

THE LIGHT OF DANCE ACADEMY

PARTICIPANT RELEASE AND WAIVER OF LIABILITY

I choose to participate and/or I choose my child to participate in classes, performances, workshops, and other activities at The Light of Dance Academy of my own free will and certify that I am in and/or my child is in proper physical condition to take part in such activities. If I have questions about whether an activity is suitable for me to pursue, I will consult my health care provider in making that decision. If I have any known physical vulnerabilities, conditions, or injuries, I agree to discuss them with the director before participating.

Release

By signing this document, I release The Light of Dance Academy and their directors, owners, students, teachers, staff, employees, volunteers, associates from any liability or claim that I or my representatives may have against TLODA and all its associates with respect to any bodily injury, personal injury, illness, death, or property loss or damage that may result from my participation and/or my child's participation at TLODA. I voluntarily release and forever discharge and hold harmless TLODA from any and all claims or demands for damages, loss of services, costs and expenses, injuries, attorney fees, and any other call for reparation from any and all injury to me or my property arising in any way from my participation in dance classes, camps, intensives, workshops, performances, troupes, the use of TLODA equipment or facilities, and any activities associated with TLODA.

Risks

I understand that there are risks of physical injury associated with, arising out of, and inherent to dancing. These risks include the potential for slips and falls, sprains, strains, dislocations, soft tissue injuries, musculoskeletal injuries, podiatric conditions, and other risks not specified here.

Understanding these risks and the potential for others not listed, I agree to personally accept and assume all of the risks present in my participation at TLODA. My participation at TLODA is entirely voluntary, and I choose to participate in spite of the risks.

Dance education sometimes requires hands-on instruction as well as verbal instruction. Instructors may correct dancers by touching their arms, legs, feet, back and head to move them in the correct position. I acknowledge that this is a common standard in dance instruction and understand that it is my responsibility to communicate clearly with my teacher and/or the director if any form of touch is unacceptable to me and/or to my child.

Medical Treatment and Insurance

I understand that TLODA does not assume any responsibility for or obligation to provide financial or other assistance in the event of injury or illness, including but not limited to medical, health, or disability insurance or support. I authorize TLODA to obtain necessary medical or dental treatment, including first aid, ambulance transport, hospitalization, or such other care necessary for my health and welfare in an emergency. If my insurance does not cover emergency treatment that is deemed necessary and sought for me and/or my child by TLODA, I agree to be responsible for and pay all costs incurred on my behalf. I release and discharge TLODA from any claim which may arise on account of any first aid, treatment, or service rendered in connection with my and/or my child's participation in TLODA activities or with the decision by any representative or agent of TLODA to consent to medical or dental treatment on my behalf in an emergency. I understand that TLODA does not carry or maintain health, medical, dental, or disability insurance coverage for any participant. I agree to take responsibility for full payment of any emergency medical or dental costs related to my TLODA participation regardless of whether I have insurance coverage.

Photographic Release

I understand that TLODA may take photo and video recordings of me and/or my child during my participation in TLODA classes and its activities. I convey to TLODA full rights and interest in these recordings. I understand such recordings may be used in advertising or other published materials, physical or virtual. If I and/or child do(es) NOT consent to being photographed or video-recorded, I will make sure the director is aware of my concerns and the reasons for them in writing. I and/or my child will be proactive about avoiding being photographed or recorded, and I will hold TLODA harmless if a photo or video recording of me is released despite all precautions. I understand that this choice may limit my participation in stage performances and that are routinely photographed and/or videotaped.

Miscellaneous

While a participant at TLODA, I agree to abide by all rules, procedures, codes, and policies, that are put in place by TLODA before or at any time during my and/or my child's participation. If I have questions or concerns regarding any policies or decisions made by any representative of TLODA, I agree to bring them promptly to the Artistic Director's attention.

Signature

All student, participants and authorized Parents/Guardians of minor students must sign the signature page at the start of each dance year certifying that they have read this document, understand it in its entirety, and agree to be bound by its terms, before participating in classes.

THE LIGHT OF DANCE ACADEMY POLICIES, CODE OF CONDUCT AND AGREEMENT

The Light of Dance Academy focuses on promoting the Indian Classical Dance, Kathak. We are committed to train and nurture the whole student, mind, body and spirit, through the art of Kathak dance. **We teach Kathak in depth in its purest form.** In addition to Kathak Dance demonstrations, we emphasize on Kathak theory, vocabulary, and pronunciations (Padant on hands) for students' in-depth understanding.

***COVID-19 UPDATES**

We are committed to creating a safe environment for our dancers, families, and staff. Due to constant changing COVID 19 guidelines and protocols for children's educational institutions, we are required to update our policies and services agreement per those updates. In order for TLODA to provide outstanding services to our highly regarded students of all ages and parents/guardians of minor students, we request that you please read TLODA Policies, Code of Conduct, **Guidelines, and Agreement carefully and discuss them with your family before entering TLODA studios located at 220 Blue Ravine Road, Suite # 100, Folsom, CA 95655 and 4331 Norwalk Circle, Mather, CA 95655. Please do not hesitate to speak directly with Shalini Madra (Ms. Shaal), the Founder and the Artistic Director for questions, concerns and other inquiries at 510-282-9208 (Call/Text/WhatsApp) or e-mail at Director@thelightofdanceacademy.com cc info@thelightofdanceacademy.com**

***WELLNESS & MEDICAL POLICIES AND PROCEDURES CHILD ILLNESS**

- If your child falls ill during the class, student will be separated from other children, and you will be contacted to retrieve them immediately. If you are unable to retrieve your child in a timely manner, your emergency contact will be contacted and required to pick up your child.
- After a suspected illness including COVID symptoms, your child must be symptom free for 48-72 hours without the use of medication, and/or with a doctor's note stating they are not contagious, before returning to classes.

- The Provider has the right to refuse the doctor's note if the Provider feels that the child is still too sick to attend classes and engage in physical activities.
- You agree to pick-up and drop-off within the period outlined and agree to pay any fees charged for additional care provided.

***DROP OFF, PICK UP (SIGN-IN, SIGN-OUT CHANGED)**

DUE TO EVER CHANGING COVID 19 GUIDELINES AND PROTOCOLS FOR CHILDREN'S EDUCATIONAL INSTITUTIONS, WE ARE REQUIRED TO UPDATE OUR POLICIES.

- Parents are no longer required to come inside the dance studios to sign-in and sign-out.
- Studio doors will be unlocked 10 minutes before the scheduled class time for parents to drop their children off at the front door. Our cutoff time for drop off is 2 minutes before the class time and the front doors will be locked at this time. This is to ensure children's safety, class schedule is followed, and classes aren't disturbed during sessions. Teacher will note the attendance of present students. Studio doors will be unlocked after the class is adjourned. Parents are required to wait outside until doors are unlocked. Students will be released to parents outside the main front door. **We strongly urge you to support us with your punctuality on this matter.**
- We will continue to conduct pick-ups and drop-offs outdoors until COVID 19 guidelines and protocols for children's educational institutions change.
- EARLY PICK-UP: If you plan to pick up your child earlier than your scheduled pick-up time, please let the Provider know.
- PICK-UP/DEPARTURE: Parents are required to pick up their child as outlined in this agreement. **Any variance to the time contracted and outlined above is subject to a late pick-up fee.**
- TLODA assumes no responsibility before, after, or between specified class times. Parents and guardians are responsible for arranging proper designated individual to drop-off and pick-up their child.

EXPECTATIONS AND ETIQUETTES

- TLODA faculty is expected to respect students and TLODA students are expected to respect each other, Studios' guidelines, TLODA faculty, and TLODA Studios building and infrastructure. Parents, guardians, and students can expect that all TLODA faculty and staff will respect the wellbeing of each student, treat each one of them fairly, and encourage their growth and self-esteem as unique individuals.
- When using the lobby/lounge, restrooms, and water-tea-coffee-break areas, students are expected to clean up after themselves including throwing away their personal trash inside the trash cans provided by the studios. When using theory class chairs, students are expected to put the chair back to its original place and take all their belongings with them after the class.
- As our studio is a shared space, we ask that all students be aware that people of all ages are occasionally present. We ask adult students and parents/guardians of minor students that they are setting the example for all students, and reflect wise choices in their language and behavior.
- We practice Tatkaar for Kathak class warm ups; and added stretches for traditionally inspired dance forms.
- Students are advised to leave shoes at the entrance in an organized manner, and their bags, and other personal belongings under benches in the studios or other designated areas and cubbies only. Putting bags or personal belongings on benches, chairs, sofas, or near dancing areas or walking paths are prohibited.

- All Students should bring a water bottle to the studios. No food or drink is permitted within the studios except water bottles and light snacks during long rehearsals. No open lid containers or glasses are permitted.
- Chew-Gum is prohibited in TLODA studios.

VENUE

Venue change, if there is any, will be in and around Folsom.

***FREE TRIAL, REGISTRATION, DISCOUNTS, LATE FEE**

- The Light of Dance Academy offers first complimentary tryout session (At no cost/Free). (This is available for first-time potential clients only).
- Those who want to rejoin, would need to reregister (Enrollment fee applies).
- Registration must be completed before starting classes.
- Discount for IMMEDIATE family member(s) taking dance classes is 10%.
- Discount for a student taking multiple classes is 10%.
- New student enrollment fee is \$65.
- Monthly fee is prorated for **NEW** students **ONLY** if they join mid-month.
- **We do not pro-rate monthly fee for any reasons.**
- All declined payments are subject to a **\$25.00 late fee**, and will be CHARGED*, no exceptions.
- ** To avoid late fees, kindly remember to inform us 30 days in advance before the upcoming payment due date if your credit card on file has expired, and we will update your account. Students whose accounts are 30 days past due, will be dropped from the program. To join back, enrollment fee will be charged. **

***ENROLLMENT, MONTHLY AND EVENT REGISTRATIONS FEES, HOLIDAYS, PAYMENTS •**

Each week the student will attend one class.

- All students are required to have a credit card on file.
- Monthly Fee will be charged on 1st of each month (except summer break) to the credit card on file utilizing AUTOPAY.
- New student enrollment fee is \$65. (Non-refundable)
- *Annual renewal fee for active students is \$45. (Non-refundable)
- Monthly Fees are: \$110 for beginners (First 2 years), \$125 for Intermediates (3 to 4 years) and \$135 (5 to 7 years) for advanced level students. (Non-refundable)
- *Tuition free summer break takes place in June and July.
- This agreement renews automatically each year on April 15th unless a written withdrawal letter is submitted to the provider by the student or the minor student's parent.
- The Academy will be closed on the following holiday long weekends: Thanksgiving, Christmas, New Year's, Federal Holiday long weekends, and Mother's Day.
- Each month fee should be paid in full irrespective of missed sessions, long weekends, and observed holidays.
- Anyone not paying fees during all active months except summer break months is considered a discontinued student. A discontinued student has to pay re-enrollment fee to rejoin. They will be shifted to another batch depending on how much curriculum has been missed by them.
- TLODA will be closed for regular classes during summer breaks hence there will be no Tuition expected for those two months only.

- *Teacher reserves two sessions off for any personal reasons or illness or family emergencies, anytime throughout the academic year. Monthly fee will not be prorated for these first two sessions. After these two sessions, if teacher cancels a class due to personal reasons or illness or family emergencies, monthly fee for that month will be adjusted accordingly based on the number of classes of that specific month that the class is canceled and adjusted amount will be credited in student's following month's monthly fee.
- It will be assumed that if the student is enrolled at TLODA, her account will be automatically charged, using the credit card on file, non-refundable TLODA Annual Event Registration Fee unless I have contacted the TLODA office IN WRITING, 120 days prior to TLODA Annual Function, that my dancer(s) will not be participating in the TLODA Annual Event. Tuition, event registration fees must be paid in order to receive costume(s) and participate in the event.

***FEES INCREASES**

All students will be automatically re-enrolled each year by April 15th unless a written withdrawal letter is submitted to the provider 30 days in advance. The annual re-enrollment registration fee will be automatically charged on May 1st of each year before the summer break. Provider retains the right to increase rates annually. Students, Parents, Guardians will be notified no less than 15 DAYS in advance for which the rate will become effective; and any and all discounts awarded at the time of renewal of this contract become invalid as of 12:00 AM on April 30th the year following the year in which this contract is renewed. All other TLODA Policies, Code of Conduct, Participant Release and Liability Waiver agreements remain the same as per original enrollment signed agreements. All amends, changes and/or updates to this agreement will be communicated electronically before the renewal date.

*RATES: **Effective May 1, 2023*

TLODA reserves the right to refuse service to anyone. TLODA reserves the right to update TLODA Policies, Code of Conduct and Agreement at any time before advance notice. We will share the most updated version of TLODA Policies, Code of Conduct and Agreement with customers as soon as updates are finalized.

DANCE CLASSES, CURRICULUM, HOMEWORK, ASSESSMENT

- TLODA Kathak Program has a set curriculum for each academic year that needs to be covered by each student in order to make solid progress to move forward to the next level.
- TLODA conducts dance classes on **Fridays, Saturdays, and Sundays only**.
- ***ONLY STUDENTS** are allowed to stay inside the studio during class hours. It is exempted for new students who are trying out a complimentary class.
- *At times, sessions may be conducted by senior students or a substitute teacher.
- Students are to bring their dance notebook and pen to every class, no exceptions.
- Its parents' responsibility that each student brings the notebook with a working pen.
- The Teacher will assess the progress of each student throughout the academic year. A student may be moved to a different batch/level if needed. Please be ready to accommodate yourself with this shift.
- All students (except 7 and below) **MUST WRITE COMPLETE DANCE NOTATIONS IN THEIR NOTEBOOKS** to excel in dance classes. Practical demonstrations, body movements, and facial expressions are learned with ease when students have a grasp on written dance piece (Nritya Bole), its' accurate pronunciation (Padant), and an understanding of the meaning behind a dance piece.
- Students (except 7 and below) to complete homework assignments (if given) in order to keep moving forward with the scheduled curriculum.
- *Event rehearsals are done during regular classes as most of our performances are from Kathak class curriculums only (Classical and Semi-Classical or Regional Folk dance performances).
- *During events' rehearsals:

1. Sessions are longer than usual sessions. Students get to learn a tremendous number of different techniques and improve their skill-sets and craft by practicing long hours.
2. They will be instructed to bring healthy snacks with them for their breaks.
3. We may teach students intermediate and/or advance level techniques.
4. Students are to attend longer sessions in case they are getting ready for events. Non participants may leave after their regular class duration.
5. Students are to work as a team with all TLODA students and instructors from other classes.

***MAKEUP SESSION, WITHDRAWAL, REFUND**

- Any missed lesson will be taught in the next session. Each dance piece takes several sessions from learning to mastering including writing and accurately pronouncing using the Padant format. Therefore, missing a class doesn't mean that the student will not learn the dance piece she has missed during a missed class.
- *We do not provide makeup sessions for reasons listed below:
 1. During event rehearsals, sessions are longer than usual sessions.
 2. During long rehearsals, students get to learn a tremendous number of different techniques to improve their technical skill-sets and graceful craft. In addition, we take extra time (long hours) to teach them with intermediate and/or advance level techniques (Which has more value) above their enrolled levels but do not charge an addition fee.
 3. A number of months in a year have more than four weeks. We provide additional classes during those months at no extra cost.
 4. All TLODA students in active status will receive first priority to sign-up for TLODA Summer Workshops (Kathak classical, semi-classical, folk, and Bollywood) for a **discounted price and workshop registration fee being waived**. In addition, they may choose to perform during **India Day event and showcase items learned during Summer Workshops**.
 5. Students may be given the option to attend an extra session of another class of either similar or next to their current level.
- If you wish or need to withdraw, you may do so at any time.
- *We **DO NOT OFFER REFUNDS FOR ANY REASON**, so please let us know that you will be dropping a class 30 days in advance to avoid upcoming month's tuition being charged automatically.
- All drops must be documented in writing and email to the Accounting@thelightofdanceacademy.com and cc Director@thelightofdanceacademy.com

COMMUNICATIONS, SCHEDULES, CANCELLATIONS

- TLODA sends primary communications electronically. We do not share personal contact information with anyone outside of our organization except the financial institution that we use for Monthly Fee Auto Pay. Important billing information, as well as studio updates are sent electronically. Please check with TLODA to make sure that we have your correct contact information on file if you are not receiving TLODA important updates.
- TLODA studios' schedule is shared in advance. Any updates to the schedule (for any unseen reasons) are communicated via text messages/What's App messages as soon as updates are recognized and made.
- If classes need to be cancelled for any reasons, a text messages or a What's App messages or an e-mail will be sent to all impacted students no later than 2 hours prior to the class time. In case of cancellations due to weather severity, or natural disasters, dance classes will automatically be cancelled. Important notifications will be posted on our FACEBOOK PAGE as well given that the internet service has not been

interrupted due to the disaster. You are encouraged to follow TLODA on **Facebook (The Light of Dance Academy @ The Light of Dance Academy)**, **Instagram (@The Light of Dance Academy)**, and **www.TheLightofDanceAcademy.com** as important information is often shared there.

- As a part of our efforts to become a paperless facility, TLODA sends electronic updates and communications to all families with information about upcoming events, new developments, and any pertinent information about TLODA studios. We ask that families read these electronic updates (e-mail and/or WhatsApp messages/texts etc.) as they contain helpful calendar reminders, new opportunities for our students, and other important information.
- We will respond to non-emergency communications during business hours (MON.-FRI., 8 a.m.-5 p.m.) only.

STAGE PERFORMANCE

- Although we try our best to provide the stage exposure and experience to each student, students with two or more years with consistent attendance into the program will have the priority to participate during the TLODA Annual event and non-TLODA events. Students that are in first two years of Beginners level may or may not participate during events. Students in the Intermediate and above levels will get most performance opportunities. An assessment will be made each time when an event opportunity arrives. Participant selection depends on the requirements of the performance theme and subject vs. students' craft perfection and character suitability.
- Students are required to remain backstage with instructors for the length of the full show – NO PARENTS are permitted backstage without TLODA's approval. NO student will be released during a show – NO EXCEPTIONS.
- The Light of Dance Academy Kathak dance classes are NOT conducted just for the performance's sake or just as an extra activity. Students are taught to understand the art-form and hence they may NOT perform on stage during each event or each item which they learn. **Each item they learn is just a stepping stone to become a better dancer.**
- All students and parents/guardians of minor students agree to follow Artistic Director's make-up and dress instructions based on each performance to be consistent with other dancers.
- All TLODA students in active status will receive first priority to sign-up for TLODA Summer Workshops (Kathak classical, semi-classical, folk, and Bollywood) for a **discounted price and workshop registration fee being waived** when and if conducted. In addition, they may choose to perform **items learned during Summer Workshops** during **TLODA Annual Event or TLODA authorized events.**
- Any choreography learned by a student is the sole **intellectual property** of TLODA and may not be copied or used for any activity outside of TLODA Studios' scope. Permission must be granted by the TLODA for any student to use TLODA Studios' choreography at any venue where the member is not with the Studio or acting on behalf of the Studio.
- *** Engaging audiences with eyes, expressions and smiles is a must for each performance. Students are highly encouraged and motivated to start including these three aspects of all their acts during learning and rehearsals. This is a crucial part of the performances, therefore failing to do so is subject for removing the participant from that act. ***
- Students should strive for perfect attendance year-round. Students with excessive absenteeism during classes and rehearsals is subject to be replaced or their role reduced, at the choreographer and artistic director's discretion.

- All students wish to participate during stage performance events with TLODA, they must not have policy violations.
- Dress rehearsals and shows are held in place of regular sessions and included in monthly fee payment.
- There are no regular scheduled classes the week of dress rehearsal or on performance days – the show activities replace all classes at the studio.

DRESS REHEARSALS

Drop off and pick up policies stay remain for rehearsal schedules. Children learn and perform much better when its one-on-one connection between students and their teacher with no additional audience present until they have honed their craft. We invite parents into the studios at the last rehearsal (rehearsal before the final dress rehearsal) to observe the dances and discuss hair style, jewelry, dress, make up or other performance related information.

***CLASS OBSERVATION**

- Per COVID update 3/16/2022, **DROP OFF** only.
- **Only students are allowed to stay inside the studio during class hours except for those that are trying out their first class.**

As much as we love to watch our kids in action, many dancers feel less free to explore new skills with others watching. As dancers mature, they often start getting self-conscious with others watching. We want to promote an environment that encourages freedom to take risks and build new skills. Parents and guardians are welcome to observe the last class of March and October, and the final dress rehearsal.

STUDENT CLASS ATTIRE, HAIR, GHUNGROOS

- Students are to arrive with appropriate dance attire. It is imperative that dancers be able to move freely without inhibition and that teachers are able to clearly see the line of the body in order to properly assess alignment and posture. Appropriate dance attires: Traditional Indian Suit (Any style), Kurta-Leggings, Lehenga-Blouse, Frock or long dress with leggings. Wearing jeans, shorts, baggy sweatpants, pajamas, or distracting jewelry are all prohibited. Wearing non-slippery cotton dupatta, leggings and ghungroos with ankle pads to secure ankles are **MUST** for all Kathak classes. Dupatta is optional for young children.
- Students' hair must be pulled away from their faces, braided well and/or secured with pins and hair ties. Students are able to focus in class and practice with undivided attention when their hair is pulled back.
- Ghungroos are to be respected and stored in the same manner we would respect and store academic books. In order to follow the Kathak ghungroos tradition, we humbly request that you respectfully store ghungroos and ankle pads in a small cloth bag that fits into the dedicated dance bag. In Ghungroos lesson during Kathak classes, we take the time with each student to help them learn the accurate way of wearing ghungroos and how to secure them tightly with the most common method for tying shoelaces. Please encourage and help them practice tying ghungroos at home with the "Two Loop" knot, also known as the "Bunny Rabbit" knot, or the "Loop, Swoop and Pull" knot, or the "Bow-knot" technique. Its parents and guardians' responsibility to make sure that their child promptly learns and practices at home the technique to tie ghungroos.

PHONE DURING CLASSES

- During dance classes, we **WILL BE UNABLE TO RESPOND** to phone calls or text messages.

- Students are not allowed to use cell phones unless it is an important cause and have been communicated by a parent or guardian in advance. **Students' cell phones MUST be left inside their dance bags. Under NO CIRCUMSTANCES any form of capturing pictures, audio or video recordings inside the studios are permitted.**
- **SINCE WE WORK WITH MINORS, UNDER NO CIRCUMSTANCES TAKING PICTURES, VIDEOS OR AUDIO RECORDINGS ARE PERMITTED INSIDE TLODA STUDIOS.**

AUDIO TRACKS, VIDEOS, DIGITAL PHOTOS

- Students are required to write dance notations consistently during their classes and/or during their home assignments. Students are required to learn to verbalize during 'Padant' (Pronunciation) and use their own voice to practice at home. This strengthens their grasp on memorizing Nritya-Bole and empower them to excel in overall field of Kathak.
- It is **NOT** required for TLODA to provide students with audios and videos to practice at home. We may choose to provide them **OCCASSIONALLY** to a student that requires additional help.
- **Monthly fee doesn't include TLODA professionally recorded audios, videos, and digital photographs. TLODA may provide these items (with or without additional fee) as a COURTESY.**

INTERNET, ONLINE CONTENT, SOCIAL MEDIA

While we understand that cell phones and Social Medias are primary ways through which people communicate. We have set forth the following guidelines for cell phone and Social Medias' interactions between TLODA faculty, and parents (of minor students), and TLODA students 18 and above.

- TLODA shared audio tracks, dance notations, and video recordings **MUST NOT BE SHARED** with anyone outside the TLODA organization and with non TLODA individuals, and **ANYWHERE ONLINE OR OFFLINE** by families, friends, and relatives of all TLODA students.
- TLODA faculty will not accept friend requests from TLODA minor students. If parents prefer TLODA faculty to communicate directly to children electronically related to dance classes and related information, please authorize us with a written request (e-mail or text is sufficient), or by sharing your child's cell phone number/e-mail ID/social media profile information with us.
- TLODA will not share photos or videos without prior consent and written permission from students, and minor students' parents ahead of time. Please be advised, no consent means, students may not be able to participate in promotional photoshoots and videos in addition to any events where TLODA has no control over audiences' actions.
- All imagery including, but not limited to, photographs and video recordings of a student is the sole intellectual property of the 'The Light of Dance Academy and TLODA Studios' and may be used at the discretion of the TLODA for advertising and promotional purposes.
- If in doubt, please discuss your concerns with the Artistic Director.

PRIVATE LESSONS

- Private lessons are conducted from TLODA's Mather Dance Studio at this time and occasionally from Folsom Dance Studio. Private lessons may be sought for a variety of reasons in addition to professional development, specific needs, or individualized technique growth to achieve their personal goal(s).
- Current TLODA students seeking to enhance their dance experience through individual study should speak to the Artistic Director, who will listen to the purpose for private lessons, evaluate student's

current level of technique, and discuss availability options to determine an appropriate plan for the student to achieve her goals.

BEHAVIOR POLICY

TLODA is committed to cultivate an environment of respect, harmony, and consistent growth for all. If for any reason TLODA students do not follow TLODA guidelines outlined in the TLODA Policy, TLODA enforces a three (3)-strikes policy with regard to misbehaving at the studios – in or outside of dance class.

- Students will initially receive a couple verbal prompts with guidance by TLODA faculty to help students demonstrate appropriate behavior. Strikes will not be administered for these initial redirections of behavior. Strikes will only be given after behavior correction and/or redirecting does not work in the classroom context. Our goal is to help students shift their behavior in a more positive direction.
- Students who consistently avoid following directions:
 - Strike 1 is an official warning; student is still be able to participate in dance classes. Student and relevant teachers will have a discussion about a plan to support appropriate behavior in class. First strikes are administered after some attempts by the relevant teachers/staff to redirect behavior in a positive direction. In other words, first strikes are not given until a teacher or staff member decides that basic prompting is not sufficient to shift behavior appropriately
 - Strike 2, the student will be asked to take a break from class to re-set, breathe, take a drink of water, and re-focus on class before coming back. Guardians will be contacted to discuss the behavior concern and talk about a plan moving forward for class.
 - Strike 3 (extremely rare!) Student will be asked to cease attending class if disruptive behavior is not adjusted or controlled adequately after previous steps taken. Student is encouraged to return to class the following semester to try again. Strike 3 situations are rare and are avoided as much as possible by TLODA faculty.

INJURY AND ILLNESS PREVENTION

- Our goal is to provide a safe and secure environment for our business, dance classes and movement education. However, the risk of injury exists in any physical activity. In order to minimize the impact of injury and illness in our studio space, the following policy has been developed:
- Age-appropriate warm-up, cool-down, and water breaks will be part of each class session.
- For Kathak students, untying ghungroos and taking off dupatta is considered cool down exercise.
- If an injury occurs in class, the student should tell the instructor immediately, and will be advised to sit out and observe the remainder of the class. If the injury is determined to require immediate care, an emergency contact and/or a parent/guardian listed in the TLODA Registration Form, will be called and/or emergency transport to a medical facility arranged at student and/or parent's expense.
- Students who have suffered an injury in class will be sent home with a follow up communication detailing the injury and reminding families of this policy as listed in the TLODA Registration Form and this agreement.
- If an injury is significant enough to require missing more than one class, TLODA will require a written communication either from the treating doctor, or the parent of the minor student, or from the adult student above the age of 18, releasing TLODA from any type of liability before returning to the dance classes.
- Serious injuries will require an in-person meeting with the dancer, his/her parent/guardian, and TLODA Artistic Director to discuss a plan for return to dance moving forward. Relevant TLODA instructors will be consulted, and may be included in the meeting.

- If you have suffered an injury outside of class, please notify your teacher at the beginning of class so that modifications can be discussed or the students can be excused (if appropriate) from the class.
- If the student is ill and cannot attend class, please call the studio to let us know you will be absent.
- If the student is running a fever, please do not attend class.
- If the student gets sick during class, please alert instructor immediately, so that we can call your parent/guardian.
- *** If you or another family member returns from a foreign country, please let the TLODA staff know over the phone so the student can be excused for classes per CDC guidelines. TLODA will not be responsible or liable for any injury, medical attention or medical expenses.
- Adult Students, Parents, Guardians understand that risk of injury is inherent in any physical activity and knowingly and voluntarily accept that risk.

TLODA PARTICIPANT RELEASE & WAIVER OF LIABILITY AND POLICIES, CODE OF CONDUCT AGREEMENT SIGNATURE PAGE

By signing the Signature Page, you are agreeing that you have read, understand, and agree to adhere to Participant Release and Waiver of Liability, TLODA policies, Code of Conduct, all procedures, and protocols. Additionally, you acknowledge and understand that the policies, Code of Conduct, all procedures, and protocols at The Light of Dance Academy are legally binding and subject to change without advance notice and that any changes made will supersede any current Policies, procedures, or contractual agreements, including but not limited to payment and attendance policies, illness policies, and other operational policies and procedures. Students, Parents and Guardians of minor students will be notified of any changes in writing. All Adult Students, Parents and Guardians of minor students must sign the Signature Page at the start of each dance year certifying that they have read this document, understand it in its entirety, and agree to be bound by its terms, before participating in classes.

I certify that I have read TLODA Participant Release & Waiver of Liability AND Policies, Code of Conduct & Agreement documents. If my child is a minor, I have read the Policies and Code of Conduct with them before the start of class. The Release and Waiver of Liability shall be binding on my heirs, successors, and personal representatives. If the participant is a minor, I certify that I have full legal authority to sign this release on their behalf. I have had the opportunity to have my questions answered by TLODA's Director before signing. If I have feedback or concerns at any time, I will speak with the Director.

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