

2020 Rockwood Swim Team

We are a go for Swim Team this summer!!!

I hope everyone is healthy and excited to get back into some "normal" activities. Rockwood is proud to announce that we will be having a swim team this summer. Things will be a little different with the GWSL league not up and running, but we have been given the go ahead to do our own. Please read the following important bits of information below.

Sign up: The sign up will be through email or in person at the club. PLEASE do this before the first day of practice because there are some signatures needed prior to getting started. I will post a sign-up sheet on the Rockwood webpage, and there will be a copy on Facebook.

For additional information, please contact -

Joe Hutchinson, RW Co-Manager
316.252.9192 or hutch.joe.70@gmail.com

First Day: The first day of practice will be **Monday, June 15**. As mentioned before, registration and payment must be done before the swimmer begins.

Practice Schedule: To make sure we are being conscious of social distancing, we made significant changes to the schedule.

Seniors (11 and over) 8:00-8:45 and 8:45-9:30. There will be two sessions of 45 minutes each with a maximum of 15 kids in each session. While this shorter than in prior years, the practices will be very focused and with fewer swimmers, include more individual attention.

Juniors (10 and under) 9:30-10:05 and 10:05-10:40. There will be two sessions of 35 minutes each again with a maximum of 15 kids in each session and a focus on individual work.

Cost: *\$80 per swimmer* – family must be members for kids to be on the team.

Meets: While there will not be any GWSL meets this summer, I am working with other pools about having virtual meets. The kids will race and get times at least three times during the season; and I hope that this will satisfy the competitive swimmers while being less intimidating for our newcomers. More information will be coming about this soon.

Coaches: We have three excellent coaches working with the kids this summer –

Sam Hutchinson a sophomore at Columbia University and former All-State swimmer at East High and Junior National swimmer for Wichita Swim Club

Katie Malicoat a sophomore and current swimmer at Montevello University and state qualifier with East High along with competing for the Wichita Aqua Shocks and Rockwood

Isaac Branam a senior at The Classical School of Wichita who swam for Rockwood for several years

Last Day: The final day of the season will be **July 17**. We will end each practice session with an Athlete Recognition Ceremony for all the kids.

Novice Days: A brand new idea that I would like to offer is to work one-on-one with any swimmer 6 years old or under or who has not swum competitively before during the second week of June. There is a cost for this, \$30 for two 20-minute sessions on two consecutive days, but it would be a great way for young or new swimmers to be more comfortable with a swimming practice before we have bigger groups. I will have a registration form available as well.