**NEWSLETTER**

**Hello Everybody**

**I start this letter with news of two people who have not been well during this last month.**

**Doreen Griffiths, one of the volunteers on the caning table, was rushed into hospital in severe pain.  It was discovered she had a hernia and she elected to have it treated there and then rather than returning in a few days.  She is now home and coping with help from friends and neighbours.  Hope you will soon be fully recovered, Doreen.**

**Sally Wooller, a member on the mosaic table, has had problems with her hip and thigh.  She had been quite ill and in hospital. The last I heard was that she was due home shortly.  Hope all is progressing well now, Sally, and you will soon be feeling fit again.**

**I have just received an email from Kathy Pease.  She is going through a very sad time at present;  she has just lost two very close relatives.  She is still thinking about the members she usually phones and says hello to you and will be in touch again as soon as things settle down.  I am sure everyone will be thinking of you Kathy and send their sympathies to you and your family.**

**Rae told me the other day that Jill, a volunteer on the textile table, has been travelling from Hailsham to Uckfield every week to visit Tina, a member on the same table, and has been taking her shopping.  Many thanks to you, Jill.**

**I know many of the volunteers have been helping where they can.  If you would like a mention in the newsletter about what you are doing, please let me know.  Or perhaps members would like to contact me to offer the volunteers your thanks and let us know how others are helping you.**

**Well, where did the summer go?  It rained all day yesterday and was very cold; today it is dull and wet but due to brighten up later – we shall see!**

**Found by a roadside — Warning! This sign has sharp edges.**

**Congratulations to those who won the 100 club draw this month, they are:**

**First prize - Gabriella Pego (one of Michael Radford's grandchildren) with ball number 40**

**Second prize - Andy Harrison with ball number 76**

**Third prize - Chris & Gina Smith with ball number 73.**

**Here are the answers to last month’s quiz.**

**1.  No-one can touch them, because they are in...A league of their own**

**2.   Ask about pastimes. A question of sport**

**3.  From elephants to ants. All creatures great and small**

**4.  A wide religious building Broadchurch**

**5.   Get help for this delivery Call the Midwife**

**6.   Jack & Vera used to live there. Coronation Street**

**8.  3 2 1 - Lift Off. Countdown**

**9.  A lovely place to die.  Death in Paradise**

**10.  A medical knock-knock joke.  Doctor Who**

**11.             Not up for a weighty home for nuns. Downton Abbey**

**12.             Finishers to where the sun rises. EastEnders**

**13.             Try really hard. Endeavour**

**14.             Icy mornings. Frost**

**15.             Shipman & West. Gavin & Stacey**

**16.             'Ere Listen.  Have I got news for you**

**17.             Well done to Romeo's mate. Juliet Bravo**

**18.             Death to the First Woman. Killing Eve**

**19.             A Final Dance in Yorkshire. Last tango in Halifax**

**20.             A misspelt Sussex County Town. Lewis**

**Many happy returns to those celebrating their birthdays during the rest of July and the beginning of August**

**Esme Munday 11 July**

**Deanna Jones 13 July**

**Jenny Todd 15 July**

**Peggy Fry 18 July**

**Jane Shelley 5 August**

**A notice seen outside a pub in Eastbourne - Sunday roast, served Monday to Saturday.**

**Here is another quiz for this month**

**1. How many hearts does an octopus have?**

**2. What is the name of the device which reduces moisture content of the atmosphere?**

**3. What was the name of Malawi prior to 1964?**

**4. What if the name of the very large monitor lizard which is found in some Indonesian islands?**

**5. What is the difference between a nut and a seed?**

**6. Whose headstone bears the epitaph “Quoth the raven nevermore”?**

**7. Named after a valley in the Grampians which brimless headgear has a crease down the centre, often with ribbons hanging from the back?**

**8. What is the name of the Tudor mansion near Edenbridge in Kent?**

**9. In Greek mythology who gave Theseus the thread so he could find his way back out of the labyrinth?**

**10.             Who wrote the Trout Quintet?**

**11.             Which 67-year-old, a niece of two kings, was executed in 1541?**

**12.             What is the most common organ transplant?**

**13.             What were tenterhooks originally used for?**

**14.             The Harvard-Yale boat race takes place on which river?**

**15.             The high speed transport system in which an electrically powered train glides above a track is known as maglev, a shortening of which two words?**

**16.             Who is the Greek equivalent of the Roman goddess Venus?**

**17.             What is the name of the cricketers’ almanac?**

**18.             What is the name of the red food dye?**

**19.             What is the correct name for squashed fly biscuits?**

**20.             What is the capital of North Korea?**

**That’s all for this month.  As I have said before, if you have anything to you would like to pass on to the rest of the group please let me know.**

**Keep well and keep smiling.**

**Jean**

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