

# **Ultimate 7-Day Canada Adventure Guide**

**Welcome to Finally Voyage!** Explore the majestic landscapes, vibrant cities, and rich cultural heritage of Canada with our expertly curated 7-day itinerary. From the cosmopolitan vibe of Toronto to the natural beauty of the Canadian Rockies, this adventure promises an unforgettable experience. Ready to embark on your journey? Download our app and book a virtual tour with one of our knowledgeable guides. Let's make your Canadian adventure unforgettable!

## Day 1: Toronto - The Heartbeat of Canada

### Morning:

- **CN Tower**: Start your adventure with a visit to the iconic CN Tower. Enjoy panoramic views of Toronto from the observation deck and, for the daring, try the EdgeWalk.
- **Virtual Tour Insight**: Our guide will share fascinating facts about Toronto's skyline and the CN Tower's history.

### Afternoon:

• Lunch at St. Lawrence Market: Savor a variety of local and international foods at St. Lawrence Market, one of the world's great markets.

• **Distillery District**: Explore the historic Distillery District, known for its well-preserved Victorian industrial architecture and vibrant arts scene.

## Evening:

- **Dinner in Chinatown**: Enjoy an authentic Asian meal in Toronto's bustling Chinatown.
- **Kensington Market**: Wander through Kensington Market, a diverse and eclectic neighborhood filled with unique shops and eateries.

### Day 2: Niagara Falls - Natural Wonder

## Morning:

- **Drive to Niagara Falls**: Travel to Niagara Falls, one of the most famous natural attractions in the world.
- **Hornblower Niagara Cruise**: Get up close to the majestic falls on a Hornblower cruise. Feel the mist and hear the roar of the powerful waters.

## Afternoon:

- Lunch with a View: Enjoy lunch at a restaurant overlooking the falls.
- **Niagara Parks Botanical Gardens**: Stroll through the beautiful gardens and visit the Butterfly Conservatory.

### Evening:

- **Niagara-on-the-Lake**: Visit the charming town of Niagara-on-the-Lake. Explore its boutique shops and wineries.
- **Dinner at a Winery**: Savor a delicious dinner paired with local wines at one of the area's renowned wineries.

## Day 3: Montreal - A Blend of Old and New

### Morning:

- Flight to Montreal: Travel to Montreal, a city where old-world charm meets modern innovation.
- **Old Montreal**: Explore the historic district of Old Montreal, visiting Notre-Dame Basilica and the cobblestone streets of Place Jacques-Cartier.

### Afternoon:

- Lunch in Old Montreal: Dine at a French bistro in Old Montreal.
- Mount Royal: Hike or drive up Mount Royal for stunning views of the city.

### Evening:

- **Dinner in Plateau Mont-Royal**: Enjoy dinner in the trendy Plateau Mont-Royal neighborhood, known for its vibrant arts scene and diverse dining options.
- St. Joseph's Oratory: Visit St. Joseph's Oratory, a magnificent basilica on Mount Royal.

## Day 4: Quebec City - A Journey Back in Time

### Morning:

- **Train to Quebec City**: Travel to Quebec City, one of North America's oldest and most picturesque cities.
- **Old Quebec**: Explore Old Quebec, a UNESCO World Heritage Site, with its narrow streets, historic buildings, and European charm.

## Afternoon:

- Lunch in Old Quebec: Enjoy a meal at a charming cafe in the heart of Old Quebec.
- **Château Frontenac**: Visit the iconic Château Frontenac and take a guided tour of this historic hotel.

## Evening:

- **Dinner in Petit Champlain**: Dine in the Petit Champlain district, known for its cozy bistros and artisanal shops.
- **Stroll along Dufferin Terrace**: Take an evening walk along Dufferin Terrace, offering stunning views of the St. Lawrence River.

## Day 5: Banff National Park - Nature's Wonderland

### Morning:

- Flight to Calgary and Drive to Banff: Travel to Banff National Park in the heart of the Canadian Rockies.
- Lake Louise: Visit the stunning Lake Louise, known for its turquoise waters and surrounding mountains.

### Afternoon:

- Lunch at the Fairmont Chateau Lake Louise: Enjoy lunch at the elegant Fairmont Chateau Lake Louise, with breathtaking views of the lake.
- Moraine Lake: Explore the picturesque Moraine Lake and take in its incredible scenery.

## Evening:

- **Banff Townsite**: Head to the town of Banff for dinner and explore its shops and galleries.
- Dinner at a Mountain Lodge: Savor a meal at a cozy mountain lodge in Banff.

## Day 6: Banff National Park - Adventure and Relaxation

## Morning:

- **Banff Gondola**: Take the Banff Gondola to the summit of Sulphur Mountain for panoramic views of the Rockies.
- **Virtual Tour Insight**: Our guide will explain the geological history and natural beauty of the area.

### Afternoon:

- Lunch in Banff: Dine at a local restaurant in the town of Banff.
- Johnston Canyon: Hike through Johnston Canyon to see its stunning waterfalls and deep gorges.

### Evening:

- Banff Upper Hot Springs: Relax in the soothing waters of Banff Upper Hot Springs.
- **Dinner at a Fine Dining Restaurant**: Enjoy a gourmet dinner at one of Banff's top fine dining establishments.

## Day 7: Vancouver - The Gateway to the Pacific

## Morning:

- Flight to Vancouver: Travel to Vancouver, a vibrant city on the west coast of Canada.
- **Stanley Park**: Explore Stanley Park, one of the world's great urban parks. Walk or bike along the seawall and visit the Vancouver Aquarium.

### Afternoon:

- **Lunch at Granville Island**: Head to Granville Island for lunch and explore its famous public market and artisan shops.
- **Capilano Suspension Bridge**: Experience the thrill of walking across the Capilano Suspension Bridge, surrounded by lush rainforest.

## Evening:

- **Dinner in Gastown**: Dine in the historic Gastown district, known for its cobblestone streets and eclectic dining scene.
- **Sunset at English Bay**: End your day with a relaxing walk along English Bay Beach, enjoying the stunning sunset over the Pacific Ocean.

# **Ready to Experience Canada?**

Download the Finally Voyage app today and book your virtual tour with one of our expert guides. Let us bring the wonders of Canada to your screen. Your adventure starts now!