

Welcome to Ambrosia & Figs School Lunch & Breakfast Program

Ambrosia & Fig believes that lunch is very important! Ambrosia & Fig always make sure we serve the daily recommended nutrition requirements or higher in all of our Snacks & Lunches. Our recipes are made to ensure the maximum amount of nutrition

We believe in healthy nutrition. We only use enriched or whole grains. Our food is never fried and we substitute fresh organic fruits and vegetables when possible.

We are a nut free facility and we offer **Allergy Free Meals!** With Ambrosia & Fig you can feel confident that your child will be well taken care of. We offer Gluten Free, Dairy Free, and Egg Free Meals. We also offer Vegetarian meal options as well

Our Spaghetti provides 2 oz meat, 3/8 Cup Fruit and Vegetable, and 1.5 oz of whole grain. We follow the CACFP requirements found on usda.gov.

Have any questions? Reach out to ambrosiaandfig@gmail.com or (469) 466-2002

**** Deadlines*****

Please Remember all orders must be in On the 20th of each month.



June Menu Guidepost Montessori Guidepost

Monday, June 2	Tuesday, June 3	Wednesday, June 4	Thursday, June 5	Friday, June 6
Cheerios, Blueberries & Milk Creamy Mushroom Alfredo (G)(D) Enriched Bowtie Pasta Seasoned Green Beans	Scratch Granola Bars & Milk Grilled Teriyaki Chicken Rice Bowl Meatless Teriyaki California Vegetables	Fresh Baked Raisin Bread & Milk Steak Fingers (G)(D) Veggie Patty Mashed Potatoes Corn	Fresh Baked Zucchini Muffin & Milk Turkey Monterey Sandwich (G)(D)(E) Tofurkey Monterey Cheese (G)(D)(E) Veggie Straws Mandarin	Yogurt & Peaches Pepperoni Pizza(G)(D) Cheese Pizza Sliced Cucumbers
Monday, June 9	Tuesday, June 10	Wednesday June 11	Thursday, June 12	Friday, June 13
Cereal, Banana & Milk Spaghetti & Meatballs (G) Chunky Tomato Marinara Capri Vegetable Blend	Blueberry Belvita Breakfast Bars & Milk Crispy Chicken Sandwich (G) Meatless Chicken Sandwich Corn	Cinnamon Apple Pancakes & Milk Fish Filets (G)(D) Meatless Fish Filets Mac N Cheese Carrots	Fresh Baked Blueberry Muffin & Milk Ham & Cheese Croissant (G)(D)(E) Tofurkey Cheese Croissant (G)(D)(E) Gogurt	Maple Waffle & Berries Pepperoni Pizza(G)(D) Cheese Pizza 3 Bean Salad
Monday, June 16	Tuesday, June 17	Wednesday, June 18	Thursday, June 19	Friday, June 20
Chex, Raisins, & Milk Cheese Ravioli (G)(D)(E) Chunky Tomato Marinara Italian Vegetable Blend	Cereal, Berries & Milk Roasted Turkey (G) Roasted Meatless Turkey Applesauce Organic Green Beans	Fresh Baked Raisin Bread & Milk Broiled Hamburger (G) Veggie Burger Sweet Potato Fries	Cereal, Strawberries & Milk Chicken Ranch Wrap (G)(D)(E) Vegetable Ranch Wrap (G)(D)(E) Gogurt	WG English Muffin & Milk Pepperoni Pizza(G)(D) Cheese Pizza Sliced Cucumber
Monday, June 23	Tuesday, June 24	Wednesday, June 25	Thursday, June 26	Friday, June 27
Scratch Granola Bars & Milk Beef Bolognese (G) Vegetable Bolognese (G) Enriched Penne Pasta Organic Tuscan Green Beans	Blueberry Belvita & Milk Lemon Pepper Chicken (G) Meatless Lemon Pepper Ckn Rice Medley Prince Edward Vegetables	Cinnamon Apple Pancakes & Milk Chicken Nuggets(G) Meatless Nuggets Tots Corn	Fresh Baked Banana Muffin & Milk Sun Butter Jelly Triangle (G) Farmers Market Sweet Crackers Applesauce	Fresh Pear & Milk Pepperoni Pizza(G)(D) Cheese Pizza Zucchini Spirals
Monday, June 30				
Cereal Medley & Milk Chicken Alfredo (G)(D) Mushroom Alfredo (G)(D) Enriched Bowtie Pasta House Blend Vegetables				All Lunches Served With Milk Vegetarian Option in GREEN