

Welcome to Ambrosia & Figs School Lunch Program

Ambrosia & Fig believes that lunch is very important! Ambrosia & Fig always make sure we serve the daily recommended nutrition requirements or higher in all of our Snacks & Lunches. Our recipes are made to ensure the maximum amount of nutrition

We believe in healthy nutrition. We only use enriched or whole grains. Our food is never fried and we substitute fresh organic fruits and vegetables when possible.

We are a nut free facility and we offer **Allergy Free Meals!** With Ambrosia & Fig you can feel confident that your child will be well taken care of. We offer Gluten Free, Dairy Free, and Egg Free Meals. We also offer Vegetarian meal options as well

Our Spaghetti provides 2 oz meat, 3/8 Cup Fruit and Vegetable, and 1.5 oz of whole grain. We follow the CACFP requirements found on usda.gov.

Have any questions? Reach out to ambrosiaandfig@gmail.com or (469) 466-2002

**** Deadlines****

Please Remember all orders must be in On the 15th of each month.



November Menu Little Ivies

				Friday, November 1
ALL LUNCHES SERVED WITH MILK Vegetarian Option in GREEN	Breakfast in Blue!			Scratch Cinnamon Raisin Bread , Banana & Milk Whole Grain Pepperoni Pizza Whole Grain Cheese Pizza Mixed Vegetables
Monday, November 4	Tuesday, November 5	Wednesday November 6	Thursday, November 7	Friday, November 8
Scratch Apple Cinnamon Breakfast Bar, Milk & Mandarin Spaghetti & Meatballs Chunky V8 Marinara Tuscan Green Beans	Milk , Graham Crackers & Grapes Chicken Breast Tenders Meatless Tenders French Fry Medley Buttered Broccoli	Milk , Cheerios, Applesauce Cheese Quesadilla Borracha Beans Mexi-Corn	Milk & Fresh Banana Muffin Sun Butter & Jelly Triangles Same Baby Carrots Apple Sauce	School Closed
Monday, November 11	Tuesday, November 12	Wednesday, November 13	Thursday, November 14	Friday, November 15
Milk & Belvita Blueberry Breakfast Biscuits & Banana Mac N Cheese 4 Cheese Blend Same Enriched Elbow Macaroni Organic Broccoli Cauliflower	Milk, Chex Cereal & Apple Mesquite Grilled Chicken Plant Based Grilled "Chicken" Enriched Rice Carrots & Peas	Milk, Breakfast Bars, & Grapes Broiled Hamburger Veggie Burger Enriched or WG Bun Ketchup Tots & Corn	Milk & Fresh Cinnamon Muffin Chicken Ranch Wrap Tofurkey Ranch Wrap Peaches Cucumbers	Milk & Scratch Mini Pancakes, Strawberries Scratch Pepperoni Pizza Cheese Pizza Applesauce
Monday, November 18	Tuesday, November 19	Wednesday, November 20	Thursday, November 21	Friday, November 22
Milk, WG Scratch Waffle, Mandarin Italian Beef Lasagna Vegetable Lasagna Italian Mixed Vegetables	Scratch Oatmeal Bars, Milk, Peaches Crispy Chicken Sandwich Meatless "Chicken" Sandwich Baked Tots Squash Medley	Milk, Chex Cereal & Blueberries Turkey Stroganoff Mushroom Stroganoff Egg Noodles Tuscan Green Beans	Milk & Zucchini Muffin Turkey Provolone Sub Tofurkey Provolone Sub Mandarin Celery Sticks	Milk , Banana & Cheerios Whole Grain Pepperoni Pizza Whole Grain Cheese Pizza Buttered Corn
Monday November 25	Tuesday, November 26	Wednesday , November 27	Thursday , November 28	Friday , November 29
Scratch Cinnamon Raisin Bread & Milk Cheese Ravioli Chunky V-8 Marinara Broccoli, Cauliflower Carrots	Milk, Chex Cereal, Mandarin Broiled Hamburger Veggie Burger Enriched or WG Bun Ketchup Tots & Corn	Milk , Yogurt & Strawberries Thanksgiving Feast Turkey Green Beans Mashed Potatoes Rolls	School Closed	School Closed