

35th Gene Key

Wormholes and Miracles

SIDDHI
BOUNDLESSNESS

GIFT
ADVENTURE

SHADOW
HUNGER

Programming Partner: 5th Gene Key

Codon Ring: The Ring of Miracles
(35)

Physiology: Thyroid/Parathyroid

Amino Acid: Tryptophan

THE 35TH SHADOW – HUNGER

THE HUNGER OF THE SPECIES

There is a perpetual and innate hunger built into all human beings. This hunger operates on many different levels within your being and is caused by the chemistry generated by the 35th Shadow as it is refracted through your DNA. The classic translation for this 35th hexagram of the I Ching is the word *Progress*, which is very apt since the 35th Gene Key drives all human progress. At the Shadow frequency progress is expressed as outer evolutionary progress, embodied for example in humanity's recent technological revolution. True progress, however, has little to do with physical manifestations and everything to do with the progress of human awareness. In a nutshell, what the 35th Shadow does is divert true progress out into the world of form, thus sacrificing its potential to transform the inner structure of humanity itself. Thus, because of this Shadow, the outer world evolves at the expense of the inner.

Through its associated amino acid tryptophan, the 35th Gene Key is connected to the secretion of serotonin within the body. Serotonin is well known as a chemical that induces states of satiation and deep fulfilment. As a result of the interference from the Shadow frequency passing through this codon, serotonin production within the body is inhibited, leaving human beings with a perpetual feeling of hunger. This deep unrest within the human body drives human beings out into the world to try to find something that can bring an end to what is essentially genetic hunger. This hunger drives all human experience, from drugs, food and sex (all of which may increase serotonin levels briefly) to business, religion, science and even war. However, no matter how you try to satiate your hunger in the outer world, it will never be enough. Our fate is sealed by this 35th Shadow because no external crutch or method can ever replace the natural balanced chemistry of your own body.

The 5th Shadow of Impatience is the programming partner to this 35th Shadow and it operates alongside hunger, pulling you away from your inner natural rhythm with life.

WORMHOLES AND MIRACLES

It is your very impatience that fuels your hunger, and your hunger that fuels your impatience — a classic biofeedback loop that keeps human beings operating at the Shadow frequency.

All external human progress, particularly in modern times, has come about because of this 35th Shadow. We are a hungry and unfulfilled species — we don't know what we want, but we want it now. It is important to understand that this endless wave of hunger in human beings is not an individual programming function of your genetics. It is universal to our whole species, driving us outwards to explore and conquer the world around us without a thought to the consequences. This is what humanity is right now. When you are truly hungry, you cannot think about the consequences of eating — you are simply possessed by the urge to fill yourself.

One of the great destructive aspects of the 35th Shadow is seen each time you have temporarily filled yourself up. The moment you are full, you slowly begin to feel empty again, and

*It is because of this basic
pattern of disappointment and
blame that the human spirit is
unable to find lasting peace.*

so the cycle continues. And it is at this very stage that we make our greatest mistake — we either become attached to the external means of fulfilment and enter a cycle of addiction, or we blame the external means (often a person) for not fulfilling our hunger and move on to something or someone else. It is because of this basic pattern of disappointment and blame that the human spirit is unable to find lasting peace. The destructive tendency spoken of above comes about through your identification with the object or person that promises your fulfilment. If you become addicted to it, you destroy a part of yourself since you cease to grow. If you blame your disappointment on another, you tend to want to destroy that other, whether it is a person, a religion or a drug.

It is fascinating that so much of our modern society, with all its good points and its bad points, has been created due to a basic chemical imbalance within the human brain! Everything in life occurs for a reason. Modern science has now even identified that low levels of serotonin in the body lead to states of depression and craving. What science doesn't realise is that almost all human beings have low levels of serotonin because what scientists are taking as the norm is really the Shadow frequency. The great dilemma of the 35th Shadow is that any attempt you make to raise your level of serotonin production from the outside fuels the hunger even more. If, for example, you take a pill that increases serotonin, you may experience for a brief period what the higher frequencies feel like. But such an experience makes you hungrier still and thus all kinds of additional problems are created.

The only way to redress the basic chemical imbalance within the 35th Gene Key is to make the leap out of the Shadow frequency altogether. This means you must first understand your chemical dilemma — and then you must face it with every fibre of your being. It is awareness of the problem that will finally break the grip of the Shadow frequency. You must enter so deeply into your genetic craving that you break its power over you. You cannot discipline yourself out of this problem — you have to dive right into it. In effect, you have to come to realise that whether you starve yourself or stuff yourself, you are never going to solve the problem. As you turn to face your humanity and your hunger, you will see how helplessly you are held hostage by it. You will see how it subtly drives all of your actions in the world.

Only when you see how trapped you are by this chemistry does a new sense of freedom begin to rise up within you. You stop the energy from moving out into the world and drive it back inside. This is when the leap occurs — there is an inner crossing-over within your awareness — and the great adventure of the 35th Gift awakens you to a new level of awareness.

REPRESSIVE NATURE – BORED

The repressed version of the 35th Shadow is about boredom. This is when the deep hunger within someone is thrust back down into the unconscious. Such people are afraid of what their lives might become if they allow the hunger to dictate their direction, so they find ways to keep it beneath the surface. This inevitably leads to a profound sense of boredom as the hunger constantly bubbles up to the surface and tempts them in a new direction. Even though these people are bored, they may not know they are bored. It takes huge inner strength to hold down such a genetic force, and the usual result of such pressure is a great reduction in a person's vitality and love of life — their faces do not shine, their eyes are lifeless and their lives are unadventurous and empty.

REACTIVE NATURE – MANIC

The reactive 35th Shadow is too busy to be bored. These are people who are so afraid of their lives being empty that they continually fill them with activity. They constantly look for external stimuli to fulfil their hunger, thus they move from one flower to the next in a kind of lustful frenzy. Such people become the great blamers of others for their circumstances, making it very difficult for them to maintain any lasting sense of commitment. They will try many different things in life but will not manage to knit those things together to form continuity. Nor will they garner true wisdom from their many varied experiences since they are always disappointed in their expectations. The manic nature is driven by the deep urge to escape its own past and find the perfect place, person or situation to fulfil its dreams. In wishing for such a state these people miss the real gold, which is the adventure itself.

THE 35TH GIFT – ADVENTURE

THE ONLY PROGRESS IS LOVE

To break through the hunger barrier is to break into the heart. The hallmark of the Gift frequency is that it always involves love. Love is the only force that can bring an end to the hunger of the 35th Shadow. With love, serotonin production is increased and stabilised within the chemistry of the human brain. With love, the energy stored within the 35th Shadow is released into the human being instead of being squandered in the world. Such an implosion of energy finally allows the inner human being to evolve rather than only the world outside us. For humanity, progress means you have to evolve in your awareness, and your next step beyond mental awareness is to leap into the higher awareness of the heart.

THE 35TH GENE KEY



WORMHOLES AND MIRACLES

*It is through
a higher
functioning
of your solar
plexus that you
can experience
what love
truly is.*

What we are referring to as the heart actually has its roots within the complex ganglia of the solar plexus system. It is through a higher functioning of your solar plexus that you can experience what love truly is. Love has nothing to do with another separate person but is the connective tissue underlying all creation. Once the solar plexus has evolved its higher genetic functioning (a process described in depth in the 55th Gene Key), love becomes the reality that you live inside. What most human beings currently view as love is the brief fulfilment of the hunger of the 35th Shadow by means of an outer stimulus or person — a distant hint of what love really means. Once the frequency of the 35th Gift has been raised then all human progress finally turns inwards instead of outwards. The final frontier of the human hunger for adventure does not lie outside us but within our very nature and being. It is not outer space we long to explore, but inner space.

The 35th Gene Key stands alone as an island within the human genome since it is formed by only one codon, which activates the amino acid tryptophan. In this sense the 35th Gene Key is similar to the 41st Gene Key, which represents the initiator codon that begins all human genetic processes. However, the 35th Gene Key does not hold such genetic importance as the 41st Gene Key. This makes it something of an anomaly, and an anomaly in genetics always conceals a mystery. The mystery of the 35th Gift is captured in its name — the Gift of Adventure. Like the 41st Gene Key, it is an aspect within humanity waiting for a specific time before it switches on. Yet, unlike the 41st Gene Key, the ability to switch certain genes on and off does not always lie outside your grasp. *The 35th Gift is the only place within all human DNA that human beings have a choice in how their reality is constructed.* As you might imagine, this is quite an important codon within human evolution!

There are many arguments among geneticists, evolutionaries, theologians and mystics about whether or not there is such a thing as free will. Everyone has their viewpoint within the duality of the *maya* or human mind. Until you enter a siddhic state, there can be no resolution to this conundrum, so you either have to choose a viewpoint or remain neutral. From the viewpoint of the 35th Gift then, humans can indeed influence their own destiny by directly influencing their DNA. The secret is adventure, and true adventure can only be based upon love. Adventure is what happens when the human spirit breaks free from the mind. Adventure is a state of being that comes from the realisation of the oneness of all being. Adventure is not yet immersion in that oneness, but it is what it feels like to swim within that oneness. Oneness cannot be known mentally, even though it can be logically deduced. Oneness can only be felt when enough serotonin is produced within our bodies.

It is not simply a matter of pumping more serotonin into your body that creates the experience of the higher frequencies. Serotonin is only one link in a whole chain of interconnected chemicals (such as pinoline and harmine) that are secreted within the laboratory of the body. Higher consciousness comes about due to the delicate balance of all these chemicals in highly specific quantities and cocktails. So exact and finely tuned is this balance inside each person that it can only come about through a natural inner organic process. This is the great adventure that you take as the 35th Gift arises in your inner being — you enter a process of alchemical co-creation within your own body.



As you raise your own consciousness through love, these delicate chemical matrices begin to spontaneously form within your physiology. It is a natural evolutionary process of refining and distilling your inner essences through the endocrine system.

To live with an open heart is to live in a perpetual state of adventure. Adventure means that there is still some fear inside you, but you have reached a frequency that you know is high enough to outwit that fear. Every human being has the choice to take a path of love. That is the mystery of the 35th Gift — progress can be made if you are ready to take the great leap and risk it all for the sake of love. Of course, for most people the fear of the Shadow frequency field is too great and they are caught in the endless cycle of trying to fulfil their cravings. However, every now and then a human being takes a momentous step into the 35th Gift where they discover a wormhole to another dimension. When you give to another unconditionally you actually stimulate the secretion of serotonin. This not only makes you feel happy but also induces a deep state of trust that you are in harmony with the entire universe.

In the world that we currently inhabit, giving unconditionally is such a radical move that it literally short-circuits other people's brains. It gives others a moment of pause where they are forced to look at themselves and their lives in the mirror of your actions. It *can* cause people to go into even deeper fear patterns. The 35th Gift is the only place in the entire 64 Gene Keys where a human being can actually do something consciously to raise their frequency — they can embark on the adventure of love and catalyse a genetic speeding up of their own evolution. This, by its very nature, will have enormous impact on humanity's evolution.

If you happen to be reading this 35th Gene Key, then you have stumbled upon the greatest single secret hidden within all human DNA. In a book filled with secrets, you have found the simplest and easiest. Indeed, certain translations of the original I Ching have named this 35th Hexagram *Easy Progress* as opposed to just *Progress*. The easiest and quickest way to change your life for the better is to give your love unconditionally in as many areas of your life as you dare. If you take on this adventure, you will actually affect the minute workings of your DNA. You will stimulate new chemical messages to pass from gene to gene and you will enter a whole new world of adventure, one that most people equate with the world of fantasy.

THE 35TH SIDDHI – BOUNDLESSNESS

A BACK DOOR INTO BLISS

If you read every one of the 64 Gene Keys, you will gradually begin to realise that written into the structure of human DNA is a great evolutionary plan in which humanity will eventually transcend the human form itself. All individuals, families, racial groups and gene pools are caught up within this master plan, which appears to have its own hidden timing. Yet, within this master genetic plan, the 35th Gene Key stands out as an anomaly, as though the gods who designed the machine put in a hidden short-cut through which any individual could bypass the laws of timing built into the machine itself.

*Pure
unconditional
love can break
all the laws of
the cosmos.*

This is precisely what the 35th Gene Key is — it is a hidden wormhole that leads to a vast realm beyond our comprehension. It leads right to the heart of the 35th Siddhi — the Siddhi of Boundlessness.

The interesting thing about the 35th Gene Key is that it breaks all genetic laws. It allows human beings to take charge of their own evolution and outwit the global genetic programme. Just as the 35th Gift breaks laws, so does the 35th Siddhi. It invites human beings to expand their consciousness so far that they leave the sphere of evolution altogether. As we saw, the 35th Gift still contains traces of fear, since fear is what gives the edge to the adventure of life. At the level of the 35th Siddhi the fear is gone because you are gone: the adventure is over. Boundlessness is consciousness. There is nothing further one can say about this 35th Siddhi. However, one *can* say things about the 35th Siddhi from within the *maya* of the mind. The 35th Siddhi of Boundlessness has great pulling power — even as a concept. If you can entertain the concept of boundlessness in your daily life, then you are automatically drawing yourself away from the lower frequencies.

Very few human beings can handle the concept of boundlessness because it has a diffusing effect on your mind. It invites you to move out of your mind and into your heart. It is really the heart that knows no bounds, which is why consciousness is the same word as love. Along with its polarity, the 5th Siddhi of Timelessness, the 35th Siddhi forms the arc of the infinite. There are no boundaries to life and there can be no beginning and no end. Even though, through the 64 Gene Keys, we see that human evolution will one day come to an end, it will nonetheless progress to another form and then another and another. Within our modern scientific worldview, astrophysicists tell us that we can measure the size of the universe and that it has a finite age. Through the 35th Gift and its Siddhi, sitting there in our DNA, we know that these are half-truths because, somehow implanted deep within us, lies the concept of infinity.

No mind will ever solve the mysteries of the universe — of time and space — because mind is only a tiny facet within those mysteries. The heart, or what some people call the heart-mind, is the only aspect within a human being that can unlock the mystery of boundlessness. So what can the 35th Siddhi tell us? It can tell us only one thing — that pure unconditional love can break all the laws of the cosmos. Whenever you taste even a fraction of this kind of love, anything becomes possible. Because we inhabit a form and live in a world where magic seems impossible, more and more human beings are turned away from the truth that anything in the universe is possible. When the Siddhi of Boundlessness enters the world, it allows consciousness to penetrate right into the heart of matter, which bends the laws of matter. Such a siddhic being represents a shortcut through evolution itself, and many people can experience huge awakenings and miracles around such a being.

As the single heart of the Ring of Miracles, the 35th Siddhi brings the miraculous into the world. It opens up all kinds of possibilities to those who allow their minds to become like a child's. To the child, anything seems possible — this is the state of boundlessness. To activate such streams of miracles, you have to break free from the beliefs and limitations imposed on your mind by the world and those around you.

The 35th Siddhi dispenses with all boundaries and limitations imposed by the mind. Throughout history men have flown, ascended and dematerialised right before people's eyes. At the level of the 35th Siddhi, anything is possible. Of all the 64 Siddhis, perhaps with the exception of the 60th Siddhi, this 35th Siddhi has but one purpose — to break the laws of form and to manifest miracles so that people can expand their awareness and open their hearts to a greater mode of being.

It is because of the 35th Siddhi that the traditional meaning of the word *siddhi* as spiritual power has come into the world. In Eastern tradition, different pantheons and systems number different Siddhis. The Siddhis are generally seen as distractions along the path of liberation. But in the case of the 35th Siddhi, they are a natural manifestation of liberation itself, arising out of the state rather than preceding it. Simply to be in the presence of a true miracle is to open your eyes to a whole new horizon. It can change your life and open your heart in a single mind-bending, reality-shattering experience. In this respect, the 35th Siddhi also finds a strong connection with the 22nd Siddhi of Grace, since it is grace that decides when, where and to whom a miracle will occur. The very existence of the 35th Gift and its Siddhi is a testament to the power of grace. We can draw great comfort from the fact that deep within the DNA of each and every one of us the 35th Siddhi lives as a constant reminder of the infinite possibilities of a life lived in the name of love.

THE 35TH GENE KEY

