





## JUNIOR COMPANY





Contact Information 202 681-8459 pink.ballerinas@yahoo.com balletelite.org Balletelitedc

This class is geared toward the pre to teen who has the interest for challenging technique and exposure. Concentration is on strong ballet and Contemporary work. Guest Teachers and Choreographers also work with this class. Through the Soloist Project and Dance History, dancers have presented Classic Ballets, such as, The Nutcracker, Swan Lake excerpts, Blue Bird, Don Q, La Bayadere, Raymonda, Le Cosaire, Esmeralda, to name a few.

Dancers in this level also perform Community Service Projects which give them hourly credit for their schools. They perform for Senior Citizen Homes, and Assist with teaching younger children's classes in the school. Ages for this level range from 14-18 years. Emphasis is on building stamina, and muscle strength. Refinement of posture, use of **È**paulement, and connecting steps both on flat and pointé. Mastery of all turning steps, and petite and grand allegro steps. The desired result of classes produces a more poised and elegant body and personal presentation. Many of these dancers use this Intermediate to Advanced work to apply to colleges and universities. Dancers may attend 3 days a week, however, they are encouraged to take classes 5 days a week.

 MONDAY
 6:45-8:00

 TUESDAY
 6:00-7:45

 WEDNESDAY6:00-7:3
 THURSDAY

 THURSDAY
 TBA

 FRIDAY
 5:30-7:00

 SATURDAY
 2:45-4:30

## **UNIFORM:**

Leotards Black, Royal Blue, Burgundy...Wear Moi Faustine Flesh Color Tights for Ladies Flesh Color Split sole Ballet Slippers for Ladies Pointé shoes with all accessories for Ladies Black or Grey Tights for Gentlemen White tee shirt or leotard for Gentlemen White cuff socks for Gentlemen Full seat dance belt for Gentlemen Black or White Ballet Slippers for Gentlemen