

## A Rainbow Always Appears After the Storm

Dave Edwards



I've weathered many storms in my life, whether physical, emotional or spiritual. During these storms, I've experienced torrential downpours of sadness, anxiety, fear, shame and regret. I've felt frustrated, disheartened and distressed. I've even found myself in the pit of despair.

When the storm is the strongest and things seem hopeless, I need to wait for the rainbow.

I need to have hope--hope that things will get better, hope that "this too will pass" and hope that the rainbow will appear after the violent storm. Maya Angelou says that "God puts rainbows in the clouds so that each of us – in the dreariest and most dreaded moments – can see a possibility of hope."

As the song goes...

*"Somewhere over the rainbow skies are blue  
Clouds high over the rainbow, makes all your dreams come true  
Oh, someday I'll wish upon a star  
Wake up where the clouds are far behind me  
Where trouble melts like lemon drops  
High above the chimney top  
That's where you'll find me"*

A favorite song of mine, written by Nigerian gospel singer Sinach, says "**He is a way maker, miracle worker, promise keeper, light in the darkness**".

**He is a way maker.** God can, and will, "make a way where there is no way". When all seems bleak, He can turn things around. He can help us when our backs are against the wall. He can also help us when we have no one else to help us, and we can't help ourselves.

**He is a miracle worker.** Jesus did many miracles which are mentioned in the New Testament. And, He hasn't stopped doing them. He healed the blind man, the leper, the demon-possessed man, the paralytic and the bleeding woman. He even healed a dead man, Lazarus. And, he healed me of asthma and allergies. He healed my extreme shyness and He continues to heal my broken heart. I believe He is still willing to heal me as I trust in Him.

**He is a promise keeper.** God promises to be with us "until the end of the age." (Matthew 28:20). He promises to heal us when we are brokenhearted and bind up our wounds (Psalm 147:3). He promises to give us rest when we are "weary and heavy burdened" because He's "gentle and humble in heart". (Matthew 11:28).

**He is a light in the darkness.** Actually, Jesus calls himself “the light of the world”. He’s the light at the end of the tunnel. He’s the “bright and morning star” (Rev. 22:16). Psalm 27:1 says “The LORD is my light and my salvation— whom shall I fear? The LORD is the stronghold of my life— of whom shall I be afraid?”

God cares, He cares deeply.

When life’s storms come, I can have hope because my hope comes from Him. Psalm 62:5 says, “Find rest, O my soul, in God alone; my hope comes from him.”

### **Other’s Thoughts**

“The rainbow is a sign of hope and new beginnings. It reminds us that things will soon be better and brighter. “  
Unknown

“The greater the storm, the brighter the rainbow.“  
Unknown

“When thunderstorms roll in, you make a choice to either succumb with tears to the gloomy downpour or smile and look for rainbows.”  
Richelle Goodrich

"Life can be a storm, but your hope is a rainbow and your friends and family are the gold."  
Steve Maraboli

“The way I see it, if you want the rainbow, you gotta put up with the rain.”  
Dolly Parton

“Have faith in your dreams and someday your rainbow will come shining through. No matter how your heart is grieving, if you keep believing, the dream that you wish will come true.”  
Gilbert K. Chesterton

“Today’s teardrops are tomorrow’s rainbows.”  
Ricky Nelson

“Often times, the brightest rainbows follow the darkest rainstorms.”  
Unknown

“Like the rainbow after the rain, joy will reveal itself after sorrow.”  
Rupi Kaur

“Count your rainbows, not your thunderstorms.”  
Alyssa Knight

"When it rains look for rainbows, when it's dark look for stars."  
Oscar Wilde

“There can be no rainbow without a cloud and a storm.”  
John Vincent

“When it looked like the sun wasn’t going to shine anymore, there’s a rainbow in the clouds.”  
Maya Angelou

"A rainbow is a promise of sunshine after rain. Of calm after storms. Of joy after sadness. Of peace after pain. Of love after loss."  
Unknown

“Rainbows remind us that even after the darkest clouds and the fiercest winds there is still beauty.”  
Katrina Mayer