



Early Identification Checklist

Hoarding Behaviours & Complex Living Environments

Visit Details

Date:

Time:

Address:

Staff Name:

Early Indicators (tick if observed)

- Space beginning to lose function
- Build-up of items on surfaces
- Limited access to parts of home
- Cancelled or avoided appointments
- Difficulty letting go of items
- Increased acquiring behaviours
- Emotional response to belongings
- Early signs of self-neglect
- Maintenance being avoided

Pattern Over Time

- Increase in belongings since last visit
- Reduced engagement
- More restricted access
- Stronger emotional responses

Concern Level

Low

Medium

High

Immediate Risk

Action Taken

- Recorded observations
- Shared with team
- Safeguarding raised
- Follow-up planned

Notes

Signature: _____

Date: _____