

Recovering Wholeness

Wellness and Wholeness. Restoration and Recovery. Spirit, Mind, and Body.



Coach Client Agreement

Magda Dippenaar

Mindset Renewal Coach (PTY) Ltd.

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Dear Coachee,

I am delighted to welcome you as a client of **Mindset Renewal Coach (PTY) Ltd.** Thank you for choosing me as your transformational coach. This agreement outlines the terms and conditions of our coaching sessions to ensure a professional and beneficial experience for both parties.

1. FEES & PAYMENTS:

- My coaching fee is 19,00 USD or R350.00 per 30-minute session;
- Based on actual feedback from clients, my own commitment to continuous professional learning, and prior experience - I can guarantee that a 30-minute deep coaching session delivers real shifts for you, the client;
- Your initial <u>Package for Breakthrough</u> will be for a total of **5 sessions**;
- 50% of the Fees are payable in advance (47,50\$ or R875) and the remaining 50% before the start of session 4;
- Booking further sessions depends uniquely on you and your individual needs. Single or multiple sessions can be booked again <u>based on your unique needs</u>;
- Payments can be made through electronic bank transfers or PayPal.

2. SESSION FORMAT:

• Coaching sessions will be conducted online via one of the following platforms - based on your preference: **Zoom, Google Meet, WhatsApp video / voice call, or Zoho Meet;**

• It is the client's responsibility to ensure a stable internet connection and access to the chosen platform.

3. CANCELLATION & RESCHEDULING:

- Please give at least 24 hours' notice if you need to cancel or reschedule a session;
- Missed or canceled sessions with less than 24 hours' notice will be charged in full.

4. CONFIDENTIALITY & PROFESSIONALISM:

- I assure you the highest level of confidentiality. All information shared during coaching sessions will remain strictly confidential;
- Exceptions to this confidentiality agreement may be made if there is a genuine risk of harm to yourself or others, or if required by law;
- I commit to providing professional coaching services that is focused on supporting your personal growth, development, and personal transformation;
- Part of my role is to provide accountability. No real change happens unless you commit to taking regular and continuous small steps;
- There is no judgement for falling but you will be coached to get up and keep trying. Faithful, committed and continued actions always produce the desired results;
- I will maintain a respectful and non-judgmental approach throughout our coaching relationship;
- I do not make use of trickery, manipulation or mind-games. I believe you are a well-capable manager of your own life;
- I see coaching as a co-creative conversation where my work as Coach will be to hold open a non-judgemental, safe space where you can authentically and freely explore your deeper beliefs, mindset and triggers;
- During these creative conversations, the client is prompted through questioning techniques, listening skills, and coaching tools to access their own programming and become conscious of their own unconscious. Connecting with ourselves leads to understanding and the power to generate various options for real shifts in future;
- In making these observations and becoming aware of internal programming and mindsets, the client can now explore which of these mindsets are serving or no longer serving them;
- I believe the mind's plasticity is one of the wonders of our unique design as the crown of His creation so that as long as we mold our own thinking and manage our own thoughts, we are able to rewrite our stories.

5. AGREEMENT DURATION:

- 1. This agreement is valid for the duration of our coaching relationship and can be terminated by either party with a written notice of 14 days;
- 2. Please review the terms and confirm your agreement by signing below. By signing, you acknowledge that you have read, understood, and agreed to the terms of this agreement.

Client's Name:		
Client's Signature:	_	
Signed on this Day of	20	at
Thank you for choosing MINDSET RENEWAL COA	ACH (PTY) L	TD. I am excited to embark on this

Warm regards,

Appor

MAGDA DIPPENAAR

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transformative journey with you!

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