

Welcome to Ambrosia & Figs School Lunch Program

Ambrosia & Fig believes that lunch is very important! Ambrosia & Fig always make sure we serve the daily recommended nutrition requirements or higher in all of our Snacks & Lunches. Our recipes are made to ensure the maximum amount of nutrition

We believe in healthy nutrition. We only use enriched or whole grains. Our food is never fried and we substitute fresh organic fruits and vegetables when possible.

We are a nut free facility and we offer **Allergy Free Meals!** With Ambrosia & Fig you can feel confident that your child will be well taken care of. We offer Gluten Free, Dairy Free, and Egg Free Meals. We also offer Vegetarian meal options as well

Our Spaghetti provides 2 oz meat, 3/8 Cup Vegetable, and 1.5 oz of whole grain. We follow the CACFP requirements found on usda.gov.

Have any questions? Reach out to ambrosiaandfig@gmail.com or (469) 466-2002

*** Deadlines***

Please Remember all orders must be in On the 20th of each month.



December Menu Guidepost Montessori

Monday December 2	Tuesday, December 3	Wednesday, December 4	Thursday, December 5	Friday, December 6
Milk Parmesan Bowtie Pasta/ Chicken Parmesan Bowtie Pasta/Tofu Peas & Carrots	Milk Breaded Chicken & Waffles Agave Maple Drizzle Meatless Chicken Baked Apples Steamed Carrots	Milk Beef & Bean Burrito Bean & Cheese Burrito Refried Beans Corn	Milk Deli Meat & Cheese Hoagie Fresh Veggie Hoagie Peaches Cucumbers	Milk Scratch Pepperoni Pizza Cheese Pizza Broccoli
Monday, December 9	Tuesday, December 10	Wednesday December 11	Thursday, December 12	Friday, December 13
Milk Cheese Ravioli Chunky V8 Marinara Tuscan Green Beans	Milk Orange Chicken Rice Bowl Tofu Rice Bowl Broccoli, Carrots, Cauliflower	Milk Broiled Hamburger Veggie Burger Enriched or WG Bun French Fries Corn	Milk Chicken Vegetable Rice Bake Vegetable Rice Bake Steamed Carrots	Milk Scratch Pepperoni Pizza Cheese Pizza Oranges
Monday, December 16	Tuesday, December 17	Wednesday, December 18	Thursday, December 19	Friday, December 20
Milk Chicken Alfredo Mushroom Alfredo Enriched Penne Pasta Italian Vegetables	Milk Chicken Rice Rice Bowl Plant Based "Chicken" Broccoli Normandy	Milk Salisbury Steak/Brown Gravy Veggie Burger/Gravy Scratch Mashed Potatoes Organic Cut Green Beans	Milk Chicken Caesar Wrap Tofurkey Caesar Wrap Applesauce	Milk Scratch Pepperoni Pizza WG Cheese Pizza Carrots
Monday, December 23	Tuesday, December 24	Wednesday, December 25	Thursday, December 26	Friday, December 27
Milk Turkey Bolognaise Mushroom Bolognaise Enriched Pasta Organic Cut Green Beans	School Closed	School Closed	Ambrosia & Fig Closed	Milk Scratch Pepperoni Pizza Cheese Pizza Applesauce
Monday December 30	Tuesday, December 31			
Milk Cheese Ravioli Chunky V-8 Marinara Italian Vegetables	Milk Crispy Chicken Sandwich Plant Based Chicken Sandwich Enriched or WG Bun Potato Tots		We Follow the CACFP Recommended guidelines!	ALL LUNCHES SERVED WITH MILK Vegetarian Option in GREEN