

Comprehensive Community Services (CCS)

Comprehensive Community Services (CCS) is a program that promotes personal recovery, successful community integration, and satisfactory quality of life for individuals who have a mental health and/or substance use concern.

Services provided under CCS are available to individuals who need a higher level of care than outpatient services, have Medicaid (MA), are functionally eligible, and clinically appropriate for CCS services.

Possible services include:

Screening & Assessment

Assessments used to identify and evaluate the strengths, needs and desired outcomes of an individual.

Service Planning

The development of a written plan of the psychosocial rehabilitation services that will be provided or arranged for the individual. All services must be authorized by a Mental Health Professional and a Substance Abuse Professional if substance abuse services are provided. The service plan is based on assessed needs and must have measurable goals. The plan must be updated at least every 6 months.

Service Facilitation

Includes ensuring services are coordinated, monitored, and adjusted to support the individual in their recovery. It includes assisting the individual in self-advocacy and obtaining other services such as medical, dental, legal, financial, and housing services.

Individual and/or Family Psycho-Education

Education and resources provided about the individual's mental health and/or substance abuse issues, skills training, problem solving, ongoing guidance about managing and coping with mental health and/or substance abuse issues, and social and emotional support for dealing with mental health and/or substance abuse issues.

Wellness Management & Recovery Services

Includes empowering members to manage their mental health and/or substance abuse issues, helping them develop their own goals, and teaching them the knowledge and skills necessary to help them make informed treatment decisions. Services may include behavioral tailoring, relapse prevention, development of a recovery action plan, recovery and/or resilience training, treatment strategies, social support building, and coping skills.

Physical Health & Monitoring

Assist the individual in identifying, monitoring, and managing physical health conditions while focusing on how the individual's mental health and/or substance abuse issues impact his or her ability to monitor and manage physical health and associated risks"

Peer Support

Includes a wide range of supports to assist the member and the member's family with mental health and/or substance abuse issues in the recovery process, to include, but not limited to wellness, self-direction, and recovery by enhancing the skills and abilities of individuals to meet their chosen goals.

Individual Skill Development & Enhancement

Services include training in communication, interpersonal skills, problem solving, decision making, self-regulation, daily living skills, conflict resolution, financial management, household tasks, accessing and connecting to community resources and services, transportation, and other specific needs identified in the member's service plan.

Medication Management for Prescribers & Non-Prescribers

Prescribing medication for symptoms, monitoring side effects, supporting the individual in taking his or her medications, increasing the individual's understanding of the benefits of medication and the symptoms it is treating, monitoring changes in the member's symptoms and tolerability of side effects, etc.

Diagnostic Evaluations

Psychiatric evaluations and specialized assessments including, but not limited to neuropsychological, geropsychiatric, specialized trauma, functional behavior evaluations, & eating disorder evaluations.

Substance Abuse Treatment

Includes day treatment and outpatient substance abuse counseling in an individual or group setting.

Psychotherapy

Diagnosis and treatment of mental, emotional, or behavioral disorders, conditions, or addictions through the application of methods derived from established psychological or systemic principals for the purpose of assisting people in modifying their behaviors, cognitions, emotions, and other personal characteristics. Includes individual or group services.

Employment Related Skill Training

Services that address the individual's illness or symptom-related problems in finding, securing, and keeping a job.