

Welcome to Ambrosia & Figs School Lunch Program

Ambrosia & Fig believes that lunch is very important! Ambrosia & Fig always make sure we serve the daily recommended nutrition requirements or higher in all of our Snacks & Lunches. Our recipes are made to ensure the maximum amount of nutrition

We believe in healthy nutrition. We only use enriched or whole grains. Our food is never fried and we substitute fresh organic fruits and vegetables when possible.

We are a nut free facility and we offer **Allergy Free Meals!** With Ambrosia & Fig you can feel confident that your child will be well taken care of. We offer Gluten Free, Dairy Free, and Egg Free Meals. We also offer Vegetarian meal options as well

Our Spaghetti provides 2 oz meat, 3/8 Cup Fruit and Vegetable, and 1.5 oz of whole grain. We follow the CACFP requirements found on usda.gov.

Have any questions? Reach out to ambrosiaandfig@gmail.com or (469) 466-2002

**** Deadlines****

Please Remember all orders must be in On the 15th of each month.



December Menu Little Ivies

Monday December 2	Tuesday, December 3	Wednesday, December 4	Thursday, December 5	Friday, December 6
Milk , Graham Crackers & Blueberries Parmesan Bowtie Pasta/Chicken Parmesan Bowtie Pasta/Tofu Peas & Carrots	Milk , Yogurt & Peaches Breaded Chicken & Waffles Agave Maple Drizzle Meatless Chicken Baked Apples & Steamed Carrots	Milk, Waffle & Blueberries Beef & Bean Burrito Bean & Cheese Burrito Refried Beans Corn	Milk & Fresh Carrot Muffin Deli Meat & Cheese Hoagie Fresh Veggie Hoagie Peaches & Cucumbers	Milk , Cereal & Banana Scratch Pepperoni Pizza Cheese Pizza Broccoli
Monday, December 9	Tuesday, December 10	Wednesday December 11	Thursday, December 12	Friday, December 13
Milk , Belvita Blueberry Breakfast Biscuits & Grapes Cheese Ravioli Chunky V8 Marinara Tuscan Green Beans	Milk, Pancakes, Berries Orange Chicken Rice Bowl Tofu Rice Bowl Broccoli, Carrots, Cauliflower	Milk & WG English Muffin, Apples Broiled Hamburger Veggie Burger Enriched or WG Bun French Fries & Corn	Milk & Fresh Zucchini Muffin Chicken & Vegetable Rice Bake Vegetable Rice Bake Steamed Carrots	Milk , Cereal & Banana Scratch Pepperoni Pizza Cheese Pizza Oranges
Monday, December 16	Tuesday, December 17	Wednesday, December 18	Thursday, December 19	Friday, December 20
Milk & Scratch Cinnamon Raisin Bread Mandarin Chicken Alfredo Mushroom Alfredo Enriched Penne Pasta Italian Vegetables	Milk, Scratch Oatmeal Bars & Berries Chicken Rice Rice Bowl Plant Based "Chicken" Broccoli Normandy	Milk, Chex, Blueberries Salisbury Steak/Brown Gravy Veggie Burger/Gravy Scratch Mashed Potatoes Organic Cut Green Beans	Milk, Banana Muffin Chicken Caesar Wrap/Romaine Tofurkey Caesar Wrap/Romaine Applesauce	Milk , Waffle, Apples Scratch Pepperoni Pizza Cheese Pizza Carrots
Monday, December 23	Tuesday, December 24	Wednesday, December 25	Thursday, December 26	Friday, December 27
Milk , Banana, Scratch Mini Pancakes Turkey Bolognese Mushroom Bolognese Enriched Pasta Organic Cut Green Beans	Milk, Yogurt, Granola Broiled Hamburger Veggie Burger Enriched or WG Bun French Fries & Corn	School Closed	School Closed	Milk, Banana & Cheerios Scratch Pepperoni Pizza Cheese Pizza Applesauce
Monday December 30	Tuesday, December 31			
Milk & Belvita Blueberry Breakfast Biscuits & Peaches Cheese Ravioli Chunky V-8 Marinara Italian Vegetables	Milk , English Muffin & Banana Crispy Chicken Sandwich Plant Based Chicken Sandwich Enriched or WG Bun Potato Tots & Carrots		We Follow the CACFP Recommended guidelines!	ALL LUNCHES SERVED WITH MILK Vegetarian Option in GREEN