

# ***Moon Magic***

## **New Moon — The Rebirth**

**This is your blank canvas. A sacred moment to dream, plant seeds, and get radically clear on what you want.**

### **Prompts:**

- **What would I create if fear wasn't a factor?**
- **What version of me am I ready to become?**
- **What intentions feel aligned with my soul right now?**
- **What can I commit to with grace and consistency?**
- **How can I invite in more softness as I grow?**

## **Waxing Moon — The Becoming**

**This is your momentum phase. A time for action, discipline, and faith in your vision.**

### **Prompts:**

- **What's working—and what needs adjusting?**
- **What small step today supports my larger dream?**
- **What distractions do I need to lovingly release?**
- **How can I show up fully for myself this week?**

## **Full Moon — The Reveal**

**Everything is illuminated. This is a time to celebrate wins, release what's no longer serving you, and listen deeply to your truth.**

### **Prompts:**

- **What am I proud of myself for this cycle?**
- **What emotions or patterns need to be released?**
- **What truth am I ready to admit out loud?**
- **How can I honor my growth—even in the mess?**

## **Waning Moon — The Surrender**

**This is the sacred slowdown. A time for rest, reflection, and emotional detox.**

### **Prompts:**

- **What lesson keeps repeating for me?**
- **Where am I being called to let go?**
- **What parts of me need forgiveness right now?**
- **How can I restore my energy before the next cycle?**