

Welcome to Ambrosia & Figs School Lunch Program

Ambrosia & Fig believes that lunch is very important! Ambrosia & Fig always make sure we serve the daily recommended nutrition requirements or higher in all of our Snacks & Lunches. Our recipes are made to ensure the maximum amount of nutrition

We believe in healthy nutrition. We only use enriched or whole grains. Our food is never fried and we substitute fresh organic fruits and vegetables when possible.

We are a nut free facility and we offer **Allergy Free Meals!** With Ambrosia & Fig you can feel confident that your child will be well taken care of. We offer Gluten Free, Dairy Free, and Egg Free Meals. We also offer Vegetarian meal options as well

Our Spaghetti provides 2 oz meat, 3/8 Cup Fruit and Vegetable, and 1.5 oz of whole grain. We follow the CACFP requirements found on usda.gov.

Have any questions? Reach out to ambrosiaandfig@gmail.com or (469) 466-2002

**** Deadlines****

Please Remember all orders must be in On the 15th of each month.



April Menu Castle Pre-School

Monday, April 3	Tuesday, April 1	Wednesday, April 2	Thursday, April 3	Friday, April 4
	Blueberry Belvita Bar & Milk Orange Chicken Rice Bowl Orange Vegetable Rice Bowl Enriched Rice California Vegetable Blend Cheese Rollup	Whole Grain Maple Waffle & Milk Frito Nachos Frito's, Ground Beef Meatless Crumbles Lettuce, Tomato, Cheese Yogurt & Granola	Fresh Baked Banana Muffin & Milk Deli Meat Sub Tofurkey & Cheese Sub Peaches in Juice Farmers Market Shortbread Cookie	Fresh Pear & Milk Pepperoni Pizza Cheese Pizza Orange Sun butter & Jelly Fold overs
Monday, April 7	Tuesday, April 8	Wednesday April 9	Thursday, April 10	Friday, April 11
Scratch Banana Oatmeal Bar & Milk 5 Blend Mac & Cheese Broccoli Applesauce Fresh Tri-Color Bel Peppers & Milk	Scratch Made Granola Bar & Milk Chicken Fritters/Gravy Meatless Tenders/Gravy Mashed Potato Green Beans Turkey Rolls & Ritz Crackers	Scratch Vanilla Pancakes & Milk Broiled Hamburgers Bean & Cheese Burritos Brioch Buns Steak Fries S.F Jello Pudding	Fresh Baked Apple Pie Muffin & Milk Rotisserie Ckn & Cheese Sandwich Tofurkey & Cheese Sandwich Fruit Salad Graham Crackers & Milk	Mandarin Orange Pepperoni Pizza Cheese Pizza Salad Ranch Hummus & Cucumber
Monday, April 14	Tuesday, April 15	Wednesday, April 16	Thursday, April 17	Friday, April 18
Cereal Medley & Milk Beef Ravioli Chunky Tomato Marinara Mushroom Marinara Italian Vegetable Blend House Made Trail Mix & Milk	Blueberry Belvita Bar & Milk Open Face Sloppy Joe Ground Turkey, Chunky Tomato Meatless Crumbles Corn Cheese Rollup	English Muffin & Milk Chicken & Waffles Meatless Tenders/Waffles Baked Apples Carrot Coins Yogurt & Granola	Fresh Cinnamon Vanilla Muffin & Milk Turkey & Cheese Croissant Tofurkey & Cheese Croissant Spinach Peach Cups Farmers Market Shortbread Cookie	CLOSED
Monday, April 21	Tuesday, April 22	Wednesday, April 23	Thursday, April 24	Friday, April 25
Scratch Banana Oatmeal Bar & Milk Chicken Alfredo Mushroom Alfredo Peas & Carrots Fresh Tri-Color Bel Peppers & Milk	Banana & Milk Chicken Fried Rice Vegetable Fried Rice Stir Fry Vegetables Turkey Rolls & Ritz Crackers	Whole grain Maple Waffle & Milk Salisbury Steak & Gravy Meatless Patty Mac N Cheese Green Beans Colby Cheese & Club Crackers	Fresh Assorted Muffin & Milk Crispy Cordon Bleu Ckn Wrap (Chicken & Swiss Cheese) Meatless Tender Wrap Veggie Straws Goldfish & Milk	Fresh Pear & Milk Pepperoni Pizza Cheese Pizza Applesauce Orange Jello Fruit Cups
Monday, April 28	Tuesday April 29	Wednesday , April 30	Thursday	Friday
Cheerios, Blueberries & Milk Italian Meat Lasagna Vegetable Lasagna Tuscan Green Beans House Made Trail Mix & Milk	Scratch Made Granola Bar & Milk Crispy Chicken Sandwich Meatless Chicken Sandwich Crinkle Cut Fries Corn Graham Crackers & Milk	Fresh Apple & Milk Chicken & Waffles Meatless Tenders/Waffles Baked Apples Carrot Coins Yogurt & Peaches	All Lunches Served With Milk Vegetarian Option in GREEN	