

63rd Gene Key

Reaching the Source

SIDDHI
TRUTH

GIFT
INQUIRY

SHADOW
DOUBT

Programming Partner: 64th Gene Key

Physiology: Pineal Gland

Codon Ring: The Ring of Divinity
(22, 36, 37, 63)

Amino Acid: Proline

THE 63RD SHADOW – DOUBT

THE PARADOXICAL POWER OF DOUBT

In arriving at the 63rd Gene Key, you have in effect come to the end of the 64 Gene Keys. In the mystical story of evolution, the 63rd and 64th Gene Keys mark the epilogue — the cosmic text that gives us a certain sense of completion. This completion however is not about closure. The I Ching and the Gene Keys form an infinite Mobius strip that endlessly cycles around in ever more expansive arcs. The original I Ching as traditionally transcribed is a sequence beginning at the number 1 and ending with 64. However, there are as many sequences as there are numerological combinations. Your own evolutionary sequence is completely unique to you and it is highly unlikely that it will ever be repeated in anyone else. This is the paradoxical wonder of the Gene Keys — they are a digital encyclopaedia of consciousness that can only be accessed and activated in a totally analogue and random manner.

The traditional sequence is held together by two sets of polarities — the 1st and 2nd Gene Keys at the beginning and the 63rd and 64th Gene Keys at the end. These four Gene Keys have great importance both genetically and mathematically. The mathematical configurations latent within the I Ching have been discussed by many great logical minds. The celebrated 17th century philosopher and mathematician Gottfried von Leibniz found confirmation in the I Ching for his invention of binary mathematics, the foundation of virtually all modern computer architecture. That the essential code for the 64 Gene Keys lies at the root of both our DNA and all computer programming is an indication of how profound and real these 64 codes of consciousness really are. The polarity formed by the 63rd and 64th Gene Keys contains paradoxes that can be as wonderful as they are frustrating for the human mind.

The relationship between the 63rd and 64th Gifts is the relationship between logic and imagination, or put another way, between your left brain and your right brain. As we shall see, they are so interconnected that they cannot easily be separated.

Einstein made the famous statement: "Imagination is more important than knowledge." The fact is that the laws of logic depend upon a completely illogical premise — the notion of infinity. Infinity is a logical impossibility and yet the human brain is designed in such a way that it can conceptualise this paradox. At the human Shadow frequency, these two great genetic archetypes, the 63rd Shadow and the 64th Shadow give birth to two conditions known as doubt and confusion respectively. Doubt is born when you lose touch with the wonder of imagination, and confusion comes about when you rely too heavily on logic. If you turn these concepts around, you could just as easily say that doubt is the foundation of logic whereas confusion is the breeding ground for imagination.

The 63rd Shadow of Doubt represents a huge question mark literally wired into the human brain. Your logical left brain is designed to see things in terms of repeating patterns and this ability has been a key ingredient in human evolution. As the cognitive functioning in our brains developed, early human beings began to teach themselves more and more effective skills to ensure their survival. Today we have become so efficient in the use of our tools that we can even read the logical patterns wired into our very DNA. Doubt can therefore be a very positive force in driving evolution forward. However, the problem with doubt is that it does not go away! Doubt sits there deep within the neurocircuitry of every human brain where it causes a huge unconscious pressure. When seen purely for what it is, doubt is simply the word we humans give to this constant mental pressure. Although this pressure behaves differently from one human to another, the one consistency is that it drives each of us to try to bring an end to the pressure. We humans cannot easily accept this never-ending feeling of being unsettled somewhere deep inside. For most of us, the need for mental certainty results in our taking on a firm set of beliefs or values that provide a barrier against the doubt inside our minds.

Doubt is the beginning and end of the human journey. It leads to the Gift of Inquiry, which in turn leads to the discovery of the Siddhi of Truth, the final answer to all doubt. However, the journey through the levels of this 63rd Gift does not lead you in the direction you might expect. The final resolution of logic lies outside the domain of logic. In this sense Truth comes as an Illumination from within (the 64th Siddhi) rather than an answer from without. Our conundrum is simply a matter of evolutionary circuitry — our brains have evolved to try to find release from the inner pressure. But in a sense, we have been conned by nature because there *is* no answer to our doubt. At the same time our attempts to end our mental anxiety have forced the brain to evolve even further. This is how our anxiety serves evolution.

The other important aspect about doubt is that, although it is truly impersonal, we humans make it personal. If doubt serves genuine inquiry then it becomes creative, but if it becomes personal or is internalised, it becomes destructive. If you do not use your mind in a creative way, the pressure either becomes a projection onto someone or something outside or it collapses inward and becomes self-doubt. It is self-doubt that so undermines the individual from trusting in their own inherent creativity. Doubt belongs to the collective. Individuals need to understand that self-doubt is a low frequency conditioning field that pressures all human beings to evolve to a higher life of service to the totality. When you are in the throes of self-

doubt, you must weather the storm. The very best thing to do with self-doubt is share it with others. In doing so, you can embrace it and allow it to move on through. The worst thing you can do during a period of self-doubt is to take forced or premature action.

If the individual succumbs to the pressure of doubt, the other direction they can take at the Shadow frequency is to repress it through dogma and opinion. Since the 63rd Shadow is the root of scientific thinking, it can be used to construct a false logical reality that gives the mind answers to the doubt. When the logical mind is prevented from doubting, it also stops evolving. Without doubt, the logical mind is inherently unhealthy because it short-circuits its own nature, which is to keep asking questions. As was said earlier, when logic moves to the extreme periphery of what can be known it meets paradox. We can see this in the spheres of mathematics, philosophy or quantum physics. The human logical mind is simply not designed to be certain of anything other than paradox! Anything less than paradox takes place within the Shadow frequency and must therefore be logically false.

The beauty of logic is that it is itself a great paradox — it seeks an end to doubt but can never be satisfied in any single answer. The only satisfactory answer is one that defies logic! At the Shadow frequency, all the human mind wants is certainty, and if it cannot find it, it will manufacture it. Out of this very human fear of uncertainty, all dogmas and rigid systems are born. Anyone or anything that purports to bring an end to your uncertainty through external means is selling falsity. Such people or systems are actually a potential danger to you. Doubt is not the enemy. Your fear of uncertainty needs to be recognised and embraced because the deeper you can embrace uncertainty, the closer you come to the transcendent.

REPRESSIVE NATURE – SELF-DOUBT

When doubt is repressed it plagues us as self-doubt. Self-doubt is based upon comparison and does us no harm as long as we simply observe it as a mental conditioning pattern. Self-doubt only becomes destructive when we identify with it and believe its propaganda. If left to its own devices, self-doubt must eventually destroy itself. If we trust in our doubt completely then we must even doubt our own self-doubt! This is the paradoxical power of doubt witnessed as an evolutionary force. However, for most people self-doubt is never allowed to complete its own process. We give in to our fear and fix it at a certain frequency. When this happens, self-doubt eats away at us as anxiety. This anxiety constantly troubles us and has sweeping effects on our health and general well being. It even pursues us into our dream life and will not allow us to sleep properly. Unless our awareness dis-identifies with these mental patterns, we enter a terrible world in which nothing we do or say is ever good enough.

REACTIVE NATURE – SUSPICION

When the 63rd Shadow is expressed in its reactive mode, it is externally projected into the world and becomes suspicion. This kind of doubt is also ultimately rooted in self-doubt but is transformed into anger and taken out on others. The most common form of suspicion falls upon those closest to us. Under this 63rd Shadow, we project our doubts onto our partners, spouses,

THE 63RD GENE KEY



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bosses and even our own children. Whenever we make our doubts personal we embark on a wave of destruction that endlessly feeds back into itself. Other people's responses to our suspicions can be vehement or defensive, which further fuels our doubts about them. In this way logic appears to prove that our suspicions about others are true. This is a classic biofeedback loop common to many relationships. It can be so easily avoided if individuals either own their own self-doubt or project it back out into society in a creative exploratory way.

THE 63RD GIFT – INQUIRY

THE LADDER OF SELF INQUIRY

When the energy of doubt is harnessed cleanly it becomes the Gift of Inquiry. Inquiry is about remaining open without finding a definitive answer to life. All pure Inquiry is of great service to humanity. It inevitably unlocks many of nature's secrets by examining life in minute detail. The real purpose of doubt is to serve the higher good in an impersonal way. If someone has a deep genetic tendency to doubt or ask questions, they can greatly improve the quality of their life and relationships by channelling that doubt away from their personal life and pressing it into service. The 63rd Gift is about progression through levels and stages. This is the way in which logical understanding works. The continual pressure of doubt fuels the spirit of inquiry, which leads to deeper and deeper levels of understanding. However, the more deeply you inquire into anything, the more complex it becomes. You have to take it apart piece by piece, whether it is a scientific theory or an internal combustion engine. What is of prime importance is what you learn through the process.

As you slowly ascend the ladder of frequencies, the nature of your inquiry changes. You may begin by inquiring into some aspect of the world around you. This may be something you really want to understand or it may be something about the world that you want to improve or challenge. There is one golden rule with the 63rd Gift of Inquiry — if you inquire deeply enough into anything, you will arrive at the revelation that you, the observer, are intricately bound with that which you observe. This discovery actually heralds the beginning of the end of the logical approach, since it signifies the end of your ability to assess life objectively. At higher levels of frequency, you begin to enter the holistic domain of synthesis in which all phenomena are increasingly seen to affect each other. This new quantum world thus forces your inquiry into a far more subjective territory — that of your inner self. At a certain stage, the Gift of Inquiry must always lead you back into your self.

The 63rd Gene Key is one of four Gene Keys (the 36, 37, 22 and 63) that make up a genetic grouping in your DNA known as the Ring of Divinity. Because of its connection to the all-important 22nd Gene Key, this codon ring has much to do with the transformation of human awareness through suffering. The 63rd Gene Key plays a central role in this theme because it is your Divine doubt that drives you to follow a spiritual path in the first place. The deep discomfort of not remembering your true nature becomes more and more evident the more profoundly you inquire into your own nature.

As you discover the doubt inside you, then you become aware of it in all other human beings as well. This brings you to a great truth — that all human beings are made equal in this suffering (the 37th Gift of Equality), that doubt makes us human (the 36th Gift of Humanity) and leads us to a certain Graciousness (the 22nd Gift) in respect of how we treat others.

When you begin earnestly and honestly to question your own nature and purpose, you enter one of the great spiritual paths of all time, known in the East as the path of yoga. Yoga is essentially a progressive path of refining your physical and spiritual essence to such a height that you arrive at liberation or spiritual realisation. It is the system of internalising your life force so that it reaches higher and higher frequencies. Many different systems of yoga have been developed and adapted by cultures around the world. Some emphasise the physical body, some are meditation or prayer-based and some are rooted in service. What is common to all systems of yoga is the progressive sequential process whereby you raise the frequency of your vibration from a low state to a higher state. It is the Gift of Inquiry that urges you to understand all the states along the way.

Even at these higher states of awareness, the primary doubt that has always been with you stubbornly remains — the doubt about your very own existence. At our core, we want to know who and what we really are. For most people at lower frequencies this question simply exists only in seed form. The higher your stage of awareness however, the more possessed you become by this question mark inside you. Your Inquiry thus leads you through progressive levels of awareness and realisation and you may experience strange internal phenomena along the way. All this time however, you are still operating within the sphere of the 63rd Gift, which gives the impression that you are moving somewhere or evolving from something towards something. Even at these high levels, your Inquiry still has its roots subtly in the logical framework of your thinking. But, and it's the greatest *but* in all creation, all logic must eventually, by its very own nature, cancel itself out. All yoga leads in a single direction — to its own nemesis — to tantra, the way of surrender.

These two genetic programming partners, the 63rd and 64th Gene Keys, represent the paths of yoga and tantra respectively. Whereas tantra is a path based on acceptance of what is, yoga is the path of doubt because it harnesses the great human spirit of inquiry. In the yogic path, technique is central. It assumes from the beginning that there is a basic split in human beings, and the sole task of yoga is to unify this split. This is what the word yoga means — to unify or *yoke*. All the great systems that allow human beings to progressively reach towards higher states have been born out of yoga. Because the human mind is most comfortable with the concept of logical progression through time, these kinds of paths have always appealed to most serious seekers and inquirers after Truth, the mysterious and hugely paradoxical 63rd Siddhi.

THE 63RD GENE KEY



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THE 63RD SIDDHI – TRUTH

TRUTH IS EVERY STEP OF THE WAY

The Gift of Inquiry, symbolised by the path of yoga, has a deep shock in store for those who are drawn to it. In the original Chinese I Ching, the two hexagrams corresponding to the 63rd and 64th Gene Keys have very revealing names. The 63rd is called *After Completion* and the 64th is called *Before Completion*. You might think that these names were the wrong way around since the 63rd obviously comes before the 64th in the original sequence. However, all you will find here at the end of the I Ching is paradox, poetry and puzzlement. We are entering the territory of Truth with a capital *T*. No matter how elevated a person's awareness becomes or how advanced their yogic discipline is, until they reach this siddhic realm they will never realise the ultimate paradox that is Truth. The only way to arrive at such a state is to reach a position of inner surrender. After all your efforts and exertions to find Truth, you must eventually become one with your own doubt.

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This is the shock of the 63rd Siddhi — that doubt *is* Truth. This is a deep let down for your questing spirit. It is the ultimate state of failure and dejection. If logic is allowed free reign, it will always cancel out logic and conquer itself. In this sense all yoga can only ever lead to tantra. This does not in any way negate the value of the spirit of inquiry that propels the seeker of Truth. All male paths must eventually lead to the ocean of the feminine. The more logic is followed, the more mysterious and poetic it seems to become — until it reaches the impasse that logic cannot move beyond. Logic and its human counterpart doubt are designed to self-destruct, taking *you* the observer with them. When doubt is trusted at such a profound level, the doubter disappears into the doubt, leaving Truth. However, there is no sequential process to this — Truth is there all along within the doubt. It is simply waiting to be realised, like a pearl within an oyster. It needn't be prised out, but simply recognised. If you follow a sequential and linear path that ends in this recognition or enlightenment, the path itself has no bearing on the enlightenment, even though it appears to.

Truth is realised in many different ways. The other side of this Siddhi is the 64th Siddhi of Illumination, which arrives at the same conclusion in a totally different way — through the poetics of randomness. If you enjoy the logical path of progression, then that is your way. In many respects it feels a safer route for human beings since it gives you the feeling that you can prepare for Truth. Few are those who are drawn to the yin path of the right brain where there are no maps or charts to follow other than the confusion of life itself. The yogic path to Truth is a beautifully clipped garden in comparison to the wild jungles of the 64th Siddhi. The 63rd Shadow of Doubt is the path of eventual exhaustion. Like the Buddha, you must study, discipline yourself, climb and exert yourself to get to the top, only to realise that the answer was there all along, even before you began.

The Siddhi of Truth is everywhere. There is nothing that is not Truth. Whatever happens to you, whatever you feel in every moment — however delirious or disturbing — it is nothing but Truth. Truth is all there is.



At the Shadow frequency there is nothing but Truth, at the Gift frequency there is nothing but Truth. Truth is every step of the way. This book of the 64 Gene Keys is a yogic voyage into every conceivable archetype within human consciousness, drawing together past, present and future. It is an exploration driven by doubt, by the need to question every facet of existence. Fixed in every nook and cranny of our DNA, it is the very emblem of the human urge to understand our true nature. And yet, from the point of view of Truth, this book is a failure. It cannot be anything else. All attempts at understanding are doomed to fail. If you read through each and every one of the 64 Siddhis you will see the scope of this failure. Every Siddhi encapsulates the same paradox, tilted at a slightly different linguistic angle. There are no answers to doubt. There are only patterns and the illusion of the one looking at the patterns. At every stage and in every word there is Truth.

This realisation that everything is Truth is well represented by the I Ching name *After Completion*. The realisation of Truth involves a complete relaxation of your entire being. The quest is at an end because the quest has deleted the questioner. The doubter has entered into the question so fully that the question has swallowed their awareness. All paths to Truth are therefore a complete fabrication, all techniques only distractions and all systems and concepts are ultimately worthless. These are unhappy words for the seeker, who still remains identified with their search, but even that is Truth. There is no such thing as distorted Truth or hidden Truth. Truth is simply here now, in every moment, at every stage of your life. It is eternal, undying, pure, incorruptible and so beautifully simple.

Truth really is the most precious and beautiful of the Siddhis in its human expression because of its vast, vast relaxedness. It is like resting under a tree on a warm balmy evening after walking all day long. You gaze out at the sun setting into the sea, or the wind nestling into the leaves at your feet, or the stream purling softly over time-lapped rocks. With Truth, the inner journey — the attempt to follow the doubt right back up to its source high in the mountains and moors — comes to an end.

Whenever you give yourself rest from worrying, you are treading around the fringes of remembering Truth. Whenever you smile or breathe a deep sigh, there you are coming closer to Truth. Whenever your face loses its hard edges and becomes softer, there Truth is being remembered. Truth is your natural state — your simple state, without complexity or concern. It is a drifting space, a total sinking into your being. As you may see from the true ending of this book written in your genes, it has no need of meaning and no concern for or possibility of an answer. In a single sentence, Truth is the eternal moment of the universe.