

PRE-TREATMENT INSTRUCTIONS

1. Do not tweeze or wax your brows one week prior if possible.
 2. Do not use sunbeds or sit in direct sunlight two weeks before.
 3. Do not have any type of facial or peel two weeks prior.
 4. Stop using any Retinol, Retin-A, or Vitamin A products one month prior in the procedure area.
 5. No exercising on the day of the procedure.
 6. Do not have Botox three weeks before.
 7. If possible DO NOT take Aspirin, Ibuprofen, fish oil, niacin, Vitamin E or blood thinners one week prior to prevent bleeding. Non-aspirin pain relievers may be taken up to right before the procedure.
- ***Important Note: DO NOT discontinue any medications that are prescribed by a physician, or which are necessary for your health! ***
8. Avoid alcohol, coffee, or energy drinks 24 hours prior to your procedure to prevent bleeding.
 9. If you are pregnant, you must have a signed release from your doctor.
 10. If you have a condition that requires you to take antibiotics before a dental visit, you must check with your doctor to determine if antibiotics are needed for permanent cosmetics.
 11. Accutane users must be off Accutane for at least one year. No exception.
 12. Microblading cannot be performed over fresh sunburns; you must wait until the sunburn heals.



Melissa Hughes

BROW ARTIST AND EDUCATOR

melissa@simplebeautyandbrows.com

801-910-9061

9223 S. Redwood Road

West Jordan, Utah 84088

@simplebeautyandbrows

www.simplebeautyandbrows.com