

USING YOUR SELF-TEST | COVID-19 |

1 Follow instructions very carefully.



2 Use the QR code below for more information about self-testing and how-to videos.



3 If your results are positive Isolate yourself from others. As much as possible, stay in a specific room and away from other people and pets in your home.

Tell your close contacts that they may have been exposed to COVID-19.



4



If you are at an increased risk of becoming severely ill, treatment maybe be available. Contact your health care provider right away if your test result is positive.



for more information visit:

HoustonHealth.org

使用您的自我检测 | COVID-19 |

1

请非常仔细地遵循说明。



2

请使用下面的二维码，了解关于自我检测和操作视频的更多信息。



3

如果您的结果为阳性，
请将您自己与他人隔离开来。
尽可能地待在特定的房间中，
并远离家中其他人和宠物。

告诉您的密切接触者，他们可能已经接触 COVID-19。



4



如果您患重病的风险增加，
也许可以进行治疗。如果您的
检测结果为阳性，请立即
联系您的医疗保健提供者。



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