

NEW SCHOOL OF
Dance & Arts

Ballet Elite

LIMETTE & LIME DANCERS



Schedule and Contact

Classes: Saturdays 11:00-12:15 (Chevy Chase)

Call: 202 681-8459

pink.ballerinas@yahoo.com

balletelite.org / [Balletelitedc](https://www.facebook.com/Balletelitedc)

This class is designed for the child who is age range 6 to 9 years. Dancers take classes in Classical Ballet and Theatrical Tap for 1 hour a week. We begin with stretching for dance, learning proper dance posture and discipline. The dance vocabulary will increase and physical demands will advance from learning to work on two legs, then balances and jumps on one leg. Dancers will use self control as they explore different challenging ways to use their bodies. Emphasis is stressed on increasing attention span, working in groups, physical strength, stamina, and balance. All new concepts are taught in a multi sensory approach so that each young child feels self confident, engaged, and a contributing member to the class

MOST DANCERS STAY IN THE LEVEL 2 or 3 YEARS

WHAT I NEED FOR CLASSES, ETC.

Leotard: Leotard Dress Color Mint \$35.00

Tights: Matte Finish Pink Tights \$10.00

Ballet Slippers: Bloch or Capezio Pink Leather Full Sole (fitted with a little room at the toe)

Tap Shoes: Girls Maryjane Black Patent \$30.00

Tap Shoes: Boys Black Oxford \$30.00

Dance Sweater : Pink Ballet Wrap only \$25.00

Hair in bun or off of face each class

Boys: White short sleeve tee shirt or White leotard, black sweat pants or leggings **no pockets**, or black tights, black ballet slippers, white dress socks.

PUT NAME IN EVERYTHING

TWO LOCATIONS:

Chevy Chase Community Center
5601 Connecticut Ave., NW WDC 20015

Wesley United National Methodist Church
5312 Connecticut Ave NW WDC 20015