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Mental Health Rehabilitation Residential Treatment Program Needs List

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Recreational Therapist for MHR RTP & 1W



MHR RTP Program

- Residential treatment program for Substance Use Disorders and PTSD
 - Average census of 25 veterans
 - Length of stay 6-8 weeks
- Recreational Therapy group sessions focus on community reintegration and sober leisure lifestyle
- RT Program goals include trigger and symptom management, engagement in healthy activities, connecting with community supports, prolonged exposure



Current Projects

- Revamp our music/meditation space
 - **\$51** for 3 wall hangars would help store and protect 3 guitars for patient use
- Community reintegration outings at least once a month
 - **Gift cards** make purchasing experiences strongly preferred due to flexibility and ease of use for voluntary services and MHR RTP staff
 - **\$2000** would cover:
 - 3-4 community reintegration experiences for veterans
 - 3-4 months worth of programming

MHR RTP Program Request Breakdown

Items/Experiences

- Guitar Hangers
- Gift cards for experiences for 25 Veterans (and staff as needed)
 - Museums (Desert Museum, Tucson Botanical Gardens, Pima Air & Space Museum, Arizona History Museum)
 - Movies (Cinemark)
 - Dining (Texas Roadhouse, Rudy's, Peter Piper Pizza, Main Event, Dave & Buster's)
 - Miscellaneous recreation opportunities such as sporting events (UofA), music events, funds for tailgate food and supplies

Cost

- Amazon, \$16.99 each, requesting 3 (**\$51**)
- Gift cards allow us to more easily allocate funds for experiences (**\$2000**)
 - Museums: tickets with veteran discount range from \$11-\$28 per person (**\$275-\$700 total**)
 - Movies: \$265 for 30 tickets with \$13 for snacks for 25 veterans (**\$620 total**)
 - Dining: \$25 per person (**\$625 total**)
 - Miscellaneous funds to provide additional experiences for veterans (**\$500 total**)