

**FOR WHAT WE CANNOT HOLD  
THE STARS ARE MADE**

**BE YOU  
DO YOU  
FOR YOU**

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# **Realisation: Grabbing the ray of light before falling in the endless pit of darkness**

I almost felt to the endless pit of darkness  
When there is not coming back  
But something someone saved me I don't know\*  
I can't do this anymore  
I just wanna breath again  
I just wanna be myself  
I don't wanna hide anymore  
I have people around me but I feel all alone  
I don't wanna feel all alone anymore  
I want to find myself now  
I want to find my love  
I gotta be who I am  
No matter what  
I gotta fight for what I believe and  
who I truly am

*To be continued..*

\*It was me all along with the  
power god or what you believe in  
gave me from the day I was born





I SEE THE LIGHT COMING THROUGH BUT I  
CANNOT TOUCH IT YET ALL I CAN DO IS FIGHT  
WITH EVERYTHING I HAVE TO GET THERE



YOU ARE WORTH THE WORLD SO DO NOT  
TAKE ANY LESS



I am not alone fighting in the dark  
I am not drowning drifting deep and far  
I see the angels holding on my hand  
And then the demons disappear  
And the light shines brighter than a star  
My blinded eyes can see again  
But something far more than colours  
Something far more than stars  
I see the unseen beauty the world had hidden from me  
I feel the energy that my walls had pushed away before



**FINDING MYSELF-SEEING AND  
FEELING MYSELF FOR THE FIRST  
TIME**





YOU ARE WORTH THE WORLD SO DO NOT  
TAKE ANY LESS



I am scared that the demons will come back  
But now I know that they won't last  
Cause I am stronger than before  
Cause now I am proud and not standing on alone  
But even if I am am not  
Even if they win they won't  
Cause light will always shine away the dark  
Cause light will always hold my hand  
As long as I know who I really am  
As long as I don't pretend to be someone that I am not  
I have nothing to be afraid  
Cause nothing can hold me back anymore



**FINDING MYSELF-SEEING AND  
FEELING MYSELF FOR THE FIRST  
TIME**





The dream





Today I have seen a beautiful dream  
A dream full of light and happiness  
All I remember is that I was in an incredible place  
It was a beautiful old building filled with colourful flowers  
I could smell them  
But most importantly I could feel them  
I could feel their soul  
It was full of life and magic  
The building from old and weak with the help of these beautiful  
flowers has become magical  
A place of love and light  
Rays of light were showcasing the beauty of this place  
I also remember to constantly taking photos of this magical place  
The last thing I remember is me showing these photos of this place  
to my family  
I was telling them "isn't this place incredibly beautiful?"  
Then I woke up









I was really trying to figure out once I woke up where  
was this place is it somewhere in the world is it a  
fantasy of mine?

I was thinking and thinking  
Then I just stopped thinking  
Then I stopped using my mind  
And started feeling my soul

That was when I realised where this place was located  
It was clear  
It is my soul  
It is me

From the dark place I was full of demons  
From the old building  
I finally have embraced who I really am  
And live as my self fully and unconditionally  
That was when happiness arrived

That was when I could finally see and feel the colours  
of the world

That was when the flowers full of colour were planted  
to that old building  
And the light was constantly there protecting them  
from the darkness

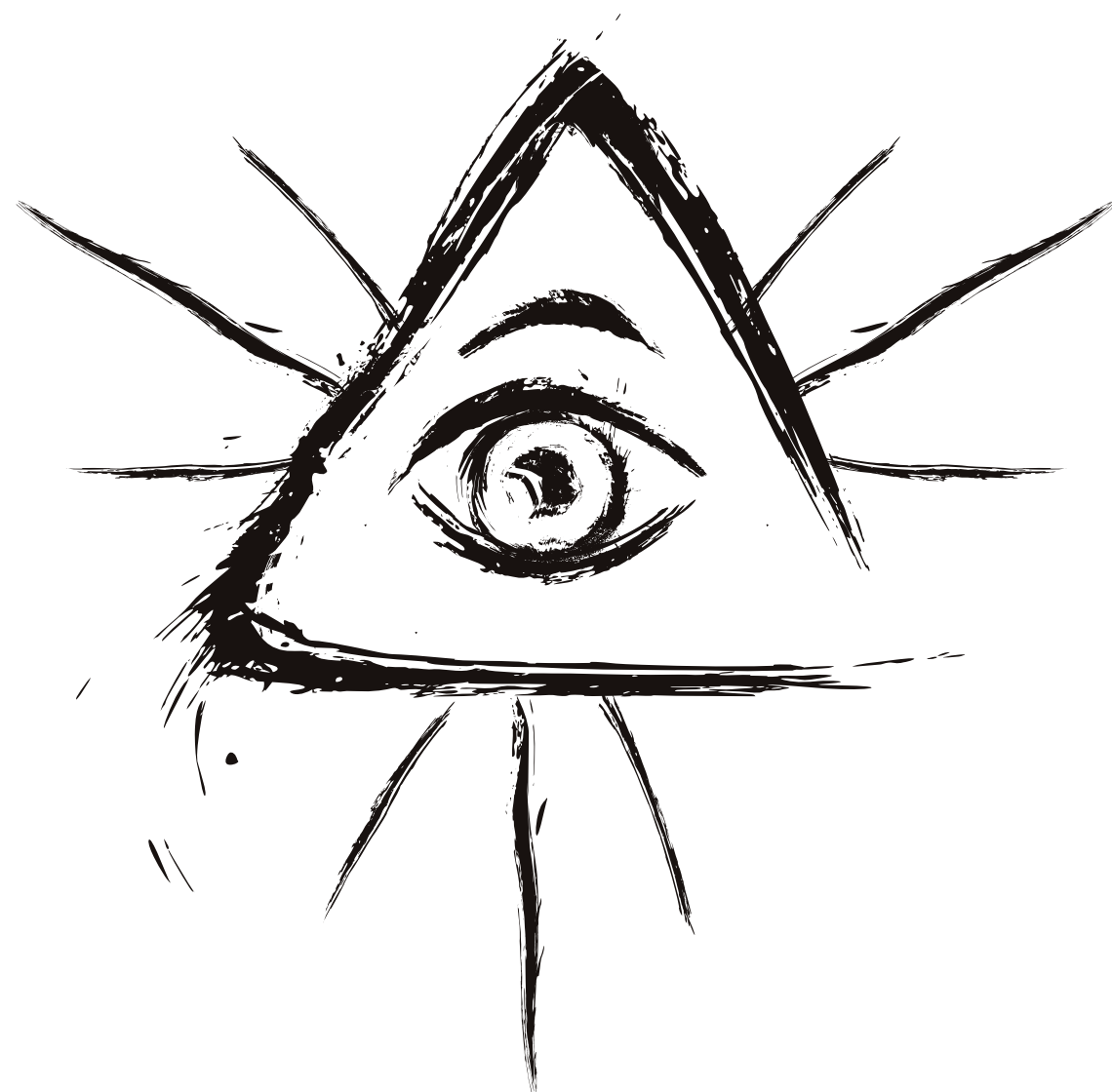








The reason I was showing the photos I took to my family it was also clear  
I wanted them to see my real self  
I wanted them to see how beautiful I am just being me  
Not the person they want me to be or the person the society thinks we are all supposed to be.  
I wanted them to see that it is better to be a rainbow than just some shade of grey  
Than just an old building  
The message was clear  
So is my path  
I will always live my truth  
I will always be myself no matter what  
And the light will always be there protecting me from the darkness  
So just be you  
**CASUE IS OKAY TO JUST BE YOU**  
**IT IS OKAY**  
**AND BELEIVE ME**  
**EVEN IF YOU THINK AND FEEL ALONE**  
**YOU ARE certainly NOT ALONE**  
**NO ONE REALLY IS**











**SHOWCASING MY TRUE  
BEAUTIFUL MAGICAL SELF  
TO THE WORLD FOR THE  
FIRST TIME**





**The light has been revealed  
My self is finally free  
Am not hiding anymore  
Am not living for them all  
I am living now for me  
I am happy i am strong  
No more shadows no more playing roles  
Its time for me to just be me  
Its time for me to shine the light that was hidden all  
within  
The rainbow colours are now seen  
And they are beautiful  
More than anything i ever seen before**





**CREATE OURSELVES (MYSELF)  
AS A WORK OF ART**





**I LOVE ME!**



WHAT A BEAUTIFUL,  
MAGICAL, AUTHENTIC AND  
UNCERTAIN=UNLIMITED=  
LIMITLESS LIFE I NOW LIVE







**I am in London baby**

**I am finally home**

**I am doing so many beautiful things**

**I am feeling so many beautiful emotions**

**And now they are all mine...**

**Now they are all mine**

**They all come from my heart**

**From the freedom of not simply being and living But also  
celebrating...**

**Celebrating the courage I realised I always had and always will  
have to be me no matter what or who or where**







**I Am flying to the purple clouds of my kinted  
purple cloud shirt**

**I am seeing the sun shine in the morning and the  
moon guiding me on my path at night**

**I want to repeat this**

**MY path again MY path NOT anyone's else's path**

**It feels so good to say this**

**And even if I fall beauty is still there**

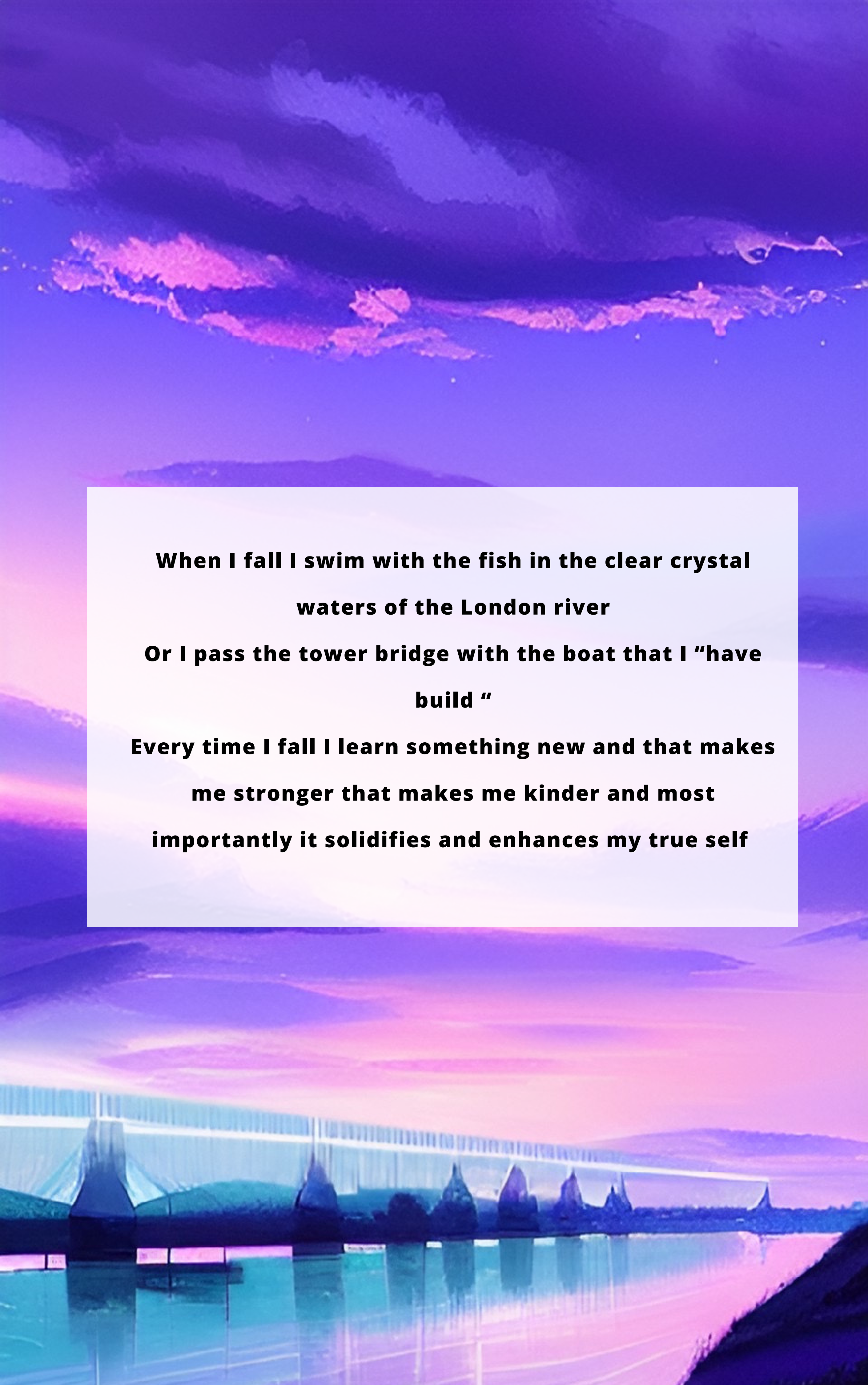
**My beauty the beauty of the world and  
everything around me**



**It's ok to fall**  
**I am not scared**  
**Even if sometimes life tells me am “supposed” to be scared**  
**I refuse to believe that**  
**I instead choose to believe in me**







**When I fall I swim with the fish in the clear crystal  
waters of the London river  
Or I pass the tower bridge with the boat that I “have  
build “**

**Every time I fall I learn something new and that makes  
me stronger that makes me kinder and most  
importantly it solidifies and enhances my true self**



I then get on the next purple cloud  
I find in my heart like the Queen I am  
(or a king or a non binary fairy or  
whatever you beautifully are) and I  
fly again to the place I want  
to the place I belong...  
to the place I love...  
to my place...  
to my home...



# TIME TO TRAVEL... BUT WHERE?...



I CANT WAIT TO SEE AND FEEL WHATS NEXT

OH WELL IF YOU THINK ABOUT IT OR ACTUALLY IF YOU STOP

THINKING ABOUT IT AND STOP WAITING TO SEE AND FEEL

WHATS NEXT THEN EVERYTHING AND ANYTHING YOU

DESIRE WITH HARD AND SMART WORK NONETHELESS BY

ALWAYS BEING TRUE TO YOU AND WHAT YOU WANT AND

LOVE THATS WHEN YOU START LEAVING THE NOW YOUR

NOW. THIS IS SOMETHING I LEARNED WHEN I FELT FROM MY

CLOUD AND NOW I NEVER FORGET IT

I ALWAYS LEAVE MY PRESENT MOMENT

I DONT LIE TO MYSELF

AND MOST IMPORTANTLY

I DONT WAIT

I NEVER WAIT

A STORY OF  
FREEDOM