

# April Menu Carpe Diem Private Pre School

## Welcome to Ambrosia & Figs School Breakfast & Lunch Program

Ambrosia & Fig believes that lunch is very important! Ambrosia & Fig always make sure we serve the daily recommended nutrition requirements or higher in all of our Snacks & Lunches. Our recipes are made to ensure the maximum amount of nutrition

We believe in healthy nutrition. We only use enriched or whole grains. Our food is never fried and we substitute fresh organic fruits and vegetables when possible.

We are a nut free facility and we offer **Allergy Free Meals!** With Ambrosia & Fig you can feel confident that your child will be well taken care of. We offer Gluten Free, Dairy Free, and Egg Free Meals. We also offer Vegetarian meal options as well

Our Spaghetti provides 2 oz meat, 3/8 Cup Fruit and Vegetable, and 1.5 oz of whole grain. We follow the CACFP requirements found on usda.gov.

Have any questions? Reach out to ambrosiaandfig@gmail.com or (469) 466-2002



Monday, March 31	Tuesday, April 1	Wednesday, April 2	Thursday, April 3	Friday, April 4
	Orange Chicken Rice Bowl Orange Vegetable Rice Bowl Enriched Rice California Vegetable Blend	Frito Nachos Frito's, Ground Beef Meatless Crumbles Lettuce, Tomato, Cheese	Deli Meat Sub Tofurkey & Cheese Sub Peaches in Juice	Cheese Pizza Fresh Whole Orange
Monday, April 7	Tuesday, April 8	Wednesday April 9	Thursday, April 10	Friday, April 11
5 Blend Mac & Cheese Broccoli Applesauce	Chicken Fritters/Gravy Meatless Tenders/Gravy Mashed Potato Green Beans	Broiled Hamburgers Veggie Burgers Brioche Buns Steak Fries	Rotisserie Ckn & Cheese Sandwich Tofurkey & Cheese Sandwich Fruit Salad	Cheese Pizza Salad Ranch
Monday, April 14	Tuesday, April 15	Wednesday, April 16	Thursday, April 17	Friday, April 18
Beef Ravioli Chunky Tomato Marinara Mushroom Marinara Italian Vegetable Blend	Open Face Sloppy Joe Ground Turkey, Chunky Tomato Meatless Crumbles Corn	Chicken & Waffles Meatless Tenders/Waffles Baked Apples Carrot Coins	Turkey & Cheese Croissant Tofurkey & Cheese Croissant Spinach Peach Cups	Cheese Pizza Fresh Whole Orange
Monday, April 21	Tuesday, April 22	Wednesday, April 23	Thursday, April 24	Friday, April 25
Chicken Alfredo Mushroom Alfredo Peas & Carrots	Chicken Fried Rice Vegetable Fried Rice Stir Fry Vegetables	Salisbury Steak & Gravy Meatless Patty Mac N Cheese Green Beans	Crispy Cordon Bleu Ckn Wrap (Chicken & Swiss Cheese) Meatless Tender Wrap Veggie Straws	Cheese Pizza Applesauce
Monday, April 28	Tuesday April 29	Wednesday , April 30	Thursday	Friday
Italian Meat Lasagna Vegetable Lasagna Tuscan Green Beans	Crispy Chicken Sandwich Meatless Chicken Sandwich Crinkle Cut Fries Corn	Chicken & Waffles Meatless Tenders/Waffles Baked Apples Carrot Coins	All Lunches Served With Milk Vegetarian Option in GREEN	