



Progress Measurement Tool

The Hoarding Hub

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This tool helps professionals recognise **incremental progress**, which is common in hoarding cases.

Environmental Progress

Examples:

Access pathways created
Kitchen or bathroom usable
Fire risks reduced
Waste removed

Observation:

Engagement Progress

Examples:

Allowing professionals into the home
Discussing possessions
Agreeing small changes

Observation:



Emotional Indicators

Early stage indicators:	Middle stage indicators:	Later stage indicators:
Denial Distress Strong attachment	Acknowledging concerns Ambivalence about change	Hope Willingness to engage Pride in progress

Observation:

Agreed Next Action

Example:

Small decluttering step
Safety improvement
Referral to support service

Notes:

These resources are provided free by The Hoarding Hub to support professionals working with hoarding behaviours and complex living environments. Please credit The Hoarding Hub if sharing or reproducing these materials.