## Ballet Elite



## RASPBERRY DANCERS

Two Locations: Chevy Chase Community Center 5601 Connecticut Ave NW WDC 20015 Wesley National United Methodist Church 5312 Connecticut Ave NW WDC 20015







Monday 5:30-6:45 Saturday: 2:30-4:00

Wednesday 6:00-7:15 Pointé Class

pink.ballerinas@yahoo.com balletelite.com

202 681- 8459 balletelitedc

This class is designed for the dancer who has successfully completed the previous levels of courses at NSD&A, and for beginning dancers ages 12 and up. Dancers will be introduced to more challenging technical steps and combinations. Abdominal strength, with emphasis on foot and ankle strength, flexibility and articulation. Extended work on balances on two and one leg. Pétite and Grand allegro steps are perfected and dancers are constantly challenged with steps with ballon. Concentration, at this level, is on sound ballet technique, continuing work on the pétite and grand allegro steps, all turning steps. Extended use of the adagio work with epaulement and refinement. Although many of these dancers are still novices, muscle strength and stamina building techniques are built into each class to help them progress. Careful exercises are given toward the Pre Pointé work. All of these demands assist with elegant body presentation on and off stage. Dancers take Classical Ballet and Tap. Please Note: Dancers who are taking pointé class must attend 3 days a week. Dancers stay in this level for 2 or 3 seasons, ages 10-14 years

## **UNIFORMS**:

LEOTARD: Leotard & skirt ......\$50.00
TIGHTS: Pink matte finish ......\$10.00
BALLET SLIPPER: Split Sole Pink Leather fit to foot
Bloch or Capezio
UNDER CAMISOL: flesh color .....\$20.00
Dance Sweater Pink Wrap .....\$25.00
Tap Shoes Tan Maryjane .....\$35.00
POINTÉ SHOES: when you pass the test, only by
permission of teacher, have to take 3 classes a week.....
Approximately shoes & accessories ....\$150.00
Hair in Neat Bun for Every Class

BOYS: White short sleeve or tank leotard....\$20.00
Black Male Tights with dance belt ...\$35.00
White socks White ballet slippers....\$35.00
Tap Shoe Black Oxford ......\$40.00

