



TAMARIND HILLS
RESORT AND VILLAS - ANTIGUA

Resort Factsheet

Boutique by nature, generous by design — the on-property detail your clients will ask about: dining, beaches, spa & wellness, activities, and where everything sits on the bluff.

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Where the island meets the plate

Four venues built around one of the Caribbean's most breathtaking stretches of turquoise sea — from sunrise breakfasts overlooking the water to romantic sunset dinners beneath the stars.

SIGNATURE · BEACHFRONT RESTAURANT

Wild Tamarind

12:00–15:00 & 18:00–21:30

Set directly on the sand where island beauty meets exceptional culinary craftsmanship. Menus celebrate the freshest locally grown produce, sustainably sourced seafood and premium regional ingredients, shaped by refined international technique while staying true to the authentic character of island cuisine — complemented by handcrafted cocktails, premium wines and refreshing tropical beverages. Whether it's a leisurely lunch, a special celebration or an intimate beachfront dinner, Wild Tamarind promises warm Caribbean hospitality in every moment.

Weddings & events — the Tamarind Deck, built around the resort's namesake tamarind tree, hosts everything from intimate ceremonies to full celebrations.

The Terrace

07:30–10:30 & 12:30–18:00

Breakfast with sweeping sea views, before the kitchen turns to high-end sushi and Mediterranean-style small plates through the afternoon — as beautiful a setting for a quiet morning as it is for a small private event.

Hummingbird Bar

11:00–22:00

The open-air heart of Wild Tamarind, where our team shakes and stirs curated cocktails built on secret recipes using tamarind itself — plus a full menu of high-quality mocktails, so nobody misses out on the theatre.

Pool & Beach Bar

11:00–sunset

Beach butler service means the only thing you have to do is stay exactly where you are — drinks, snacks and easy favourites brought straight to the sunbed, so you never have to leave it.

Also available

In-room dining, 08:00–21:00 daily · Private chef dining in villas on request · Exclusive waterfront cabanas with butler service · Full dietary flexibility — vegan, vegetarian, gluten-free and dairy-free marked on every menu.

Ffryes & Darkwood

Tamarind Hills sits on a sunset-facing bluff on Antigua's West Coast, tucked directly between two beaches — with a stretch of coastline that offers two genuine advantages most of the island can't claim.

ON THE RESORT'S DOORSTEP

Ffryes Beach

The beach Wild Tamarind and The Terrace look directly out over — regularly cited by the resort among the world's best beaches. Consistently calm, crystal-clear turquoise water, calm enough for less confident swimmers, and naturally free of the sargassum seaweed that can affect other Caribbean shorelines.

REACHED VIA THE RESORT'S BOARDWALK

Darkwood Beach

The neighbouring beach on the resort's other flank, with several Beach Houses and Villas positioned along it and direct boardwalk access from select properties. Same calm, swimmable water — a natural draw for families.

SETTING

Sunset-facing bluff, West Coast Antigua

WATER

Calm, clear, naturally sargassum-free

ACCESS

Direct boardwalk from Beach Houses & select Villas

BEYOND THE BLUFF

Worth the drive

Four more of the island's best-known beaches, each with its own character — good alternatives to suggest for a day away from the resort.

NORTH COAST · NEAR ST JOHN'S

Dickenson Bay

Antigua's liveliest beach strip — white sand, calm tranquil water, and the island's biggest run of beachfront hotels, bars and restaurants. A mile-long reef just offshore makes it a strong pick for snorkelling too.

WEST COAST · JOLLY HARBOUR

Jolly Beach

Practically on the doorstep — Jolly Harbour is minutes from the resort. A mile of powder-white sand and warm, calm water, with restaurants, water sports and shopping right along the beach.

SOUTH COAST · NEAR ENGLISH HARBOUR

Pigeon Point

Classic postcard Antigua — pristine white sand and a gentle, gradual entry that suits families and less confident swimmers. Catherine's Café and Bumpkins Beach Bar sit right on the sand, with some of the island's best sunsets.

EAST COAST · NEAR NONSUCH BAY

Half Moon Bay

A dramatic crescent bay with two personalities — flat and calm on one side, rolling waves for bodysurfing on the other. Quieter and further out, within a protected nature reserve.

The Tamarind Spa

Wellness as atmosphere, not routine — sunrise movement, time outdoors, stillness by the water, and the freedom to slow down, shaped by sea air and open space.

Treatments

Bespoke facials powered by Murad Skincare, plus massage therapy, body treatments, manicures, pedicures and waxing under The Tamarind Spa's own signature menu, including the After-Sun Skin Recovery package. In-room treatments available for a private experience — full menu & pricing overleaf.

Movement

Complimentary morning yoga and Pilates, Monday to Friday, plus complimentary guided hikes with professional guides exploring Antigua's flora, fauna and highest points. Private yoga can be arranged in suites and villas, including beach yoga with sea views.

Fitness

A well-equipped gym — two treadmills, elliptical, functional trainers, recumbent bike, knee stand, dip stand and dumbbells.

Pool

Infinity-edge saltwater pool, reverse-osmosis treated, set for still, restorative mornings away from the beach.

Worth knowing

Therapists at The Tamarind Spa are described by the resort as "some of the finest on the island" — a detail worth using with clients booking a spa-led stay.

Skin care, massage & body

Full treatment menu and pricing in USD. A 17% ABST is automatically applied to all spa services. Bookings via concierge@tamarindhills.com.

SKIN CARE & FACIALS

The Tamarind Spa is proud to use Murad Skincare — developed by a dermatologist, delivering transformative, high-performance results.

Tamarind Glow Lifting Facial	60 min – \$165
Tamarind Rejuvenation Facial + LED red light, 15 min – \$45	60 min – \$170
Tamarind Energy Boost Micro Fusion Facial	60 min – \$170
Tamarind Ultrasonic Peel for Glowing Skin	60 min – \$170
Tamarind Radiance Recovery Facial + orange LED or Light Energy Boost, 15 min – \$45	60 min – \$165
Tamarind Escape Head Massage (add-on)	10 min – \$30

BODY TREATMENT

Sea Radiance Body Scrub + glowing skin boost, 15 min – \$40	45 min – \$120
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MASSAGE THERAPY

Tamarind Harmony Therapeutic Massage	60/90 min – \$150/210
Deep Sea Muscle Melt	60 min – \$170
Tamarind Essence Aromatherapy Massage	60/90 min – \$160/220
Island Warmth Hot Stone Massage	60/90 min – \$160/220
Pregnancy Massage	60 min – \$150
Reflexology Massage	60 min – \$160
Tamarind Escape Head, Neck & Scalp Massage	30 min – \$60

Signature packages

Multi-treatment rituals at a saving versus booking each element separately — a natural upsell for clients planning a spa day.

Island Renewal Ritual

2:45 hrs – \$415

Tamarind Glow Lifting Facial, Sea Radiance Body Scrub & Island Warmth Hot Stone.

Regular value \$455 — save \$40

Tamarind Serenity Escape

2:15 hrs – \$320

Aromatherapy Massage, Rejuvenation Facial & Escape Head Massage.

Regular value \$360 — save \$40

After-Sun Skin Recovery

1:30 hrs – \$220

Radiance Recovery Facial, Escape Head Massage & Orange LED Light Therapy.

Regular value \$240 — save \$20

Glow and Go

2 hrs – \$300

Ultrasonic Peel Facial, Sea Radiance Body Scrub & Glowing Skin Boost.

Regular value \$330 — save \$30

Head-to-Toe Reboot

3:20 hrs – \$440

Deep Sea Muscle Melt (90 min), Energy Boost Micro Fusion Facial & Sun-Kissed Pedicure.

Regular value \$470 — save \$30

Tropical Touch Trio

2 hrs – \$190

Tropical Paradise Manicure, Sun-Kissed Pedicure & Escape Head, Neck & Scalp Massage.

Regular value \$210 — save \$20

HANDS & FEET

Tropical Paradise Manicure	40 min – \$70
Sun-Kissed Pedicure	50 min – \$80
Gel Polish	\$20
Regular Nail Polish	\$15
Gel Polish Removal	\$20

WAXING

Lip / Chin	\$20
Underarms	\$30
Half Legs	\$60
Full Legs	\$90
Bikini	\$40
Brazilian	\$65

Prices in USD, exclusive of the 17% ABST applied at booking. Bookings via concierge@tamarindhills.com or +1 268-562-7380.

Good to know

Spa hours: Mon–Fri 09:00–17:00, Sat 09:00–13:00 (hours may vary seasonally) · Treatments typically reserved for guests 16+, with a signed parental consent form required for under-18s on certain services · Arrive 15 minutes early — late arrival shortens the treatment at full price · Cancellations under 24 hours incur a 50% charge; under 2 hours or no-shows are charged in full.

Relaxed, rather than overly programmed

Beyond the beach and the spa — the games, courts and excursions that give an afternoon its own shape. (Pool, gym, yoga & guided hikes live under Spa & Wellness.)

Indoor Golf Simulator

Additional cost

Antigua's only indoor golf simulator — a full round without leaving the resort, air-conditioned and open whatever the weather. Tucked beside the boutique, a short walk from reception.

Croquet & Bocce Ball

Complimentary

Two classic lawn games sharing a manicured court just off the main lawn — croquet's precision or bocce's easy, sociable pace, both suited to a relaxed afternoon.

Pickleball & Pétanque

Complimentary

The resort's fastest-growing court sport, paired with the timeless French pastime of pétanque, both set within easy reach of the main lawn.

COMPLIMENTARY

Beach access

Non-motorised water sports — paddleboards, kayaks, snorkelling

Kids' club (activity schedule available)

ON REQUEST

Scuba diving

Private chef & in-villa dining

Private catamaran sail to Barbuda

Helicopter island tour

VIP table at Shirley Heights

In-house babysitting

Butler service (Suites, Beach Houses & Villas)

Weekly rhythm

TUESDAY & SATURDAY

Steel pan performances

FRIDAY

Management cocktail with live music

Plus an on-site boutique for locally crafted souvenirs and resort essentials.

Where everything sits

Tucked away, yet key island highlights remain close at hand.



ILLUSTRATIVE RESORT MAP — NOT TO SCALE · OCEAN BLUE, OCEAN ONE, OCEAN 5 & THE BARRACUDAS SIT ALONG THE NORTH BLUFF; BEACH HOUSES FACE DARKWOOD TO THE SOUTH; WILD TAMARIND, THE TERRACE, SPA HUTS, GYM, RECEPTION, BOUTIQUE & SPORTS FACILITIES CLUSTER AT THE CENTRE

ADDRESS

Ffryes Beach, P.O. Box JH207, St Mary's, Antigua & Barbuda

AIRPORT

~30 minutes from V.C. Bird International (ANU)

COORDINATES

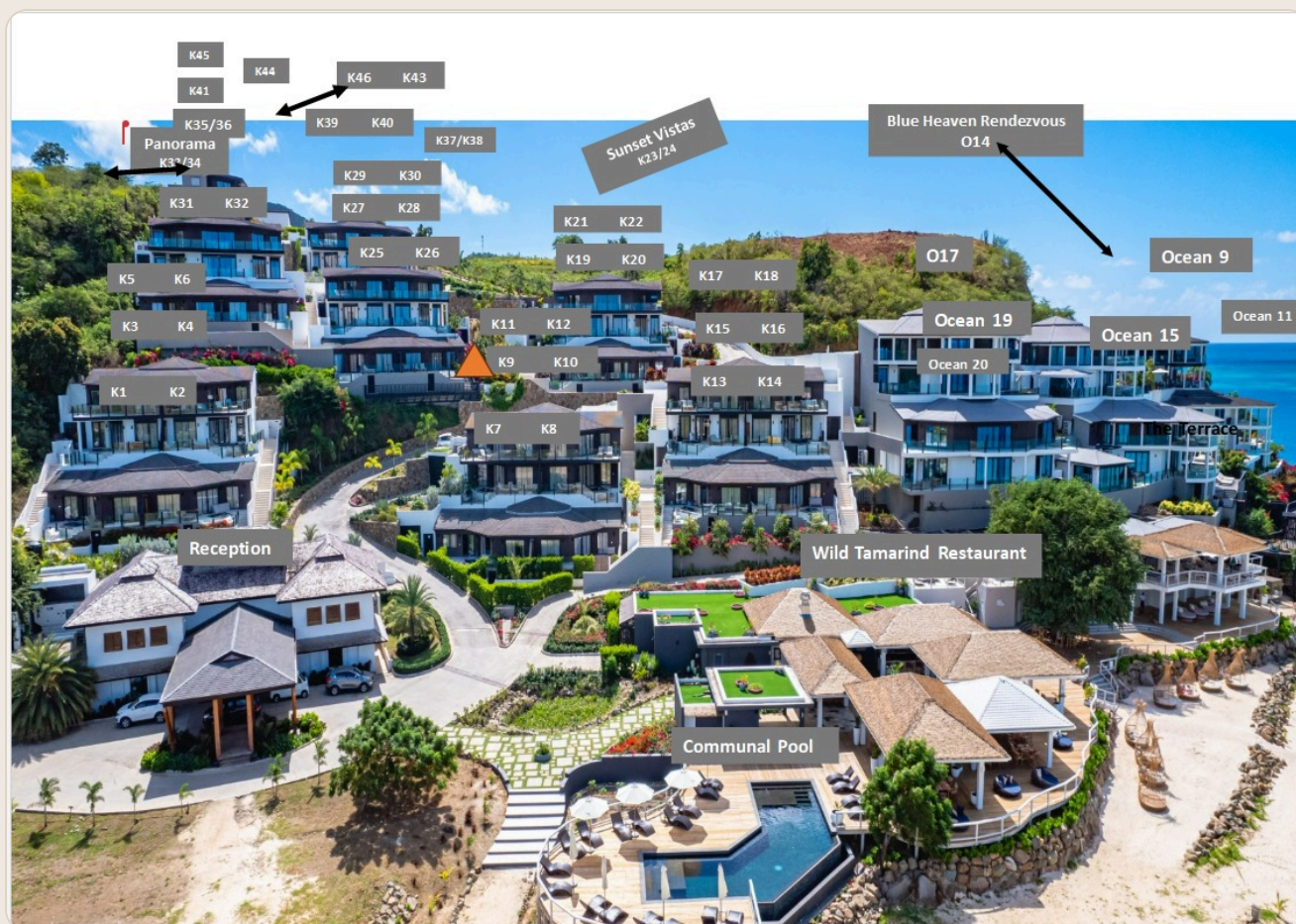
17.0474°N, 61.8973°W

NEARBY

Jolly Harbour ~5 min · St John's ~25 min · English Harbour ~40 min

Right at the heart of the resort

The Studios and Suites sit together on the clifftop cluster closest to reception, the gym, the pool and the restaurants — just steps from the action, with the Villas, Beach Houses and Barracudas strung out along the bluff beyond.



AERIAL VIEW WITH UNIT NUMBERS — STUDIOS & SUITES K1–K46, PANORAMA K33/34, SUNSET VISTAS K23/24, PLUS NEIGHBOURING OCEAN 9–20, O14/O17 & BLUE HEAVEN RENDEZVOUS, RECEPTION AND THE COMMUNAL POOL DECK

Why it works

Perfect for solo travellers, couples and small families who want to be close to everything — the Tamarind Studio sits right near the pool, gym and restaurants, while the Suites just above add true inside-outside living with panoramic Caribbean views. Two adjacent Studios can also be connected through the balcony for groups of friends wanting shared-social space at a Studio price point.



A proud member of Small Luxury Hotels of the World and the Affluent Traveler Collection, and a 2025 TripAdvisor Travelers' Choice property.

For accommodation specs and 360° tours, see the Tamarind Hills Trade Hub.

HOLLY@TAMARINDHILLS.COM · SALES & MARKETING