



AMPLIFIED  
THERAPY

# APRIL



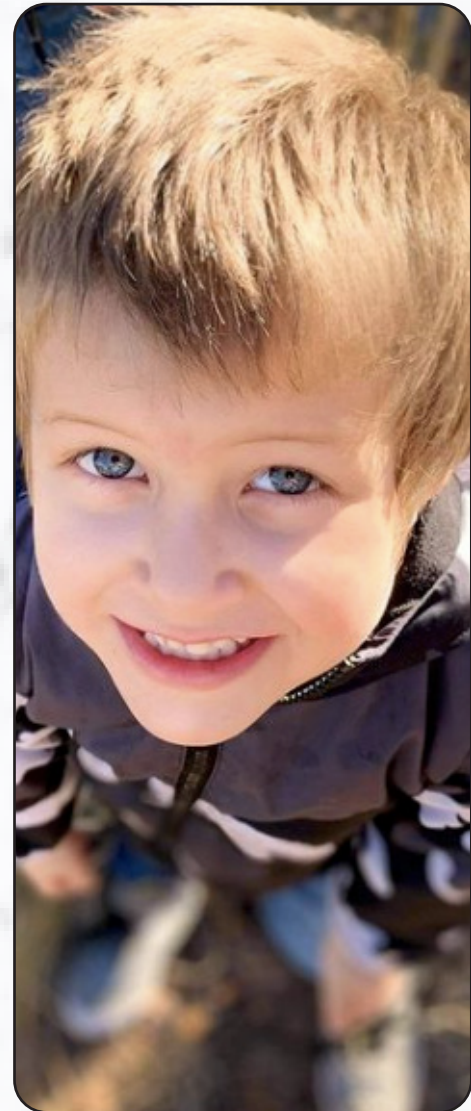
# NEWSLETTER

## Occupational Therapy Tip

Save broken crayons! They are helpful facilitating a mature grasp on a writing utensil and is a perfect way to help little ones develop preschool readiness skills. Give them a crayon that has been broken in half. This naturally encourages them to "pinch" the crayon between their thumb and index finger, moving them into a more mature and skilled grasp pattern.

## Milestone of the Month

This month's #Milestone is brought to us by Pam Johnson about her son Israel. "He started early intervention services with Amplified Therapy when he was two. We knew something was lacking when he was unable to communicate with us besides small gestures and sounds. With the help of the awesome ladies who came to our home each week he slowly began to interact better socially, learned to sign and became more focused on tasks. They helped get us a referral for an evaluation, and even though the waiting list was long, we were always assured that we were not alone in this journey. Sadly, Israel turned 3 and was no longer qualified to receive services through Amplified Therapy but Deanette made sure we knew she was available should we need anything. I remember when they came to the house the last time. Israel was so excited to see the girls; he began to learn the routine. They brought some gifts for him and said their goodbyes. It was honestly a bittersweet day for us. About a month later we participated in a very lengthy evaluation at UNM in Albuquerque and received the diagnoses we already knew. Autism Spectrum Disorder with Global Developmental Delay. Through the services offered by UNM and other third parties, as well as the help we got from Amplified Therapy, as well as lots of patience and dedication on our end, Israel is now a very talkative preschooler. He can form full sentences and communication has become so much easier for him. The ladies at Amplified are dedicated and love their job and it shows. Though the journey is far from over, it would have been so much rougher without the services and help we received."

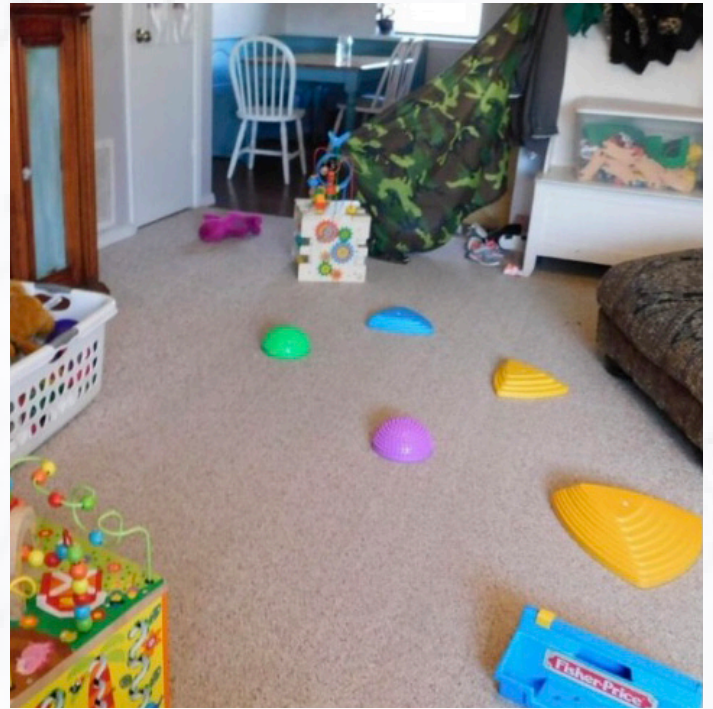


## Events for the Month

April 8th- Drive-Thru Celebrating Children Event Family Resource Center 500 E Oak St. Deming  
April 9th- Health Week Health Fair Grant County



# MONTHLY HOME ACTIVITY



## Obstacle Course

Obstacle course options are endless. You want to set it up to get your child to move in as many different ways as possible. Use furniture to make your course - setting it up with the help of your child is a lovely way to get them active as they will need to carry and move furniture and objects with you. Let them come up with new obstacles as it will work their imagination. You could have themes on different days- e.g. Pirates, Beach, Jungle, Castles.

Once your obstacle course is set up, you can also add some extra stages and mark them with a piece of paper or some tape. For example:

Throw and catch a ball

Pull to stand at furniture and then get back down again.

Spinning on their bottom

Once you have set this up you can ask them to navigate the obstacles in different ways e.g. Backwards, without bunny hopping, whilst blindfolded with someone giving instructions of how to get through the course.

This home activity is provided by <https://www.gympanzees.org/our-home/online-resource-hub/cerebral-palsy> visit them for more activities for children with cerebral palsy

