

# The SPOT Co. Kitchen

Group Program 2026

Ages  
7-12

## What They'll Develop:

- ✓ Receptive language skills
- ✓ Fine motor skills
- ✓ Independence
- ✓ Confidence
- ✓ Executive functioning (planning, organising, following steps)

## What To Expect:

Children plan menus, prepare recipes, practise real-life roles (like being a waiter!), and work together in a supportive environment.

The program finishes with a special restaurant-style celebration, where participants proudly serve their creations to family members.

All participants will receive a report at the end of the program.

## Glenroy Clinic

209 Glenroy Road,  
Glenroy VIC 3046

## Tues - Thurs

13th - 21st Jan  
9:30am - 11:00am

## 6.5 NDIS Hours

Report Included

