



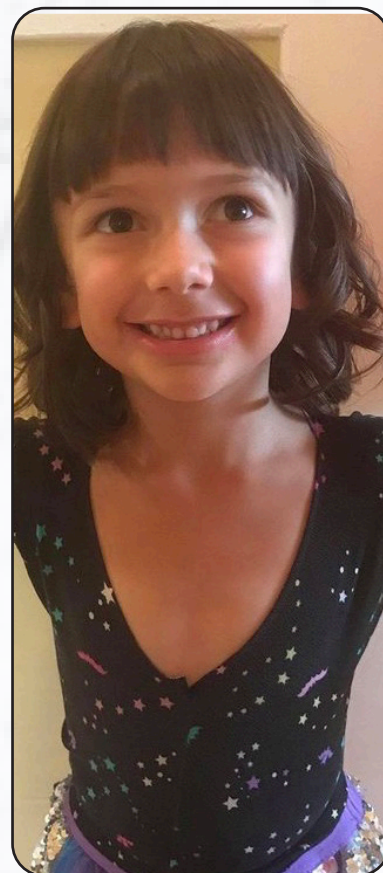
MAY NEWSLETTER

Speech Therapy Tip

When teaching your children the names of objects, it is important that they are hearing the word, but also looking at your mouth to see how your mouth moves with the word. This can help with pronunciation and clarification of a word. Next time you are labelling an object for your child, try bringing the object up to your mouth. This way your child is hearing the word, seeing the object, and watching your mouth

Milestone of the Month

This month's #Milestone story is brought to us by Jerrene Polanco about her daughter Isabella. "She was in early intervention with Amplified Therapy for about a year. When we first started, she didn't have a confirmed diagnosis, but I knew something was not quite right. She wasn't talking, hardly made eye contact, moved her hands strange, among other things. She was behind in almost all of her milestones. When she began with Amplified, she wasn't talking yet. She was 2 years old. She wouldn't touch a lot of foods or textures. She didn't know what to do with bubbles. Lacked coordination. We got her evaluated for early intervention and she worked with a wonderful team of therapists. They helped me as much as her! Helped me to learn techniques to cope with how she interacted. She learned so much in our year with them. She learned to talk, eat new foods, learned how to be more coordinated, social, engaged, and aware. I couldn't believe how much progress she made in such a short time. She is now 7 years old and flourishing. She is learning to read, she knows so many words, she has a friend in school she always wants to see. She was starting to interact more with her classmates before Covid hit. Every teacher she has had, and therapist says she is doing so well. She plays in the mud, the dirt, and everything else. She goes down slides and climbs upstairs. Things that she would be so upset to try! I highly recommend early intervention with Amplified Therapy. They are so patient and wonderful to work with. They walked me through her first year of school, they helped me get everything in order to get her officially diagnosed with Autism, Sensory processing disorder, and global delay. They became a wonderful part of our family! I can't imagine where we would be today without their help. They are truly a blessing!"



Events for the Month

May 7th - Child Find Event & Preschool Registration

MONTHLY HOME ACTIVITY



Line Walking
and more gross motor play
SENSORY PROCESSING



Home Obstacle Course

Supplies:

Throw pillows
Tape
Small toys
Kitchen chairs
Hula Hoops
Balls
Blankets

How to Prepare your Home Obstacle Course:

The sky is the Limit! Use anything you already have at home to create a fun and spontaneous obstacle course either inside or outside of your home. Arrange your supplies in your living room or front yard in a way that will encourage your child to explore, run, jump, climb through your homemade obstacles. For example, you can have your child run or jump across throw pillows and 'walk the line' of tape on the floor into your kitchen where he/she has to crawl under a row of kitchen chairs to the finish line. To make things extra fun, place toys at the finish line and have your child go through the course to grab each toy one by one and bring it back through the course to a basket where they started. Or incorporate blankets draped across furniture to add a sensory tunnel in your course!

Benefits:

By exploring a wide range of movement and surface areas your child will be building his/her gross motor strength and coordination through sensory play. Such movement also provides proprioceptive input through large muscles and joints to help create body awareness and improve balance. It is a fun and challenging activity for the whole family!