

SEND FRIENDLY SUMMER!



WE KNOW THE SCHOOL SUMMER HOLIDAYS CAN FEEL LIKE A LIFETIME WHEN YOU HAVE A CHILD(REN) WITH ANY ELEMENT OF SEND.

WE HAVE PUT TOGETHER THIS LEAFLET TO SHOW SOME OF THE LOCAL ACTIVITIES IN ONE PLACE

****PLEASE CHECK WITH THE INDIVIDUAL ORGANISATIONS BEFORE ATTENDING AN EVENT TO AVOID DISAPPOINTMENT****



Summer Holiday Activities

At the Tim Lamb Children's Centre

Open Daily 10am - 4pm - 22nd July - 27th August & 29th August - 3rd September
CLOSED Bank Holiday Monday (28th August).

Week 1 - Circus Week

Mon 24th - Decorate Clown Biscuits - 12-2pm
Tues 25th - Circus Skills Workshop - 1-3pm
Wed 26th - Ferris Wheel Inflatable - All Day
Thurs 27th - Clown Crafts & Popcorn - 1-3pm
Fri 28th - Free Candy Floss - 12-3pm

Week 4 - Animals

Mon 14th - Animals About Town - 12-3pm
Tues 15th - Sheep Cake Making - 1-3pm
Wed 16th - Animal Mask Making - 1-3pm
Thurs 17th - Hen's Tea Party (Therapy Hens) - 1-3pm
Fri 18th - Baby Alpaca Visits - 1-3pm

Week 2 - Fitness & Food

Mon 31st - Dance Punkz - 12-3pm
Tues 1st Aug - Outdoor Cookery Healthy Pizzas - 1-2pm
Wed 2nd - Football Inflatable Shoot Out - All Day
Thurs 3rd Aug - Warrior Challenge & Boxercise - 12-2pm
Fri 4th - Fruit Salad Skewers - 11am - 3pm

Week 5 - Music and History

Mon 21st - Dave the Dinosaur - 1.30-2pm & 2.30-3pm
Tuesday 22nd - Dinosaur Inflatable Slide - All day
Wed 23rd - Music & Song under the Parachute - 1-3pm
Thurs 24th - Fun Little Foodies - 12-2pm
Fri 25th - Steel Pans Workshop - 1-3pm

Week 3 - Movies & Disney

Mon 7th - Glitter Shakers - 11am-3pm
Tues 8th - Mickey and Minnie - Hourly from 11am
Wed 9th - Smile! Photo Booth & Props - 12-3pm
Thurs 10th - Drama in the Tipi - 12.30-1.15pm & 2 - 2.45pm
Fri 11th - Disney Princess & Spiderman Visit - 2-3pm

Week 6 - Seaside

CLOSED Bank Holiday Monday (28th August)
Tues 29th - Sand Art & FREE Candy Floss - 12-3pm
Wed 30th - Under the Sea Sensory Workshop - 12.30-1.15pm & 2-2.45pm
Thurs 31st - Make Your Own Shell Picture - 1-3pm
Fri 1st Sept - Beach Themed Party - All day

Activities are subject to change at short notice
£4 per child (Membership Required £20)

The Tim Lamb Centre is specialist activity centre for disabled children/ young people & their families

Tim Lamb Children's Centre, Rising Sun Country Park, Whitley Road, Benton, NE12 9SS.

0191 266 5233 | info@pathways4all.co.uk | www.pathways4all.co.uk | Charity Number: 1146161



Scan the QR code
to find out more:



What is ease INTO?

Children and young people across North Tyneside can take advantage of a free programme of activities, created to help them be healthy and active while off school. The programme runs in the Easter, Summer and Christmas holidays. Activities are free for children and young people who are eligible for income-related free school meals, but all children and young people can attend activities where paid for places are available.

Why should I sign up?

ease INTO is the perfect opportunity for children and young people to try new activities, find new hobbies and interests and eat healthily over the holidays!

How do I take part?

Activities are usually available to book around a month before each holiday period, with all the information available online. Sign up to our newsletter by emailing your postcode to easeinto@northtyneside.gov.uk



NORTH TYNESIDE FAMILY ACTIVITIES

Free activities for families, with children and young people with SEND, living in North Tyneside.

Date & Time	Activity	Venue	Activity Description
Sunday 18th July 10am-12nn	Oreinteeing and team building challenges	Rising Sun Country Park, Benton, NE12 9SS	Work together to find the trail points and enjoy some fun challenges and games
Wednesday 26th July	Tennis activities, games and skills	Richardson Dees Park, Wallsend, NE28 8RH	Enjoy learning, practicing and playing tennis together.
Saturday 5th Aug 1-3pm	Frame Running	Churchill Track, Monkseaton NE26 3NS	Come and try our frame runners, similar to balance bikes, to supports individuals who struggle with balance and mobility to run freely
Friday 11th Aug 10am-12nn	Beach day	Whitley Bay (in front of rendezvous cafe) NE26 3PP	Beach fun and games, as well as access to the beach wheelchairs.
Thursday 17th August 1:30 - 3:30	Archery	John Willie Sams Centre, Weetslade Crescent, NE23 7HS	Test your aim and challenge your family to who can hit the bullseye, with an indoor archery session
Wednesday 30th Aug 10am-12nn	Footgolf	Whitley Bay Minigolf/Footgolf, The Links, NE26 1TQ	Enjoy 9-holes of foot golf by the coast.
Thursday 14th Sept 6-7pm	Ten-Pin Bowling	Gutterball Alley, North Shields, NE29 6DA	A game of bowling to see who in the family can knock the most pins down!
Sunday 8th Oct 3.45-5pm	Gym Play & Soft Play	Tumble Gymnastics and Activity Centre, Benton, NE12 9SZ	Full use of the gymnastics and soft play equipment.
Sunday 15th Oct 10.30am-12.30pm	Forest School Experience	Shiremoor Family Hub, NE27 0TA	Nature adventures with den building, woodland crafts, camp fires and more



FREE SUMMER ACTIVITIES CRAMLINGTON



For children and young people with disabilities, SEND and their families.

Inclusive sports, games and activities.

All abilities welcome.

Every Monday.
Starting 24th July until 21st August

Venue: Nelson Village Community Centre, 53-55 Nelson Village, Cramlington, NE23 1HG

Time: 10am - 12 noon

To book email: info@smilethroughsport.com

Tel: 07710 891 741



AUTISM

Adult Support & Friendship Group
(18 and over)

Tuesday 25th July 2023

1pm - 4.30pm

**Oxford Centre, Longbenton, NE12 8LT
Rooms 1 and 2**

Drop in monthly for a coffee and a chat - all welcome!

Better Together



For more information, email -
wayne.taylor@includeinautism.org.uk



AUTISM

ADULT SUPPORT & FRIENDSHIP GROUP

TUESDAY 8TH AUGUST

1PM – 4.30PM

DROP IN

MONTHLY

COFFEE AND CHAT

ALL WELCOME

**WALLSEND LIBRARY NE28 8GR
LARGE ROOM**



North
Tyneside
Council



BETTER TOGETHER

FOR MORE INFORMATION EMAIL
waynetaylor@autismbettertogether.org

Shiremoor Adventure Playground

Summer 2023 opening hours

Date	Time	Notes
Mondays (excluding 28 August)	11am-4pm	Additional needs
Tuesdays	11am-4pm	Open access
Wednesdays	11am-4pm	Open access
Thursdays	11am-4pm	Open access
Fridays	11am-4pm	Open access
Saturdays	11am-4pm	Open access
Sundays	11am-4pm	Additional needs

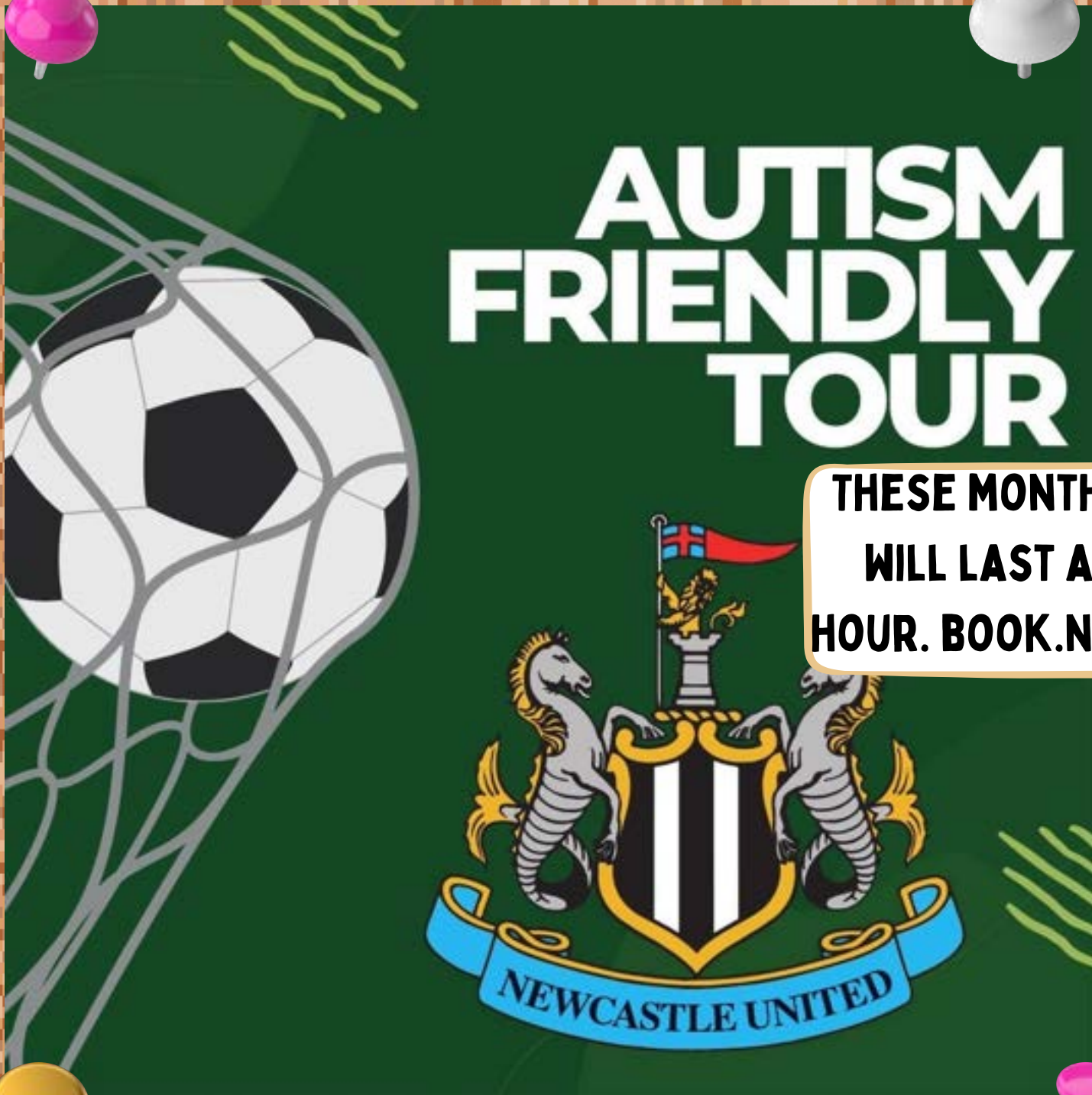
Throughout the summer holidays we will be delivering ease INTO activities which are free for children and young people on income based free school meals. If you have a child in receipt of free school meals please see a member of staff to get registered on the system to take advantage of activities.

The Adventure Playground will be closed from Sunday 3 September to Monday 11 September 2023 for maintenance.



**YOU NEED TO TAKE ALONG
PROOF OF SEND WHEN YOU
FIRST ATTEND A SEND SESSION**





**THESE MONTHLY TOURS
WILL LAST AROUND 1
HOUR. BOOK.NUFC.CO.UK**



**LAST WEDNESDAY OF EACH
MONTH 4.30PM - 6PM**



IT'S TIME...

The Summer Reading Challenge launches in North Tyneside Libraries TODAY!



**SUMMER
READING
CHALLENGE**



YOUTH
SPORT
TRUST

INSPIRING
ACTIVE
READERS

THE
READING
AGENCY



North
Tyneside
Council

Children's Activities Saturday 22nd - Saturday 29th July

Saturday 22nd July

Killingworth Library: 11.00am:
Under the Sea Crafts



Tuesday 25th July

Battle Hill Library: Drop in activities
10.00am-12.00noon- 2.00pm-4.00pm

Cullercoats: Make a fancy fish mobile 10.30am

Dudley Library: Drop in crafts and games all day.

Longbenton Library: Colouring, crafts & Games
2.00pm-4.00pm

Monkseaton Library: Crafts 3.00pm-4.00pm

Wideopen Library: Summer Crafts 10.00am-12.00noon

Wednesday 26th July

North Shields Library: Drop in design your own sports kit
10.00am-4.00pm

Longbenton Library: Family Sport Session 1.30pm-4.00pm

Wallsend Library: Playground games 10.00am-10.45am

Whitley Bay: Summer Reading Challenge Activities 2.30pm
(Booking required)

Thursday 27th July

Battle Hill Library: Drop in activities
10.00am-12.00noon & 2.00pm-4.00pm

Dudley Library: Summer Fair
11.00am-2.00pm Drop in games and crafts
all day.

Howdon Library: Water games and garden
activities 10.00am-12.00noon &
3.00pm-4.00pm

Friday 28th July

Longbenton Library:
Colouring, crafts & Games
2.00pm-4.00pm

Please contact
the library direct
for further
information

Saturday 29th July

Battle Hill Library: Drop in activities
10.00am-12.00noon

Dudley Library: Drop in games and crafts
9.00am-1.00pm

Killingowrth Library: Giant games 11.00am

Shiremoor Library: Drop in crafts
9.00am-1.00pm

**SUMMER
READING
CHALLENGE**



YOUTH
SPORT
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ACTIVE
READERS

THE
READING
AGENCY



Sports and Games themed drop in craft sessions

At Dudley Library
Throughout the Summer Holidays
Every Tuesday, Thursday and Saturday

Tuesdays 9:00 – 1:00pm and 2:00 – 5:30pm
Thursdays 9:00 – 1:00pm and 2:00 – 5:30pm
Saturdays 9:00 – 1:00pm



Free drop in crafts available for all ages



**North
Tyneside
Council**



North Tyneside Libraries
@NorthTynelibs
my.northtyneside.gov.uk

Dudley Library
John Willie Sams Centre
Market Street
Dudley
Cramlington
NE23 7HS
(0191) 643 2035

Whitley Bay Library

Summer Reading Challenge



Naveen loves getting everyone involved in games and cheering his friends on.



Wednesday 26th July 2.30pm

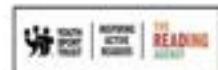
Come along to make your own cheerleader pom-poms. Make a paper plate racket and play balloon tennis and other fun games

Free event, booking essential

**To book scan the QR code
or speak to library staff**



Illustration by Loretta Schauer © The Reading Agency 2023.



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summerreadingchallenge.org.uk



Library Arcade

SEND Sessions



Fancy a game of football or air hockey? Or maybe pinball is more your style? Book a free slot to enjoy all the library arcade has to offer!

Less noise, fewer people, calm zone available.

City Library
Wednesday 26th July,
2.30pm
Thursday 27th July,
10.30am

Tickets are free but need to be booked in advance via Eventbrite



Scan to book events!



Ready, Set, Read! logo artwork by Lizzie Everard and © The Reading Agency 2023



August Relaxed Sunday Session

-  Included in science centre ticket
-  Perfect for everyone
-  Sunday 13 August, 10:00am - 12:00pm



Take5andchat - parenting additional needs

Cafe Drop-in Wednesday

26 July,
2, 9, 16, 23, 30 August
1.30-3.00



take5andchat.org.uk

Summer of Cycling 2023

News, Events · 11 July 2023

We're excited to be bringing a schedule of events dedicated to cycling for summer 2023!



Bikeability Level 2

For those aged 8+, maximum of six participants per session which is instructor-led so parents do not need to stay:

- Monday 24 July, Rising Sun Country Park
- Tuesday 25 July, Howdon Library
- Monday 31 July, Rising Sun Country Park
- Tuesday 1 August, Waves
- Wednesday 2 August, Westmoor Community Centre
- Monday 7 August, Rising Sun Country Park
- Tuesday 8 August, The Lakeside Centre
- Wednesday 9 August, Hadrian Leisure Centre
- Monday 14 August, Rising Sun Country Park
- Tuesday 15 August, Waves
- Wednesday 16 August, Cedarwood Trust
- Monday 21 August, Rising Sun Country Centre
- Tuesday 22 August, Howdon Library
- Wednesday 23 August, Westmoor Community Centre
- Tuesday 29 August, The Lakeside Centre
- Wednesday 30 August, Hadrian Leisure Centre

MUST BOOK TO RESERVE A SPACE

**[WWW.ACTIVENORTHTYNESIDE.ORG.UK/
NEWS/SUMMER-OF-CYCLING-2023](http://WWW.ACTIVENORTHTYNESIDE.ORG.UK/NEWS/SUMMER-OF-CYCLING-2023)**

Adapted cycling and tennis sessions

For those aged 8+, children must come with a responsible adult or carer and [book](#) in advance:

- Monday 24 July, Richardson Dees Park, 4.30–5.30pm
- Thursday 27 July, Richardson Dees Park, 2–3pm
- Monday 31 July, Richardson Dees Park, 4.30–5.30pm
- Thursday 3 August, Richardson Dees Park, 2–3pm
- Monday 7 August, Richardson Dees Park, 4.30–5.30pm
- Thursday 10 August, Richardson Dees Park, 2–3pm
- Monday 21 August, Richardson Dees Park, 4.30–5.30pm
- Thursday 24 August, Richardson Dees Park, 2–3pm
- Thursday 31 August, Richardson Dees Park, 2–3pm
- Monday 4 September, Richardson Dees Park, 4.30–5.30pm
- Thursday 7 September, Richardson Dees Park, 2–3pm

LEARN TO RIDE FOR CHILDREN AGED 5+



Have a bicycle, but haven't learned how to ride it yet?

Our Learn to Ride course aims to develop balance, co-ordination, gliding and stopping skills, ultimately achieving a key lifetime milestone - learning to ride a bicycle!

SUMMER
CYCLING

NORTH TYNESIDE
BIKEABILITY
active
NORTH TYNESIDE

WHAT DOES THE COURSE COVER?

- Balancing
- Turning
- Pedalling
- Gliding
- Braking

WHAT WILL I NEED?

- A roadworthy bicycle, with any stabilisers removed.
- A helmet is not required, but is recommended.
- Check the weather forecast prior to the course, and wear suitable clothing.

TIME

Morning: 10:30-11:30 (1 hour)
Afternoon: 13:00-14:00 (1 hour)

Bookings are limited to one session per child/family

DATES

Mon 24th July, Tues 25th July
Wed 2nd August, Thurs 3rd August

LOCATION

Hadrian Leisure Centre,
St Peter's Rd, Wallsend,
Newcastle upon Tyne
NE28 7LQ

COST

Free

For more information or to make a booking contact cycling@northtyneside.gov.uk

Please note that bookings operate on a first-come, first-served basis.

Cleaswell Hill Therapy Pool

Our pool is available to hire during the Summer holiday.

One hour private sessions available.

From 14th August 2023

Mon - Thu 10am - 3pm

Fri - 10am - 12pm



If your child attends CHS - £25.00 (4 bathers)

Public Hire - £30.00 (4 bathers)

Maximum 8 bathers

Telephone 01670 823182

pool@cleaswellhill.northumberland.sch.uk

For bookings and enquiries.



Active North Tyneside

12 Jul · 🌐



😊 Looking for a fun day out with the family this summer?

👉 From games and sports to inflatables and even a DJ there's something for children and young people of all ages!



Join us 11am-2pm on:



Friday 28 July at Springfield Park



Friday 4 August at Richardson Dees Park



Friday 11 August at Churchill Playing Fields



Friday 18 August at Northumberland Park



There's no need to book, just pop along to your local park and get involved!



North Tyneside leisure centres – summer 2023 children’s activities

*Spaces on activities in **red** need to be booked with the relevant reception team

Monday 24 July	Tuesday 25 July	Wednesday 26 July	Thursday 27 July	Friday 28 July
Climb and Splash at Hadrian Leisure Centre 10am-3pm	Sport and Splash at The Lakeside Centre 10am-3pm	Toys and Floats at Tynemouth Pool 10.30am-12pm 1.30-3pm	Toys and Floats at Tynemouth Pool 10.30am-12pm	Sport and Splash at Hadrian Leisure Centre 10am-3pm
Toys and Floats at Tynemouth Pool 10.30am-12pm 1.30-2.30pm	Toys and Floats at Tynemouth Pool 10.30am-12pm 1.30-2.30pm	Mega Boards at Tynemouth Pool 1.30-2.30pm	Pool inflatable at The Lakeside Centre 1.30-2.45pm	Toys and Floats at Tynemouth Pool 10.30am-12pm 1.30-3pm
Mega Boards at Tynemouth Pool 1.30-2.30pm	Mega Boards at Tynemouth Pool 1.30-2.30pm			Family Fit Steps at Waves 11am-12pm
Pool inflatable at The Lakeside Centre 1.30-2.45pm	Toys and Floats at The Lakeside Centre 1.30-2.45pm			Toys and Floats at The Lakeside Centre 1.30-2.45pm

Monday 31 July	Tuesday 1 August	Wednesday 2 August	Thursday 3 August	Friday 4 August
Climb and Splash at Hadrian Leisure Centre 10am-3pm	Football and Splash at The Lakeside Centre 10am-3pm	Toys and Floats at Tynemouth Pool 10.30am-12pm 1.30-3pm	Toys and Floats at Tynemouth Pool 10.30am-12pm	Sport and Splash at Hadrian Leisure Centre 10am-3pm
Toys and Floats at Tynemouth Pool 10.30am-12pm 1.30-2.30pm	Toys and Floats at Tynemouth Pool 10.30am-12pm 1.30-2.30pm	Mega Boards at Tynemouth Pool 1.30-2.30pm	Pool inflatable at The Lakeside Centre 1.30-2.45pm	Toys and Floats at Tynemouth Pool 10.30am-12pm 1.30-3pm
Mega Boards at Tynemouth Pool 1.30-2.30pm	Mega Boards at Tynemouth Pool 1.30-2.30pm			Family Fit Steps at Waves 11am-12pm
Pool inflatable at The Lakeside Centre 1.30-2.45pm	Toys and Floats at The Lakeside Centre 1.30-2.45pm			Toys and Floats at The Lakeside Centre 1.30-2.45pm

Monday 7 August	Tuesday 8 August	Wednesday 9 August	Thursday 10 August	Friday 11 August
Climb and Splash at Hadrian Leisure Centre 10am-3pm	FootGolf and Splash at Waves 10am-3pm	Toys and Floats at Tynemouth Pool 10.30am-12pm 1.30-3pm	Toys and Floats at Tynemouth Pool 10.30am-12pm	Sport and Splash at Hadrian Leisure Centre 10am-3pm
Sport and Splash at The Lakeside Centre 10am-3pm	Toys and Floats at Tynemouth Pool 10.30am-12pm 1.30-2.30pm	Mega Boards at Tynemouth Pool 1.30-2.30pm	Mr Twister's Family Magic Show at Waves 1.30-3pm	Toys and Floats at Tynemouth Pool 10.30am-12pm 1.30-3pm
Toys and Floats at Tynemouth Pool 10.30am-12pm 1.30-2.30pm	Mega Boards at Tynemouth Pool 1.30-2.30pm		Pool inflatable at The Lakeside Centre 1.30-2.45pm	Family Fit Steps at Waves 11am-12pm
Mega Boards at Tynemouth Pool 1.30-2.30pm	Toys and Floats at The Lakeside Centre 1.30-2.45pm			Toys and Floats at The Lakeside Centre 1.30-2.45pm
Pool inflatable at The Lakeside Centre 1.30-2.45pm				

Monday 14 August	Tuesday 15 August	Wednesday 16 August	Thursday 17 August	Friday 18 August
Climb and Splash at Hadrian Leisure Centre 10am-3pm	Toys and Floats at Tynemouth Pool 10.30am-12pm 1.30-2.30pm	Toys and Floats at Tynemouth Pool 10.30am-12pm 1.30-3pm	Football and Splash at The Lakeside Centre 10am-3pm	Sport and Splash at Hadrian Leisure Centre 10am-3pm
FootGolf and Splash at Waves 10am-3pm	Mega Boards at Tynemouth Pool 1.30-2.30pm	Arts and Crafts at Waves 1-3pm	Toys and Floats at Tynemouth Pool 10.30am-12pm	Toys and Floats at Tynemouth Pool 10.30am-12pm 1.30-3pm
Toys and Floats at Tynemouth Pool 10.30am-12pm 1.30-2.30pm	Toys and Floats at The Lakeside Centre 1.30-2.45pm	Mega Boards at Tynemouth Pool 1.30-2.30pm	Pool inflatable at The Lakeside Centre 1.30-2.45pm	Family Fit Steps at Waves 11am-12pm
Mega Boards at Tynemouth Pool 1.30-2.30pm				Toys and Floats at The Lakeside Centre 1.30-2.45pm
Pool inflatable at The Lakeside Centre 1.30-2.45pm				

Monday 21 August	Tuesday 22 August	Wednesday 23 August	Thursday 24 August	Friday 25 August
Climb and Splash at Hadrian Leisure Centre 10am-3pm	Sport and Splash at The Lakeside Centre 10am-3pm	Bounce and Splash at Hadrian Leisure Centre 10am-3pm	Toys and Floats at Tynemouth Pool 10.30am-12pm	Orienteering and Splash at Hadrian Leisure Centre 10am-3pm
Toys and Floats at Tynemouth Pool 10.30am-12pm 1.30-2.30pm	FootGolf and Splash at Waves 10am-3pm	Toys and Floats at Tynemouth Pool 10.30am-12pm 1.30-3pm	Mr Twister's Family Magic Show at Waves 1.30-3pm	Toys and Floats at Tynemouth Pool 10.30am-12pm 1.30-3pm
Mega Boards at Tynemouth Pool 1.30-2.30pm	Toys and Floats at Tynemouth Pool 10.30am-12pm 1.30-2.30pm	Mega Boards at Tynemouth Pool 1.30-2.30pm	Pool inflatable at The Lakeside Centre 1.30-2.45pm	Family Fit Steps at Waves 11am-12pm
Pool inflatable at The Lakeside Centre 1.30-2.45pm	Mega Boards at Tynemouth Pool 1.30-2.30pm			Toys and Floats at The Lakeside Centre 1.30-2.45pm
	Toys and Floats at The Lakeside Centre 1.30-2.45pm			

Monday 28 August	Tuesday 29 August	Wednesday 30 August	Thursday 31 August	Friday 1 September
Climb and Splash at Hadrian Leisure Centre 10am-3pm	Toys and Floats at Tynemouth Pool 10.30am-12pm 1.30-2.30pm	Toys and Floats at Tynemouth Pool 10.30am-12pm 1.30-3pm	Toys and Floats at Tynemouth Pool 10.30am-12pm	Toys and Floats at Tynemouth Pool 10.30am-12pm 1.30-3pm
Toys and Floats at Tynemouth Pool 10.30am-12pm 1.30-2.30pm	Mega Boards at Tynemouth Pool 1.30-2.30pm	Arts and Crafts at Waves 1-3pm	Pool inflatable at The Lakeside Centre 1.30-2.45pm	Family Fit Steps at Waves 11am-12pm
Mega Boards at Tynemouth Pool 1.30-2.30pm	Toys and Floats at The Lakeside Centre 1.30-2.45pm	Mega Boards at Tynemouth Pool 1.30-2.30pm		Toys and Floats at The Lakeside Centre 1.30-2.45pm
Pool inflatable at The Lakeside Centre 1.30-2.45pm				

 **Linskill Centre** 1h · 🌐

If you go down to the woods today....well, Linskill Centre, on the 1st August....it's the annual Teddy Bears Picnic for families with little ones. Come rain or shine - and we're hoping or shine of course, we will have lots of teddy bear fun in store. The session includes a packed lunch. Taking bookings now - Tel 0191 2578000.



Join the Linskill Centre for our... **1st August**

Teddy Bear's Picnic

**INFLATABLE FUN!
MEET 'N' GREET WITH TEDDY
TOMBOLA
ARTS N CRAFTS
PACKED LUNCH INCLUDED
STORY & SONGS**

The poster features a cartoon illustration of a brown teddy bear sitting on a picnic blanket next to a wicker basket filled with picnic items. The background is a bright green field under a blue sky with white clouds.

 **Stephenson Steam Railway** 1d · 🌐

It's almost the Summer holidays which means one thing - we're open one extra day 🎉 Join us for free craft activities and heritage train rides every Thursday throughout August. Trains also run every Sunday and don't forget, our museum is open every Saturday too!



Summer Opening Days

The museum will open:
Every Thursday, Saturday and Sunday throughout August

Trains will run:
Every Thursday and Sunday throughout August + Bank Holiday Monday

 **STEPHENSON STEAM RAILWAY**
NORTH TYNSIDE

 **NORTH TYNSIDE STEAM RAILWAY**

The poster has a green background with a yellow sun icon in the top left corner.

Kids go Free this Summer

Throughout the North East



Go North East

5 Jul · 🌐



£2 SINGLE FARES



Until 31 October, all single journeys will cost no more than £2, and if you're 21 or under, just £1.

Whether you're going to work, shopping or meeting friends, plan your journey with us.

👉 <http://gonortheast.co.uk>

GoNorthEast
Part of GoAhead

HM Government

Help for Households

single bus fares

capped at

£2

offer extended
until 31 October 2023



Take the kids for free all day, every day

Up to three children aged 11 and under can travel for free on Metro and the Shields Ferry with a fare paying adult.





PLACES WHERE KIDS EAT FREE (OR FOR £1) DURING THE 6 WEEKS SUMMER HOLIDAYS 2023



COURTESY OF MONEY SAVING CENTRAL

ASDA

Kids eat for £1 All Day, Every Day at Asda cafes, with no adult spend required.

TESCO

Kids eat free with a purchase of 60p+ from Mon 24th July - Fri 1st September 2023

SAINSBURYS CAFES

Kids eat for £1 with the purchase of an adult hot main. From 11:30am every day.

BEEFEATER & BREWERS FAYRE

Two children under 16 can get a free breakfast every day with one paying adult!

THE REAL GREEK

Kids under 12 eat FREE every Sunday for every £10 spent by an adult

TABLE TABLE

Two children under 16 can get a free breakfast every day with one paying adult!

TRAVELODGE

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

HUNGRY HORSE

Kids eat for £1 on Mondays & up to 2 Kids get free breakfast with 1 adult breakfast

PREMIER INN

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

SIZZLING PUBS

Every Monday to Friday, 3 - 7pm, kids' mains are £1 with every adult meal.

IKEA

Kids get a meal from 95p daily from 11am

MORRISONS

Spend £4.49 & get one free kids meal all day, every day.

GORDON RAMSEY RESTAURANTS

Kids under 8 eat FREE all day, every day at selected Gordon Ramsay restaurants

PRETO

Kids up to age 10 eat free all day, every day with paying adults at Preto in Half Terms

BILLS

2 kids eat FREE all day, every day from Monday 24th July - Friday 1st Sept 2023

BELLA ITALIA

Children eat for £1 with any adult main. The offer is valid 4-6pm Mon to Thurs.

WHITBREAD INNS

Two kids under 16 eat for FREE with every adult breakfast purchased

SA BRAINS PUBS

Children can eat for £1 with any adult main. Valid All Day Wednesdays

FUTURE INNS

Under 12's eat for free with any adult meal. During the school holidays

PAUSA CAFE @ DUNELM

Kids get 1 mini main, 2 snacks & a drink FREE with every £4 spend after 3pm

YO! SUSHI

From Mon 17th of July until Fri 11th of Aug kids eat free with every £10 adult spend

TO BE CONFIRMED...

M&S and Farmhouse Inns



Changing Places

Locations which have a changing places toilet and are accessible for wheelchair users within or close to North Tyneside:

- North Shields Customer First Centre
- Whitley Bay Customer First Centre
- Howdon Library
- Hadrian Leisure Centre
- Wallsend Customer First Centre
- Waves
- Seaton Delaval Hall
- Walkergate Park
- ASDA South Shields
- Northumbria University (Coach Lane Campus)
- Beamish
- Seven Stories
- National Glass Centre
- Discovery Museum
- Woodhorn
- Metro Centre

Download the Changing Places app or use their website (changing-places.org) to find up to date access information.

Do not be afraid to call in advance to check the venue is suitable for you, your child/young person and your family!

Sarah Douglas

Contact



North Tyneside Parent Carer Forum CIC

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