

Welcome to Ambrosia & Figs School Lunch Program

Ambrosia & Fig believe that lunch is extremely important! Ambrosia & Fig always make sure we serve the daily recommended nutrition requirements or higher in all our Snacks & Lunches. Our recipes are made to ensure the maximum amount of nutrition.

We believe in healthy nutrition. We only use enriched or whole grains. We substitute fresh organic fruits and vegetables whenever possible and use nitrate & nitrite free meats.

We are a nut-free facility, and we offer **Allergy Free Meals!** With Ambrosia & Fig you can feel confident that your child will be well taken care of. We offer Gluten Free, Dairy Free, and Egg Free Meals. We also offer Vegetarian meal options as well.

Our Spaghetti provides 2 oz meat, 3/8 Cup Fruit and Vegetable, and 1.5 oz of whole grain. We follow the CACFP requirements found on usda.gov.

Have any questions? Reach out to ambrosiaandfig@gmail.com or (469) 466-2002

**** Deadlines****

Please Remember all orders must be in on the 20th of each month, including weekly orders



December Menu- Guidepost Montessori

Monday, December 1	Tuesday, December 2	Wednesday, December 3	Thursday, December 4	Friday, December 5
5 Cheese Mac & Cheese (G)(D) Steamed Broccoli Applesauce	Teriyaki Chicken Plant Based Chicken Seasoned Rice Asian Vegetables	Broiled Hamburger(G) Vegetable Burger Waffle Fries Butter Carrots	Chicken Ranch Wrap (G)(D)(E) Tofurkey Ranch Wrap(G)(E)(D) Sliced Cucumbers Applesauce	Pepperoni Pizza (G)(D) Cheese Pizza Salad Mix Ranch Dressing
Monday, December 8	Tuesday, December 9	Wednesday December 10	Thursday, December 11	Friday, December 12
Chicken Mushroom Alfredo(G)(D) Mushroom Alfredo (G)(D) Enriched Fettuccine Italian Green Beans	Crispy Chicken Sandwich (G) Plant Based Sandwich French Fries Organic Corn	Beef Meatball Marinara Vegetarian Burger Roll (G) Winter Vegetables	Rotisserie Chicken Sandwich with Romaine (G)(E) Tofurkey/Romaine Sandwich Veggie Straws	Pepperoni Pizza (G)(D) Cheese Pizza Applesauce
Monday, December 15	Tuesday, December 16	Wednesday, December 17	Thursday, December 18	Friday, December 19
Beef Ravioli (D)(E)(G) Cheese Ravioli (D)(E)(G) Chunky Tomato Marinara Sicilian Vegetables	Chicken & WG Waffles(G)(E) Plant Based Tenders Baked Apples Carrot Coins	Chicken Fritters & Gravy (G)(D) Meatless Chicken Fritter Mashed Potatoes (D) Green Beans	Turkey, Spinach, Cheese Sub (G)(E)(D) Tofurkey, Spinach & Cheese Sub (G)(E)(D) Tropical Fruit	Pepperoni Pizza (G)(D) Cheese Pizza Orange Slices
Monday, December 22	Tuesday, December 23	Wednesday, December 24	Thursday, December 25	Friday, December 26
Turkey Tuscaroni (G) Macaroni Marinara (G) Tomatoes & Enriched Macaroni Tuscan Green Beans	Crispy Chicken Sandwich (G) Plant Based Sandwich French Fries Organic Corn	CLOSED HAPPY HOLIDAYS	CLOSED HAPPY HOLIDAYS	CLOSED HAPPY HOLIDAYS
Monday, December 29	Tuesday, December 30	Wednesday, December 31	Thursday	Thursday
Italian Lasagna (G) Vegetable Lasagna (G) Italian Vegetable Blend	Chicken Al Pastor (G) Plant Based Al Pastor Enriched Rice Chuckwagon Corn	Broiled Hamburger(G) Vegetable Burger Assorted French Fries Butter Broccoli		Ambrosia & Fig never uses added sugar in our recipes! Milk served with every meal