Knights of Columbus Council 9638 Lecture September 13, 2021 "Getting Ready for Autumn" Ed Niehenke, Lecturer



The autumn equinox arrives on Wednesday, September 22, 2021 at 3:21pm. This marks the beginning of fall in the Northern Hemisphere and the start of spring in the Southern Hemisphere. The word "equinox" comes from Latin and means "equal night," referring to the roughly 12-hour day and 12-hour night that occurs only on the two equinox days of the year.

On the Fall Equinox you may want to honor all that you have in your life and shift your consciousness from one of lack to one of prosperity and gratitude to God in some way through a small ritual or ceremony. Such as lighting a candle, giving thanks, and speaking your gratitude for all that you are and all that you have.

This is the time of year to go within and empty out space, composting our old ideas and using the energy they hold to make new and fertile soil for new creativity and matured visions.