

MARCH NEWS LETTER



AMPLIFIED
THERAPY

MILESTONE OF THE MONTH

This months milestone story is brought to us by the family of Virginia Chaves, “This is an awesome program you have here. We needed it especially since she was a preemie, we were worried about her, and we wanted to make sure she is developing right for us. I personally think everyone should do it! She has been in the program since she was born and is now three years old. I wish there was a part two to the program she could continue to do. It has been such a major help for us honestly. They make sure to look out for all the little things. Whenever they come Rachel is always checking her to make sure she is moving correctly and doing everything right. They work with her on everything from her movement to how she speaks. Her speech has really improved from all the little tricks they have been showing us, she’s learning more word! She was having a hard time at first because she lost her two front teeth, but she is doing much better. I know it really helped us out and really helped her out. I would recommend Amplified for everybody. I think it should be a part of kids lives when growing up!”



TIP OF THE MONTH

Have you ever wondered how often your baby should be placed in Tummy Time throughout the day? For newborns, tummy time can be for about 3-5 minutes about 2-3 times a day. As they get older, you can increase this time to 10-15 minutes at a time and do tummy time more frequently throughout your day. A good tip is to use diaper changes as a reminder to place your baby on their tummy for a few minutes at a time.



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