant women

3461 Market St Suite 302, Camp Hill	Hours: M	10am to 6pm
Email: TapestryofHealthWIC@fhccp.org	Tu, Wed, F	8am to 4pm
www.tapestryofhealth.org		(717) 243-0523

## **Farm Stand**

• Free produce and bread every week *except* Distribution Week (3<sup>rd</sup> Thursday)

123 Lincoln St (N Pitt & Lincoln), Carlisle	Hours: Tu	3pm to 5pm
projectsharepa.org/farm-stand/	Th	12pm to 2pm
		(717) 249-7773

## **Project SHARE**

• Provides food; serving Carlisle, Mt. Holly Springs, Boiling Springs, Gardners, Plainfield, Middlesex, and New Kingston

5 N Orange St, Suite 4, Carlisle Distribution is during 3<sup>rd</sup> week of the month:

projectsharepa.org/distribution/	Hours: Tu	12pm to 2pm
	Wed, Sat	9am to 11am
	Th	3:30pm to 5:30pm
		(717) 249-7773

## Enola:

## **River of God Church (New Hope Ministries)**

747 Wertzville Rd, Enola	Food Pantry Hours:	
	3 <sup>rd</sup> Sat	10am to 11am
		(717) 766-7333

#### Lemoyne:

#### **New Hope Ministries**

701 Bosler Ave, Lemoyne

Food Pantry Hours (by appointment):		
M- F	9am to 4pm	
1 <sup>st</sup> Th	6:30pm to 8:30pm	
3 <sup>rd</sup> , 4 <sup>th</sup> Th	7pm to 9pm	
Sat (no 5 <sup>th</sup> Sat)	10am to 12pm	
	(717) 774-6255	

## Mechanicsburg:

**New Hope Ministries** 

5228 E Trindle Rd, Mechanicsburg

Food Pantry Hours (by appointment): M-F 9am to 4pm Tu, Th 7pm to 9pm Tu (no 5<sup>th</sup> Tu, Th) 4pm to 6pm Sat (no 5<sup>th</sup> Sat) 10am to 12pm (717) 766-7333

## The Salvation Army – Harrisburg Adult Rehabilitation Center

•	Substance abuse residential housing, work, and group and	l individual therapy
36	550 Vartan Way, Harrisburg	(717) 541-0203
pe	endel.salvationarmy.org/easternpa/rehabilitation-centers	

## **Rooms for Rent** Carlisle Harvon Motel 851 N Hanover St, Carlisle (717) 243-3113 Pike Motel 1121 Harrisburg Pike, Carlisle (717) 249-3120 Harrisburg **YMCA** 701 N Front St, Harrisburg (717) 232-9622 www.ymcaharrisburg.org/eastshore/education-and-leadership/housing-andhomelessness/ **Dave Peffley** Several Harrisburg locations (717) 648-2567 **Lochiel Motel** 901 Shanois St, Harrisburg (717) 770-9452 San-Pef Property Management 141 North Cameron St, Harrisburg (717) 236-3001 **Sound Community Solutions** 2117 Penn St., Harrisburg 17102 (717) 961-9740 House Manager, Eddie McCrary—\$600/month Mechanicsburg **Colony House** 125 W Main St, Mechanicsburg (717) 691-3131 www.thecolonyhouse.net **New Kingstown Cumberland Valley Motel** 4 E Main St, New Kingstown (717) 766-3779 www.visitcumberlandvalley.com/listing/cumberland-valley-motel/2667/

Permanent Rentals: HUD/Income Based PA Affordable Apartment Locator www.ccpa.net/226/Homeless-Assistance-Program

## **New Hope Ministries**

- Referral assistance can be given to guests to apply to: PA American Water Co. and utility bill (Met Ed, Penelec electric help for the CAP Program and Operation HELP. PPL)
- COMPASS access to apply for/renew: health care coverage, SNAP Program (food stamps, cash assistance, medical)
- Classes Offered:
  - Dollars & Sense (Financial Literacy class)
  - Cooking classes

- GED class - Know Your Credit Score

- Soft Skills

- Job Interview Workshop
- Job Junction (get help to build a resume, job search, and with job applications)
- Job Fair 4th Wednesday of each month
- Training Programs:
  - Forklift and CDL (Class A) - Nurse Aide
  - Welding

- HVAC - Rise Up
- Logistics/Warehouse and Precision Machining - NA

#### Transitional:

- CDA

#### **Genesis House – The Salvation Army (Men only)**

• 6 month transitional housing for single men (Ages 18+). Application process. Monthly rent of \$450 (includes all utilities: water, electricity, cable, trash collection, and sewer, and access to a washer and dryer) plus \$225 security deposit

Rear of 127 S Hanover St. Carlisle

rochesterny.salvationarmy.org/Empire RochesterNY/genesishouse

#### **James Wilson Safe Harbour**

- Provides transitional housing to persons according to their income, who need more long term care than a shelter provides
- Max stay is 12 months
- Permanent rental housing on site is available to single adults

102 W High St, Carlisle	Hours: M-F	9am- 4:30pm
safeharbour.org/		(717) 249-2200

## Stuart House – Salvation Army (Female only)

• Single Room Occupancy for:

1. A single homeless or near-homeless female who is 18 or older

2. A single homeless or near-homeless female with up to three children in her custody 3. A homeless or near-homeless adult-only, two-female family unit

• Monthly rent ranging from \$500-\$600, depending on room size (includes all utilities: water, electricity, cable, trash collection, and sewer, and access to a washer and dryer plus security deposit equal to half a month's rent

Call 2-1-1

Call 2-1-1

## Mt. Holly Springs:

## **Mt. Holly Springs Food Bank**

• Must reside in Mt. Holly Springs, Gardners, or Boiling Springs area. Please bring photo ID and a bill with current address within last 30 days

202 W Butler St, Mt Holly Springs	Hours: Tu	12pm to 2pm
http://www.mthollyspringsumc.org/		(717) 486-4883

## **New Cumberland:**

## **The Bridge Food Pantry**

Geary Ave, New Cumberland	Hours:	2pm to 4:30pm
www.ccuhbg.org/	2 <sup>nd</sup> Wed	(717) 774-6255

## Newville:

#### **Big Spring Area Food Bank**

Big Spring United Lutheran Church,			
101 Crossroad School Rd, Newville	Hours:	9am to 11am	
www.bsulc.org/	Last Mon of month		
	(or Mon bef	(or Mon before a holiday)	

## Shippensburg:

## The King's Kettle Food Pantry

30 N Fayette St, Shippensburg	Hours:	5pm to 6:30pm
www.princestreetchurch.com/	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup> Tu	(717) 530-9200

## Shippensburg Produce and Outreach

130 S Penn St, Shippensburg	Hours: Tu	4pm to 6pm
www.shipout.org/		(717) 477-9100

#### **Oasis of Love Church**

Provides emergency food throughout the year

303 S Washington St, Shippensburg	Hours: M, Th	11am to 2pm
www.oasisoflove.net/		(717) 532-5112

#### Wormleysburg:

#### **Cornerstone Assembly: Five Loaves Food Pantry**

32 S Front St, Wormleysburg	Hours:	10am to12pm
	3 <sup>rd</sup> Sat	(717) 737-1903

(717) 422-4603

## Housing



## **Online Housing Search**

www.pahousingsearch.com/

#### Homeless:

• Call 2-1-1 or 1-855-567-5341 toll-free for information, screening and referral. You can also contact Connect to Home by texting your zip code to 898-211 or by visiting the Connect to Home Access Site.

#### **Community CARES**

50 W Penn St, Carlisle

#### www.carlislecares.org

CONTACT HELPLINE – 717-249-6226/717-652-4400/800-932-4616 - A 24-hour hotline that provides information & referral services about numerous social service programs offered in Cumberland, Dauphin & Perry counties.

## **Cumberland County Homeless Assistance Program**

 Caseworkers assist people who are Homeless or Near Homeless providing both prevention and intervention services to meet basic needs in the immediate or near future

20 N Hanover St, Suite 300, Carlisle www.ccpa.net/226/Homeless-Assistance-Program Hours: M-F 8am to 4:30pm Last name A-M: (717) 240-6117 Patrice Pickering Last name N-Z: (717) 240-6112 Kellie Crawford

## 24 Hr / Overnight Shelters: Call 211

#### **Community CARES**

• Provides temporary night-time emergency shelter at local churches on a rotating basis for adults and families

50 W Penn St, Carlisle	
www.carlislecares.org	

(717) 249-1009

#### **Domestic Violence Services**

 24 hour emergency crisis or shelter services - Offers emergency shelter, counseling & legal services to victims of domestic violence
 Carlisle (717) 258-4249
 www.dvscp.org/ (800) 852-2102 or 911

#### **Genesis House – The Salvation Army (Men only)**

Rear of 127 S Hanover St, Carlisle	Hours:	8am to 4pm
rochesterny.salvationarmy.org/Empire	RochesterNY/genesishouse	(717) 249-1411

## Short-Term Emergency Shelters: Call 211

## Family Promise of Harrisburg Capital Region

- Network of congregations providing overnight shelter and supporting families
- 2-3 month shelter for families (with children or pregnant)
- Must call to apply

56 Erford Rd, Camp Hill www.familypromisehcr.org (717) 737-1100

## James Wilson Emergency Shelter (Open 24 hours)

- Provides short-term emergency housing for single women & couples and/or individuals with kids
- Max stay of 90 days
- Must meet low-income criteria and have a history of residence in Cumberland County
- Requires a criminal background check through the Carlisle Police Department and to be free of drugs and alcohol prior to acceptance

102 W High St, Carlisle safeharbour.org/ (717) 249-2200

## **Neighbors in Christ - First Presbyterian Church**

• Provides limited emergency help such as shelter, rent, Adams electric, food, & clothing services to persons living in the Big Spring School District

#### **Documents Needed:**

- 1. Proof of ID such as a driver's license, birth certificate, or other form of picture ID
- 2. Proof of S.S. #'s of all in household or medical card
- Proof of all income in household back 1 month from the date of application for help such as pay stubs, SSI, Disability, child support, County Assistance note/ medical card, unemployment benefits, alimony, etc.
- Eviction &/or magistrate notice if behind on rent. If need utility/bill help, bring recent proof of them w/in 30 days
- Reason(s) why you need help like a written medical, temporary housing, and/or other high bill proof to determine your monthly household expenses

111 Big Spring Ave, Newville	Hours: Sat	9am to 10am
nepa211.org/		(717) 385-1053
	and the second of the second sec	

samaritanfellowship.org/services/applying-for-assistance/