

SEND FRIENDLY SUMMER 2026

Activities • Days Out • Clubs • Nature • Family Events



North Tyneside Parent Carer Forum cic

Dear Parent Carers,

School holidays can sometimes feel long and challenging, especially for families of children with SEND.

We've created this guide to highlight local activities and opportunities available this summer.

We hope it helps make your summer a little brighter.

Follow the links to book.

Please check with the individual organisations before attending an event to avoid disappointment.



North Tyneside Parent Carer Forum cic

OUTDOOR ACTIVITIES

Nature • Adventure • Play • Explore



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SUMMER 2026 AT THE TIM LAMB CENTRE!

JOIN US THIS SUMMER FOR FUN, PLAY, AND ACTIVITIES FOR THE WHOLE FAMILY!

ADMISSION: £4 PER CHILD

ALL EXTRA ACTIVITIES ARE INCLUDED AT NO ADDITIONAL COST

OPEN 7 DAYS A WEEK DURING THE SCHOOL HOLIDAYS

HOLIDAY OPENING HOURS: 10:00AM – 4:00PM

DROP-IN SESSIONS AVAILABLE

UNLIMITED STAY AND PLAY

NO BOOKING REQUIRED

THE TIM LAMB CENTRE IS OPERATED BY PATHWAYS4ALL (REGISTERED CHARITY) AND IS DESIGNED FOR CHILDREN WITH DISABILITIES/ADDITIONAL NEEDS AND THEIR SIBLINGS. FAMILY MEMBERSHIP IS AVAILABLE TO FAMILIES WITH A CHILD WHO HAS DISABILITIES OR ADDITIONAL NEEDS.

FOR MORE INFORMATION, PLEASE CONTACT KAYLEIGH AT: [KAYLEIGH@PATHWAYS4ALL.CO.UK](mailto:kayleigh@pathways4all.co.uk)



[More Info](#)



North Tyneside Parent Carer Forum cic



Pathways4All

SUMMER IS HERE

July

Monday 20th Foam Party
Party Gems Foam Party
1pm - 3pm

Tuesday 21st Stay & Play

Wednesday 22nd Stay & Play

Thursday 23rd Summer is Here Day
Face painter. Scavenger Hunt. Summer themed Competitions.
1pm - 3pm

Friday 24th Bouncy Castle
Rainbow bouncy castle
10am - 4pm

Saturday 25th Stay & Play

Sunday 26th Stay & Play





No Booking Required

[More Info](#)



North Tyneside Parent Carer Forum cic



Pathways4All

July

ANIMAL WEEK

Monday 27th Animal Meet & Greet
Walk the donkeys and meet the alpacas
11am-12pm & 12:30pm-1:30pm

Tuesday 28th Stay & Play

Wednesday 29th Stay & Play

Thursday 30th Crazy Creatures
Come and hold an array of creatures
1pm-3pm

Friday 31st Bouncy Castle
Join us for a 3D circus Bouncy Castle
10am-4pm

Saturday 1st Stay & Play

Sunday 2nd Stay & Play



Tim Lamb's
Children's
Centre

No Booking Required

[More Info](#)



North Tyneside Parent Carer Forum cic

SCIENCE WEEK

Monday 3rd Bubbleologist
Come and be part of interactive bubble play
1pm - 3pm

Tuesday 4th Stay & Play

Wednesday 5th Stay & Play

Thursday 6th Science session
Join our staff for a science afternoon
1pm - 3pm

Friday 7th Bouncy Castle
10am - 4pm

Saturday 8th Stay & Play

Sunday 9th Stay & Play

No Booking Required

[More Info](#)



UNDER THE SEA WEEK

Monday 10th
Captain Raggy Beard & Ariel
1-3pm

Tuesday 11th
Surf simulator
10am-4pm

Wednesday 12th Stay & Play

Thursday 13th Stay & Play

Friday 14th
Bouncy Castle
10am-4pm

Saturday 15th Stay & Play

Sunday 16th Stay & Play

August

No Booking Required

[More Info](#)





Pathways4All

AROUND THE WORLD WEEK

Monday 17th
Samba Drumming workshop
1pm-3pm

Tuesday 18th Stay & Play

Wednesday 19th Stay & Play

Thursday 20th
Pizza making
1pm-3pm

Friday 21st
Bouncy Castle
10am-4pm

Saturday 22nd Stay & Play

Sunday 23rd Stay & Play

No Booking Required

[More Info](#)



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END OF SUMMER

AUGUST

Monday 24th
Summer Day of crafting & water fight
1pm-3pm

Tuesday 25th Stay & Play

Wednesday 26th Stay & Play

Thursday 27th
Sports Day & Summer Games
1pm-3pm

Friday 28th
Foam Party
1pm-3pm

Saturday 29th Stay & Play

Sunday 30th Stay & Play

No Booking Required



[More Info](#)





Pathways4All *Pathways 2 Nature*

School Holiday Staffed Sessions

Every Wednesday

1030am – 230pm

£30 per session

Join us in our Tipi Area for a fun-filled day of outdoor activities!
Children will have the opportunity to:

- Meet, feed, and groom our animals
- Explore and enjoy nature
- Take part in arts and crafts activities
- Make new friends and have lots of fun outdoors

Important Information

- Ages 7+
- A valid membership of at least 6 months is required
- Unfortunately, we are unable to provide 1:1 support during these sessions

We look forward to welcoming you for a fantastic day of nature, animals, and creativity!

NATURE SESSION HELD EVERY WEDNESDAY MUST BE BOOKED IN ADVANCE. 10:30-2:30 SMALL GROUP SESSION IN OUR NATURE AREA WITH OUR ADORABLE ANIMALS. £30 PER DAY.

UNFORTUNATELY WE ARE UNABLE TO PROVIDE 1:1 SUPPORT.

FOR MORE INFORMATION, PLEASE CONTACT KAYLEIGH AT: [KAYLEIGH@PATHWAYS4ALL.CO.UK](mailto:kayleigh@pathways4all.co.uk)

[More Info](#)



North Tyneside Parent Carer Forum cic

Free

Information identified as important by the SEND Youth Forum



16 TO 25 YEARS GROUP



WE ARE LUCKY TO HAVE SOME BEAUTIFUL BEACHES RIGHT ON OUR DOORSTEP IN NORTH TYNESIDE. TO HELP KEEP YOU AND YOUR FAMILY SAFE WHEN VISITING THE COAST, ITS USEFUL TO KNOW WHICH BEACHES ARE COVERED BY LIFEGUARDS DURING THE SUMMER SEASON. LIFEGUARD HOURS ARE ADVERTISED AS FOLLOWS, THOUGH WE RECOMMEND CHECKING THE LATEST INFO VIA THE LINK BELOW BEFORE VISITING:

WHITLEY BAY (NORTH AND SOUTH), CULLERCOATS, KING EDWARD'S BAY, AND TYNEMOUTH LONGSANDS. THE DAILY PATROLLED HOURS ARE **10:00 AM TO 6:00 PM.** THE CORE SEASON RUNS UNTIL EARLY SEPTEMBER

[More Info](#)



North Tyneside Parent Carer Forum cic

Free

SHIREMOOR ADVENTURE PLAYGROUND



SHIREMOOR ADVENTURE PLAYGROUND IS A COMMUNITY-BASED, INCLUSIVE ADVENTURE PLAYGROUND, CATERING FOR CHILDREN AND YOUNG PEOPLE OF ALL ABILITIES. THE PLAYGROUND IS OWNED AND MANAGED BY NORTH TYNESIDE COUNCIL WHICH WORKS IN PARTNERSHIP WITH SHIREMOOR ADVENTURE PLAYGROUND TRUST

THE ADVENTURE PLAYGROUND WILL BE OPEN DURING SCHOOL HOLIDAYS:

TUESDAY-SATURDAY, 11AM-4PM ACCESSIBLE TO EVERYONE

SUNDAY AND MONDAY, 11AM-4PM RESERVED FOR CHILDREN WITH ADDITIONAL NEEDS AND THEIR FAMILIES

THURSDAY NIGHT YOUTH SESSION, 6-8:30PM ACCESSIBLE TO YOUTHS 13 YEARS AND OVER

PLEASE TAKE ALONG PROOF OF SEND WHEN YOU ATTEND YOUR FIRST SESSION

SHIREMOOR ADVENTURE PLAYGROUND IS JUST A 10-MINUTE WALK FROM SHIREMOOR METRO STATION

[More Info](#)



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MAGICAL WOODLAND HOLIDAY CLUB

FOR CHILDREN RECEPTION AGE AND UP.

COME AND JOIN US FOR OUR EXCITING SUMMER HOLIDAY CLUBS IN OUR MAGICAL WOODLAND! CHILDREN WILL HAVE OPPORTUNITIES TO BUILD DENS, COOK OVER A CAMPFIRE, USE TOOLS, EXPERIENCE HAMMOCKS, TREE SWINGS, SLACK LINES, HILL ROLL, TAKE PART IN OUTDOOR CRAFTS AND SO MUCH MORE.

10-3PM VARIOUS DATES OF THE SCHOOL HOLIDAYS £35
MICHELANGELO'S, STELLA ROAD, BLAYDON-ON-TYNE, NE21 4LU

[To Book](#)



North Tyneside Parent Carer Forum cic

Toby's Magical Garden is now available to hire!

Are you looking for somewhere quiet to visit with the family, away from the crowds?

Why not consider supporting us by hiring Toby's Magical Garden?
Come and explore our lake view, story telling chairs, water walls and sound sculpture
in a calming and enchanting space.



"Toby's Magical Garden gave us a safe place to play. We could just enjoy play time together exploring the amazing water walls, making music or snuggling on the story chairs, all with a great view looking over the lake. The children could just be themselves with no one passing judgment. We love Toby's Magical Garden".



Toby's Magical Garden is available to hire at £10 for two hours, for eight people.
To make your booking, please email support@ttht.co.uk or call us on 0300 365 3055.

Please note- no more than two families under the one booking and this is only for families, not organised groups.

The Toby Henderson Trust
The Doorway to Early Action in Autism

[More Info](#)



North Tyneside Parent Carer Forum cic

Free



NEWCASTLE CITY CENTRE

SHOWING TWO TO THREE FREE FILMS PER DAY FROM LATE JULY TO EARLY SEPTEMBER AT OLD ELDON SQUARE, SCREEN ON THE GREEN IS THE PERFECT SUMMER ACTIVITY. GRAB SOME POPCORN OR A BITE TO EAT FROM A NEIGHBOURING RESTAURANT, RELAX IN ONE OF NE1'S ICONIC DECKCHAIRS AND TAKE IN SOME TOP-CLASS MOVIES – FROM BIG BLOCKBUSTERS AND FAMILY-FRIENDLY FILMS TO CULT CLASSICS AND ROM-COMS.

THERE'S PLENTY OF FUN FOR YOUNGER CHILDREN TOO WITH TODDLER TAKEOVER – SCREENINGS OF JULIA DONALDSON BOOK ADAPTATIONS FEATURING JUICE CARTONS FOR THE LITTLE ONES AND RUGS TO COSY UP ON – AND INTERACTIVE OUTDOOR PLAY SPACES INCLUDING THE POPULAR TINY TOON, A MINIATURE VILLAGE FEATURING TINY VERSIONS OF ICONIC NEWCASTLE LOCATIONS AND LANDMARKS OFFERING KIDS PLENTY OF PRETEND PLAY FUN.

LAST YEAR'S TODDLER TAKEOVER WILL ALSO RETURN WITH SCREENINGS OF JULIA DONALDSON BOOK ADAPTATIONS ALONGSIDE JUICE CARTONS FOR THE LITTLE ONES AND RUGS TO COSY UP ON.

[More Info](#)



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INCLUSIVE SPORTS

Active • Fun • Confidence • Friendship



North Tyneside Parent Carer Forum cic

Free



WHAT IS EASE INTO?

THE EASEINTO PROGRAMME, NATIONALLY KNOWN AS THE HOLIDAY ACTIVITIES AND FOOD (HAF) PROGRAMME, IS A GOVERNMENT FUNDED INITIATIVE DESIGNED TO SUPPORT CHILDREN FROM LOW-INCOME FAMILIES.

THE COUNCIL COMMISSION A RANGE OF CLUBS AND ACTIVITIES SUCH AS TRAMPOLINING, SWIMMING, COOKING CLASSES AND SPORT. TO BE DELIVERED DURING THE HOLIDAY PERIODS. FREE SPACES FOR CHILDREN ELIGIBLE FOR INCOME-RELATED FREE SCHOOL MEALS, AND A SMALL NUMBER OF FREE SPACES AVAILABLE FOR CHILDREN WHO ARE NOT ELIGIBLE FOR INCOME-RELATED FREE SCHOOL MEALS INCLUDING CHILDREN WITH A SPECIAL EDUCATIONAL NEED OR DISABILITY (SEND) AND CHILDREN WITH AN EHCP

REGISTER FOR AN ACCOUNT ON THE [ON THE EASE INTO BOOKING SYSTEM](#) TO RESERVE SPACES ON ACTIVITIES IN THE SCHOOL HOLIDAYS.

[To Book](#)



North Tyneside Parent Carer Forum CIC

Free

LD NORTH EAST
Live Life Your Way

OOT AND ABOOT

SUMMER HOLIDAY PROGRAMME



Fridays from 10am until 3pm
9 weeks starting 3rd July

FREE
For 16 – 25 year olds
Wallsend Boys Club

Join us for a 9 week summer holiday programme all about keeping active. We will have a sports session like football in the morning, followed by an afternoon out doing an activity like mini golf.

A packed lunch and bus pass is required. Support will be provided in a group setting.

BOOK YOUR PLACE NOW
LIMITED SPACES AVAILABLE



lennon.chirnside@ldne.org.uk
0191 2622261



WEEKLY SESSIONS PACKED WITH ACTIVITIES, MORNING SPORTS (INCLUDING FOOTBALL)
AFTERNOON TRIPS AND FUN ACTIVITIES LIKE MINI GOLF

WHEN: FRIDAYS, 10AM–3PM
WHERE: WALLSEND BOYS CLUB
WHO: YOUNG PEOPLE AGED 16–25
COST: FREE
STARTING 3RD JULY
LIMITED SPACES AVAILABLE – BOOK NOW!
LENNON.CHIRNSIDE@LDNE.ORG.UK
0191 2622261

[More Info](#)



North Tyneside Parent Carer Forum cic

Free

SEND Sports Stars
FOR CHILDREN AGED 6-11 AND THEIR FAMILIES

family gateway
Reg. Charity: 1144453

FUN, ACTIVE & INCLUSIVE SESSIONS FOR THE WHOLE FAMILY!

CHILDREN AND THEIR FAMILIES TAKE PART TOGETHER!

EVERYONE WELCOME!

EVERY TUESDAY

4:00PM - 5:00PM

HOWDON COMMUNITY HUB

FREE! SESSIONS ARE FREE!

BUILD CONFIDENCE AND HAVE FUN TOGETHER

TRY LOTS OF DIFFERENT SPORTS AND GAMES

MAKE FRIENDS, SHARE SMILES & CREATE MEMORIES

SUPPORTIVE, INCLUSIVE & FAMILY FOCUSED

ALL ABILITIES. ALL FAMILIES. ALL WELCOME. LET'S GET ACTIVE TOGETHER!

FAMILY GATEWAY AT HOWDEN COMMUNITY HUB

A FUN, FRIENDLY AND INCLUSIVE SPORTS SESSION FOR CHILDREN WITH SEND AND THEIR FAMILIES.

WE KNOW THAT TRYING NEW ACTIVITIES CAN SOMETIMES FEEL CHALLENGING, SO WE'VE CREATED A SAFE, SUPPORTIVE SPACE WHERE EVERYONE IS WELCOME. FAMILIES TAKE PART TOGETHER, ACTIVITIES ARE ADAPTED TO MEET DIFFERENT NEEDS, AND THE FOCUS IS ALWAYS ON HAVING FUN, BUILDING CONFIDENCE AND MAKING NEW FRIENDS.

EVERY TUESDAY
4:00PM - 5:00PM

[More Info](#)



Free

ADAPTED CYCLING OUTDOOR SESSIONS



Free weekly outdoor adapted cycling sessions throughout spring and summer!

There's a fleet of cycles available, all adapted to suit the needs of people with a range of disabilities including side by side, trikes (adult and junior) hand cranks and recumbent cycles.

- **Thursdays, 1.30–3.30pm (April–October)**
- **Richardson Dees Park, Wallsend, NE28 8RH**

Scan the
QR code
to register



North
Tyneside
Council



North Tyneside Parent Carer Forum cic

Free

SUPER 1S DISABILITY CRICKET - FREE!

FULLY INCLUSIVE SESSIONS - ALL
DISABILITIES WELCOME.

AGE 10 - 25

TUESDAYS - 5PM-6PM

TYNESIDE BADMINTON CENTRE,
SLATYFORD, NE5 2TA

CONTACT PAUL ROBERTS
07496438080



For more information, contact Paul Roberts -
paul.roberts@northumberlandcricketboard.co.uk



North Tyneside Parent Carer Forum cic



FULLY INCLUSIVE YOUTH GROUP SUMMER ACTIVITY & SPORTS CAMP

BENTON DENE PRIMARY

WEEK 1: MON 20TH – THURS 23RD JULY

WEEK 2: MON 27TH – THURS 30TH JULY

WEEK 3: MON 3RD – THURS 6TH AUG

WEEK 4: MON 10TH – THURS 13TH AUG

WEEK 5: * NO CAMP

WEEK 6: MON 24TH – THURS 27TH AUG

BACKWORTH PARK PRIMARY SCHOOL

TUES 28TH – FRI 31ST JULY

CRAMLINGTON VILLAGE PRIMARY

WEEK 1: MON 3RD – THURS 6TH AUG

WEEK 2: MON 10TH – THURS 13TH AUG

REGISTRATION FOR ALL CAMPS WILL OPEN MONDAY 22ND JUNE – 4 WEEKS BEFORE OUR FIRST CAMP.

IF YOU HAVE ANY QUESTIONS, PLEASE GET IN TOUCH BY EMAILING –
MJSportsStars@GOOGLEMAIL.COM

[More Info](#)



North Tyneside Parent Carer Forum cic



SEND Junior Summer Holiday Programme 2026

20th July - 30th August



Monday

Outdoor Games - Gibside National Trust
10.30am - 12nn
6 years and over
Gibside National Trust, Gateshead,
NE16 6BG
FREE

Multi Sport - Cramlington
2pm - 3.30pm
8 years and over
Cramlington Community Centre,
Cramlington, NE23 1DT
£5pp



Multi Sport - Sunderland
10am - 12nn
8 years and over
Nissan Leisure Centre, Sunderland,
SR5 3HZ
£5pp
Excludes 21st July

Tuesday

Multi Sport - Hexham
2pm - 4pm
8 years and over
Wentworth Leisure Centre, Hexham,
NE46 3PD
£5pp
Excludes 18th August

**Outdoor Games - Crook Hall /
Souter Lighthouse National Trust**
11am - 12.30pm
6 years and over
Crook Hall Gardens, Durham, DH1 5SZ
Souter Lighthouse, Sunderland, SR6 7NH
FREE
Crook Hall 22nd July & 12th Aug only
Souter 29th July, 5th, 19th & 26th Aug only

Wednesday

Athletics & Frame Running - Gateshead
1.30-3.30pm
8 years and over
Gateshead International Stadium,
Gateshead, NE10 OEF
£5pp



Fun Session - Gateshead
10am - 12nn
4-10 year olds
Cedars Academy, Low Fell, Gateshead
NE9 6QD
£5pp

Thursday

**Wheelchair Basketball & Tennis -
Gateshead**
1pm - 3pm
8 years and over
Birtley Leisure Centre, Birtley, DH3 2TB
£5pp

Multi Sport - Newcastle
10am - 12nn
8 years and over
Walker Activity Dome, Newcastle,
NE6 3BR
£5pp
Excludes 31st July

Friday

Book now:
www.smilethroughsport.com/whats-on/

For more information:
Call us - 07934 227 276
Email us - info@smilethroughsport.com



To Book



North Tyneside Parent Carer Forum cic



SEND Adult Summer Holiday Programme 2026



20th July - 30th August

Monday

Adapted Cycling - Newcastle
10.30am - 12nn
18 years and over
Newburn Activity Centre, Newcastle,
NE15 8ND
£4pp

Multi Sport - Wallsend
1.30pm - 2.30pm
18 years and over
Wallsend Boys Club, Wallsend,
NE28 8SX
£3pp

Outdoor Games - Gibside National Trust
12.30-2pm
18 years and over
Gibside National Trust, Gateshead,
NE16 6BG
£4pp

Boccia - Cramlington
4pm - 5.45pm
18 years and over
Concordia Lesiure Centre, Cramlington,
NE23 6YB
£4pp

Tuesday

Multi Sport - Hexham
1pm - 2pm
18 years and over
Wentworth Leisure Centre, Hexham,
NE46 3PD
£4pp
Excludes 18th Aug



Wednesday

Multi Sport - Newcastle
10.30am - 11.30am
18 years and over
Walker Activity Dome, Newcastle,
NE6 3BR
£4pp
Excludes 29th July, 12th & 26th Aug

**Outdoor Games -
Souter Lighthouse National Trust**
12.30pm - 2pm
18 years and over
Souter Lighthouse, Sunderland, SR6 7NH
£4pp
Excludes 22nd July & 12th Aug

Thursday

Boccia - North Tyneside
1pm - 2pm
18 years and over
The Meadows, North Shields,
NE29 6BA
£4pp



Book now:
www.smilethroughsport.com/whats-on/

For more information:
Call us - 07934 227 276
Email us - info@smilethroughsport.com

To Book



North Tyneside Parent Carer Forum cic

AUTISM FRIENDLY TOUR



THESE TWICE-MONTHLY TOURS, WHICH HAVE BEEN DEVELOPED WITH INPUT FROM THE NORTH EAST AUTISM SOCIETY, WILL LAST APPROXIMATELY AN HOUR AND VISIT ALL THE KEY PARTS OF ST JAMES' PARK; LEVEL 7, PLAYERS' ENTRANCE, DRESSING ROOMS, MEDIA SUITE, AND PITCH SIDE.

ADULT (16 AND OVER) - £17

JUNIOR (5-15) - £7

ONE PERSONAL ASSISTANT CAN ATTEND FREE OF CHARGE.

FULLY ACCESSIBLE SESSIONS ALSO AVAILABLE TO BOOK WITH BRITISH SIGN LANGUAGE INTERPRETATION

[To Book](#)



North Tyneside Parent Carer Forum cic

NAPI HAF

SEND EXCLUSIVE SUMMER ACTIVITIES

AT SIR CHARLES PARSONS SCHOOL

DATES

- TUESDAY 28TH JULY
- THURSDAY 30TH JULY
- TUESDAY 4TH AUGUST
- THURSDAY 6TH AUGUST
- TUESDAY 11TH AUGUST
- THURSDAY 13TH AUGUST

ALL 10AM – 2PM

AT SIR CHARLES PARSONS SCHOOL
Sir Charles Parsons,
Westbourne Ave,
Newcastle upon Tyne
NE6 4ED

**FUN, INCLUSIVE
ACTIVITIES, NEW FRIENDS
& CONFIDENCE BUILDING
THIS SUMMER!**

SENSORY

WHEELCHAIR
ACCESSIBLE

LARGE
GROUPS

LOW NOISE
ENVIRONMENT

ACTIVE
SESSION

LONG
SESSION

CHANGING
PLACES

FULLY
ACCESSIBLE

PLEASE COMPLETE FORMS TO ENQUIRE
 OR EMAIL admin@napi.org.uk OR CALL 01912656158

Sir Charles
Parsons
School

NAPI SEND Exclusive HAF

SIR CHARLES PARSONS SCHOOL

SUMMER SWIMMING SESSIONS

Come and join our fun swimming sessions!

Sir Charles
Parsons
School

Sir Charles Parsons School
Westbourne Avenue, Walker
Newcastle upon Tyne
NE6 4ED

SESSION DATES

- Tuesday 28th July
- Tuesday 4th August
- Thursday 6th August
- Tuesday 11th August
- Thursday 13th August

SESSION TIMES

- 10:15am
- 11:15am
- 12:45pm

IMPORTANT

Please arrive
15 minutes
before your
session starts

BRING:

- Swimming
costume/trunks
- Towel
- Any required
swimming aids

ENJOY • HAVE FUN • MAKE FRIENDS

01912656158 | admin@napi.org.uk

**EVERYONE
WELCOME!**

NAPI SEND EXCLUSIVE SUMMER ACTIVITIES AT SIR CHARLES PARSONS SCHOOL

JOIN US THIS SUMMER FOR FUN, FRIENDSHIP, AND EXCITING ACTIVITIES DESIGNED ESPECIALLY FOR CHILDREN AND YOUNG PEOPLE WITH SEND AGES 11-18 YEARS!

ELIGIBILITY CRITERIA:

- CHILDREN AND YOUNG PEOPLE WITH SEND AND/OR ADDITIONAL NEEDS (DIAGNOSED OR UNDIAGNOSED).
- MUST ATTEND OUR SESSIONS AT HADRIAN SCHOOL OR SIR CHARLES PARSONS SCHOOL IN THE SUMMER HOLIDAYS.
- PARENT CARERS MUST ATTEND ANY SESSIONS WITH CHILD OR YOUNG PERSON

PLACES ARE LIMITED! REGISTER YOUR INTEREST ASAP!

To Book



North Tyneside Parent Carer Forum cic

ADAPTIVE OCEAN ACADEMY

FREE DISABILITY TASTER SESSIONS (SUMMER SERIES)

ONE-TO-ONE ADAPTIVE SURF



'Instructor was understanding and patient'

GROUP ADAPTIVE SURF

Suitable for people with intellectual disabilities

GROUP PARA SURF

Suitable for people with physical disabilities

SURF HIRE

- Adaptive surfboards
- Foamies
- Longboards
- Shortboards
- Wetsuits

THE ADAPTIVE & PARA OPEN

A chance to put your skills to the test with a friendly surf heat - open to all, new and experienced

Blyth South Beach:
Accessible parking, Toilets and changing facilities, ramped access to the beach

Accessible wheelchairs provided by Beach Access North East

www.adaptiveoceanacademy.com

@aoasurf

KIDS, ADULTS AND ADAPTIVE SURF LESSONS IN BLYTH!

[More Info](#)



North Tyneside Parent Carer Forum cic



SOUTH SHIELDS SURF CIC



ADAPTIVE SURFING

FREE SURF AND OCEAN SESSIONS FOR ANYONE
WITH ADDITIONAL NEEDS.

EMAIL FOR MORE INFO &
TO SECURE YOUR PLACE
[INFO@SOUTHSHIELDSURF.CO.UK](mailto:info@southshieldsurf.co.uk)



[More Info](#)



North Tyneside Parent Carer Forum cic



NORTH EAST ADAPTIVE PADDLE BOARDING

NORTH EAST ADAPTIVE PADDLE BOARDING SESSIONS WILL HELP BUILD CONNECTIONS BY BRINGING TOGETHER PEOPLE OF ALL AGES AND ABILITIES TO SHARE OUTDOOR EXPERIENCES.

OUR SESSIONS ARE LED BY A BCAB LEVEL 3 STAND-UP PADDLEBOARD (SUP) COACH, HOLDING ADDITIONAL CERTIFICATION AND SPECIALIST TRAINING FROM SUP ACTIVE YORKSHIRE AND ANYONECAN WHO ARE LEADING PROVIDERS FOR ACCESSIBLE WATER SPORTS AND ACTIVITIES IN THE UK.

PLEASE GET IN TOUCH AT [HELLO@TYNEMOUTHSUPBOARDER.CO.UK](mailto:hello@tynemouthsupboarder.co.uk) OR CALL US ON 07809 131887 IF YOU WOULD LIKE TO KNOW MORE.

[More Info](#)



North Tyneside Parent Carer Forum cic



CLIMBING WALL AT HADRIAN LEISURE CENTRE

LEARN TO SCALE THE CLIMBING WALL SAFELY WITH A QUALIFIED INSTRUCTOR, LEARN A NEW SKILL, HAVE FUN AND MAKE NEW FRIENDS.

ALL SESSIONS ARE BOOKABLE UP TO 8 DAYS IN ADVANCE, SAFETY SHOES AND HARNESS' ARE PROVIDED.

JUNIOR SESSIONS
FOR CHILDREN AND YOUNG PEOPLE AGED 8 TO 15:
MONDAY: 6-7.30PM
SATURDAY: 9.30-11AM
THURSDAY: 6-7.30PM

COST:
WITH AN EASECARD: £4.60
WITHOUT AN EASECARD: £6.60

CONTACT PHONE
0191 643 2025
ENQUIRIES EMAIL
HADRIAN.LEISURE@NORTHTYNESIDE.GOV.UK

PLEASE NOTE THESE SESSIONS ARE NOT SEND SPECIFIC, BUT MAY BE OF INTEREST TO OUR FAMILIES



North Tyneside Parent Carer Forum cic

INDOOR FUN

Play • Create • Imagine • Explore



North Tyneside Parent Carer Forum cic



Alan Shearer
Centre
Activity Centre
Part of St Cuthbert's Care

Art Ventures

Tuesday 28th July
11.00am - 12.00pm

Where will your art venture
take you?

It is absolutely essential that you call to book,
ring early so you are not disappointed
0191 267 8118

To Book



North Tyneside Parent Carer Forum CIC



Happy Hands Massage



Thursday 23rd July
2.00pm - 3.00pm

Enjoy a relaxing SEND sensory
massage session for ages 2-10 years

**It is absolutely essential that you call to book, ring
early so you are not disappointed, as spaces are
limited**

0191 267 8118

To Book



North Tyneside Parent Carer Forum CIC

AHOY!
Pirate Scavenger Hunt

Alan Shearer
Centre
Activity Centre
Part of St Cuthbert's Care

Monday 20th July
1.00pm - 3.00pm

Dress up in your favourite
pirate outfit and get hunting!

It is absolutely essential that you ring to
make a booking as places are limited, ring
early so you are not disappointed
0191 267 8118



[To Book](#)



North Tyneside Parent Carer Forum CIC



Stay cool, calm and collected this summer by joining us for National Ice Cream Day! 🍦 Enjoy an ice cream in the Cafe or get creative with some ice cream themed arts & crafts!

To Book



North Tyneside Parent Carer Forum CIC

SEND PLAY SESSIONS

Join us for fun at our inclusive stay & play sessions which include sing and sign, sensory activities and a chance for families to get together with other families. For children aged 0-5 years in North Tyneside.



OUR SESSIONS:

Monday 12:30-14:30 Sensory Stay & Play at LD:NorthEast, Wallsend

Wednesday 13:00-15:00 Stay & Play Fun LD:NorthEast, Wallsend

Thursday 10:00- 11:00 Soft Play, Sing and Signs at The Parks Leisure Centre, North Shields.

Thursday 12:30-14:30 Sensory Stay & Play LD:NorthEast, Wallsend

To book a place or for more information contact us on:



0191 2622261



ldne.org.uk



Sam.coates@ldne.org.uk

To Book



North Tyneside Parent Carer Forum cic



THE SEN SUPPORT SPACE

ALL OUR ACTIVITIES ARE IN A SAFE, NON JUDGEMENTAL ENVIRONMENT. NUMBERS ARE KEPT LOW, AND THE CINEMA IS AN AUTISM FRIENDLY SCREENING. PARENTS ARE REQUIRED TO STAY WITH THEIR CHILD, NO DIAGNOSIS REQUIRED AND WE DON'T POSTCODE RESTRICT.

27.7.26 (11AM-12PM) **MESSY PLAY 3-8 YEARS** (GREENSIDE COMMUNITY CENTRE) £3

28.7.26 (11AM-12M) **CODING WORKSHOP 7+** (APPLE STORE METROCENTRE) £1

29.7.26 (11AM - 4PM) **BEACH DAY ALL AGES** (SOUTH SHIELDS) FREE

2.8.26 (7PM-8PM) **ACTIVATE 6+** (METROCENTRE) £10

8.8.26 (11AM-12PM) **FOOTBALL 5+** (GREENSIDE ORCHARD) £3

8.8.26 (4PM-5PM) **SWIMMING ALL AGES** (PRUDHOE WATERWORLD) £3

11.8.26 (4PM-5.30PM) **TRAMPOLINING ALL AGES** (ULITMATE BOUNCE CONSETT) £8

21.8.26 (12PM-2PM) **CINEMA ALL AGES** (VUE GATESHEAD) £5 ADULT, £2 CHILD

[To Book](#)



North Tyneside Parent Carer Forum cic



ACE PLAYCE INDOOR PLAYCENTRE – KILLINGWORTH

SEND & AUTISM RELAXED SESSIONS

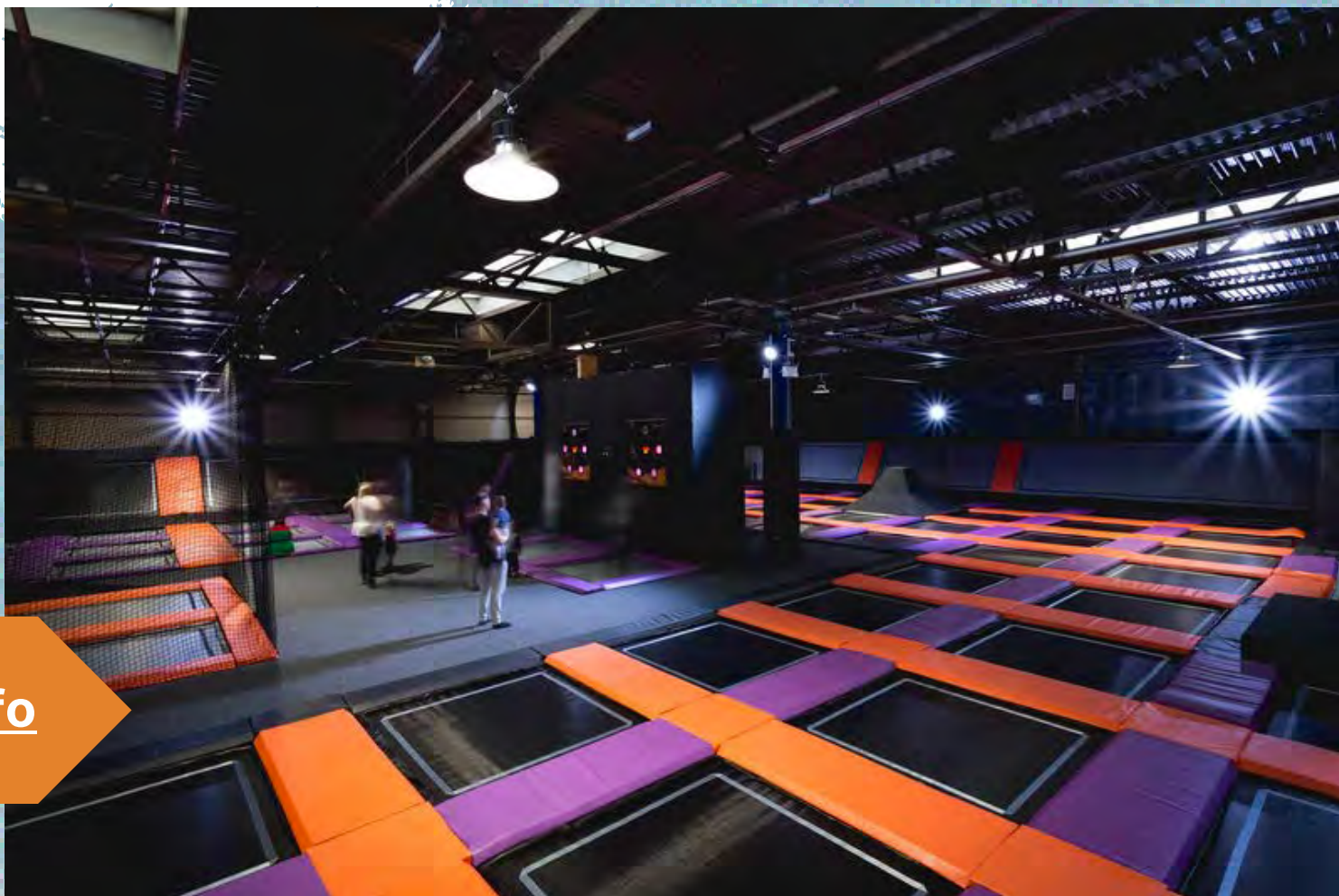
JOIN AN EXCLUSIVE RELAXED SESSION FOR CHILDREN WITH ADDITIONAL NEEDS TO ENJOY SOFT PLAY WITH THEIR FAMILIES AND SIBLINGS.

THIS IS A MONTHLY EVENT HELD ON THE LAST WEDNESDAY OF EVERY MONTH AT 4-5.30PM.

[More Info](#)



North Tyneside Parent Carer Forum cic



[More Info](#)

AIRBOX BOUNCE CRAMLIGHTON

SEN SESSIONS 4:30PM TUESDAYS AND SUNDAY MORNINGS 9-10AM



[More Info](#)

INFLATANATION - NORTH SHIELDS (ROYAL QUAYS)

SEN SESSIONS - SEE WEBSITE FOR DETAILS



North Tyneside Parent Carer Forum cic

[More Info](#)



SEND SESSIONS

PROVIDING A SAFE AND FUN SPACE FOR THOSE WITH SPECIAL EDUCATIONAL NEEDS & DISABILITIES

METROCENTRE

DID YOU KNOW THAT CLIP 'N CLIMB METROCENTRE RUN SEND SESSIONS ON THE FIRST SATURDAY OF EVERY MONTH?

THESE SESSIONS ARE DESIGNED FOR CLIMBERS WITH ADDITIONAL NEEDS. THEY ENDEAVOUR TO OFFER A QUIETER ENVIRONMENT AND TAILORED EQUIPMENT FOR AN ENJOYABLE EXPERIENCE. FOR EVERYONE'S COMFORT, THEY RUN THESE GROUPS AT A SMALLER CAPACITY SO THERE WILL BE LIMITED SPACES AND THIS GETS BOOKED UP FAST!

THE A GAME

ARE YOU AGED 13-17?
DIAGNOSED OR
IDENTIFY AS AUTISTIC?

COME AND JOIN US!



The A Game is an online youth group for autistic young people living in the North East. A safe place to make friends, share your interests, game together and have a laugh.

FIND OUT MORE

www.the-a-game.co.uk

thegamecommunity@gmail.com

 [THE A GAME](#)

[More Info](#)



North Tyneside Parent Carer Forum cic



[More Info](#)

RELAXED SUNDAY SESSIONS AT THE SCIENCE CENTRE

DEDICATED QUIET TIME FOR ANYONE TO ACCESS AND ENJOY THE SCIENCE CENTRE, INCLUDING AUTISTIC PEOPLE AND THOSE WITH OTHER SENSORY NEEDS. INCLUDED IN SCIENCE CENTRE TICKET. FREE FOR MEMBERS!

SESSIONS TAKE PLACE ON THE SUNDAYS 10-12PM

[More Info](#)



RELAXED SUNDAY SESSION

SENSORY ROOM

LOCATED WITHIN THE CENTRES OWN STATE OF THE ART SENSORY ROOM, LITTLE ONES CAN EXPLORE LIGHTS, SOUND AND TEXTURE, WHICH CAN BE BOTH STIMULATING AND CALMING



North Tyneside Parent Carer Forum CIC





16 TO 25 YEARS GROUP



ODEON RELAXED SCREENINGS

RELAXED SCREENINGS ARE SPECIALLY DESIGNED TO MAKE THE MAGIC OF THE BIG SCREEN MORE ACCESSIBLE FOR OUR GUESTS. WE'LL SHOW FILMS WITHOUT ADVERTS AND TRAILERS, THE HOUSE LIGHTS ARE LEFT ON A LOW LEVEL, THE VOLUME IS REDUCED AND THE FILM WILL SCREEN WITH SUBTITLES. YOU CAN MOVE AROUND THE SCREEN, LEAVE AND RETURN TO THE SCREEN AS NEEDED, OR JUST SIT AND ENJOY THE FILM IN A WAY THAT FEELS COMFORTABLE FOR YOU.

TO FIND AVAILABLE RELAXED SCREENINGS AT YOUR LOCAL CINEMA, SIMPLY SELECT THE 'RELAXED SCREENING' FILTER WHEN LOOKING FOR FILMS AND SHOWTIMES AT YOUR CINEMA. WHEN BOOKING YOUR TICKETS, ALL APPLICABLE SHOWINGS* WILL HAVE A WHITE "RELAXED SCREENING" LABEL, WHICH WILL LET YOU KNOW THEY ARE PARTICIPATING SCREENINGS.

DISABILITY AND ACCESSIBILITY HELPLINE

PLEASE CONTACT US:

MON-SUN 10:10AM-4:45PM

PHONE: 0800 138 3315

[More Info](#)



North Tyneside Parent Carer Forum CIC



CEA CARD

THE UK CINEMA ASSOCIATION (UKCA) AND ITS MEMBERS WANT TO MAKE VISITING THE CINEMA AN INCLUSIVE AND ENJOYABLE EXPERIENCE FOR ALL

THE CEA CARD SCHEME IS INTENDED TO BENEFIT EVERYONE WHO MIGHT FACE BARRIERS THAT REQUIRE SOMEONE'S ASSISTANCE WHEN VISITING THE CINEMA, SUCH AS BARRIERS THAT RESULT FROM SIGHT OR HEARING LOSS, HAVING LIMITED MOBILITY OR BEING NEURODIVERGENT. THE FOCUS OF THE CEA CARD SCHEME IS ON REMOVING SOME OF THE ADVERSE EFFECT OF DISABILITIES BY PROVIDING FOR SOMEONE TO ACCOMPANY A DISABLED PERSON.

THE SCHEME ALLOWS A CARDHOLDER TO BE ACCOMPANIED BY SOMEONE, **FREE OF CHARGE**, WHEN THEY PURCHASE THE APPLICABLE FULL PRICE TICKET TO VISIT A PARTICIPATING CINEMA WITH THAT PERSON.

THE CEA CARD SCHEME HAS STRAIGHTFORWARD ELIGIBILITY CRITERIA AND THERE ARE THREE WAYS TO APPLY

[More Info](#)



North Tyneside Parent Carer Forum CIC

Free

Information identified as important by the SEND Youth Forum



16 TO 25 YEARS GROUP

YOUNG
WRITERS

YOUNG WRITERS' SUMMER: NORTH SHIELDS

NEW WRITING
NORTH

NEW WRITING NORTH AT NORTH SHIELDS LIBRARY

NEW WRITING NORTH'S FREE SUMMER PROGRAMMES ARE FOR YOUNG PEOPLE AGED 11-19 TO TRY FUN WRITING PROJECTS, MEET LIKE-MINDED PEOPLE AND MAKE SOMETHING NEW IN A RELAXED, FRIENDLY AND INCLUSIVE ENVIRONMENT.

IF YOU LOVE ALTERNATIVE REALITIES, COME AND TAKE PART IN BRAND NEW WORLDS. OVER THREE ADVENTUROUS DAYS YOU'LL EXPLORE THE ART OF IMMERSIVE WORLD BUILDING IN LITERATURE AND GAMING, LED BY PROFESSIONAL WRITERS AND ARTISTS. LEARN HOW TO DRAW FROM REAL-LIFE PLACES AND CULTURES TO CREATE STRANGE NEW FICTIONAL ENVIRONMENTS, CREATE WEIRD AND WONDERFUL CHARACTERS, AND DEVISE THE LAWS THAT GOVERN THEIR WORLDS. NO PREVIOUS EXPERIENCE IS NECESSARY, JUST A WILLINGNESS TO WORK TOGETHER, TRY SOMETHING NEW, AND SET YOUR IMAGINATION FREE!

WHERE: NORTH SHIELDS LIBRARY, NORTHUMBERLAND SQUARE, NORTH SHIELDS, NE30 1QU

DATE: SAT 27, MON 29 & TUE 30 JULY

TIME: SAT 10AM-1PM, MON & TUE 10AM-3PM

PLEASE NOTE SESSIONS ARE NOT SEND SPECIFIC BUT OPEN TO ALL

[More Info](#)



North Tyneside Parent Carer Forum CIC

CALM, SUPPORTIVE

Summer Sessions

FOR CHILDREN. FOR FAMILIES. FOR PEACE OF MIND.

Small, nurturing groups for children who need more understanding, support and a **calm, predictable** environment.

- EMOTIONAL REGULATION** and confidence building
- GENTLE SOCIAL CONNECTION** at each child's pace
- PLAY-BASED, ENGAGING** and child-led activities
- SAFE, CALM, UNDERSTANDING** and sensory-friendly

SMALL GROUPS
More support, more connection

FLEXIBLE SESSIONS
Half-day options to suit families

BUILT ON TRUST
Understanding, patience, kindness

SUMMER SUPPORT
For work, respite and peace of mind

DETAILS COMING SOON! *Limited spaces available*

CALM STEPS SEN SUPPORT (NORTHUMBERLAND)

FOCUS WILL BE ON:
 EMOTIONAL REGULATION
 CONFIDENCE BUILDING
 SOCIAL CONNECTION (AT EACH CHILD'S PACE)
 FEELING SAFE, SEEN, AND UNDERSTOOD

[More Info](#)

PLAY-BASED ACTIVITIES
 STORIES AND GENTLE DISCUSSION
 GAMES, MOVEMENT AND CREATIVE TASKS
 CALM OPPORTUNITIES TO CONNECT — ALWAYS PRESSURE-FREE (FOLLOW LINK FOR MORE INFO)



North Tyneside Parent Carer Forum cic

FREE SING & SIGN



14TH JULY



1.20-2PM



**TIM LAMB CHILDREN'S CENTRE
RISING SUN COUNTRY PARK**



Open to all children aged 3+
Ideal for home ed families



Join us for a fun filled music
and makaton session



Delivered by licensed
Makaton tutor **Anna Melling**



**PLACES
LIMITED**

**MUST BE BOOKED
IN ADVANCE!**

**BOOKINGS TAKEN BY
TIM LAMB CHILDREN'S CENTRE**



[More Info](#)



North Tyneside Parent Carer Forum cic



JASMINE YOGA SEND YOGA SESSIONS – TYNEMOUTH

24TH JUNE, 2026

1:30PM BST

KIDS HOME ED YOGA SESSION WITH STEPH

8TH JULY

1:30PM BST

KIDS HOME ED YOGA SESSION WITH STEPH

11TH JULY

2PM BST

THE CONNECTED PARENT WORKSHOPS WITH STEPH

28TH JULY

11:45AM BST

SEND YOGA WITH STEPH

21ST AUGUST

11:30AM BST

SEND YOGA WITH STEPH



[More Info](#)



North Tyneside Parent Carer Forum cic



Junior Foodies

Summer Baking Class



Wednesday 5th August
Strawberry Shortbread & Calzone
 9.30am-12.30pm
 or 2-5pm



£25 per session
Suitable for 7 years+




Friday 21st August
Rainbow Fruit Tarts & Garlic Bread Tear & Share
 9.30am-12.30pm
 or 2-5pm

Book via DoDays

@94a Front Street, Monkseaton, NE258DL



Summer Fun Foodies Sessions

90 minute sessions
@ 10am & 1.30pm



Week 1 – 20th, 21st & 22nd July
Week 2 – 27th, 28th & 29th July
Week 3 – 3rd & 4th Aug
Week 4 – 12th, 13th & 14th Aug
Week 5 – 19th & 20th Aug
Week 6 – 25th, 26th, 27th & 28th Aug



Suitable for ages 3 – 12 years
children aged 6+ can be dropped off

£16 per session
 plus booking fee
 Book via DoDays

@94a Front Street, Monkseaton. NE25 8DL

FUN LITTLE FOODIES

FUN LITTLE FOODIES IS A POPULAR FUN ACTIVITY CLASS WHICH PROMOTES AN ENJOYMENT OF FOOD AND COOKING. WE RUN OUR CLASSES AT OUR VENUE IN MONKSEATON. WE CAN ALSO HOST PARTIES AND SCHOOL WORKSHOPS.

PLEASE NOT SESSION ARE NOT SEND SPECIFIC

[More Info](#)



North Tyneside Parent Carer Forum cic

ANIMAL ADVENTURES

Meet • Learn • Care • Explore



North Tyneside Parent Carer Forum cic



Pathways4All *Pathways 2 Nature*

School Holiday Staffed Sessions

Every Wednesday

1030am – 230pm

£30 per session

Join us in our Tipi Area for a fun-filled day of outdoor activities!
Children will have the opportunity to:

- Meet, feed, and groom our animals
- Explore and enjoy nature
- Take part in arts and crafts activities
- Make new friends and have lots of fun outdoors

Important Information

- Ages 7+
- A valid membership of at least 6 months is required
- Unfortunately, we are unable to provide 1:1 support during these sessions

We look forward to welcoming you for a fantastic day of nature, animals, and creativity!

NATURE SESSION HELD EVERY WEDNESDAY MUST BE BOOKED IN ADVANCE. 10:30-2:30 SMALL GROUP SESSION IN OUR NATURE AREA WITH OUR ADORABLE ANIMALS. £30 PER DAY.

UNFORTUNATELY WE ARE UNABLE TO PROVIDE 1:1 SUPPORT.

FOR MORE INFORMATION, PLEASE CONTACT KAYLEIGH AT: [KAYLEIGH@PATHWAYS4ALL.CO.UK](mailto:kayleigh@pathways4all.co.uk)

[More Info](#)



North Tyneside Parent Carer Forum cic

FAMILY DAYS OUT

Fun • Adventure • Memories • Together



North Tyneside Parent Carer Forum cic

Pathways4All

Tim Lamb's Children's Centre

family FUN DAY

AT TIM LAMB CENTRE

Join Us for a Spectacular Family Fun Day!

SATURDAY 27TH JUNE
10:00AM – 4PM



JOIN US FOR A DAY OF FUN!
-BOUNCY CASTLE- FACE PAINTER- MEET OUR DONKEYS
AND MICKEY MOUSE!
£4 GENERAL ADMISSION FEE, UNLIMITED STAY & PLAY
(MEMBERSHIP REQUIRED)

[More Info](#)



North Tyneside Parent Carer Forum cic



[More Info](#)



North Tyneside Parent Carer Forum cic

Free



DAISY CHAIN

AWARD-WINNING NORTH EAST-BASED CHARITY SUPPORTING AUTISTIC & NEURODIVERGENT PEOPLE & THEIR FAMILIES.

DAISY FEST IS BACK FOR 2026!

MARK YOUR CALENDARS FOR BANK HOLIDAY MONDAY, AUGUST 31ST FOR AN EVENT LIKE NO OTHER!

HEAD TO OUR FARM FOR A FUN-PACKED DAY FILLED WITH LIVE ENTERTAINMENT, SPECTACULAR SUMMER STALLS, FAB INFLATABLES AND GAMES, FARMYARD FUN WITH PIGS, ALPACAS, HORSES AND LOTS, LOTS MORE.... ALL IN SUPPORT OF THE AUTISTIC AND NEURODIVERGENT COMMUNITY

31ST AUGUST
10AM - 4PM

FREE ENTRY, TOKENS FOR ATTRACTIONS AVAILABLE TO BUY ON THE DAY
DAISY CHAIN, CALF FALLOW LANE, NORTON, TS20 1PF

[More Info](#)



North Tyneside Parent Carer Forum cic

Free

Music From The Bandstand

is back with 4 dates in 2026

Sunday 31 May

Sunday 28 June

Sunday 30 August

Sunday 27 September

11am – 3pm



Head down to Northumberland Park to be entertained by talented local musicians, expertly compered by MRC Events Ltd, and get some fresh air and maybe enjoy a drink or tasty morsel from the Café at the same time.



For further information use this QR code
Or contact northumberland.park@northtyneside.gov.uk
07976307378 or 07583036424



North Tyneside Parks



@NTCouncilTeam
@NlandPark

www.northtyneside.gov.uk



North
Tyneside
Council



Northumberland
Park
North Shields



LOTTERY FUNDED



North Tyneside Parent Carer Forum cic

Free

Bumblebee Conservation Trust Bee Walks at Northumberland Park

We will be holding a Bee Walk
on the third Saturday of each month March – October



Saturday – 21 March
Saturday – 18 April
Saturday – 16 May
Saturday – 20 June
Saturday – 18 July
Saturday – 15 August
Saturday – 19 September
Saturday – 17 October



Join the Park Warden and members of the
Northumberland Park Wildlife Group to help count bees
in the park to add to the records kept by the
Bumblebee Conservation Trust.

Meet at the Medieval Garden at 11am

For further details contact
northumberland.park@northtyneside.gov.uk or phone 07976307378

 North Tyneside Parks  @NTCouncilTeam www.northtyneside.gov.uk
@NlandPark



North
Tyneside
Council



Northumberland
Park
North Shields



LOTTERY FUNDED



North Tyneside Parent Carer Forum cic



SOUND DOWN SUNDAYS

THE MUSEUM HAS FEWER VISITORS AND WE TURN DOWN THE SOUND IN OUR EXHIBITIONS AND DISPLAYS.

SUNDAY 27 JULY
SUNDAY 24 AUGUST
SUNDAY 28 SEPTEMBER
SUNDAY 26 OCTOBER
SUNDAY 23 NOVEMBER
SUNDAY 28 DECEMBER

PRICE
INCLUDED WITH ANNUAL PASS.

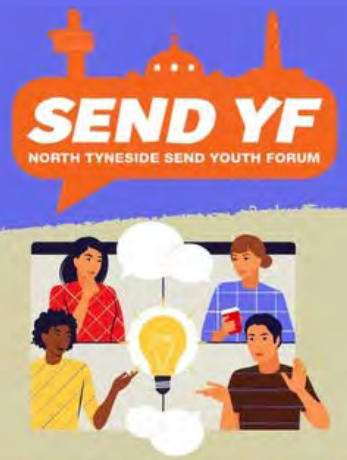
TIME
10AM-12PM.

DROP IN, NO NEED TO BOOK.

[More Info](#)



North Tyneside Parent Carer Forum cic



16 TO 25 YEARS GROUP

SEGEDUNUM



SUMMER HOLIDAY EVENTS

SUMMER ACTIVITIES, CRAFTS AND TRAILS

MONDAY 20 JULY

MONDAY 27 JULY

MONDAY 3 AUGUST

MONDAY 10 AUGUST

MONDAY 17 AUGUST

MONDAY 24 AUGUST

11AM - 3PM

FREE ACTIVITY | FREE ENTRY FOR CHILDREN AND YOUNG PEOPLE AGED 21 AND UNDER, AND NE28 RESIDENTS

AGE SUITABILITY: 5-12 YEARS

ACTIVITIES ARE NOT SEND SPECIFIC BUT OPEN TO ALL. PLEASE LET US KNOW IF YOU NEED A QUIET SPACE TO TAKE PART.

[More Info](#)



North Tyneside Parent Carer Forum cic



16 TO 25 YEARS GROUP



STEP OUTDOORS STAY AND PLAY

FREE, FUN, INCLUSIVE ACTIVITIES FOR CHILDREN UNDER 5 AND THEIR PARENTS / CARERS

WEDNESDAY 24 JUNE

WEDNESDAY 1 JULY

WEDNESDAY 8 JULY

WEDNESDAY 15 JULY

WEDNESDAY 22 JULY

WEDNESDAY 29 JULY

WEDNESDAY 5 AUGUST

WEDNESDAY 24 JUNE, 1, 8, 15, 22 AND 29 JULY SESSION: 12.30 – 2PM

WEDNESDAY 5 AUGUST: 12.30–2PM

THESE SESSIONS ARE FOR CHILDREN UNDER 5 WHO MUST BE ACCOMPANIED BY AN ADULT.

[More Info](#)

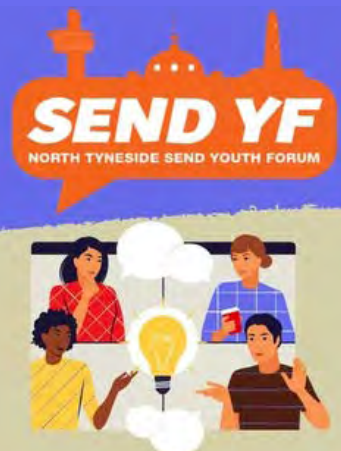
ACTIVITIES ARE NOT SEND SPECIFIC BUT OPEN TO ALL.



North Tyneside Parent Carer Forum cic

Free

Information identified as important by the SEND Youth Forum



16 TO 25 YEARS GROUP



RELAXED EARLY OPENING

ENJOY EARLY ACCESS TO THE GREAT NORTH MUSEUM: HANCOCK FOR A QUIETER, MORE RELAXED EXPERIENCE..

- WEDNESDAY 22 JULY**
- WEDNESDAY 29 JULY**
- WEDNESDAY 5 AUGUST**
- WEDNESDAY 12 AUGUST**
- WEDNESDAY 19 AUGUST**
- WEDNESDAY 26 AUGUST**
- TUESDAY 27 OCTOBER**

9-10AM (THE MUSEUM WILL OPEN TO THE GENERAL PUBLIC AT 10AM)

[More Info](#)



North Tyneside Parent Carer Forum cic



16 TO 25 YEARS GROUP



SPANISH CITY SUMMER FUN FAIR

THE SPANISH CITY SUMMER FUNFAIR RETURNS TO THE LINKS IN WHITLEY BAY FROM AUGUST 27 TO AUGUST 31, 2026. THE ANNUAL SEASIDE EVENT FEATURES TRADITIONAL FAIRGROUND RIDES, FAMILY-FRIENDLY ENTERTAINMENT, AND CLASSIC COASTAL FOOD

- DATES: THURSDAY, AUGUST 27 – MONDAY, AUGUST 31, 2026
- TIME: 11:00 AM – 6:00 PM DAILY
- LOCATION: THE LINKS, WHITLEY BAY, NE26 1PS

[More Info](#)



North Tyneside Parent Carer Forum cic

National
Art Pass

Art Fund

Special Offer: £20 Days Out Pass (covers 3 months)

Buy now for the Summer hols

NATIONAL ART PASS

£20 FOR 3 MONTHS WORTH OF DAYS OUT – BUY NOW FOR SUMMER HOLIDAY FUN
THE NATIONAL ART PASS SUMMER DEAL IS BACK.

YOU CAN NOW PURCHASE A 3 MONTH TRIAL ART PASS FOR JUST £20 (PURCHASE BEFORE 30 JUNE).
YOU CAN ADD KIDS FOR £5 AND ANOTHER UN-NAMED ADULT FOR £5.
100S OF VENUES ARE INCLUDED ACROSS THE UK INCLUDING THE NORTH EAST. YOU CAN USE YOUR
PASS FOR UNLIMITED FREE ENTRY FOR 3 MONTHS TO:

- CHERRYBURN
- PAXTON HOUSE
- WALLINGTON
- AUCKLAND PALACE & MUSEUMS
- THE BOWES MUSEUM
- PRESTON PARK MUSEUM & GROUNDS
- SEATON DELAVAL HALL

PLEASE CHECK THE NATIONAL ART PASS WEBSITE FOR T&CS, VENUES AVAILABLE AND TO PURCHASE
YOUR PASS.

[More Info](#)



North Tyneside Parent Carer Forum cic

Free



DURHAM LEGO TRAIL

THIS SUMMER, FAMILIES ARE INVITED TO EMBARK ON A MAGICAL ADVENTURE AS THE ENCHANTED DURHAM LEGO TRAIL ARRIVES IN DURHAM CITY CENTRE, **FROM 1ST TO 15TH AUGUST**.

VISITORS WILL HAVE THE OPPORTUNITY TO EXPLORE A SERIES OF UNIQUE BRICK-BUILT CHARACTERS, CREATURES, AND DISPLAYS INSPIRED BY FANTASY, LOCAL HERITAGE, AND THE SPIRIT OF ADVENTURE.

THE ENCHANTED DURHAM LEGO TRAIL IS A **FREE EVENT** AND OFFERS A FANTASTIC OPPORTUNITY TO ENJOY DURHAM'S VIBRANT CITY CENTRE DURING THE SCHOOL HOLIDAYS.

**PLEASE NOTE THIS EVENT IS NOT SEN SPECIFIC BUT MAY BE OF INTEREST TO OUR FAMILIES*

More Info



North Tyneside Parent Carer Forum cic

Free



North
Tyneside
Council

Family Fun Days Summer

Active North Tyneside's Family Fun Days
will take place 11am to 2pm on:

FREE

Friday 24 July, Springfield Park, Forest Hall

Friday 31 July, Richardson Dees Park, Wallsend

Friday 7 August, Churchill Playing Fields, Whitley Bay

Friday 14 August, Northumberland Park, North Shields

A great free and fun day out with the kids during the six week holidays. There's something for everyone to enjoy including giant games, cycling, football, a DJ, basketball and bouncy castles! Activities are open to children of all ages from toddlers to teens.

Families can just turn up, there's no need to book or register.

Please note, children must be accompanied and supervised throughout the events by a responsible adult.



www.activenorthtyneside.org.uk

[More Info](#)



North Tyneside Parent Carer Forum cic

SEND GROUPS

Connect • Support • Belong • Thrive



North Tyneside Parent Carer Forum cic



*North Tyneside. Newcastle. Consett.
Stanley. Chester-le-Street. Peterlee.*

SUMMER ACTIVITIES WITH THE *Launchpad*

Join us this summer to explore how to navigate
healthy transitions into new phases of your life.

Skills building

Healthy living

Safe travel

More!

For young people 13 - 18 years old. Lunch included.

Sign up here:



Questions? Email sharlize@ourcommunity.co.uk

HAF HEALTHY TRANSITIONS FOR YOUNG PEOPLE

THE SESSIONS WILL INCLUDE DEVELOPING SKILLS SUCH AS TEAMWORK AND COMMUNICATION, AS WELL AS SAFE TRAVEL AND HEALTHY LIVING. WE CAN ALSO INCLUDE MUSIC AND ENTERPRISE SESSIONS DEPENDING ON THE YOUNG PEOPLE'S INTERESTS; ADDITIONALLY, ALL ATTENDEES WILL RECEIVE LUNCH.

PARTICIPANTS MUST BE AGED BETWEEN 13 AND 18, AND A HIGH PERCENTAGE SHOULD BE ELIGIBLE FOR FREE SCHOOL MEALS. WE CAN CATER FOR A WIDE RANGE OF SEND, BUT WE DON'T PROVIDE PERSONAL OR 1:1 CARE. YOUNG PEOPLE CAN SIGN UP VIA THE MORE INFO LINK BELOW

[More Info](#)



North Tyneside Parent Carer Forum cic



Fully Inclusive
YOUTH GROUP

The group aims to support and empower young people 14+ with physical, sensory, and learning disabilities, while enhancing mental health and wellbeing in a fun & safe environment. Focusing on personal development, the group will feature tailored activities in relation to independent living, life skills and personal relationships.

Parents / carers / supporting individuals welcome to stay.



Development

Each session will feature a mix of tailored activities aimed at enhancing the personal growth of all participants.



Friends

Meeting and interacting with new people can be a valuable experience that opens up opportunities for personal growth and learning.



Fun

Participate in a wide variety of enjoyable and interactive activities that cater to various interests and preferences.

SESSION DETAILS

Every Tuesday* | 18:00-19:30
Tyneside Badminton Centre | Slatyford | NE5 2TA
£3.00 per session | Includes a drink / snack
Book 5 sessions, get one free
**From June 4th (including school holidays)*

Scan me for more details



FULLY INCLUSIVE YOUTH GROUP

BASED AT TYNESIDE BADMINTON CENTRE IN NEWCASTLE, INSPIRE YOUTH GROUP IS AN INCLUSIVE COMMUNITY FOR YOUNG ADULTS

TUESDAY

8-13 YRS | 5-6PM

14+ YRS | 6-7.30PM

£3 PER PERSON

THE GROUP AIMS TO SUPPORT AND EMPOWER YOUNG PEOPLE WITH PHYSICAL, SENSORY AND LEARNING DIFFICULTIES WHILE ENHANCING MENTAL HEALTH AND WELLBEING IN A FUN AND SAFE ENVIRONMENT...

[More Info](#)



North Tyneside Parent Carer Forum cic



North Tyneside Youth Hub

A safe, supportive space for young people to grow, learn and succeed.

- ✦ **Every Tuesday, Wednesday & Thursday**
- ✦ **Wallsend Community Hub & Library**
- ✦ **9.30am – 3.30pm**

A dedicated Youth Hub starting in June for young people of North Tyneside aged 16–24 to access support, advice and opportunities.

For more information, contact us on:



0191 643 2288



workingwell@northtyneside.gov.uk



North East
Combined
Authority

Kim McGuinness
North East
Mayor



Department
for Work &
Pensions



North Tyneside
Council

Workingwell
NORTH TYNESIDE

[More Info](#)



North Tyneside Parent Carer Forum cic

You are not alone,
let's support and uplift each other

A SAFE & SUPPORTIVE SPACE FOR PARENTS & CARERS

SUPPORT
CONNECT
SHARE
RELAX

Creative COFFEE Morning

SUPPORT FOR PARENTS & CARERS
OF SEND CHILDREN

Come along for a relaxed and welcoming morning
designed especially for you.

				
CREATIVE ARTS & CRAFTS Be creative, have fun and unwind	TEA, COFFEE & REFRESHMENTS Enjoy a cuppa and a friendly chat	PARENT SUPPORT Share experiences, ideas and access helpful resources	MEET OTHER FAMILIES Connect with other parents and build new friendships	EVERYONE WELCOME A space for everyone to feel included

 **EVERY MONDAY** | **9.30 AM TO 11.00 AM**

 family gateway
Reg. Charity: 1144453

No artistic experience needed – just come along, relax, enjoy and take some time for **YOU!**

WE LOOK FORWARD TO WELCOMING YOU!

Together we are stronger

PEER SUPPORT & CREATIVE FUN – HOWDEN HUB

A WARM AND WELCOMING SPACE FOR PARENTS AND CARERS OF SEND CHILDREN TO:

- CONNECT WITH OTHERS
- ENJOY ARTS & CRAFTS
- RELAX WITH TEA AND COFFEE
- SHARE SUPPORT AND EXPERIENCES

EVERY MONDAY
9:30AM – 11:00AM

[More Info](#)



North Tyneside Parent Carer Forum cic



MIC LIVE MUSIC SESSION



Every Thursday

**For Adults with Additional
Needs**

Provided by MIC - Music Inclusive
Creative

10am - 11.30am

£3.50 per person



North Tyneside Parent Carer Forum cic

Free

PLEASE NOTE THAT THIS GROUP IS FOR 18+ TO ATTEND ONLY

Autism Better Together

Adult support and friendship group

Wallsend Library	Oxford Centre	Oxford Centre	Wallsend Library
Ark Royal Room NE28 8JR 1pm to 4.30pm TUESDAY	Room 1 & 2 NE12 8LT 4.45pm to 7.45pm TUESDAY	Room 1 & 2 NE12 8LT 1pm to 4.30pm TUESDAY	Ark Royal Room NE28 8JR 9.30am to 12pm SATURDAY
7 th July	14 th July	21 st July	18 th July
4 th August	11 th August	18 th August	15 th August
1 st September	8 th September	15 th September	19 th September
6 th October	13 th October	20 th October	17 th October
3 rd November	10 th November	17 th November	21 st November
1 st December	8 th December	15 th December	19 th December

Drop in for a chat - all welcome

Supported by
North Tyneside Council

For more information

waynetaylor@autismbettertogether.org

facebook.com/BetterTogetherAutism

More Info

Take 5 and chat – parenting additional needs Café Drop-in (Whitley Bay) Wednesday Summer '26



Take 5 and Drop-in... Morning 8.45-11.30 Afternoon 1.00-3.00

- 24 June (afternoon)
- 8 July (morning)
- 22 July (afternoon)
- 29 July (afternoon)
- 5 August (afternoon)
- 12 August (afternoon)
- 19 August (afternoon)
- 16 September (morning)

The Small Hall
Whitley Bay Baptist Church
Park Avenue
Whitley Bay
NE26 1DX



Surround yourself with people who get it
Looking forward to meeting you!

(now with fenced garden)

More details at: www.take5andchat.org.uk info@take5andchat.org.uk www.facebook.com/take5andchat



Free

Newcastle Autism Hubs

For parents / carers of children who are on the diagnostic pathway or post diagnosis of autism.

Children must be living in Newcastle.

We have the following dates available:



Nunsmoor Centre, Studley Terrace, NE4 5AH 06/05 03/06 01/07 05/08	Galafield Family Hub Newbiggin Lane, NE5 1LZ 13/05 10/06 08/07 12/08	Byker Sands Family Hub 19 Raby Cross, NE6 2FF 20/05 17/06 15/07 19/08
Charlton Street Hub, Charlton Street, NE15 8RN 20/05 17/06 15/07 19/08	Fawdon Childrens Centre, Cairns Way, NE3 2SN 27/05 24/06 22/07 26/08	The Treehouse Early Years Centre, Brunel Terrace NE4 7NL 27/05 24/06 22/07 26/08

Supporting your autistic child workshop

- The workshop will cover:
- worries and action planning
 - common misconceptions
 - differences in autistic children
 - practical strategies to use in everyday life

These sessions will run 10-12 and must be pre-booked.

One to one appointments

These appointments are for families that have questions or would like to discuss any issues in confidence.

These appointments are available between 9-3pm and must be pre-booked.



To book please contact Kerrie Highcock on 0191 410 9974 or kerrie.highcock@ne-as.org.uk

Registered Charity No. 1028260 | Company Limited by Guarantee No. 2859620



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Free



ZOOM WEBINAR

SUPPORTING THE EMOTIONAL
WELLBEING OF AUTISTIC
CHILDREN

6th July
4th August
8th September
14th October

12.30 - 2.30pm

Please note this workshop is suitable for parents / carers of children 7
and over who are experiencing low level emotional wellbeing
difficulties.

Link will be sent out the day before

Places are limited and must be pre-booked.

✉ Kerrie.highcock@ne-as.org.uk

☎ 0191 410 9974

f i t @NEAutismSociety
Registered Charity No. 1028260

north east
autism society



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Free



SEND



In The Dads!

Little
SENdations

**We are a group for dads of
children with SEND,
based in the North East
of England.**

**Here to support one another
and find a place to meet
other dads
in a similar situation.**

**A place to talk, vent, moan,
ask questions and to hopefully
organise some meetings and some
events to get together!**

[More Info](#)



North Tyneside Parent Carer Forum cic

Free



**PARENT/CARER VIRTUAL MONTHLY
SUPPORT SESSION
'Understanding Anxiety and Strategies to
Support your Child'**



Connect MHST invites Parents and Carers supporting children and young people with social, emotional, and mental health needs to a virtual support session.
The monthly session is held on Zoom on the last Wednesday of the month at 6pm.

UNDERSTANDING ANXIETY AND STRATEGIES TO SUPPORT YOUR CHILD
CONNECT MHST INVITES PARENTS AND CARERS SUPPORTING CHILDREN AND YOUNG PEOPLE WITH
SOCIAL, EMOTIONAL, AND MENTAL HEALTH NEEDS TO A VIRTUAL SUPPORT SESSION

DATE: WEDNESDAY 20TH MAY

TIME: 6PM

REGISTER VIA MORE INFO LINK

[More Info](#)



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Gardening & Games Group

The Meadows
Connecting Community



For adults with additional needs



Starting
Monday 1st June



1:00pm – 3:00pm



£6 per session

What to expect:



Relaxed gardening activities



Fun and friendly games



Supportive and welcoming environment



Open to all abilities – no experience needed



Location:

The Meadows Community Centre
Waterville Road
NE29 6BA

GROW
CONNECT
ENJOY



Everyone is
welcome
here!



Booking is essential



info@themeadows.community



0191 3410033



North Tyneside Parent Carer Forum cic

Summer PROGRAMME



Building skills. Growing confidence. Having fun! ♥

For children who want to improve their skills before school begins again.

If your child shows developmental needs or struggles with school skills; the school holidays is a fabulous opportunity to concentrate on skills with fun and play.

Our sessions are based on well evidenced therapeutic approaches to address developmental challenges.

PROGRAMMES



Physical skills and games

Building strength, coordination and confidence through play.



Fine motor skills

Improving hand strength, control and coordination.



Handwriting skills

Developing clearer, more confident writing.



Sensory and emotional regulation

Helping children understand and manage their feelings.



Eating and drinking programme

Supporting fussy eating, expanding food variety and building positive mealtime routines.



Transition to secondary school programme

Preparing children for the move to secondary school—building independence, organisation, confidence and coping strategies for new routines.



FLEXIBLE OPTIONS

Choose from 4 or 8 sessions or an intense programme.



4-session programme



8-session programme



Intensive programme options available

CONTACT US AT:



sensoryworx@outlook.com



0191 592 0007

Looking forward to meeting new friends! ♥

[More Info](#)



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GETTING AROUND

Plan • Travel • Access • Explore



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KIDS GO FREE ALL DAY EVERY DAY

UP TO THREE KIDS AGED 11 AND UNDER CAN TRAVEL FOR FREE ON METRO AND THE SHIELDS FERRY, ALL DAY, EVERY DAY WHEN ACCOMPANIED BY A FARE-PAYING ADULT.

KIDS CAN ALSO TRAVEL FREE ON LOCAL BUS SERVICES OPERATING WITHIN COUNTY DURHAM, TYNE & WEAR AND NORTHUMBERLAND DURING THE SCHOOL HOLIDAYS. DATES FOR THE DIARY:

- 14 FEBRUARY 2026 – 1 MARCH 2026
- 3 APRIL 2026 – 19 APRIL 2026
- 23 MAY 2026 – 31 MAY 2026
- 18 JULY 2026 – 20 AUGUST 2026



[More Info](#)



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Newbiggin Maritime Centre
Free Hire.




BEACH WHEELCHAIRS

Enjoy a day on the beach.
 3 sizes available.

Ring 01670 811951 to book.

Working with
 Beach Access North East
 To ensure beach access for all.

www.nmcentre.org.uk



To Book



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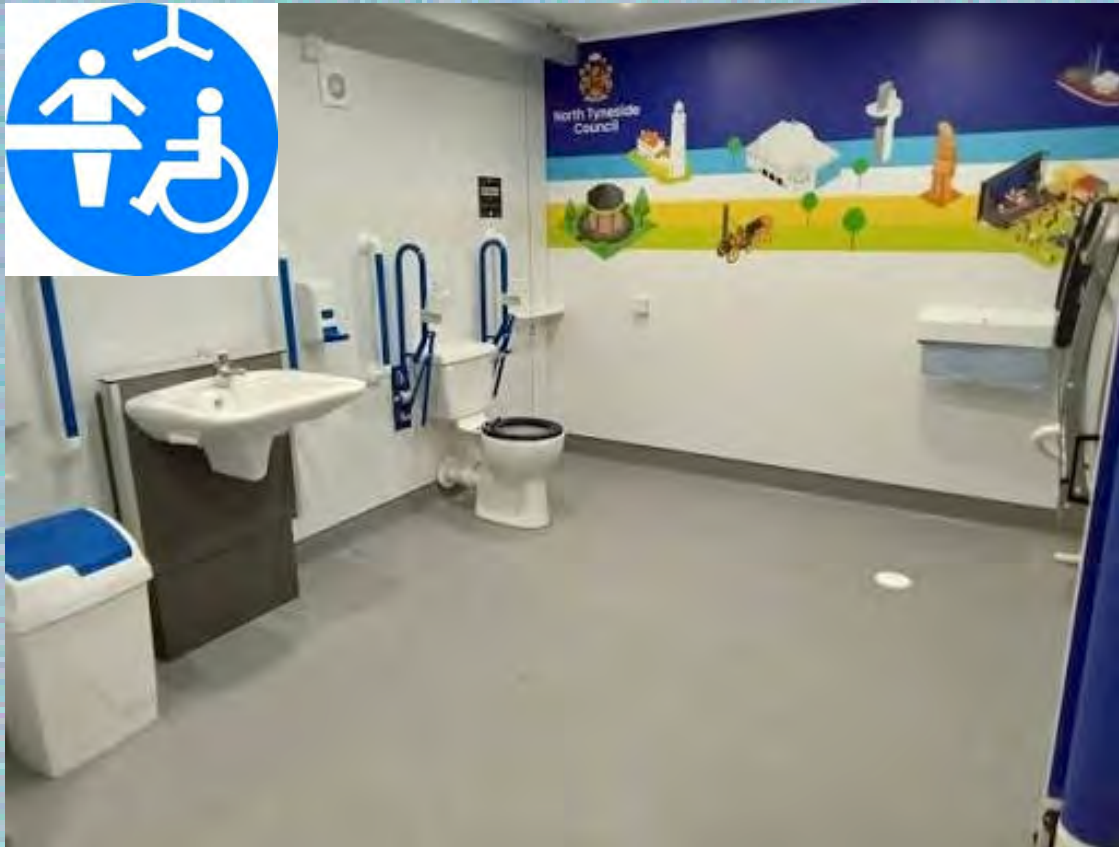
BANE PROMOTES SOCIAL INCLUSION, INDEPENDENCE AND CHOICE FOR DISABLED & ELDERLY PEOPLE ACROSS THE NORTH EAST OF ENGLAND.

THEY PROVIDE FREE LOAN OF SPECIALISED EQUIPMENT AT BEACHES ACROSS OUR REGION. THEY CURRENTLY OPERATE AT SEVERAL BEACHES THROUGHOUT THE NORTH EAST, INCLUDING BAMBURGH, BEADNELL, BLYTH, NEWBIGGIN, NEWTON, SEATON CAREW, SPITTAL, SOUTH SHIELDS, TYNEMOUTH AND WHITLEY BAY. CHECK OUT THEIR WEBSITE FOR THE LATEST LIST.

[To Book](#)



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ACCESSIBLE CHANGING PLACES

NORTH TYNESIDE FEATURES SEVERAL FULLY ACCESSIBLE CHANGING PLACES TOILETS THAT INCLUDE HEIGHT-ADJUSTABLE BENCHES, CEILING TRACK HOISTS, AND EXTRA SPACE FOR CARERS. YOU CAN FIND THESE SPECIALIST FACILITIES AT THE FOLLOWING KEY LOCATIONS ACROSS THE BOROUGH:

HADRIAN LEISURE CENTRE (WALLSEND)
RISING SUN COUNTRY PARK (BENTON)
WHITLEY PARK (WHITLEY BAY; NEAR THE KIOSK, AVAILABLE MAY TO SEPTEMBER)
WALLSEND PARKS (WALLSEND)
SEATON DELAVAL HALL (NATIONAL TRUST PROPERTY NEARBY)

TO VIEW A DETAILED MAP OF ALL ACCESSIBLE CHANGING LOCATIONS ACROSS THE UK, CHECK OPENING HOURS, OR FIND SPECIFIC EQUIPMENT DETAILS, YOU CAN USE THE CHANGING PLACES TOILET FINDER – SEE LINK FOR MORE INFO

[More Info](#)



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STAY CONNECTED



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[More Info](#)



North Tyneside Parent Carer Forum CIC

Who are we?

We are a Community Interest Company, led by and for, parent/carers of children, and young people with SEND aged from 0-25yrs.

We work with relevant providers on a strategic level to help improve and develop local services available to families.

We provide information and training opportunities to parent/carers in our community enabling them to access services and give a representative voice to shape and develop these services.



We do much more, if you would like to find out more, please get in touch!

www.ntpcf.co.uk | info@ntpcf.co.uk 

North Tyneside Parent Carer Forum CIC. Company no. 12933992 Registered company in England & Wales



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Group by North Tyneside Parent Carer Foru...

North Tyneside Parent Carer Forum - Closed Group >

Private group · 340 members

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Page · Community organisation

1.5K likes · 1.9K followers

[More Info](#)



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HAVE A GREAT SUMMER!

Thank you for reading our SEND Friendly Summer Guide 2026.

We hope you and your family find lots of enjoyable activities,
new experiences and opportunities to connect this summer.

From everyone at North Tyneside Parent Carer Forum



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